Arterial Healing 10 Months After Implantation of an Ultrathin-Strut, Biodegradable-Polymer, Sirolimus-Eluting Stent — An Angioscopic Study —

Takuya Tsujimura, MD; Takayuki Ishihara, MD; Osamu Iida, MD;
Yosuke Hata, MD; Taku Toyoshima, MD; Naoko Higashino, MD;
Naoya Kurata; Mitsutoshi Asai, MD, PhD; Masaharu Masuda, MD, PhD;
Shin Okamoto, MD; Kiyonori Nanto, MD; Takashi Kanda, MD;
Yasuhiro Matsuda, MD; Toshiaki Mano, MD, PhD

Background: The Orsiro™ ultrathin-strut, biodegradable-polymer, sirolimus-eluting stent (O-SES) has specific characteristics regarding its components and has demonstrated comparable clinical outcomes compared with durable-polymer, drug-eluting stents (DES). However, arterial repair following deployment of the O-SES has not been elucidated to date.

Methods and Results: Using data from the Kansai Rosai Hospital database between November 2010 and September 2020, we analyzed coronary angiography (CAS) findings a mean ($\pm$ SD) of 10 ± 2 months after implantation of an O-SES, a durable-polymer everolimus-eluting stent (Xience™; X-EES), or a biodegradable-polymer everolimus-eluting stent (Synergy™; S-EES). Neointimal coverage (NIC), yellow color intensity of the stented segment, and the incidence of thrombus adhesion were compared between the O-SES (66 stents from 42 patients), X-EES (119 stents from 87 patients), and S-EES (132 stents from 88 patients). NIC was significantly thinner for the O-SES than S-EES ($P<0.001$), but was similar between the O-SES and X-EES ($P=0.25$). Yellow color intensity was significantly greater for the O-SES than X-EES ($P<0.001$), but similar between the O-SES and S-EES ($P=0.51$). The incidence of thrombus adhesions was similar in all 3 groups.

Conclusions: O-SES and X-EES resulted in similar inhibition of NIC and both resulted in a thinner NIC than with S-EES. In addition, O-SES exhibited a similar degree of thrombus adhesion as the other DES, suggesting similar thrombogenicity.

Key Words: Angioscopy; Coronary artery disease; Drug-eluting stent

The availability of drug-eluting stents (DES) has markedly decreased the incidence of restenosis compared with bare-metal stents by inhibiting neointimal proliferation.¹ However, delayed healing and abnormal vascular responses, including neoatherosclerosis, often occurred after implantation of first-generation DES, which contributed to late and very late stent thrombosis.^{2,3} Although compared with first-generation DES, the use of second-generation durable-polymer (DP) DES led to improved clinical outcomes up to 5 years after implantation,⁴ the issue of neoatherosclerosis has remained unresolved even with second-generation DES; one factor contributing to neoatherosclerosis is thought to be the polymer used in the DES.^{5,6} In order to overcome such limitations, biode-

gradable-polymer (BP) DES have been developed, with reported clinical outcomes similar to those of DP-DES.^{7,8} The Orsiro™ ultrathin-strut, BP, sirolimus-eluting stent (O-SES; Biotronik, Bülach, Switzerland) is a BP-DES with specific characteristics regarding its components: (1) it has an ultrathin-strut with a thickness of only 60 μ m (in stents ≤ 3.0 mm) or 80 μ m (in stents ≥ 3.5 mm); (2) the stent surface is fully coated with a layer of amorphous hydrogen-rich silicon carbide acting as a diffusion barrier (Probio™), sealing the bare-metal surface and reducing ion release; (3) the drug is released over 12–14 weeks; and (4) the polymer is completely degraded over 12–24 months, which is longer than for other BP-DES such as the Synergy™ BP, everolimus-eluting stent (S-EES; Boston Scientific, Natick, MA,

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Kansai Rosai Hospital Cardiovascular Center, Amagasaki (T. Tsujimura, T.I., O.I., Y.H., T. Toyoshima, N.H., M.A., M.M., S.O., K.N., T.K., Y.M., T.M.); Department of Clinical Engineering, Kansai Rosai Hospital, Amagasaki (N.K.), Japan

Mailing address: Takayuki Ishihara, MD, Kansai Rosai Hospital Cardiovascular Center, 3-1-69 Inabaso, Amagasaki 660-8511, Japan. E-mail: t.ishihara31@gmail.com

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Table 1. Patient Characteristics

	O-SES (n=42)	X-EES (n=87)	S-EES (n=88)	P value	
				O-SES vs. X-EES	O-SES vs. S-EES
Age (years)	71±11	71±9	68±12	0.95	0.15
Male sex	34 (81)	71 (82)	71 (81)	0.93	0.97
Hypertension	24 (57)	66 (76)	63 (72)	0.030	0.10
Dyslipidemia	29 (69)	59 (68)	57 (65)	0.89	0.63
Diabetes	23 (55)	34 (39)	27 (31)	0.093	0.008
Current smoker	14 (33)	15 (17)	28 (32)	0.040	0.86
Hemodialysis	2 (5)	1 (1)	1 (1)	0.20	0.20
Prior PCI	21 (50)	46 (53)	32 (36)	0.76	0.14
Prior CABG	1 (2)	1 (1)	1 (1)	0.60	0.59

Unless indicated otherwise, data are presented as the mean±SD or n (%). CABG, coronary artery bypass grafting; O-SES, ultrathin-strut biodegradable-polymer sirolimus-eluting stent (Orsiro™); PCI, percutaneous coronary intervention; S-EES, biodegradable-polymer everolimus-eluting stent (Synergy™); X-EES, durable-polymer everolimus-eluting stent (Xience™).

USA) or the Ultimaster™ BP, sirolimus-eluting stent (U-SES; Terumo Corporation, Tokyo, Japan).⁹ Therefore, it is possible that the process of arterial healing after O-SES implantation differs to that after implantation of DP-DES and the other BP-DES. However, few studies have compared intravascular status after O-SES implantation with that following DP-DES or other BP-DES implantation. In evaluating arterial healing, it is important to assess intravascular status using intravascular imaging devices. Of these, coronary angiography (CAS) is the only imaging modality that allows observation of intrastent status by direct and full-color visualization.^{10–18} Thus, in the present study, we used CAS to evaluate arterial healing after implantation of O-SES compared with DP-DES and other BP-DES.

Methods

Patients

This was a single-center retrospective observational study. We extracted CAS findings from the Kansai Rosai Hospital database between November 2010 and September 2020 for patients with an O-SES, a DP everolimus-eluting stent (Xience™ [X-EES]; Abbott Vascular, Abbott Park, IL, USA), or an S-EES a mean (±SD) of 10±2 months after implantation (a total of 317 stents in 264 lesions from 217 patients). We then compared the CAS findings of O-SES (66 stents in 50 lesions from 42 patients) with those of X-EES (119 stents in 103 lesions from 87 patients) and S-EES (132 stents in 111 lesions from 88 patients). All DES were implanted into de novo lesions in native coronary arteries. We excluded patients who had had any event of earlier stent failure, such as in-stent restenosis, or for whom successful angiographic evaluation was not possible.

Although angiographic evaluation was recommended for all patients at follow-up angiography, as well as staged percutaneous coronary intervention (PCI) for other lesions, this was not performed when informed consent could not be obtained, or when an expert specialist for angiographic evaluation was not available. Patients electing to undergo the procedure were given ticlopidine (200 mg/day), clopidogrel (75 mg/day), or prasugrel (3.75 mg/day) in addition to aspirin (100 mg/day) at least 1 week before PCI. For emergency patients, the antiplatelet drugs (200 mg aspirin and 300 mg clopidogrel or 20 mg prasugrel) were given before PCI. Most patients continued to receive dual anti-

platelet therapy during the follow-up period according to the guidelines current at that time.¹⁹

The Medical Ethics Committee of Kansai Rosai Hospital approved the study, and all patients had provided written informed consent. This study was performed in accordance with the Declaration of Helsinki and the ethical standards of the responsible committee on human experimentation.

Angiographic and Angioscopic Follow-up

CAS was performed after administration of unfractionated heparin (5,000 IU) into the radial or femoral artery via the inserted sheath, and isosorbide dinitrate into the coronary artery. CAS was subsequently performed between November 2010 and September 2016 using a Fullview NEO angiographic catheter (FiberTech, Tokyo, Japan), as described previously.^{10,11} Briefly, an optical fiber was placed at the distal segment of the coronary artery and manually pulled back from the distal edge of the stent to the proximal edge under careful angiographic and angiographic guidance. Since October 2016, a smart-i angiographic catheter (Surgetech Corp., Tokyo, Japan) has been used after the Fullview NEO was discontinued. Using guide extension catheters such as GuideLiner (Japan Lifeline, Tokyo, Japan), Guidezilla (Boston Scientific), and guideplus (NIPRO, Osaka, Japan), blood flow was blocked by flushing with low molecular weight dextran. Angiographic images obtained using both types of angiographic catheter were of 3,000 pixels in full color and were digitally stored for off-line analysis. Furthermore, a forward-looking angiographic catheter (OVALIS, Osaka, Japan), which can project images with 9,000 pixels, and a smart-i 6K angiographic catheter (Surgetech Corp.), which can project images with 6,000 pixels, have been available since August 2018 and October 2018, respectively. These catheters were used in some cases after those dates.

Angioscopic Analysis

Angioscopic images were analyzed to determine: (1) the dominant degree of neointimal coverage (NIC) over the stent; (2) heterogeneity of NIC; (3) the yellow color grade of the stented segment; and (4) the presence of an intrastent thrombus.

NIC over the stent was classified into 4 grades as described previously: Grade 0, stent struts fully visible, similar to immediately after implantation; Grade 1, stent struts bulging

	O-SES (n=42)	X-EES (n=87)	S-EES (n=88)	P value	
				O-SES vs. X-EES	O-SES vs. S-EES
Aspirin	42 (100)	81 (93)	84 (96)	0.081	0.16
P2Y ₁₂ inhibitor	38 (91)	79 (91)	83 (94)	0.95	0.42
Cilostazol	1 (2)	1 (1)	0 (0)	0.60	0.15
Warfarin	3 (7)	4 (5)	1 (1)	0.55	0.064
DOAC	1 (2)	9 (10)	3 (3)	0.11	0.75
Statin	39 (93)	63 (62)	67 (76)	0.007	0.022
EPA	4 (10)	11 (13)	9 (10)	0.60	0.90

Unless indicated otherwise, data are presented as n (%). DOAC, direct oral anti-coagulant; EPA, eicosapentaenoic acid. Other abbreviations as in Table 1.

	O-SES (n=50)	X-EES (n=103)	S-EES (n=111)	P value	
				O-SES vs. X-EES	O-SES vs. S-EES
ACS	16 (32)	22 (21)	37 (33)	0.15	0.87
Lesion location				0.99	0.58
LAD	21 (42)	43 (42)	47 (42)		
LCX	13 (26)	27 (26)	21 (19)		
RCA	16 (32)	33 (32)	43 (39)		
CTO	1 (2)	7 (7)	7 (6)	0.21	0.25
Ostial lesion	2 (4)	10 (10)	10 (9)	0.22	0.26
Bifurcation	23 (46)	36 (35)	43 (39)	0.19	0.39
Calcification	4 (8)	17 (17)	21 (19)	0.15	0.077
ACC/AHA classification ^A				0.28	0.99
Type A	3 (6)	10 (10)	6 (5)		
Type B1	6 (12)	24 (23)	14 (13)		
Type B2	11 (22)	18 (17)	23 (21)		
Type C	30 (60)	51 (50)	68 (61)		

Unless indicated otherwise, data are presented as n (%). ^ABased on the American College of Cardiology/American Heart Association (ACC/AHA) classification. ACS, acute coronary syndrome; CTO, chronic total occlusion; LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery. Other abbreviations as in Table 1.

	O-SES (n=66)	X-EES (n=119)	S-EES (n=132)	P value	
				O-SES vs. X-EES	O-SES vs. S-EES
Intravascular imaging device				<0.001	0.015
Intravascular ultrasound	36 (55)	94 (79)	95 (72)		
Optical coherence tomography	30 (45)	25 (21)	37 (28)		
Predilatation	55 (83)	85 (71)	111 (84)	0.071	0.89
Maximum predilatation balloon diameter (mm)	2.3±0.8	2.4±0.9	2.2±1.0	0.99	0.47
Maximum predilatation balloon pressure (atm)	12±4	12±6	11±5	0.86	0.48
Mean stent diameter (mm)	2.8±0.4	3.0±0.5	3.0±0.6	0.013	<0.001
Mean stent length (mm)	22±8	23±9	26±9	0.27	0.005
Post-dilatation	66 (100)	105 (88)	123 (93)	0.004	0.030
Maximum post-dilatation balloon diameter (mm)	3.1±0.5	3.1±0.8	3.1±0.9	0.48	0.53
Maximum post-dilatation balloon pressure (atm)	16±4	14±5	15±5	0.033	0.09

Unless indicated otherwise, data are presented as the mean ± SD or n (%). Abbreviations as in Table 1.

into the lumen and, although covered, still transparently visible; Grade 2, stent struts embedded in the neointima, but translucently visible; Grade 3, stent struts fully embedded and invisible on angiography.¹² Heterogeneity of NIC has been defined previously.¹³ Briefly, NIC was evaluated throughout the entire stented segments, and was judged as heterogeneous when differences in the NIC grade became apparent. Struts crossing the side branch and located in the overlapped segment were excluded from grading. In addition, stent edges were excluded from the heterogeneity analysis.

The yellow color was graded as follows: Grade 0, white; Grade 1, light yellow; Grade 2, yellow; Grade 3, intensive yellow.¹⁴ Thrombus was defined based on criteria adopted by the European Working Group on Coronary Angioscopy.¹⁵

Statistical Analysis

All results are expressed as mean $\pm$ SD, unless otherwise stated. Continuous variables with and without homogeneity of variance were analyzed by Student's t-test and Welch's t-test, respectively. Categorical variables were analyzed with Fisher's exact test for 2 $\times$ 2 comparisons. For more than 2 $\times$ 2 comparisons, the Mann-Whitney test was used. Statistical significance was defined as 2-sided $P < 0.05$. All analyses were performed using IBM SPSS Statistics Version 24 (IBM Corp., Armonk, NY, USA).

Results

Baseline Characteristics

Patients' characteristics are presented in **Table 1**. There was a lower proportion of patients with hypertension in the O-SES than X-EES group, but a higher proportion of current smokers in the former group. There was also a higher frequency of patients with diabetes in the O-SES than S-EES group. **Table 2** presents the medications used by the patients at baseline. Statin use was significantly more frequent in the O-SES group than in the other 2 groups. There were no significant differences in lesion characteristics different between the O-SES group and the other 2 groups (**Table 3**).

Data regarding the procedures undertaken are presented in **Table 4**. Although intravascular ultrasound was used less frequently in the O-SES group, optical coherence tomography (OCT) was more frequent in the O-SES than the other 2 groups. The O-SES group had a significantly

smaller mean stent diameter and a higher frequency of post-dilation than the other 2 groups. Mean stent length was shorter in the O-SES than S-EES group. In addition, maximum post-dilation balloon pressure was higher in the O-SES than X-EES group.

CAS Findings

As reported in a previous article from our institution,¹⁴ the estimated inter- and intraobserver κ coefficients were 0.84 and 0.95, respectively, for the dominant degree of NIC over the stent, 0.84 and 0.83, respectively, for heterogeneity of NIC, 0.82 and 0.86, respectively, for yellow color grade of the stented segment, and 0.93 and 1.0, respectively, for the presence of intrastent thrombus.

There was no significant difference in mean follow-up duration for patients in the O-SES, X-EES, and S-EES groups (293 $\pm$ 36, 300 $\pm$ 39, and 290 $\pm$ 33 days, respectively; $P=0.21$ and $P=0.60$ vs. O-SES, respectively). The dominant NIC grade was significantly lower in the O-SES than

Figure 1. Dominant neointimal coverage grade with ultrathin-strut biodegradable-polymer sirolimus-eluting stents (O-SES), durable-polymer everolimus-eluting stents (X-EES), and biodegradable-polymer everolimus-eluting stents (S-EES). The dominant neointimal coverage grade was significantly lower in the O-SES than S-EES group ($P < 0.001$), but similar in the O-SES and X-EES groups ($P = 0.25$).

Figure 2. Heterogeneity of neointimal coverage with ultrathin-strut biodegradable-polymer sirolimus-eluting stents (O-SES), durable-polymer everolimus-eluting stents (X-EES), and biodegradable-polymer everolimus-eluting stents (S-EES). The heterogeneity of neointimal coverage was similar between the O-SES and X-EES groups ($P = 0.076$) and between the O-SES and S-EES groups ($P = 0.74$).

S-EES group ($P<0.001$), but was similar in the O-SES and X-EES groups ($P=0.25$; **Figure 1**). NIC heterogeneity was similar in the O-SES and X-EES groups ($P=0.076$) and in the O-SES and S-EES groups ($P=0.74$; **Figure 2**). Although the maximum yellow color grade was similar in the O-SES and S-EES groups ($P=0.51$), it was significantly higher in the O-SES than X-EES group ($P<0.001$; **Figure 3**). The incidence of thrombus adhesion was similar in the O-SES and X-EES groups (27.3% vs. 18.5%, respectively; $P=0.076$) and in the O-SES and S-EES groups (27.3% vs. 20.5%, respectively; $P=0.74$; **Figure 4**).

Discussion

The findings of the present study are that, 10 months after stent implantation: (1) the dominant NIC grade was significantly lower in the O-SES than S-EES group, but similar in the O-SES and X-EES groups; (2) NIC heterogeneity and the incidence of thrombus adhesion were similar in all 3 groups; and (3) the maximum yellow color grade was similar in the O-SES and S-EES groups, but was significantly higher in the O-SES than X-EES group. To the best of our knowledge, this is the first report describing intravascular status evaluated by CAS 10 months after O-SES implantation comparing DP-DES with other BP-DES.

The EVOLVE II randomized trial showed that the absolute value of stenosis in the diameter of the stent segment was higher for S-EES than for DP everolimus-eluting stents.⁸ In addition, U-SES, a type of BP-DES, had a significantly larger late loss.⁷ It takes 3–4 months for the polymer of S-EES and U-SES to dissolve.^{7,20} Previous angioscopic reports had revealed that BP-DES, including S-EES and U-SES, had significantly higher dominant NIC grades than DP-DES 10–12 months after implantation, whereas NIC heterogeneity, maximum yellow color grade, and the incidence of thrombus adhesion were not significantly different between BP-DES and DP-DES.^{14,21} Similarly, the dominant NIC grade in the present study was

higher in the S-EES than X-EES group, although NIC heterogeneity, maximum yellow color grade, and the incidence of thrombus adhesion did not differ significantly. Although O-SES is a BP-DES, its dominant NIC grade in the present study was similar to that of the X-EES group, and was significantly lower than in the S-EES group. Using OCT, Karjalainen et al reported that O-SES provided slightly better stent strut coverage at 3 months than did DP zotarolimus-eluting stents.²² Thinner struts are smaller obstacles than thicker struts for the confluent endothelium layer and, as such, have faster integration into the vessel wall and re-endothelialization.^{23–26} Because it is ultrathin, the O-SES is likely to be covered by neointima earlier after implantation. Conversely, compared with X-EES, O-SES was found to be non-inferior for in-stent late lumen loss at 9 months.²⁷ Mean neointimal thickness evaluated by OCT was also similar in the O-SES and X-EES groups in a sub-analysis.²⁷ Consistent with these results, the dominant NIC grade in the present study did not differ significantly between the O-SES and X-EES groups. Based on these results, we speculate that the ultrathin O-SES is likely to be covered relatively early after implantation, but NIC may not progress so rapidly thereafter, relative to S-EES. Differences in the duration of polymer dissolution would contribute to the differences in NIC seen between the O-SES and S-EES. The presence of polymer may induce arterial wall inflammation, delayed vascular healing, and long-term endothelial dysfunction.²⁸ Although the polymer of BP-DES is completely degraded over time, there is a concern regarding potential inflammatory responses due to products of polymer degradation.²⁹ O-SES has a BP that completely degrades over a period of 12–24 months.⁹ CAS findings 10 months after stent implantation in the present study were therefore from a time point before the O-SES polymer had completely dissolved, suggesting that arterial inflammation due to polymer degradation products may have inhibited the process of neointimal coverage. Therefore, in the present study, the dominant NIC grade of O-SES was compa-

rable to that of X-EES and significantly lower than that of S-EES, which seems to make sense. In addition, it is necessary to further investigate the intravascular status 12–24 months after O-SES implantation, when the polymer is completely degraded.

In the present study, the maximum yellow color grade was significantly higher in the O-SES than X-EES group 10 months after stent implantation, although it was similar in the O-SES and S-EES groups. In general, angioscopically detected yellow plaque is considered to represent arteriosclerotic changes. A previous report noted that yellow plaque is commonly detected at the culprit lesions of acute coronary syndrome.³⁰ In other studies, angiography and OCT showed that as the fibrous cap became thinner, the yellow color of the plaque became more intense.^{31,32} Higo et al reported that first-generation DES showed accelerated formation of yellow plaque 10 months after implantation.³³ Previous histopathologic reports documented that abnormal vascular responses, including neoatherosclerosis, occurred when using first-generation DES,^{2,3} which may have been contributing to the progression of yellow plaque. In the present study, the O-SES group had a significantly higher maximum yellow color grade than the X-EES group. However, we were unable to determine whether this finding indicated neoatherosclerosis or underlying yellow plaque that had existed before stent implantation because we had not evaluated the yellow color grade at the time of stent implantation. It has been reported that inflammation occurs during the process of polymer degradation^{34,35} and that inflammation promotes neoatherosclerosis.⁶ We hypothesize that neoatherosclerosis may be more easily promoted in the O-SES than X-EES group because the duration of polymer degradation in the former is relatively long and absorption was still ongoing at the time of CAS evaluation in the present study. Further investigations are needed to clarify this issue.

In terms of baseline patient characteristics, the O-SES group included a proportion of current smokers and a tendency for more patients with diabetes than the X-EES group. The absolute rates of acute coronary syndrome and hemodialysis were also higher in the O-SES group. From these data, it cannot be excluded that the O-SES group may have initially had more severe atherosclerosis than the X-EES group and that this may be associated with the yellow color grade in the present study.

A reduction in strut thickness has been shown to mitigate thrombus formation.²⁶ However, although the O-SES stent strut is ultrathin, the incidence of thrombus adhesion did not differ significantly between the 3 groups in the present study. Arterial healing is thought to be incomplete in the segment of the stent with thrombus adhesion. This is because such adhesion occurs in the initial phase of arterial healing after stent implantation. Later, a thrombus does not attach to the stented segment where arterial repair is complete because mature endothelial cells have antithrombotic effects.^{16,36} The O-SES polymer is still present 10 months after implantation, and arterial healing may still have been in progress at that time. Furthermore, previous CAS studies showed that the incidence of thrombus adhesion was higher at locations with a yellow color than at stent implantation site that were white.³⁷ In addition, the rate of thrombus adhesion increased as the yellow color grade became more severe.³⁰ The relatively high yellow color grade in the O-SES group in the present study may

affect the incidence of thrombus adhesion and diminish the benefit of this ultrathin strut.

Clinical Implications

Even with the use of a BP, the O-SES resulted in an NIC similar to the X-EES and lower than the S-EES, but similar thrombus adhesion. Ten months after implantation, the dominant NIC grade was significantly lower in the O-SES than S-EES group, and neointimal proliferation was considered to be more strongly inhibited. Therefore, the restenosis rate may be lower in the O-SES than S-EES group. Conversely, it was considered that the vascular response to O-SES was similar to that to the X-EES during this phase, whereas the maximum yellow color grade was significantly higher in the O-SES group. Although the O-SES polymer is biodegradable, it is not completely degraded 10 months after implantation. Patients treated with an O-SES may have a reduced risk of vessel inflammation and progression of neoatherosclerosis at a later time, because the polymer is completely degraded only 24 months after implantation. Further investigations with longer-term data are desirable.

Study Limitations

This study has several limitations. First, it was a single-center, non-randomized, observational study. However, the sample size was sufficient to permit evaluation of the outcome and was comparable to previous CAS studies. Second, one of the reasons why CAS was not performed in all patients was because appropriate specialists were not available, making this a selection bias. Third, the CAS cohort in the present study was not composed of consecutive patients, which is another selection bias. Fourth, because this study was a retrospective and observational study, the timing of stent implantation differed among the 3 groups, which may have affected the baseline characteristics. In fact, some patient, lesion, and procedural background characteristics were different between the O-SES and other 2 groups. These differences could have influenced the CAS findings. The best way to overcome this inherent limitation would be propensity score matching for fair comparisons in this kind of study design. However, it was difficult to do such matching in the present study because the sample size was relatively small in each group, especially in the O-SES group. Fifth, different types of CAS catheters were used during the study period according to their availability. We cannot completely rule out the possibility that this affected the angioscopic findings somewhat, although we carefully analyzed angioscopic images. Sixth, nothing can be concluded from the findings regarding yellow color in the present study because we did not evaluate the yellow color grade at the time of stent implantation. Finally, CAS was not always able to evaluate the entire stented segment because of limitations to the CAS visual field, especially in angulated or tortuous lesions. However, in such cases, changing the guidewire sometimes improved the visual field. Further investigation is necessary.

Conclusions

O-SES provided NIC inhibition similar to X-EES, and a lower NIC grade than S-EES, despite being biodegradable. In addition, O-SES showed a similar degree of thrombus adhesion as X-EES or S-EES, suggesting similar thrombogenicity.

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IRB Information

This study was approved by the Medical Ethics Committee of Kansai Rosai Hospital (Reference no. 2001025).

Data Availability

The deidentified participant data will not be shared.

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