Several recent guidelines for the management of patients with acute coronary syndrome (ACS) recommend the use of glucoprotein (GP) IIb/IIIa antagonists with primary percutaneous coronary intervention (PCI). In most of these guidelines, abciximab is recommended as the drug of choice. Tirofiban is another IIb/IIIa antagonist that has been found to be less effective than abciximab in platelet inhibition within 60 min of intravenous administration; however, when given by intravenous bolus injection followed by maintenance infusion, tirofiban achieves significant inhibition of platelet aggregation. This regimen appears to be safe and effective in high-risk ACS patients treated with primary PCI.

It is likely that intracoronary administration of a GP IIb/IIIa antagonist will increase the drug’s concentration at the site of coronary thrombosis, which may subsequently enhance the binding of the drug molecules to both platelets and endothelium receptors. Preliminary data suggest that intracoronary administration of abciximab offers greater therapeutic effects than intravenous administration. In the present study, we evaluated the impact of intracoronary tirofiban injection on the short-term cardiac events following primary PCI in patients with ACS. As a recent study suggests that elderly patients may be more likely to suffer from major bleeding complications of GP IIb/IIIa treatment we specifically targeted patients who were more than 70 years old to facilitate the analysis of safety data.

**Methods**

**Patient Selection**

This study followed the local ethics guidelines for human research and was approved by the institutional review board of the Guangzhou Red Cross Hospital. Written informed consent was given by all participants before the study.

Between March 2005 and October 2007, 118 patients (72 males, average age 75±2 years) were enrolled in this single-center, open-label randomized study; 78 patients had ST-elevation ACS and 40 had non-ST elevation ACS (Table 1).

The patients were selected from 600 patients consecutively referred for ACS management. Patients were considered eligible if they fulfilled all of the following criteria: (1) angina less than 12 h prior to hospital admission; (2) ≥ 70 years old; (3) ST-T changes in 2 consecutive ECG leads or more; and (4) cTnT elevation.

Patients who had any of the following conditions were excluded from the study: (1) systolic BP < 80 mmHg; (2) GP IIb/IIIa administration within 2 weeks before the study; (3)
coronary bypass graft within 2 months or PCI within 6 months before the study; (4) undergone thrombolytic therapy within 48 h before PCI; (5) presence of contraindications for anticoagulant therapy, such as severe and uncontrolled hypertension (systolic BP >180 mmHg), major surgery or trauma within 6 weeks, hemorrhagic stroke within 6 months, major gastrointestinal bleeding within 6 months; and (6) serum creatinine >2.5 mg/dl or platelets <60 × 10^9 /L.

**Study Protocol**

Patients were randomized into study and control groups. Patients from both groups were given oral aspirin 100 mg and clopidogrel 300 mg before primary PCI. Unfractionated heparin (5,000 units, IV bolus) was also administered before PCI. In both groups, bolus tirofiban injection was administered after the completion of coronary angiography (CAG), but immediately before angioplasty or stenting of the infarct-related coronary arteries. After PCI, all patients were managed in the cardiac care unit with once-daily dose of aspirin (100 mg) and clopidogrel (75 mg). Subcutaneous unfractionated heparin (5,000 units, q12h) was administered for 5 days after the PCI. A β-blocker, a statin and an angiotensin-converting enzyme inhibitor (ACEI) were also routinely prescribed to the patients after the PCI.

**Evaluation of Therapeutic Efficacy**

All coronary angiograms were evaluated by 2 readers without knowledge of the patient’s clinical status or treatment. Scores of thrombus in the infarct-related artery were assessed as following: 0: no thrombus; 1: possible thrombus; 2: the length of the thrombus is less than 50% of the vessel diameter; 3: the length of the thrombus is half to twice the vessel diameter; 4: the length of the thrombus is longer than twice the vessel diameter.

Flow in the PCI-targeted coronary arteries was assessed by Thrombolysis In Myocardial Infarction (TIMI) flow grade. The TIMI myocardial perfusion grade (TMPG) was used to assess myocardial tissue-level perfusion. TMPG was assessed only in the area supplied by the culprit vessel. Distal embolism in the targeted vessels was also evaluated following PCI, using the methods reported by Kalaria et al.

**Results**

**General Findings**

The baseline characteristics of the patients are shown in Table 1. There was no significant difference between the 2 groups in age, sex, ST-elevation ACS or the average time from onset of chest pain to PCI (Table 1). Prior to the PCI, the average CK-MB (1.6±3.3 vs 1.9±4.2 ng/ml, p=0.462) and cTnT (0.24±0.32 vs 0.26±0.41 ng/ml, p=0.778) were similar between the groups.

PCI was unsuccessful in 2 patients from the control group and 1 patient from the study group. Following PCI, all patients in the study and control groups were administered with clopidogrel, a statin and an ACEI. Fifty-six (96.6%) of the study group and 54 (94.7%, p=0.976) of the control group patients were administered a β-blocker.

**Results of CAG**

As shown in Table 2, there was no significant difference between the 2 groups in the characteristics of the culprit vessels or the use of drug-eluting stents. Before PCI, the average thrombus scores, TIMI flow grade and TMPG were also similar between the groups. After PCI, the thrombus score in the study group was lower than in the control group (p=0.006), whereas the...
TIMI flow grade and TMPG were higher (p=0.026 and 0.016, respectively). The incidence of distal embolism in the study group was also lower than in the control group (p=0.035, Table 2).

**Clinical Outcomes**

As shown in Table 3, there was no significant difference in LVEF between the 2 groups at 14 days after PCI (p=0.732). However, within 30 days of PCI, the average LVEF in the study group was higher than in the control group (p=0.033).

The MACE rate in the study group was lower than in the control group at 14 days following PCI (p=0.030, Table 3). However, there was no significant difference in the MACE rates of the 2 groups at 30 days after the PCI (p=0.350, Table 3).

**Bleeding Complications and Platelet Reduction**

There was no significant difference between the 2 groups in the major or minor bleeding rates (Table 4, p=0.201). Platelet reduction was found in 3 of the control and 2 of the study group patients (Table 4, p=0.984).

**Discussion**

The main findings of the present study are as follows.
(1) Intracoronary administration of tirofiban followed by intravenous infusion is associated with an improved TIMI flow and TMPG, and reduced thrombus scores following primary PCI.

(2) The intracoronary regimen is also associated with less MACE at 14 days after PCI, and improved left ventricular function at 30 days following PCI.

(3) Intracoronary administration of tirofiban does not appear to increase the risk of bleeding or platelet reduction.

To the best of our knowledge, this study is the first to demonstrate the safety and short-term efficacy of intracoronary bolus administration of tirofiban in patients with ACS. Previous studies of tirofiban have focused mostly on non-ST elevation ACS and their results have sometimes been inconsistent.\(^7\) The RESTORE investigators have shown in a large group of patients with unstable angina or acute MI that tirofiban reduced major cardiovascular events within 2 days following primary or non-primary PCI; however, tirofiban did not improve the clinical outcomes or reduce coronary restenosis between day 2 and 6 months following the PCI.\(^2,5,10\) The TARGET trial, which also involved patients with unstable angina or non-ST-elevation MI, demonstrated that abciximab was superior to tirofiban in lowering the rates of MI at 30 days and 6 months; however, the 6-month mortality rates were identical for the tirofiban group, suggesting an improvement in left ventricular function at 30 days following PCI.\(^1,8\) The LVEF in the study group was higher than in the control group showed a 14% reduction in the composite MACE within 2 days following primary PCI because we hypothesized that local blockade with tirofiban on adverse cardiac events in patients undergoing PCI.

In the present study more than 60% of patients had ST-segment elevation ACS, a double-bolus intravenous regimen of tirofiban did not demonstrate significant angiographic or clinical outcomes in patients undergoing PCI.\(^1,8\) The 30-day ventricular function and cardiac events following primary PCI are determined by a number of factors, such as the size of the infarct, the status of coronary reperfusion, the use of medications, and presence of serum inflammatory factors such as interleukin-10.\(^1,2,19\) In the present study, there were no significant differences between the study and the control groups in the baseline patient characteristics, plasma levels of CK-MB and cTnT, the time interval from onset of chest pain to PCI or the use of medications. The LVEF in the study group was higher than in the control group 30 days following PCI. These results suggest that intracoronary tirofiban may improve left ventricular function through its beneficial effects on coronary flow and myocardial perfusion soon after successful PCI.

In the present study more than 60% of patients had ST-elevation ACS. Intracoronary tirofiban was administered immediately before PCI because we hypothesized that local administration of a Ib/IIa antagonist would have a faster and more efficient action on the coronary thrombus and vascular endothelium than the conventional intravenous bolus injection. In comparison with the control group, the study group showed a 14% reduction in the composite MACE within 14 days of primary PCI. Although there was no significant difference in the MACE rates within 30 days of PCI, a higher average LVEF was observed in the intracoronary tirofiban group, suggesting an improvement in left ventricular function.

Study Limitations

The first is that the number of patients was relatively small, so it was not possible for us to perform a subgroup analysis and compare the effects of intracoronary tirofiban on ST-elevation and non-ST elevation ACS. In addition, although we purposefully recruited elderly patients to evaluate the bleeding rates and platelet reduction in this population, the clinical benefits of intracoronary tirofiban observed in this study may or may not be applicable to a younger patient population.

In conclusion, intracoronary bolus injection of tirofiban appears superior to intravenous bolus administration in reducing short-term MACE and improving coronary flow or myocardial perfusion following primary PCI. At 30 days after intracoronary tirofiban administration and PCI there was a significant improvement in left ventricular function. Further studies in a larger patient population are required to evaluate the long-term effect of intracoronary tirofiban on the outcomes of ACS following PCI.

References


15. The RESTORE Investigators. Effects of platelet glycoprotein Ib/IIa blockade with tirofiban on adverse cardiac events in patients with unstable angina or acute myocardial infarction undergoing coronary


