Effective Drug Delivery System for Duchenne Muscular Dystrophy Using Hybrid Liposomes Including Gentamicin along with Reduced Toxicity

Mamiko YUKIHARA, a Kaori ITO, b Osamu TANOUYE, a Koichi GOTO, a Taku MATSUMITA, a
Yoko MATSUMOTO, a Masako MASUDA, a Shigemi KIMURA, b Ry and Ryuichi UEOKA b, a

a Division of Applied Life Science, Graduate School of Engineering, Sojo University; 4–22–1 Ikeda, Kumamoto 860–0082, Japan; b Department of Child Development, Kumamoto University Graduate School; and c Department of Otolaryngology, Kumamoto University Graduate School; 1–1–1 Honjo, Kumamoto 860–0811, Japan.

Received December 14, 2010; accepted January 28, 2011; published online February 7, 2011

It is known that gentamicin (GM) could be a possible treatment for Duchenne Muscular Dystrophy (DMD). However, GM therapy has been hindered by several problems such as severe side effects of GM. In order to resolve these problems, we developed the drug delivery system (DDS) of GM using hybrid liposomes (HL) composed of 1,2-dimyristoylphosphatidylcholine (DMPC) and polyoxyethylene(23) lauryl ether (C12(EO)23). The hydrodynamic diameters of HL including GM (GM-HL) were 60—90 nm with a narrow range of the size distribution and the sizes were kept almost constant for over 4 weeks, suggesting that GM-HL could avoid the reticuloendothelial system in vivo. Furthermore, GM-HL accumulated more to the skeletal muscle cells of X chromosome-linked muscular dystrophy (mdx) mice as compared to those of normal mice. Significantly, we succeeded in increasing dystrophin positive fibers in skeletal muscle cells of mdx mice using GM-HL along with the reduction of ototoxicity. It is suggested that GM should be carried more efficiently into the muscle cells of mdx mice by HL. These results indicate that HL could be an effective carrier in the DDS of GM therapy for DMD.

Key words Duchenne muscular dystrophy; hybrid liposome; gentamicin; drug delivery system; X chromosome-linked muscular dystrophy mouse

Duchenne/Becker muscular dystrophy (DMD/BMD) is caused by a defective expression of the dystrophin gene resulting in the absence of the dystrophin protein in muscle fibers.1,2 Approximately 60% of DMD/BMD patients have deletions in the dystrophin gene itself,3—5 while the remaining 40% have small deletions or point mutations in the region that encodes the gene. Furthermore, nonsense mutations located within the gene account for approximately 5—13% of the muscular dystrophies.6,7

Aminoglycoside antibiotics such as gentamicin (GM) had the ability to allow the ribosome to read through a premature-termination codon of the dystrophin gene, which prevented normal translation of dystrophin protein.8,9 Barton-Davis et al. demonstrated the possibility of treating X chromosome-linked muscular dystrophy (mdx) mouse, which was an animal model for DMD that possessed a nonsense mutation in the dystrophin gene, with GM in vivo.10 They used GM to suppress the nonsense mutations and could restore dystrophin expression successfully in mdx mouse. However, the GM therapy has been hindered by several problems such as severe side effects of GM, especially nephrotoxicity and ototoxicity, the poor delivery profile to muscle tissue, and short half-life in blood. Recently, the phase 2b clinical trial of PTC 124 (3-[5-(2-fluorophenyl)-1,2,4-oxadiazol-3-yl]-benzoic acid),11 which is a new drug to induce reading through a premature-termination codon without clear side-effects, showed that the primary endpoint of the change in 6 min walk distance tests did not reach any statistical significance within the 48 weeks duration of the study according to Genzyme corporation announcement.12

Therefore, to overcome these inadequacies of GM therapy for DMD, we encapsulated GM in hybrid liposomes (HL) for the delivery system. HL can be prepared just by the sonication of vesicular and micellar molecules in a buffer solution.13,14 HL are free from any contamination with organic solvents and remain stable for longer periods. The physical properties of these liposomes such as size, membrane fluidity, phase transition temperature, and hydrophobicity can be controlled by changing the constituents and compositional ratios. In the course of our study for HL, the following interesting results have been obtained. (a) Stereochemical control of the enantioselective hydrolysis of amino acid esters could be established by temperature regulation and changing the composition of the HL.12,13 (b) Inhibitory effects of HL including antitumor drugs,15 sugar surfactants,16 or polyunsaturated fatty acids17 have been observed on the growth of tumor cells in vitro and in vivo. (c) High inhibitory effects of HL on the growth of tumor cells along with the induction of apoptosis in vitro18 and in vivo19 have been obtained without using drugs.20 Successful clinical chemotherapy with drug-free HL to patients with lymphoma has been reported after passing the committee of bioethics.21 (d) A good correlation between membrane fluidity of HL and antitumor effects on the growth of tumor cells has been observed.22 These studies indicate that HL had no cytotoxicity and could be effective carriers for improving solubilization and stabilization of hydrophilic23 and hydrophobic agents in the drug delivery system (DDS).

In this study, we reported the therapeutic effects of HL including GM (GM-HL) on the mdx mice in vivo. The reduction of side effects of GM-HL is also discussed on the basis of the results from auditory brainstem response (ABR) tests and biodistribution analysis of HL.

MATERIALS AND METHODS

Preparation of HL, GM-HL and NBD-HL HL were prepared by sonication of a mixture containing 95 mol% 1,2-dimyristoylphosphatidylcholine (DMPC) (NOF, Tokyo, Japan) and 5 mol% polyoxyethylene(23) lauryl ether (C12(EO)23) (Sigma-Aldrich, St. Louis, MO, U.S.A.) using a bath type soni-
cator (VS-N300, VELVO-CLEAR, Tokyo, Japan) in phosphate buffered saline (PBS(—)) at 45 °C with 300 W, and filtered with a 0.20 μm cellulose acetate filter (ADVANTEC, Tokyo, Japan). HL including GM (GM-HL) or 1-palmitoyl-2-[12-[(7-nitro-2,1,3-benzoxadiazol-4-yl)amino]dodecanoyl]-sn-glycero-3-phosphocholine (NBDPc) (NBD-HL) were prepared with GM (Schering-Plough, Kenilworth, NJ, U.S.A.) or NBDPc (Avanti Polar Lipids, Alabaster, AL, U.S.A.) by the same method of HL, respectively.

Dynamic Light Scattering Measurement Apparent mean hydrodynamic diameters (\(d_{\text{h}}\)) of HL, GM-HL and NBD-HL were measured using a light scattering spectrometer (ELS-8000, Otsuka Electronics, Osaka, Japan) with a He–Ne laser light source (633 nm). The diameter was calculated by Stokes–Einstein equation (Eq. (1)),

\[
d_{\text{h}} = \frac{kT}{6\pi\eta D}
\]

where \(k\) is Boltzmann constant, \(T\) is the absolute temperature, \(\eta\) is the viscosity of the solvent and \(D\) is the diffusion coefficient.

Electron Microscopy Electron micrographs of GM-HL were obtained by means of a negative-staining method. Sample solutions of GM-HL were mixed with a 4% aqueous solution of ammonium molybdate. The sample was then applied to a carbon grid and dried overnight in a vacuum desiccator at room temperature. The electron micrographs were taken on an electron microscope (JEM-100SX, JEOL, Tokyo, Japan).

Therapeutic Experiment of GM-HL in Vivo All animal experiments were approved by the committee of the Center for Animal Resources and Development, Kumamoto University, Japan. Eight-week-old mdx mice, which have a stop codon TAA in exon 23 of the dystrophin gene, were injected with either GM-HL, GM alone or HL.

The given dosages of GM were 1× (34 mg/kg/d), 5× (170 mg/kg/d), and 10× (340 mg/kg/d). The number of mice for GM-HL 1×, GM-HL 5×, GM-HL 10×, GM 1×, GM 10×, HL 1×, HL 5×, and control (non-treated) were 3, 2, 1, 3, 7, 3, 2, and 5, respectively. After 2 weeks of the injection (3 times/d), the skeletal muscles were isolated, and the blood samples were collected from the treated mice. The efficiency of dystrophin positive fibers was calculated by the average number of dystrophin positive fibers in 3 randomly chosen photographs of dystrophin immunostaining skeletal muscle tissues per mouse. The creatine kinase (CK) and creatinine levels of each mouse were measured by a laboratory examination agency (SRL, Tokyo, Japan).

Immunohistochemical Staining of Dystrophin and Histological Analysis Skeletal muscles from gastrocnemius of treated mdx mice were frozen in isopentane pre-cooled in liquid nitrogen and 10-μm-thick sections were cut with a cryostat. The expression of dystrophin was analyzed with mouse monoclonal anti-dystrophin antibody (DYS2; 1 : 25, Novacстра Laboratories, Newcastle, U.K.) and biotinylated anti-mouse immunoglobulin G (IgG) reagent (VECTOR M.O.M. Immunodetection Kit, Vector Laboratories, Burlingame, CA, U.S.A.) as the secondary antibody. The immunoreactivity was visualized using 3,3′-diaminobenzidine as the chromogen substrate. The average number of dystrophin positive fibers was counted on 3 photographs that were randomly taken per mouse.

Confocal Laser Microscopy The accumulation of fluorescence-labeled HL (NBD-HL) to the skeletal muscle was observed using confocal laser microscopy (CLM). NBD-HL were intraperitoneally injected into normal (B10, 8-week-old) and mdx mice. After the injection, the skeletal muscles (gastrocnemius) were isolated from the mice each time (1, 2, 6 h). The dissected muscles were embedded in an OCT compound and rapidly frozen. The cryosections of each muscle were made and stained with TO-PRO-3 dye (Invitrogen, Carlsbad, CA, U.S.A.) solution including an antifade reagent (0.5% 1,4-di-azobicyclo-(2,2,2)-octane) for detecting the cell nucleus. The sections were observed using CLM (TCS-SP, Leica Microsystems, Wetzlar, Germany) with 488 nm Ar laser line for NBDPc detection (emission; 500—600 nm) and 633 nm He–Ne laser line for TO-PRO-3 detection (emission; 640—703 nm). The biodistribution of NBD-HL to the organs of mdx mice was also observed using CLM. NBD-HL were intravenously injected into the mdx mice. After 1 h of the injection, the organs (brain, lung, liver, heart, kidney, spleen and skeletal muscle) were isolated from the mice. The dissected organs were embedded in an OCT compound and their cryosections were stained with TO-PRO-3 and observed using CLM as described above.

Auditory Brainstem Response (ABR) Female (8-week-old, \(n=1\)) and male (8-week-old, \(n=7\)) mdx mice were treated with GM-HL 10× and GM 10× for 14 d, respectively. After 2 weeks of the intraperitoneal (i.p.) injection (3 times/d), the hearing ability was determined by the auditory brainstem response (ABR).29) ABR was obtained from mice anesthetized with a mixture of nitrous oxide/oxygen (1:1) gas and 3% halothane. Responses were differentially recorded between subcutaneous stainless steel electrodes at the vertex (active) and mastoid (reference), and the lower back served as ground. Testing was performed in a sound-attenuated box. The ABR, response to the sound of clicks, were recorded using a signal processor (Neuropack μ, Nihon Kohden, Tokyo, Japan).

Statistical Analysis Statistical analysis was performed by Student’s \(t\)-test. A confidence level \(p<0.05\) was considered significant.

RESULTS

Morphology of HL, GM-HL and NBD-HL Morphologies of HL, GM-HL and NBD-HL were examined on the basis of dynamic light scattering measurements and electron microscopy. The hydrodynamic diameters (\(d_{\text{h}}\)) of HL, GM-HL and NBD-HL were almost the same sizes of 60—90 nm with a narrow range of size distribution (Fig. 1A). The diameters remained stable for more than 4 weeks. An electron micrograph of GM-HL showed the presence of spherical vesicles with a diameter of 60—90 nm as shown in Fig. 1B.

Accumulation of HL to Muscle Cells in Vivo The accumulation of NBD-HL to the skeletal muscle cells of normal (B10) and mdx mice in vivo was observed using CLM. The results are shown in Fig. 2. The green fluorescence of NBD-HL was detected in the cytoplasm and cytoplasmic membranes of myofibers of normal and mdx mice. Interestingly, the NBD-HL accumulated more in the cytoplasmic membranes of mdx mice (Fig. 2B) after 1 h of the i.p. injection as compared with those of normal mice (Fig. 2A). Then,
Fig. 1. Morphology of HL, GM-HL and NBD-HL
(A) Time courses of hydrodynamic diameters \(d_h\) change for HL, GM-HL and NBD-HL prepared by sonication method. The \(d_h\) of HL, GM-HL and NBD-HL were measured using a light scattering spectrometer at 25 °C. HL and GM-HL: \([\text{DMPC}]\): \([\text{GM}]\) 10 \(\mu\text{g}\) (potency)/ml. NBD-HL: \([\text{DMPC}]\): \([\text{NBDPC}]\) 10 \(\mu\text{g}\) (potency)/ml. \([\text{GM}]\) 3.33 \(\mu\text{g}\) (potency)/ml. Scale bar: 50 nm.

Fig. 2. Fluorescence Micrographs of Skeletal Muscle Cells for Normal and Mdx Mice after the i.p. Injection of NBD-HL
(A) Normal and (B) mdx mice after 1 h of the injection of NBD-HL. Dose: [DMPC]: [DMPC] 694.0 mg/kg/d, [C12(EO)23]: [C12(EO)23] 0.549 mM, [NBDPC]: [NBDPC] 0.526 mM, [GM]: [GM] 3.76 mg/kg/d. Scale bar: (A) 10 \(\mu\text{m}\), (C) (D) (E) 100 \(\mu\text{m}\).

Fig. 3. CK Level in Blood of Mdx Mice after the Treatment with GM-HL, GM and HL
After 2 weeks injection (3 times/d), the blood was collected from the treated mdx mice and the creatine kinase (CK) level of each mouse was measured. Data represent the mean ± S.E. \((n = 1-6)\). Control means a CK level of the untreated mdx mice. Dose: GM-HL 1 \(\times\): [DMPC]: [C12(EO)23] 649.0 mg/kg/d, [C12(EO)23]: [C12(EO)23] 64.39 mg/kg/d, [GM]: [GM] 34 mg/kg/d, GM-HL 5 \(\times\): [DMPC]: [C12(EO)23]: [C12(EO)23] 322.0 mg/kg/d, [GM]: [GM] 170 mg/kg/d, GM-HL 10 \(\times\): [DMPC]: [C12(EO)23]: [C12(EO)23] 643.9 mg/kg/d, [GM]: [GM] 340 mg/kg/d, GM 1 \(\times\): [GM]: [GM] 34 mg/kg/d, GM 10 \(\times\): [GM]: [GM] 340 mg/kg/d, HL 1 \(\times\): [DMPC]: [DMPC] 6940 mg/kg/d, [C12(EO)23]: [C12(EO)23] 322.0 mg/kg/d. * Significant difference \((p<0.05)\) compared with control.

Fig. 4. Expression of Dystrophin in Skeletal Muscle Tissues of Mdx Mice after the Treatment with GM-HL, GM and HL
After 2 weeks injection (3 times/d), skeletal muscles were isolated from the treated mdx mice and the expression of dystrophin was analyzed with mouse monoclonal anti-dystrophin antibody and biotinylated anti-mouse IgG reagent. The immunoreactivity was visualized using 3,3'-diaminobenzidine and the average number of dystrophin positive fibers was counted on 3 photographs that were randomly taken per mouse. Dystrophin immunostaining of skeletal muscle tissues was isolated from (A) HL 1 \(\times\) treated mdx mice and (C) untreated normal mice (Wild type). (B) GM-HL 10 \(\times\) treated mdx mice and (D) Untreated normal mice (Wild type).

Therapeutic Effects of GM-HL on Mdx Mice in Vivo
The therapeutic effects of GM-HL on mdx mice were investigated in vivo. Generally, the CK level indicates the degree of muscle necrosis and the average CK level of mdx mice (control) in this experiment was 4239 ± 501.1 (IU/l) as shown in Fig. 3. On the other hand, after 2 weeks of the i.p. injection, the average CK levels of GM-HL 1 \(\times\), 5 \(\times\), and 10 \(\times\) injected mdx mice decreased to 685 ± 140 (IU/l), 759 ± 122 (IU/l) and 610 (IU/l), respectively. The average CK levels of GM 1 \(\times\)
and 10× were 1521±422 (IU/l) and 1237±293 (IU/l), respectively. The average CK levels of HL 1× and 5× were 2114±430 (IU/l) and 2145±955 (IU/l), respectively. The CK levels of GM-HL injected mdx mice showed a decreasing tendency in comparison with those of HL and GM alone. The total CK levels of GM-HL (1× and 5×), GM (1× and 10×) and HL 1× significantly decreased in comparison with that of control (p<0.05). Furthermore, the dystrophin immunostaining of skeletal muscle tissues of mdx mice indicated that the dystrophin positive fibers were well observed in GM-HL 10× injected mice (Fig. 4B) as compared with HL 1× injected mice (Fig. 4A). The rate of dystrophin positive fibers of GM-HL 1×, GM-HL 5×, GM-HL 10×, GM 1×, GM 10×, HL 1×, and HL 5× were 3.87±0.676%, 5.58±1.31%, 7.73±4.01%, 3.13±0.718%, 4.62±2.17%, 2.44±0.835%, and 1.74±0.450%, respectively as shown in Fig. 4D. The efficiency of dystrophin positive fibers in the GM-HL 10× injected group was the highest followed by the GM-HL 5× injected group. The rates of dystrophin positive fibers for GM-HL (1× and 5×) were significantly higher than that for HL 5× (p<0.05).

Suppression of the Ototoxicity of GM by Using GM-HL
The ototoxicity of GM-HL on the mdx mice was evaluated by ABR tests in vivo. As shown in Fig. 5, the ABR of the mdx mice after the injection of GM-HL 10× was observed to 30 dB, though that after the injection of GM 10× was observed only to 70 dB. The ABR of GM-HL 10× injected mdx mice was normal as observed in the wave of 60 dB, while that of GM 10× injected mice was abnormal as observed in the wave of 60 dB and as being almost flat. Furthermore, the biodistribution of NBD-HL in mdx mice after the intravenous (i.v.) injection was examined using CLM. In the organs of brain, liver, kidney, intestine, skeletal muscle and spleen, the accumulation of NBD-HL was observed in the liver (Fig. 6A) and skeletal muscle (Fig. 6B) of mdx mice after 1 h of the injection. No accumulation of NBD-HL was detected in other organs including the brain (Fig. 6C) and kidney (Fig. 6D).

**DISCUSSION**
Pharmacological approaches for DMD with promising candidates for using drugs such as aminoglycoside antibiotics, calcium blockers, steroids, etc. are under investigation. Some of them have been effective for animal models. However, they are not enough to improve the muscle weakness for patients. One of these reasons is that the effective dose as a medicine is not injected to patients because of the severe side effects. For the reduction of the side effects, several DDS utilizing nanopolymers and viral vectors etc. were reported for the treatment of DMD. However, there were very few reports to achieve the more selective delivery to dystrophic muscles comparing with normal muscles.

In this study, we investigated the effects of DDS using HL
composed of DMPC and C_{12}(EO)_{23} as a carrier of GM for DMD therapy in vivo. It is very important to clarify the characteristics such as the size, shape and stability of liposomes in DDS. So, we prepared HL including GM and examined the morphology of GM-HL on the basis of dynamic light scattering measurements and electron microscopy. The hydrodynamic diameters of HL, GM-HL and NBD-HL were 60—90 nm, which remained stable for over 4 weeks (Fig. 1). It is worthy to note that GM-HL having 60—90 nm in diameter could avoid the reticuloendothelial system in vivo.

Next, we observed the accumulation of NBD-HL in skeletal muscles of mdx and normal mice in vivo using CLM and demonstrated that HL could accumulate more to myofibers of mdx mice as compared with those of normal mice (Figs. 2A, B) and retained in the cells at least 6 h after the injection (Fig. 2E). Significantly, the increasing dystrophin positive fibers in skeletal muscle cells (Fig. 4) and decreasing CK levels (Fig. 3) in the blood of mdx mice were observed after the treatment with GM-HL. It is suggested that GM should be carried more efficiently into the muscular cells of mdx mice by HL. These results indicate that GM-HL could be more effective for DMD therapy than GM alone. Furthermore, we evaluated the ototoxicity of GM-HL on the mdx mice by ABR tests and the results indicated that GM-HL 10× suppressed the ototoxicity in mdx mice (Fig. 5). In addition, the serum creatinine concentrations of GM-HL injected mice were normal (data not shown), suggesting that GM-HL could suppress nephrotoxicity. Three of 4 GM 10× injected mice lost 1—2 g of weight, while the GM-HL 10× injected mice gained weight (data not shown). It is attractive that HL-GM have not only more therapeutic effects but also less side effects as compared with GM alone. Finally, we examined the biodistribution of HL in mdx mice via i.v. injections in vivo in order to investigate the possibility of clinical applications in the future. The accumulation of NBD-HL was observed in the liver and skeletal muscle in comparison with other organs after 1 h of the i.v. injection (Figs. 6A, B). Especially, the accumulation was hardly observed in brain (Fig. 6C) and kidney (Fig. 6D). In the previous paper, we indicated the same biodistribution of NBD-HL except skeletal muscle in the normal mice.

These results suggest that HL could be metabolized in liver, and the toxicities of GM to kidney and auditory nerve systems could be suppressed by using HL as the drug carrier.

The first advantage of using HL as DDS is that this system could reduce toxicity. The second one is that the dosage could be stable for more than 4 weeks. The third one is that it could allow an escape from the reticuloendothelial system. The results obtained in this study suggest that the DDS with HL could be applied in the novel therapy using GM for patients with DMD.

Acknowledgements The authors thank Ryan Pruchnic (Cook MyoSite, Pittsburgh, Penn) for his assistance. This work was supported in part by Grant-in-Aids for Science Research from the Ministry of Education, Culture, Sports, Science and Technology of Japan (Nos. 20107007, 20360377, 20560732, 19560782, 21560813, 19591209) and a Research Grant (19-7) for nervous and mental disorders from the Ministry of Health, Labour, and Welfare.

REFERENCES