Atypical Fast-Slow Atrioventricular Nodal Reentrant Tachycardia Utilizing a Slow Pathway Extending to the Inferolateral Right Atrium

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Background: The existence of atypical fast-slow (F/S) atrioventricular (AV) nodal reentrant tachycardias (NRT) using slow pathway (SP) variants connected to the right atrial (RA) inferolateral (inf) free wall (FW) along the tricuspid annulus (TA), has been neither confirmed nor precisely characterized.

Methods and Results: We studied 7 patients (mean age, 48±16 years; 5 men) with F/S-AVNRT with long RP intervals and an earliest atrial activation at the RA inf-FW along the TA (inf-F/S-AVNRT). AV reentrant tachycardia was excluded on observation of the transition zone criteria in all 7 patients. Atrial tachycardia was excluded on the observation of a V-A-V activation sequence after the induction or entrainment of the tachycardia from the right ventricle in all. Observations of conduction delay and block of the LP during ventricular entrainment or ablation of the tachycardia indicated that LP reflect retrograde activation via the inf-SP. Retrograde SP conduction was interrupted at the site of earliest atrial activation in 3 patients, and in the right posterior septum in 4 patients.

Conclusions: inf-F/S-AVNRT are distinct supraventricular tachycardia incorporating an SP variant connected to the RA inf-FW along the TA in the retrograde direction, which were eliminated by ablation.

Key Words: Ablation; Atrioventricular nodal reentrant tachycardia; Electrophysiologic study; Slow pathway; Tricuspid annulus

Slow pathway (SP) is the main component of the reentry circuit responsible for the development of atrioventricular (AV) nodal reentrant tachycardia (NRT) and it is generally a target site of ablation to cure this arrhythmia.1 Typical SP originates from the compact AV node and extends posteriorly in the Koch’s triangle,2,3 while it is individually viable in length.2,4 Although variants of SP extending along the mitral annulus have been reported,5,6 there is no previous report regarding the typical SP extending to the right atrial (RA) free wall (FW).1,4 Herein, we describe an atypical type of fast-slow (F/S) AVNRT incorporating variants of the SP that extend to the inferolateral (inf) RA as a retrograde limb of the reentry circuit.
Figure 1. Surface electrocardiogram leads I, II and V1 recorded during tachycardia. The P waves were negative in lead II in patients 1–5 and 7, and isoelectric in patient 6. Note the long RP interval on all the recordings. QRS was wide in patient 6 due to ventricular aberrancy.

Figure 2. Intracardiac recordings showing the transition zone (TZ) criteria in patient 7. During isoproterenol infusion, the tachycardia accelerates and is sustained, without cycle length (CL) variations or spontaneous termination. Immediately after right ventricular (RV) overdrive pacing of the tachycardia at an S-S CL of 350 ms, there are 6 QRS complexes that demonstrate fusion (F1–F6) and thereafter the QRS morphology becomes stable (S1–S4). During the TZ (bidirectional arrow), the lack of perturbation of the atrial cycles and the lack of the increasing spike-atrial intervals are inconsistent with a diagnosis of atrioventricular reentrant tachycardia, and are consistent with a diagnosis of atrioventricular nodal reentrant tachycardias. The numbers between atrial electrograms at the high right atrium (HRA) and between the pacing stimuli at the RVA are CL in ms. I, II and V1, surface electrocardiogram; HRA1-2, distal HRA; HBE1-2 and 3-4, distal to proximal His bundle region; CS13-14 to 1-2, proximal-distal coronary sinus recording. Other data of this patient are shown in Figures 5, 6.
AVNRT during the transition zone characterized by progressive QRS fusion immediately after RV burst pacing of the tachycardia, evidenced by lack of perturbation of atrial cycles or lack of increasing spike-atrial interval (transition zone criteria); (5) successful elimination or modification of the SP >2 cm away from the earliest site of atrial activation during the tachycardia; and (6) in the presence of successful ventricular entrainment, AVRT utilizing a concealed nodo-fascicular or nodo-ventricular AP in the retrograde direction was excluded by the absence of reset or termination of the tachycardia by premature ventricular stimulation during His bundle (HB) refractoriness.

The 5th criterion is based on the evidence that AP with slowly conducting properties including concealed atriofascicular fiber can always be ablated at the earliest site of atrial activation during retrograde conduction via the AP, and there is no report regarding obliquely coursing AP along the TA. Second, atrial tachycardia (AT) was excluded if one or both of the following criteria were met: (1) termination of the tachycardia by ventricular pacing without atrial capture, followed or not by an orthodromic capture of the atria by ventricular pacing of the tachycardia,
manifesting as a >10-ms prolongation of the atrial cycle length (CL); or (2) a V-A-V activation sequence after ventricular induction/re-initiation of the tachycardia resulting from retrograde conduction over the variant of SP, followed by anterograde conduction over the FP. Ventricular overdrive pacing during tachycardia was performed (1) during isoproterenol infusion to prevent spontaneous terminations of the tachycardia as well as fluctuations in the atrial CL during the tachycardia; and (2) at a pacing CL 10–30 ms shorter than the tachycardia, with a first stimulus synchronized to the ventricular EGM, and a delay 10 ms shorter than the tachycardia CL. Finally, the diagnosis of AVNRT was made on the exclusion of AVRT and AT.

Retrograde conduction over the variant of SP to the site of earliest atrial activation during tachycardia was strongly suspected when retrograde atrial activation after ventricular induction/entrainment with an initial V-A-V activation sequence was identical to that during tachycardia in patients with confirmed F/S-AVNRT.

Finally, the diagnosis of AVNRT was confirmed by elimination of the tachycardia after ablation of the SP variant.

**Catheter Ablation**

Before ablation, activation mapping of the RA was performed during ongoing tachycardia to determine the earliest site of activation, using the 3-D mapping systems in 6 patients or ablation catheter in the remaining patient. To ablate an inf-SP, we used the combined anatomical and EGM-guided method used for ablation of typical SP, or targeted the site of earliest atrial activation during ongoing tachycardia. Radiofrequency (RF) energy was delivered at a power of 30 W with the temperature limited to 50°C regardless of the site of delivery, using a 7-F, 4-mm tip, non-irrigated ablation catheter. The recommended duration per delivery was a maximum of 40s. Ablation was successful when the tachycardia was non-inducible by programmed stimulation, before and during the infusion of isoproterenol.

**Electrocardiography**

We used surface 12-lead electrocardiograms (ECG) of the spontaneous or inducible tachycardia to determine the polarity of P waves that were not fused with the previous T wave or QRS complex. The P wave was visually assigned a positive, negative, biphasic (+/− or −/+), or isoelectric polarity.

**Follow-up**

The patients were followed 2– weeks after the ablation procedure, and at 6-month intervals thereafter. Procedure success was ascertained by the historical exclusion of tachycardia recurrences. All measurements are reported as mean±SD.
Results

Patient Characteristics
All patients were free from structural heart disease and all reported having palpitations. The episodes were paroxysmal and interrupted by prolonged periods of normal sinus rhythm. One patient had been unsuccessfully treated with verapamil.

Surface ECG
All 12-lead ECG recorded during spontaneous tachycardias indicated the presence of long RP intervals (Figure 1). The P-wave polarity in lead II was negative in 6 and isoelectric in 1 patient during the tachycardia.

Electrophysiological Diagnosis of AVNRT
Ventricular pre-excitation during sinus rhythm was not observed in any of the patient. Anterograde SP conduction, apparent as a sudden increase in the atrio-His interval, was observed in 3 patients. Retrograde conduction over the FP was observed in 6 patients.

AVRT was excluded on transition zone criteria in all 7 patients (Figure 2); on AV nodal response during parahisian pacing in patient 2; and on differential ventricular entrainment pacing in patient 1; and in patients 3 and 6, by the development of 2nd degree AV block during ongoing tachycardia. In 4 patients including the remaining 2 patients (patients 4 and 5), the SP was successfully ablated in the posterior septum, >3cm away from the site of earliest atrial activation during tachycardia, excluding the diagnosis of AVRT (Figure 3). AT was excluded on observation of a V-A-V activation sequence after the induction (Figure 4) or entrainment of the tachycardia from the RV in all 7 patients.

The site of earliest atrial activation during tachycardia was at 8:00 o’clock in patient 7 (Figure 5), 7:00 o’clock in patients 1 (Figure 3) and 6, 6:30 o’clock in patients 4 and 5, and at 6:00 o’clock in patients 2 and 3 (Table 1). Retrograde conduction over the inf-SP was consistently reproducible during ventricular pacing in all patients (Table 1).

Catheter Ablation
Initially, we used the standard approach for the ablation of a typical SP in patient 1, and targeted the site of earliest activation during tachycardia in the remaining 6 patients. In patient 1, the ablation was successful in the posterior septum (Figure 3). In patients 3, 5 and 7, delivery of RF energy to the site of earliest activation terminated the tachycardia after a mean of 1.8 ± 0.6 s (Table 2), whereas in patients 2, 4 and 6, the delivery of RF energy to the site of earliest activation was ineffective or only transiently effective, until we successfully used the standard approach. During the tachycardia, low-frequency, fractionated potentials (LP) preceding the atrial EGM were recorded near the site of the earliest atrial activation in 6 patients (Table 2; Figures 3A,5A,6). Interestingly, in patient 5, the LP represented conduction delay and block during ventricular entrainment (Figure 6A), and retrograde conduction block between the LP and the local atrial EGM developed during ablation of the SP, followed by the termination of the tachycardia (Figure 6B). In all 7 patients, ectopic atrial complexes developed during RF energy delivery.
Slow Pathway Extending to the Right Atrium

(Table 2). During follow-up, no patient complained of recurrences of tachycardia (Table 2).

**Discussion**

Electrophysiological Characteristics of inf-F/S-AVNRT

inf-F/S-AVNRT is characterized by the site of earliest activa-...
ongoing F/S-AVNRT outside Koch’s triangle has not been described previously. Moreover, it is noteworthy that (although observed in only 1 patient), conduction delay and block of the LP during ventricular entrainment (Figure 6A), and development of retrograde conduction block between the LP and the local atrial EGM during ablation of the SP, followed by the termination of the tachycardia (Figure 6B) was observed. This indicates that LP reflect retrograde activation over the inf-SP. Therefore, it is possible that detection of the LP helps the physician localize the SP as the putative target of ablation.

The inf-SP were successfully ablated with the standard techniques used for typical SP or at the site of earliest atrial activation. An accelerated junctional rhythm during ablation was frequently observed during RF energy delivery near the earliest site of atrial activation in the RAFW, as in the case of a typical SP, and might be an indicator of the heating effect on AV nodal transitional cells constituting these variants of SP.

The successful ablation at a traditional ablation site confirmed the presence of an SP that traverses Koch’s triangle. In some patients, however, the tachycardia was refractory to cure, requiring multiple RF energy applications, accompanied by shifts of the site of earliest atrial activation during the tachycardia. These phenomena may suggest structural characteristics of inf-SP such as a relatively broad, incompletely dissociated tissue with multiple connections to atrial muscle.

**Putative Role of AV Ring Tissue in the Genesis of inf-SP**

Although SP variants extending into the inf RAFW have not been confirmed histologically, several studies have helped clarify the genesis of the inf-SP. Anderson and

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**Figure 6.** Intracardiac recordings of low-frequency potentials (LP) reflecting retrograde activation over the inferolateral slow pathway (asterisks) during the (A) tachycardia and ventricular entrainment and (B) radiofrequency energy delivery in patient 5. (A) During tachycardia, the LP are recorded, followed by the local atrial electrogram (EGM; +) at the tip of ABL1-2. The S3 and the subsequent stimuli during ventricular entrainment with a cycle length of 340 ms capture the LP with a slight conduction delay of a spike-LP interval (dotted arrows), followed by conduction block between the LP and the atrial EGM with 2:1 ratio developing after the S8 and S10, respectively (★). (B) Immediately after a slight prolongation of the interval between the LP and the atrial EGM (displayed by numbers in ms) was observed between the 2nd and 3rd tachycardia cycle during RF energy delivery, the tachycardia terminated with an end of the LP. Other abbreviations as in Figure 2. Modified from Nakagawa K, et al22 with permission of the publisher. Copyright © 2018, the Japanese Society of Clinical Cardiac Electrophysiology.
Taylor noted specialized atrial tissue surrounding the TA, distinct from other atrial myocytes in humans.\(^1\) McGuire et al described cells with nodal-like characteristics around the entire TA, including their cellular electrophysiology, response to adenosine, and lack of connexin43, and suggested that these cells may be the substrate of the slow “AV nodal” pathway.\(^2\) Furthermore, several studies have suggested that AV rings of nodal-like myocytes surround the TA.\(^3\)–\(^8\) and are anatomically continuous with inferior extensions of the AV node.\(^9\)–\(^10\) This continuity between the AV node and AV ring tissue may be attributable to the embryological development of the AV ring and AV node from an identical origin, the so-called embryonic AV canal.\(^1\)\(^2\) The anatomic connection of the compact AV node to the inferior AV ring tissue in humans, forming the SP, however, remains to be clarified. Nevertheless, we hypothesize, given the present electrophysiological findings, that a primitive form of inf-SP is created by the AV ring at least electrophysiologically connected to inferior extensions of the AV node.

**Study Limitations**

There were some limitations in the present study. First, this retrospective study, which was limited to cases of successful ablation, was small. Therefore, the overall safety and efficacy of this therapy and the optimal selection of the ablation site remain to be firmly established. A larger, prospective study is needed to clarify these points. Second, the type and number of poles of electrode catheters used were not uniform in this study. The bipole electrodes located in the proximal coronary sinus were confirmed on fluoroscopy, however, at each institute.

**Conclusions**

inf-FS-AVNRt are distinct supraventricular tachycardias, which use a variant of SP located along the TA as the retrograde limb, and which can be eliminated with RF ablation.

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**Disclosures**

The authors declare no conflicts of interest.

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