Baicalein Potently Inhibits Rho Kinase Activity and Suppresses Actin Stress Fiber Formation in Angiotensin II-Stimulated H9c2 Cells

Kwang-Seok Oh, Byung Koo Oh, Cheon Ho Park, Jihye Mun, Suk Hyun Won, and Byung Ho Lee*

Bio-Organic Science Division, Korea Research Institute of Chemical Technology; Daejeon 305–343, Republic of Korea. Received February 6, 2012; accepted May 11, 2012

Baicalein is a flavonoid (5,6,7-trihydroxy-2-phenyl-4H-1-benzopyran-4-one) and an active principle in Scutellaria baicalensis. The present study was performed to investigate the mechanisms underlying the anti-fibrotic effects of baicalein with a focus on Rho kinase (ROCK) inhibition. The effect of baicalein on ROCK activity was analyzed using an immobilized metal affinity for phosphochemicals (IMAP)-based time-resolved fluorescence resonance energy transfer (TR-FRET) assay. The underlying mechanisms of baicalein were examined using angiotensin II-stimulated H9c2 cells. Rho kinase (ROCK1 and ROCK2) studies using IMAP-TR-FRET showed that baicalein possesses potent ROCK inhibitory activity with IC50 values of 6.55 and 2.82 μM, respectively. Pretreatment with baicalein (for 2 h) concentration-dependently decreased the angiotensin II-induced phosphorylation of myosin phosphatase (MYPT) and myosin light chain (MLC). Furthermore, baicalein also concentration-dependently suppressed actin stress fiber formation in angiotensin II-stimulated H9c2 cells. These results suggest that baicalein potently inhibits ROCK and that by so doing it modulates actin stress fiber formation. These anti-fibrotic effects of baicalein explain, at least in part, its pharmacology and mode of action.

Key words baicalein; Rho kinase; angiotensin II; actin stress fiber; H9c2 cell

Rho kinase (ROCK), a downstream effector of Rho, is a serine-threonine kinase activated by interaction with the active guanosine 5'-triphosphate (GTP)-bound form of Rho A. ROCK participates in many vascular functions, such as, actin stress fiber formation, smooth muscle contraction and membrane ruffling. Although the roles of the two isoforms, ROCK1 and ROCK2, are not entirely clear, ROCK1 mRNA is preferentially expressed in lung, liver, spleen, kidney, and testis, whereas ROCK2 mRNA shows highest expression in the heart and brain. Excessive activation of ROCK has been demonstrated in several cardiovascular diseases, such as, coronary artery disease, restenosis, pulmonary hypertension, stroke, and heart failure. As such, Rho kinase inhibitors have been considered to provide a pharmacological strategy for preventing and treating cardiovascular diseases.

Herbal medicines have been empirically used as therapeutic alternatives to treat those suffering from cardiovascular disorders and many studies have been undertaken to provide scientific proof that justifies their medicinal use for the treatment of cardiovascular diseases. Scutellaria baicalensis is one of the most versatile oriental herbal drugs, and has been used clinically to treat or prevent cardiovascular conditions, such as, hypertension, atherosclerosis. It contains a variety of flavones, amino acids, and essentials oils, and over 30 flavonoids, including baicalein, baicalin and wogonin, have been found in dried root preparations. Baicalein is one of the main active ingredients in Scutellaria baicalensis (Fig. 1), and has been reported to possess diverse biological activities, such as, to protect rat cardiomyocytes against hypoxia, to scavenging ROS generation in cardiomyocytes, and to improve cardiac contractile function in endotoxic rats.

Recently, it was suggested that baicalein inhibits cardiac fibrosis in spontaneously hypertensive rats, but the molecular processes responsible for the anti-fibrotic effects of baicalein have not been determined. In preliminary studies, we found that baicalein inhibited the activation of ROCK. Based on these considerations, we have presumed that baicalein may be potential ROCK inhibitor, which is critically involved in the suppression of stress fiber organization in cardiomyocytes against various pathological stimuli. Accordingly, the present study was undertaken to assess the effect of baicalein on ROCK activity and to explore the mechanism of baicalein in rat heart derived H9c2 cells stimulated with angiotensin II.

MATERIALS AND METHODS

Chemicals and Reagents Y-27632 [4-(1-Aminoethyl)-N-(4-pyridyl)cyclohexascarboxamide dihydrochloride monohydrate], a Rho kinase selective reference compound, and baicalein (5,6,7-trihydroxyflavone) were purchased from Sigma-Aldrich (St. Louis, MO, U.S.A.). Human recombinant ROCK1 and ROCK2 were purchased from Upstate (Milloire Co., Billerica, MA, U.S.A.). The fluorescent peptide substrate (FAM-S6 ribosomal protein-derived peptide) and an immobilized metal affinity for phosphochemicals (IMAP)-based time-resolved fluorescence resonance energy transfer (TR-FRET) Screening Express Kit were obtained from MDS Analytical Technologies (Sunnyvale, CA, U.S.A.). Dulbecco’s modified Eagle’s medium (DMEM), fetal bovine serum, and antibiotics were purchased from Gibco BRL (Grand Islang, NY, U.S.A.). Anti-myosin phosphatase (MYPT1), anti-phosphorylated MYPT1 (anti-p-MYPT1), anti-myosin light chain

The authors declare no conflict of interest.

* To whom correspondence should be addressed.  e-mail: bhlee@kriect.re.kr © 2012 The Pharmaceutical Society of Japan

Fig. 1. The Chemical Structure of Baicalein
2 (anti-MLCP2), and anti-phosphorylated MLCP2 (anti-p-MLCP2) rabbit polyclonal antibodies were purchased from Cell Signaling Technology (Danvers, MA, U.S.A.). Alexa fluor 586 phalloidin (an F-actin probe) was purchased from Invitrogen (Carlsbad, CA, U.S.A.).

**ROCK-TR-FRET Assay**  
 Assays were performed in 384-well white flat-bottom plates (Corning Life Sciences, Lowell, MA, U.S.A.). A ROCK assay was performed using 0.4 µg/mL ROCK1 or 0.1 µg/mL ROCK2 in kinase reaction buffer (10 mM Tris–HCl, pH 7.2, 10 mM MgCl₂, 0.05% NaN₃, containing 0.01% Tween-20 and 1 mM dithiothreitol). Fluorescein-tagged S6 ribosomal protein-derived substrate (5FAM-AKRRRLSSL-Ra-COOH) and ATP were then added at final concentrations of 1 µM or 3 µM, respectively. The total reaction volume was 20 µL and baicalein (0.1–100 µM) was preincubated with ROCK enzyme for 10 min before adding the S6 ribosomal protein-derived substrates substrate and ATP. Kinase reactions were conducted for 45 min at room temperature in white standard 384-well plates and then 60 µL of detection mixture (1:600 dilution of IMAP binding reagent and 1:400 dilution of Terbium donor supplied by MDS Analytical Technologies) was added to kinase reaction plates 3 h before reading the plates. The TR-FRET counts were measured using an Envision (PerkinElmer Oy, Turku, Finland) multilabel counter with a TR-FRET option. The instrument settings used were 340 nm for excitation and 520 nm and 495 nm for emission with a 100 µs delay time. Measured TR-FRET counts were used to calculate percent inhibitions and IC₅₀ values. In kinase selectivity assay, myosin light-chain kinase (MLCK) and protein kinase Ca (PKCa) assays were performed by kinase profiler service (Millipore, Billerica, MA, U.S.A.).

**Cell Culture**  
 Rat heart-derived H9c2 cells were purchased from the American Type Culture Collection (ATCC, Rockville, MD, U.S.A.) and maintained at 1×10⁶ cells/mL in DMEM supplemented with 10% FBS, penicillin G (100 IU/mL), streptomycin (100 µg/mL), and l-glutamine (2 mM) in a 37°C humidified atmosphere containing 5% CO₂ and 95% air. Cells were then starved in serum-free medium for 3 h and stimulated with 0.1 or 0.3 µM angiotensin II in the presence or absence of baicalein (1–30 µM) for the indicated times. Stock solutions of baicalein were prepared in dimethyl sulfoxide (DMSO), and the maximum concentration of DMSO in experimental media was 0.1%.

**3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium Bromide (MTT) Assay for Cell Viability**  
 H9c2 cells (7×10⁴ cells/well in 24-well plates) were incubated with various concentrations of baicalein (1–30 µM) for 2 h. MTT (50 µg/mL) was then added to 1 mL of cell suspension and incubated for 1 h, and the formazan so formed was dissolved in DMSO. Optical densities were measured using a microplate reader (Envision, PerkinElmer Oy, Turku, Finland) at 590 nm. The optical density of the formazan formed in medium alone was taken as 100% viability.

**Immunoblotting for MYPT1 and MLC2**  
 H9c2 cells were treated with or without baicalein (1–10 µM) for 2 h before angiotensin II stimulation. Cells were then stimulated with 0.1 µM angiotensin II for 15 min to determine levels of myosin phosphatase 1 (MYPT1), myosin light chain 2 (MLC2), phosphorylated MYPT1 (p-MYPT1), and phosphorylated MLC2 (p-MLC2). Angiotensin II-stimulation was stopped by adding ice-cold phosphate-buffered saline. The cells were then lysed for immunoblotting. Equal amounts of extracted proteins were separated on 12% or 8% SDS-polyacrylamide gels, transferred to nitrocellulose membranes. Blots were probed with rabbit polyclonal antibodies against MYPT1, p-MYPT1, MLC2, and p-MLC2. Proteins transferred to membranes were detected using the LumiGLO kit (New England Biolabs, Ipswich, MA, U.S.A.). All antibodies were purchased from Cell Signaling (Danvers, MA, U.S.A.) and used at a dilution of 1:1000. The results of Western blots were quantified by means of Scion Image (version 4.02 beta; Scion Corporation, Frederick, MD, U.S.A.).

**Immunofluorescent Staining for F-Actin Stress Fiber Formation**  
 For immunofluorescent staining, H9c2 cells were plated on a chamber slide (Thermofisher, Rochester, NY, U.S.A.) at 10⁵ cells/mL. After preincubation with or without baicalein (1–10 µM) for 1 h, they were treated with angiotensin II (0.3 µM) for 2 h, fixed with 4% paraformaldehyde for 20 min, incubated with 0.5% Triton X-100 for 5 min at −20°C in a freezer, and then blocked with 1% bovine serum albumin for 30 min. Cells were then probed with Alexa fluor 586 phalloidin (Invitrogen, Carlsbad, CA, U.S.A., diluted 1:1000) for 30 min at room temperature in the dark, washed with phosphate buffered saline three times, and stained with Hoechst 33342 dye for 2 min. Fluorescent images were obtained under a fluorescence microscope at 400× magnification (Nikon, Tokyo).

**Statistical Analysis**  
 All values are expressed as means±S.D. Data were analyzed by one-way analysis of variance (ANOVA), followed by Dunnett’s test for multiple comparisons (Sigma Stat, Jandel Co., San Rafael, CA, U.S.A.). Percent inhibition was calculated using: 
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\left\{\frac{\text{Mean}_{\text{control}} - \text{Mean}_{\text{test}}}{\text{Mean}_{\text{control}}}\right\} \times 100 \%
\]
where Mean_control, Mean_test, and Mean are the means of TR-FRET counts of the positive control, negative control, and test samples, respectively. Concentration–response curves were analyzed by nonlinear regression using PRISM version 3.0 (GraphPad Software Inc., La Jolla, CA, U.S.A.), and the IC₅₀ value of baicalein (the concentration required to reduce the TR-FRET count to 50% of the positive control) was calculated. Statistical significance was accepted for p values of <0.05.

**RESULTS**

**Inhibitory Effects of Baicalein on ROCK Activities**  
 The inhibitory effects of baicalein on the activities of ROCK1 and ROCK2 were evaluated using a kinase assay based on IMAP-TR-FRET, which involves specific interactions between proprietary nanoparticles and covalent phosphorylated moieties. Phosphosubstrate-nanoparticle binding events can be directly quantified and expressed as TR-FRET counts, which reflect the amount of ROCK-induced phosphorylation of a substrate. The assay conditions of ROCK1- and ROCK2-IMAP-TR-FRET assays were verified using Y27632 as a reference compound (IC₅₀ values: 0.15, 0.23 µM, respectively), which agreed with the IC₅₀ values obtained using a radio-isotope based kinase assay (0.22, 0.30 µM). As shown in Fig. 2A, baicalein inhibited the ROCK1 and ROCK2-induced TR-FRET counts in a concentration-dependant manner, and provided IC₅₀ values of 6.55 and 2.82 µM, respectively.

In inhibition studies, double reciprocal plots of 1/v versus 1/[ATP] were performed using various concentrations of ATP.
(0.625–10 µM), ROCK2 (0.1 µg/mL), and S6 ribosomal protein-derived substrate (1 µM) in the presence or absence of increasing concentrations of baicalein. The initial rate \( v \) was defined as rate of phospho-substrate transferred during the reaction period (nM/min). Experiments were performed at least three times.

The Cytotoxic Effect of Baicalein on H9c2 Cells To investigate the effect of baicalein on cell viability, cells were exposed to various concentrations of baicalein (1–30 µM) for 2h. Baicalein did not exhibit any obvious cytotoxicity at concentrations up to 30 µM (Fig. 3). The maximum concentration...
of baicalein was limited to 10 µM for the mechanism studies because cell viability significantly increased at a concentration of 30 µM.

**Effects of Baicalein on MYPT and MLC Phosphorylation in Activated H9c2 Cells** To assess the effects of baicalein on the phosphorylations of MYPT and MLC via ROCK activation, we prepared extracts of H9c2 cells activated with angiotensin II and determined phosphorylated MYPT and MLC levels by immunoblotting. As shown in Fig. 4, treatment with 0.1 µM angiotensin II for 15 min caused the phosphorylations of MYPT and MLC in H9c2 cells and these angiotensin II-induced phosphorylations were significantly decreased by pretreatment with baicalein (10 µM). In the same experiment, the phosphorylation of MYPT and MLC were significantly inhibited by pretreatment with Y-27632 (0.3 µM), a Rho kinase selective reference compound.

**Effects of Baicalein on Actin Stress Fiber Formation in Activated H9c2 Cells** To evaluate the cellular effect of baicalein, we used an actin stress fiber formation assay. It is well known that actin stress fiber formation is induced by the activation of ROCK in several types of cells and tissues.20) As shown in Fig. 5, treatment with angiotensin II (0.3 µM) alone (Control (+)) increased actin stress fiber formation and this was suppressed by baicalein (10 µM) pretreatment.

Fig. 5. Immunofluorescent Staining for Actin Stress Fiber Formation in H9c2 Cells

Cells were pretreated with baicalein at the indicated concentrations for 2 h, and then stimulated with angiotensin II (0.3 µM) for 1 h. Actin stress fiber formation was visualized by Alexa fluor 586 phalloidin staining. Same fields were counter stained with Hoechst 33342 dye to locate nuclei. The photograph shown is representative of two independent experiments.
suppressive effect on actin stress fiber formation was also observed for Y27632 at 0.3 µM.

**Inhibitory Effects of Baicalein on MLCK and PKC Activities** To investigate whether decreases in phosphorylation of MLC2 are via other pathways not related to Rho kinases inhibition, we measured the inhibitory effects of baicalein for MLCK and PKCα. As shown in Fig. 6, baicalein inhibited the MLCK and PKCα activities in a concentration-dependant manner, and provided IC_{50} values of 43.4 and 15.8 µM, respectively.

**DISCUSSION**

The purpose of the present study was to assess the effect of baicalein on ROCK activities and to explore the mechanism underlying this inhibition by baicalein. Recently, we devised a high throughput screening (HTS) method to screen for ROCK1 and ROCK2 inhibitors using the IMAP-TR-FRET system. During our efforts to identify novel ROCK inhibitors from natural sources using a ROCK-TR-FRET assay, we found that baicalein inhibited the activations of ROCK1 and ROCK2 with IC_{50} values of 6.55 and 2.82 µM, respectively. Furthermore, baicalein was recently reported to inhibit cardiac fibrosis spontaneously in hypertensive rats. Based on these considerations, we hypothesized that the anti-fibrotic effect of baicalein is due to its direct inhibition of ROCK.

Targeting of the Rho/ROCK pathway is considered a promising anti-fibrotic strategy in the context of preventing and/or treating injuries to the heart and lungs. In addition, ROCK inhibitors may offer an attractive means of diminishing enhanced ROCK activity to decrease hypercontraction and actin stress fiber formation in the vascular system. Initially, we investigated whether baicalein acts as a ROCK inhibitor. In our preliminary studies to establish a ROCK kinase assay, we determined the K_{m} value of ATP (3 µM), the EC_{50} value of ROCK2 (0.1 µg/mL) and the EC_{50} value of S6 ribosomal protein-derived substrate (1 µM). Based on these conditions, double reciprocal plots of 1/v versus 1/[ATP] were made using various concentration of ATP (0.625–10 µM), ROCK2 (0.1 µg/mL), and substrate (1 µM) in the absence or presence of increasing concentrations of baicalein. The initial rate v was estimated as amount of phospho-substrate transferred during the reaction period (nm/min). Baicalein was found to behave as an ATP-noncompetitive inhibitor of ROCK2, which suggests that baicalein binds to an allosteric site within ROCK rather than to the ATP binding pocket.

Of the multiple substrates involved in ROCK signaling, MYPT is known to be a major downstream target that regulates the interaction between actin and myosin in response to signaling induced by ROCK activation. The phosphorylation of MYPT at Thr696 results in phosphatase inhibition and cytoskeletal reorganization. ROCK also phosphorylates Ser19 of MLCK2, which directly regulates the assembly of actin stress fiber. Thus, we investigated whether baicalein regulates the phosphorylations of MYPT1 and MLCK. Immunoblot analysis showed that baicalein suppressed the angiotensin II-induced phosphorylations of MYPT1 and MLCK, suggesting that baicalein inhibits the angiotensin II-induced phosphorylations of MYPT1 and MLCK via ROCK inhibition. In addition, we measured the inhibitory effects of baicalein on the activities of MLCK and PKCα (IC_{50} values: 43.4, 15.8 µM, respectively) because MLCK could be phosphorylated by MLCK or PKCα in cardiomyocytes. These results demonstrate baicalein had more than >5–10 fold selectivity towards ROCK2 and that baicalein can decrease the angiotensin II-induced phosphorylation of MLCK, at least in part, due to its inhibition of MLCK and PKCα beside to ROCK inhibition.

It is known that inappropriate regulation of actin stress fiber formation is directly involved in numerous pathological situations, including cardiovascular disease and cancer. Although the mechanism responsible for the regulation of stress fiber formation remains to be elucidated, ROCK appears to be a key kinase that directly phosphorylates MLCK and MYPT and subsequent stress fiber formation. In actin stress fiber formation study, baicalein markedly suppressed angiotensin II-induced actin stress fiber formation in H9c2 cells. Furthermore, on increasing the concentration of baicalein, thin central stress fibers were gradually lost, whereas thick peripheral stress fibers remained. These results are typical of ROCK inhibition and imply that baicalein suppresses angiotensin II-induced stress fiber formation by targeting ROCK.

In conclusion, the present results suggest baicalein possesses potent ROCK inhibitory activity, and that ROCK inhibition suppresses actin stress fiber formation by inhibiting the phosphorylations of MLCK and MYPT. However, further studies are necessary to elucidate the molecular entities directly responsible.

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