Liver-Associated Large Granular Lymphocytes: Morphological and Functional Aspects

Kenji Kaneda
Department of Anatomy, Faculty of Medicine, Tokyo Medical and Dental University, Tokyo, Japan

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Summary. Large granular lymphocytes (LGLs) differ from other lymphocytes in their recirculation pattern and are distributed preferentially in nonlymphoid organs such as the liver and lung. The liver-associated LGLs adhere strongly to the sinusoidal endothelium and show a natural killer (NK) cytotoxicity against incoming metastatic tumor cells; this reaction occurs very rapidly because, in contrast to the immune response, it does not require complex processes in the lymphoid tissue. They have been extensively studied morphologically in terms of pit cells. LGLs have two characteristic cell organelles which participate in the NK cytolysis, i.e., dense granules and rod-cored vesicles. The former are lysosomes derived from multivesicular bodies and contain pore-forming proteins. The latter are the secretory vesicles exclusively seen in LGLs and are markedly increased in number when the NK function is augmented by biological response modifiers. These two structures are believed to be exocytosed in the space between LGL and the conjugated tumor cell. The microenvironment of the liver sinusoids, which includes Kupffer cells, endothelial cells and other lymphocytes, is considered to regulate the function of the liver-associated LGLs. Liver-associated LGLs, as well as Kupffer cells, are intrinsically involved in the defense system of the liver under various physiological and pathological conditions.

The liver has attracted interest by its tumor-killing function, which is mainly carried out by Kupffer cells and natural killer (NK) cells (Cohen et al., 1982, 1983; Malter et al., 1986). Particularly, the latter cells which are identified also as “liver-associated large granular lymphocytes (LGLs)”, play an important role in inhibiting metastasis formation in this organ (Wiltrout et al., 1985). Since 1976, morphological studies have been extensively performed on “pit cells” discovered and designated by Wisse et al. (1976), which, in turn, have been revealed to be LGLs or NK cells (Kaneda et al., 1983). In this review, the structure and function of the liver-associated NK cells or pit cells are dealt with from both morphological and functional aspects.

NATURAL KILLER CELLS, LARGE GRANULAR LYMPHOCYTES AND PIT CELLS

In 1975, it was reported that nonimmunized mice spleens contained “naturally” occurring killer cells which showed spontaneous cytolysis against certain tumor cell lines in in vitro systems. These killer cells obviously differed from the cytotoxic T lymphocytes (CTLs), which are induced during the immune response and possess the specific cytotoxicity against tumor cells, and so were termed natural killer (NK) cells (Kiessling et al., 1975; Herberman et al., 1975). Thus NK activity described the cytolysis of certain NK-sensitive tumor cell lines in the absence of known presensitization. Recently, this has been more clearly defined as the cytotoxicity which is not restricted by a major histocompatibility complex (MHC) (Lanier et al., 1986a). This activity is closely associated with a subpopulation of lymphocytes, morphologically identified as large granular lymphocytes (LGLs) (Saksela et al., 1979; Reynolds et al., 1981), which are the large-sized cells with pale cytoplasm, slightly eccentric reniform nucleus and cytoplasmic granules on Giemsa-stained specimens (Fig. 1-Inset). The frequency of LGLs among human blood leukocytes is 2-6%; at least 70% of LGLs have NK activity (Timonen et al., 1981). Several cell populations have the morphological appearance of LGL: 1) NK cells
be activated independently of the blood-borne LGLs very important in inhibiting metastasis formation. WILTROUT et al. (1984, 1985) have shown that organ-presensitization, they are believed to interact with liver, intestine etc., where significant NK activity is ever, also distribute in other organs, i.e., the lung, and destroy tumor cells rapidly in these vital organs. LGLs are a heterogenous cell population and not synonymous with NK cells, the majority of LGLs are considered to be NK cells or cells closely related with NK cells.

Immunological studies on NK cells have usually been carried out using LGLs in easily sampled organs such as the spleen and peripheral blood. LGLs, however, also distribute in other organs, i.e., the lung, liver, intestine etc., where significant NK activity is detected (RICCARDI et al., 1979; LUINI et al., 1981). The liver and lung are often the sites of tumor metastasis. Since NK cells can function without the process of presensitization, they are believed to interact with and destroy tumor cells rapidly in these vital organs. WILTROUT et al. (1984, 1985) have shown that organ-associated NK activity seen in nonlymphoid organs is very important in inhibiting metastasis formation and is carried out not by blood-borne LGLs, but by organ-associated LGLs which strongly adhere to the capillary endothelium of the organ. Although organ-associated LGLs derive from blood-borne ones, they exhibit several different properties: liver- and lung-associated LGLs 1) are slightly different phenotypically from blood-borne ones (WILTROUT et al., 1984, 1985; YARBROUGH and WEISSLER, 1989); 2) they can be activated independently of the blood-borne LGLs and have a different sensitivity to in vitro treatment with anti-NK antibodies (WILTROUT et al., 1984, 1985); 3) they are subject to local regulation by coexisting resident macrophages (BORDIGNON et al., 1982; OKUMURA et al., 1987); and 4) they possess smaller-sized cytoplasmic granules (WISSE et al., 1976). Pit cells, which were first reported by WISSE et al. (1976) as one of the liver sinusoidal cells (Figs. 1, 2) and later morphologically characterized by multi-vesicular body (MVB)-derived granules and rod-cored vesicles (KANEDA et al., 1982; KANEDA and WAKE, 1983), have been revealed by us to correspond to LGLs and largely, if not all, to NK cells on the basis of their cytolytic capacity against NK sensitive tumor cells as demonstrated in vitro (KANEDA et al., 1983). This is confirmed by their NK cytotoxicity shown in the 51Cr-release test (BOUWENS et al., 1987) and by the expression of NK cell surface markers —all LGLs or pit cells show OX-8, OX-19 and about a half of them are asialo GM1+ (BOUWENS and WISSE, 1987). Pit cells inside the liver tissue show positivity for asialo GM1 (ENZAN et al., 1989) (Fig. 3). They also possess a natural cytotoxic (NC) activity against solid tumor cell lines (BOUWENS et al., 1988; BOUWENS and WISSE, 1989). The pit cells in the liver thus correspond to liver-associated LGLs and at least some of them show NK (and NC) activity.

ULTRASTRUCTURAL CHARACTERISTICS OF LIVER-ASSOCIATED LGLs

Ultrastructural studies on the liver-associated LGLs (or pit cells) have been performed in rats (WISSE et al., 1976; KANEDA and WAKE, 1983), humans (KANEDA et al., 1984; BIOULAC-SAGE et al., 1986; BOUWENS et al., 1989; LAFON et al., 1989) and mice (FREUDENBERG et al., 1984). We will mainly describe here rat LGLs because the cell organelles are more abundant and the morphological characteristics are more obvious than those in other species. Liver-associated LGLs exist in the liver sinusoid and adhere to endothelial cells or Kupffer cells. They often project cytoplasmic processes through endothelial pores and come into direct contact with hepatocytes. Their appearance in the space of Disse is not a common feature. The LGLs average ten per section of hepatic lobule, and they are distributed more frequently in the peripheral zone as well as Kupffer cells. The relative frequency of the sinusoidal cells and leukocytes remaining after perfusion was as follows: endothelial cells 21%, vitamin A-storing cells 39%, Kupffer cells 32%, LGLs 2.5%, agranular lymphocytes 3%, monocytes 2.5%, granulocytes 0.3% and plasma cells 0.1% (KANEDA and WAKE, 1983). Although the frequency of LGLs per section does not appear so high, their total number in the liver is sizable; in a young adult rat the liver contains 14–20 × 10⁶ LGLs while 5–7 × 10⁶ LGLs exist in the spleen (BOUWENS et al., 1987).

LGLs are about 10 μm in diameter and variable in shape. They usually show a high degree of cell polarity, i.e., most of the cell organelles reside at one aspect of the nucleus and the opposite side consists of an organelle-free hyaloplasm which often forms prominent pseudopodia (Fig. 2). The development of the cytoplasmic projections indicates that LGLs are highly motile. The nucleus is chromatin-rich and sometimes indented. There are one or two Golgi apparatuses. They consist of a few cisternae and
Fig. 1. Four sinusoidal cells in the rat liver: Kupffer cells (K), stellate cells (S), endothelial cells (E) and large granular lymphocytes (LGL). This animal received excess vitamin A and an injection of latex particles. H hepatocyte. (Reproduced from Kaneda et al., 1982). ×2,200. Inset: A Giemsa-stained LGL in the peripheral blood. ×1,700

Fig. 2. A liver-associated LGL (LGL) with dense granules (arrows) and hyaloplasm (asterisk). ×12,000

Fig. 3. Immunoelectron micrograph of an asialo GM1+ LGL in the liver. Dense granules (arrow) and rod-cored vesicles (arrowhead in the inset) exist in the cytoplasm. ×8,600, Inset: ×23,000
small bristle-coated vesicles budding and pinched off from them. Near the Golgi apparatus exists a centriole, from which microtubules radiate in every direction. Several mitochondria, rough endoplasmic reticulum and free ribosomes are scattered in the cytoplasm. Glycogen particles are usually rare.

The most characteristic features of LGLs are dense granules and rod-cored vesicles. The dense granules have a diameter of 0.25-0.5 \( \mu \)m and count, in average, eight per cell section. The dense granules of asialo GM1-positive LGLs are generally larger than those of the negative ones (BOUWENS and WISSE, 1987). In the human, three granules with an average diameter of 0.2 \( \mu \)m are present per cell section (BIOULAC-SAGE et al., 1986). They correspond to azurophilic granules of the Giemsa-stained cells and are lysosomal in nature, as revealed cytochemically, i.e., acid phosphatase positive, peroxidase negative, aryl sulfatase positive (GROSSI et al., 1982; KANEDA et al., 1983; BOUWENS et al., 1987; KANG et al., 1987a) and stainable with silver methenamine (WISSE et al., 1983; BOUWENS and WISSE, 1988). This indicates that LGLs have the potential for local proliferation.

Rod-cored vesicles are small inclusions, ranging from 0.17-0.2 \( \mu \)m in diameter, and are exclusively found in LGLs (KANEDA et al., 1982; KANEDA and WAKE, 1983). These are the secretory vesicles derived from the Golgi apparatus. They contain a straight rod-structure which is 30-50 nm in width and bridges across the entire diameter of the vesicle (Fig. 6). The rod is not crystalline in nature but consists of an amorphous material such as glycoprotein; both its ends continue with the internal surface of the vesicle. It may appear either as a rod or a dot, depending on the direction seen (Fig. 7). In addition, there are "empty" vesicles which are similar to the rod-cored ones but contain no visible rod-structure. Whether the "empty" vesicle actually does not contain a rod or merely appears so due to the sectioning planes which do not include rods, they are considered to be closely related to the rod-cored vesicles because their size and intracellular localization are indistinguishable from the latter. On an average, four rod-cored vesicles and eight "empty" vesicles are present per one cell section in rats (KANEDA and WAKE, 1983), while less than one rod-cored vesicle is seen in humans (BIOULAC-SAGE et al., 1986). The rod-cored vesicles arise from the end portion of the Golgi trans cisternae and often are disposed of in the vicinity of the apparatus (Fig. 5). It is rare that a rod-structure is recognized inside the Golgi cisternae or in the vesicles being pinched off from them. The rod is believed to become visible as the vesicle mature. Exocytosis of rod-cored vesicles is strongly suggested from their close apposition with the plasma membrane, but has not yet observed.

In general, LGLs show neither endocytosis nor phagocytosis (WISSE et al., 1976). Exceptional cases reported are the phagocytosis of gram-positive bacteria (ABO et al., 1986; KANG et al., 1987b) and the endocytosis of lipopolysaccharide (KANG et al., 1988). Autophagolysosomes are, however, often seen in the normal state. They contain a dense matrix and the fragments of various cell organelles (KANEDA and WAKE, 1983). Liver-associated LGLs sometimes undergo mitosis in a normal rat (WISSE et al., 1976) and more frequently when treated with various biological response modifiers (BRMs; vide infra) (BOUWENS and WISSE, 1988). This indicates that LGLs have the potential for local proliferation.
Fig. 4. Granules with only the dense matrix (arrows), those containing also small vesicles (thin arrow), multivesicular bodies (M) and an autophagolysosome (inset) exist in an LGL. ×34,000, Inset: ×28,000

Fig. 5. A rod-cored vesicle (arrowhead) is located in the vicinity of the Golgi (G) trans cisternae; transitional vesicles (arrows) from rough endoplasmic reticulum (rER) are seen at the cis portion. ×49,000

Fig. 6. High magnification of rod-cored vesicles (arrowheads). ×180,000

Fig. 7. Four profiles of a rod-cored vesicle seen from different angles. A rod-structure is seen as a dot at +30° whereas as a short rod at −30°. ×120,000
DISTRIBUTION OF LGLs BY TISSUE

LGLs generate from stem cells in the bone marrow as studies on 89strontium-treated mice (KUMAR et al., 1979) and bone marrow culture from mice (KOO et al., 1984) have indicated. Immature LGLs (HNK-1+T- LGL) in the bone marrow contain sparse azurophilic granules, and with the differentiation and maturation of the cell the granules become abundant, as seen in the blood-borne LGLs (ABO et al., 1983). Several LGLs in the bone marrow already bear ultrastructural characteristics such as dense granules and rod-cored vesicles (KANEDA and WAKE, 1985). For the differentiation and maturation of LGLs, a microenvironment of the intact bone marrow is essential (KUMAR et al., 1979).

After maturation, LGLs are released into the peripheral blood. During circulation, a certain proportion of them lodge in various organs and tissues as other lymphocytes do. The organs where the lymphocytes localize are divided into three groups: 1) lymphoid organs (lymph nodes, thymus and spleen); and 2) nonlymphoid organs, i) intravascular spaces (liver and lung) and ii) intraepithelial regions (intestine, epididymis and trachea) (KANEDA and WAKE, 1985). In the liver and lung, LGLs usually exist inside the capillaries adhering to the endothelium; their migration to the extravascular space is not so frequent. In the spleen, LGLs are rich in the red pulp but rare in the white pulp. In the intestine, LGLs exist between epithelial cells and are found mostly near the basement membrane. Intestinal LGLs contain only a few very large granules (VANDERKERKEN et al., 1989). In the rat colon, 91% of the intraepithelial lymphocytes and 21% of the lymphocytes existing in the lamina propria are LGLs possessing NK activity (NAUSS et al., 1984), while human intestine contains few NK cells (GREENWOOD et al., 1983). In the lymph nodes and thymus very small numbers of LGLs are present. In nude rats, however, many LGLs localize in the lymph nodes which become hyperplastic due to the persistent low-grade infection (WARD et al., 1983; ROLSTAD et al., 1986).

Thus, in general, LGLs are distributed in the nonlymphoid organs rather than the lymphoid organs, where agranular lymphocytes are mainly located (KANEDA and WAKE, 1985; ROLSTAD et al., 1986). This variance can be explained by the different recirculation pattern between the LGLs and agranular T and B cells (ROLSTAD et al., 1986). LGLs do not recirculate from blood to lymph, so they fail to enter most of the peripheral lymphoid tissues. Therefore, in the spleen, LGLs move to the red pulp from the marginal zone, unlike T or B cells which directly enter the white pulp from the marginal zone (ROLSTAD et al., 1986). The preferential adherence of LGLs to capillary endothelial cells is another explanation for the enrichment of LGLs in the liver and lung. The comparison between the proportion of various leukocytes adhering to the liver sinusoidal wall with that in the peripheral blood indicates that LGLs are more adhesive to the sinusoidal wall than are agranular lymphocytes (Table 1). The preferential adherence of LGLs has also been shown in an in vitro experiment using monolayer cultured microvascular endothelial cells, and the binding is considered to be done via a specific receptor (leukocyte function antigen-1, LFA-1)-ligand interaction (BENDER et al., 1987).

After the blood-borne LGLs come to localize in the liver, they are considered to differentiate into phenotypically distinct LGLs which express no asialo GM1 and have smaller-sized granules and a lower cellular density than the blood-borne ones. About 50% of liver LGLs are calculated to be this "specific" type (VANDERKERKEN et al., 1989).

Table 1. Percentage of leucocytes in the peripheral blood and perfused liver of rats

<table>
<thead>
<tr>
<th>Leucocytes</th>
<th>Peripheral blood (%)</th>
<th>Perfused liver (%)</th>
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<tbody>
<tr>
<td>Large granular lymphocytes</td>
<td>0.8</td>
<td>28.1</td>
</tr>
<tr>
<td>Agranular lymphocytes</td>
<td>75.3</td>
<td>38.3</td>
</tr>
<tr>
<td>Monocytes</td>
<td>1.9</td>
<td>28.1</td>
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<tr>
<td>Granulocytes</td>
<td>21.9</td>
<td>5.5</td>
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*Value from one rat
**Average value of three liver lobules from two rats, counted on toluidine blue-stained semithin sections

BRMs AND "ACTIVATED" LIVER-ASSOCIATED LGLs

Biological response modifiers (BRMs) signify agents which increase the host's antitumor responses through the augmentation of various effector cells (OLDHAM, 1983). Several BRMs such as OK-432 (streptococcal preparation), Propionibacterium acnes and malic anhydride divinyl ether-2 (MVE-2) can induce the augmentation of NK activity. When they are administered, liver-associated NK activity is augmented more significantly than that of the spleen (WILTROUT et al., 1984).
Figs. 8 and 9. LGLs in a Nocardia glucose mycolate-treated liver. In Fig. 8, an LGL comes into close wide-surfaced apposition with a Kupffer cell (K). E endothelial cell. (Reproduced from KANEDA et al., 1986). ×4,700. Fig. 9 shows an increased number of rod-cored vesicles (arrowheads) in an LGL. ×41,000.
Two mechanisms are responsible for the augmentation of the liver-associated NK activity by BRMs. One is the increase in the number of LGLs, and the other is the induction of “activated” LGLs by BRMs. Histologically, in a BRM-treated liver, infiltration of mononuclear cells is observed (WILTROUT et al., 1986). The number of LGLs shows a 10 to 50-fold increase in mice (WILTROUT et al., 1984) and a 4 to 6-fold increase in rats (BOUWENS and WISSE, 1988). The increased numbers of LGLs are considered to newly derive from the bone marrow in the case of MVE-2 (WILTROUT et al., 1989) and to result mainly from the local proliferation of preexisting LGLs in the case of zymosan (BOUWENS and WISSE, 1988). Intercellular adhesion molecule (ICAM)-1, which is a ligand for LFA-1 and is induced by several cytokines, may also participate in the accumulation of LGLs by providing the localizing sites on the endothelial cells.

BRMs are also considered to induce activation of liver-associated LGLs. In an OK-432- or a mycolic acid-containing glycolipid-treated liver, several LGLs possess a well developed Golgi apparatus, many glycogen particles and, most characteristically, an increased number of rod-cored vesicles (DAN et al., 1985, 1986; KANEDA et al., 1986) (Fig. 9). The size of granules also increases at 72 h after the administration of OK-432 (TANAKA et al., 1989). These figures denote the enhanced secretory function of the cells are considered to be the morphological expression of “activated” liver-associated LGLs.

In the augmentation of liver-associated NK activity by BRMs, Kupffer cells also play an important role. They incorporate OK-432 or glycolipids into the phagolysosomes and become activated. They then increase in number and often come into close apposition with LGLs in the sinusoids (DAN et al., 1985, 1986; KANEDA et al., 1986) (Fig. 8). One report states that resident macrophages activate LGLs through direct cellular contact by inducing interleukin (IL)-2 receptors on the surface of LGLs (MINATO et al., 1985). On the other hand, Kupffer cells inhibit NK activity by producing prostaglandins (OKUMURA et al., 1987). The function of the liver-associated LGLs are considered to be regulated locally through contact with the cellular components existing in the liver such as Kupffer cells, endothelial cells and other lymphocytes, as well as through various cytokines produced by them.

The in vitro culture of NK cells with IL-2 induces the occurrence of broadly cytotoxic antitumor killer cells, termed lymphokine-activated killer (LAK) cells (GRIMM et al., 1982; VUJANOVIC et al., 1988). Until today, no ultrastructural comparison between NK cells and LAK cells has ever been done. One report available in this context concerns feline LAK cells which possess many multivesicular bodies (MVB) (although the authors did not use the term MVB) (TOMPKINS et al., 1989).

**FUNCTIONAL ROLE OF LIVER-ASSOCIATED LGLs**

NK cells are known to aid in the resistance to tumors and virus infection, in immunoregulation and hematopoietic homeostasis (for review, TRINCHIERI and PERUSSIA, 1984). Among these, NK cell-mediated cytotoxicity against tumor cells is the phenomenon which has been most extensively studied (for review, HENKART, 1985).

NK cytolysis is similar to that of CTLs in the lytic process and the cytolytic mediators (HENKART, 1985). Its process is divided into three steps (HISERODT et al., 1982): i) binding to target cells; ii) programming for lysis; and iii) killer cell-independent cytolysis. Morphological features of the lytic process seen in the in vitro effector cell-target cell conjugation are as follows. When an NK cell adheres to a tumor cell, actin and vinculin are polarized in the contact area (CARPÈN et al., 1983) where they protrude and withdraw cytoplasmic projections against the target cell, as revealed by the microcinematography of living CTLs (RYSER et al., 1982). Reorientation of the Golgi apparatus and the microtubule-organizing center toward the target cell then occurs rapidly, followed by secretion of the cytotoxic components from the NK cell directed to the bound tumor cell (CARPÈN et al., 1982; KUPFER et al., 1983) (Figs. 10, 11). Several mechanisms are believed responsible for the NK cytolysis: i) Perforins in the dense granules makes ring structures of ~15 nm internal diameter on the plasma membrane of the target cell (PODACK and DENNERT, 1983). The figure of an exocytosed dense matrix is sometimes seen between the LGL and the tumor cell (SCHMIDT et al., 1988). ii) Rod-cored vesicles, with a content yet unknown, have been demonstrated to be transported toward the bound target cell along microtubules (KANEDA et al., unpublished). iii) NK cytotoxic factor (WRIGHT and BONAVIDA, 1982). Its intracellular localization is unknown. iv) Cytoplasmic projections may participate in the cell lysis, as reported in CTLs (SANDERSON and GLAUERT, 1979). NK cells also extend the projections into the bound tumor cells (Fig. 10).

There is morphological evidence that liver-associated LGLs or NK cells actually function also in
Figs. 10 and 11. The conjugate of a spleen LGL and a Yac-1 cell (Yac) after 3 h incubation. A well-developed Golgi apparatus (G) and many small vesicles (Fig. 11) face the degenerating target cell. Cytoplasmic projections are protruded into the target (arrows). ×27,000

Fig. 12. The conjugate of an LGL and an injected Yac-1 cell (Yac) in the liver. Small processes are extended into the target cell (arrows). E endothelial cell, H hepatocyte. ×7,800
When NK sensitive tumor cells are experimentally injected into a portal vein, liver-associated LGLs bind to and lyse them inside the sinusoids in a similar way as seen in in vitro conjugation (KANEDA et al., 1989) (Fig. 12). In human hepatocyte carcinoma, NK cells (Leu-7+ cells) are in close association with tumor cells (Si and WHITESIDE, 1983). In autoimmune hepatitis, LGLs sometimes migrate into the space of Disse and contact hepatocytes (KANEDA et al., 1984).

There is, furthermore, evidence supporting the view that the liver-associated NK cells exert a regulatory function in the growth of the hepatocytes. Immature one-nucleus hepatocytes, frequently seen in a regenerating liver, are more susceptible to NK cytolysis than mature binuclei hepatocytes (ITOH et al., 1988).

In summary, liver-associated LGLs play an important role in the defense system of the liver. Their function is regulated locally by other cellular components existing inside the liver (Fig. 13) and is closely related with morphologically unique cell organelles. In the study of liver-associated LGLs, not only the immunological aspect but also the histological one is considered to be highly pertinent.

Fig. 13. A diagram of a possible cellular interaction which locally regulates the function of LGLs in the liver. CSF colony-stimulating factors, CLASS-I class-1 antigens, Ia Ia antigens, ICAM-1 intercellular-adhesion molecule-1, IFNγ interferon-γ, IL-1, 2 interleukin-1, 2, LFA-1 lymphocyte function-associated antigen-1, PGE2 prostaglandin E2, TNF tumor necrosis factors.
Liver-Associated Large Granular Lymphocytes


