Participation of Host Cell Actin Filaments during Interaction of Trypomastigote Forms of Trypanosoma cruzi with Host Cells

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ABSTRACT. The involvement of actin filaments from the host cell on the process of invasion of trypomastigote forms of Trypanosoma cruzi was analyzed in seven different cell lines. Prior incubation of all cell lines with cytochalasin D, under conditions which interfere with actin filaments, markedly inhibited parasite internalization and increased parasite attachment. Attached parasites were readily ingested following washing of the drug-treated cells. Cytochalasin treatment interfered with the distribution of actin filaments of the host cell as evaluated by visualization of the filaments using confocal laser scanning microscopy of cells incubated in the presence of FITC-phalloidin. Concentration of actin filaments could be observed in most, but not all, parasites in the process of internalization. We also treated LLCMK 2 and macrophage cells with Jasplakinolide, a drug that stabilizes actin filaments, before interaction with the trypomastigote forms. This drug partially inhibits parasite invasion into the cells. Prior incubation of the host cells in the presence of colchicine, which interfere with microtubules, also inhibited parasite internalization into the cells.

Key words: Trypanosoma cruzi/cytoskeleton/actin/cytochalasin D/jasplakinolide/confocal microscopy

Trypanosoma cruzi is the causative agent of Chagas’s disease, that affects millions of people in Latin America. It is an obligate intracellular parasite able to infect almost all nucleated cells through an endocytic process whereby an endocytic vacuole is initially formed. Enzymes released from the trypomastigote then start the disorganization and subsequent lysis of the membrane lining the endocytic vacuole. In the meantime, the parasite gradually changes into its amastigote form which after 24 hours begins to multiply in direct contact with the cytoplasm (Brener et al., 1973; Carvalho et al., 1989; Ley et al., 1990).

The molecular mechanism by which the trypomastigote form is recognized and internalized by host cells is still in debate. Evidence has accumulated to indicate that the interaction of T. cruzi trypomastigotes with host cells is mediated by specific molecules localized on the surface of both cells (Andrews et al., 1995; Araujo-Jorge et al., 1992; Maria et al., 1982; Nogueira et al., 1976; Procopio et al., 1994). However, there is still some discussion regarding the involvement of host cell actin on the process of parasite internalization. Some studies report that treatment of host cells with cytochalasin B or D, drugs which interfere with actin filaments and inhibit the phagocytic process, inhibited the infection of the cells by the parasite (Barbosa et al., 1995; Metrellés et al., 1982). Others, however, show that the same treatment even increased parasite penetration (Procopio et al., 1994; Schenkman et al., 1991; Schenkman et al., 1992; Tardieux et al., 1994). Since these reports have been made based on experiments carried out under different experimental conditions we decided to re-analyze the effect of cytochalasin D (CytD) on the interaction of T. cruzi with 5 different host cells under well controlled conditions. Jasplakinolide, another drug that acts on actin filaments to stabilize them (Holzheimer et al., 1997), was also used in LLCMK 2 and macrophage cells before the interaction process. We also analyzed the effect of colchicine, that affects microtubules, on the interaction process. In addition immu-
nosome microscopy was used to determine the distribution of actin filaments during the interaction process. We also used scanning electron microscopy to show the site of parasite entry in cells non treated and treated with cytochalasin D. The results obtained are described in this paper.

**Materials and Methods**

**Parasite**

The Y strain of *Trypanosoma cruzi* was used. The trypomastigote form was obtained from the supernatant of Vero cells previously infected as described previously (Carvalho et al., 1989).

**Host cells**

The following cell types were used: a) Resident peritoneal macrophages obtained from Swiss mice. They were collected in Hank’s solution, plated on 13 mm round glass coverslips and allowed to adhere for 30 min at 37°C in 5% CO₂ atmosphere. Subsequently non-adherent cells were removed by washing with Hank’s solution and 199 medium with 10% fetal bovine serum was added. The cells were maintained in culture for 24 h at 37°C, in 5% CO₂; b) Vero (ATCC CCL-81, USA - fibroblast-like, kidney, African green monkey); c) LLCMK 2 (ATCC CCL-7, epithelial-like, kidney, Rhesus monkey); (d) HFSF (ATCC CRL 1634 fibroblast, human skin), and (e) L-6 (ATCC CRL-1458, skeletal muscle myoblast, rat) cells. All the cell lines were cultivated in 25 cm² flasks in 199 medium plus 5% fetal bovine serum at 37°C in 5% CO₂ atmosphere. After confluence was reached the cultures were treated with trypsin and cells were plated in 24 well plates with 13 mm round coverslips and kept for 24 hours in culture.

**Effect of drugs**

Before the experiments the cultures were washed with 199 medium without serum and incubated for 15 or 30 min in the presence of one of the following drugs: (a) 5 µg/ml of cytochalasin D (CytD) (Sigma Chemical Company-USA); (b) CytD recover experiments: the cells were treated with 5 µg/ml of CytD for 30 min and allowed to interact with trypomastigote forms of *T. cruzi* for 1 h. After that the cells were washed to remove non-adherent parasites and then incubated in 199 medium plus 5% FBS for 1 h more; (c) 5 µg/ml of colchicine (Sigma Chemical Company-USA) ; c) 1 µM of Jasplakinolide (Molecular Probes-USA) for 30 min at 37°C before 1 h of interaction with trypomastigotes (parasite:cell ratio of 50:1). These drugs were dissolved in dimethylsulfoxide (DMSO). As control cells were incubated in the presence of 0.1% DMSO, the same maximum concentration found in the solutions containing the drugs to be tested. After incubation the medium was removed and parasites were added as described below.

**Parasite-host cell interaction**

Parasites were added to the cultures so that a parasite:cell ratio of 10:1 was achieved and allowed to interact for 1 hour at 37°C in a 5% CO₂ atmosphere. The cultures were then washed to remove free parasites and processed for light, fluorescence and scanning electron microscopy. For light microscopy the cells were fixed with Bouin fixative and stained with Giemsa. The preparations were careful examined by bright field microscopy using an immersion lens in order to distinguish attached from internalized parasites. The percentage of cells with attached or ingested parasites and the mean number of parasites per cell were determined by randomly counting at least 200 cells in at least three independent experiments. The adhesion index was calculated by multiplying the percentage of cells with attached parasites and the mean number of parasites attached per cell The endocytic index was calculated multiplying the percentage of infected cells and the mean number of parasites per infected cell. Statistical analysis was done using F Student’s test. We considered significant those differences above 10% (p<0.05). For immunofluorescence microscopy the cells were fixed for 3 min with 0.1% glutaraldehyde (grade I), 3.7% formaldehyde and 0.5% Triton X-100 in PHEM buffer (60 mM Pipes, 20 mM Hepes, 10 mM EGTA, 5 mM MgCl₂, 70 mM KCl), pH 7.0. The cultures were then washed three times with PBS 1% albumin, incubated with 50 mM ammonium chloride for 30 min, and incubated for 1 h in the presence of phalloidin-FITC (Molecular Probes-USA) 1:100 diluted in PHEM buffer, pH 7.0. Subsequently the cultures were washed in PHEM, mounted using N-propyl gallate, and observed in a confocal laser scanning microscope (LSM-Axiovert, Zeiss-Germany) using an Ar/Kr laser 488 and a barrier filter LP520. For scanning electron microscopy the cells were washed and fixed in a solution containing 2.5% glutaraldehyde in PHEM buffer, pH 7.0, at room temperature. The cells were then washed and post-fixed in 1% osmium tetroxide for 10 minutes, washed in 0.1 M phosphate buffer, pH 7.2, dehydrated in acetone, critical point dried with CO₂, coated with a thin layer of gold and observed in a Zeiss DSM 962 scanning electron microscope.

**Results**

**Interaction with different cell types**

Table I shows that under the same experimental conditions there was a marked difference in the endocytic index, in the adhesion index and in the association index according to the host cell type used to interact with trypomastigote forms of *T. cruzi*. The endocytic index values varied from experiment to experiment. Therefore, it was very difficult to make comparisons between different sets of experiments. For this reason we prefer to consider the value found in the control of each experiment as 100 and express the values found in each treatment in relation to 100.

**Effect of cytochalasin D**

Incubation of the various cell types for 15–30 min in the presence of 5 µg/ml cytochalasin D led to significant mor-
phological changes. These included retraction of lamellipodia and long filopodia and the appearance of a large number of surface rounded projections, which could be better visualized by scanning electron microscopy (Fig. 1). Figures 1a and 1b show scanning electron micrographs of the process of interaction of T. cruzi with control (Fig. 1a) and cytochalasin D-treated cells (Fig. 1b). Parasites in the process of internalization could be observed in both situations. Numerous surface blebs were observed in cytochalasin D treated Vero cells (Fig. 1b). This effect was basically similar to that previously reported in other cells (Sibley et al., 2000).

Prior incubation of the host cells in the presence of Cytochalasin D induced a marked inhibition in the internalization...

Fig. 1. Scanning electron microscopy of (a) control Vero cells showing trypomastigote forms in the process of entry (arrows), and (b) cytochalasin D-treated cells showing retraction of lamellipodia and long filopodia, and a large number of surface rounded projections (arrowheads). Bar= 10 μm (Fig. 1a); 5 μm (Fig. 1b).
of trypomastigote forms of *T. cruzi* for all cell types examined. The inhibition varied according to the cell type, reaching an inhibition level of about 93% (Table I). In contrast a marked increase in the number of parasites attached to the cell surface was observed. In some cases the number of attached parasites was ten times higher than that observed in untreated cells (Table I). No significant effect was observed if the cytochalasin D-treated cells were washed before incubation in the presence of the parasites (not shown). If cytochalasin D-treated cell were allowed to interact with trypomastigotes, washed to remove the non-adherent parasites and incubated again in 199 medium with serum for 1 h more, we observed a recovery of the endocytic index in all cell lines (Table I).

### Effect of Jasplakinolide in LLCMK 2 and macrophage cells

Treatment of LLCMK 2 and macrophage cells for 30 min with 1 µM of Jasplakinolide drastically affects cell morphology of both cells (data not shown). We also observed that treatment with Jasplakinolide enhanced the adhesion index, and reduced the endocytic index in cells allowed to interact with trypomastigotes of *T. cruzi* (Table II).

#### Localization of actin

We decided to use FITC-labeled phalloidin, which binds to F actin in the form of oligomers or filaments, to determine the localization of actin during the process of internalization of parasites by the various cell types analyzed in the present study. From the analysis of many samples we could distinguish two basic labeling patterns. The first one was characterized by the concentration of actin filaments in the region of parasite entry (Figs. 2 c,d; 3 a,b). Its important to point out that labeling was restricted to the host cell, although in some images the whole parasite was delineated. Its is well know that phalloidin binds only to actin filaments, and *T. cruzi* does not have these filaments (De Souza, 2002). This labeling pattern predominated in most of the cases, independently of the cell type. The second labeling pattern was characterized by the maintenance of the usual distribution of actin filaments in the cell independently of the presence or absence of parasites attached or in process of penetration

<table>
<thead>
<tr>
<th>Cell type</th>
<th>Relative Adhesion Index</th>
<th>Relative Endocytic Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vero contr</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Vero DMSO</td>
<td>56.3</td>
<td>96.5</td>
</tr>
<tr>
<td>Vero CytD</td>
<td>365</td>
<td>2.8</td>
</tr>
<tr>
<td>LLCMK 2 contr</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>LLCMK 2 DMSO</td>
<td>128</td>
<td>93.3</td>
</tr>
<tr>
<td>LLCMK 2 CytD</td>
<td>559</td>
<td>20.3</td>
</tr>
<tr>
<td>L6 contr</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>L6 DMSO</td>
<td>77</td>
<td>83</td>
</tr>
<tr>
<td>L6 CytD</td>
<td>258</td>
<td>2.76</td>
</tr>
<tr>
<td>Mφ contr</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Mφ DMSO</td>
<td>160</td>
<td>91</td>
</tr>
<tr>
<td>Mφ CytD</td>
<td>1020</td>
<td>27</td>
</tr>
<tr>
<td>HFSF contr</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>HFSF DMSO</td>
<td>129</td>
<td>82</td>
</tr>
<tr>
<td>HFSF CytD</td>
<td>525</td>
<td>3.57</td>
</tr>
</tbody>
</table>

*Host cells were treated with 5 mg/ml of cytochalasin D for 30 min, then the medium was removed and the parasites (parasite cell ratio was 10:1) were allowed to interact for 1 h at 37°C. After this period the cells were processed as described in Table I.

Recover of cytochalasin treatment: effect on the interaction process. The cells were treated with 5 µg/ml of cytochalasin D for 30 min and allowed to interact with trypomastigote forms of *T. cruzi* for 1 h (using the same ratio described above). The cells were then washed to remove non-adherent parasites and incubated in 199 medium plus 5% FBS for 1 h more. After that, cells were washed with PBS, fixed with Bouin and stained with Giemsa.
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with host cells has been the subject of intense investigation

The phalloidin labeling pattern was completely changed
in cells incubated in the presence of cytochalasin D. Instead
of radiating fibers, intensely labeled clumps distributed
throughout the host cell cytoplasm were observed (Figs. 3
a,b). No association of the clumps with attached parasites
was observed.

Effect of Colchicine
Table III shows that prior incubation of the cells in
the presence of 5 \( \mu \)g/ml of colchicine, a concentration
which depolymerizes microtubules but with small changes in
the morphology of the cells, inhibited the endocytic index by
about 70% and did not interfere or only slightly increased
the number of parasites attached to the host cell surface.

Discussion
Although the process of interaction of *Trypanosoma cruzi*
with host cells has been the subject of intense investigation
in the last twenty years some important questions still re-
main (review in Andrews et al., 1995; Sibley et al., 2000). Significant advances have been obtained in the identification
of parasite surface macromolecules involved in the in-
teraction process with the host cells. However, despite the
finding that surface glycoconjugates of the host cells also
play an important role on the interaction process they have
not been identified. Studies carried out using glycosylation
mutants of CHO cells have clearly established that the sugar
residues exposed on the cell surface significantly interfere
with the attachment to and the internalization into the host
cell (Ciavaglia et al., 1993). Our present observations using
well established experimental conditions show a significant
variation in the endocytic and adhesion indexes of *T. cruzi*

Studies carried out by several groups have shown that in-
volvement of host cell actin with cytochalasins interferes
with the internalization of trypomastigote forms into verte-
brate cells (Barbosa et al., 1995; Burleigh et al., 1995; Bur-
leigh et al., 1998; Caler et al., 2000; Carvalho et al., 1999;
Mortara et al., 1999; Nogueira et al., 1976; Procopio et al.,
1994; Schenkman et al., 1991). In most of the studies such
interference is negative, decreasing the rate of infection and
increasing attachment (Barbosa et al., 1995; Meirelles et al.,
1982). In other situations, however, it has been shown that
cytochalasin treatment even enhances parasite penetration
(Caler et al., 2000; Nogueira et al., 1976; Procopio et al.,
1994; Schenkman et al., 1991; Sibley et al., 2000). We de-
cided to re-investigate the problem using cytochalasin D in
concentrations described for other systems and which proved
to be highly effective at a concentration of 5 \( \mu \)g/ml.
This effect is completely reversed by the simple washing of
the cultures. The efficiency of the drug treatment was also
examined in the terms of its effect on cell morphology, as
evaluated by light and scanning electron microscopy, and
the effect on the distribution of host cell actin, as evaluated
by the phalloidin labeling pattern. Our present observations
using cell types varying from macrophages, which are typi-
cal phagocytic cells, to muscle cells in culture show that in
all cases prior treatment of the cells with cytochalasin dra-
matically decreased parasite internalization and enhanced
parasite attachment. This observation shows clearly that
host cell actin plays an important role in the process of para-
site internalization into the endocytic vacuole. In view of
the results we obtained it is difficult to explain the results
obtained in previous studies showing no effect of cyto-
chalasin on the *T. cruzi*-host cell interaction. First, it is im-
portant to point out that the cytochalasin effect is rapidly
reversed by a simple washing of the cultures and in this case
attached parasites are readily ingested by the cells. Second,
it is important to use a methodology which clearly distin-
guishes attached from internalized parasites. If total asso-
ciated parasites are determined the drug treatment will
always increase the association index. Both factors may
explain the conflicting data reported in the literature. We
also used Jasplakinolide, a cyclicdepsipeptide isolated from
the marine sponge, *Jaspis johnstoni*, originally used as an
antifungal agent (Holzinger et al., 1997). Jasplakinolide has
been shown to induce actin polymerization and bind actin
filaments competitively with phalloidin (Holzinger et al.,
1997). Our results show that treatment of LLCMK 2 cells
with 1 \( \mu \)M of Jasplakinolide for 30 min, enhances adhesion

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**Table II. Effect of prior treatment of LLCMK 2 and peritoneal macrophages with 1 \( \mu \)M Jasplakinolide for 30 min at 37°C, on the adhesion and endocytic indexes. Indexes were normalized (%).**

<table>
<thead>
<tr>
<th>Cell Type</th>
<th>Control</th>
<th>DMSO</th>
<th>Jasplakinolide</th>
</tr>
</thead>
<tbody>
<tr>
<td>LLCMK 2</td>
<td>100</td>
<td>278.04</td>
<td>1237.8</td>
</tr>
<tr>
<td>Adhesion index</td>
<td>100</td>
<td>156.88</td>
<td>83.74</td>
</tr>
<tr>
<td>Endocytic index</td>
<td>100</td>
<td>145.91</td>
<td>146.94</td>
</tr>
<tr>
<td>Macrophages</td>
<td>Adhesion index</td>
<td>100</td>
<td>105.94</td>
</tr>
<tr>
<td>Endocytic index</td>
<td>100</td>
<td>14.39</td>
<td>14.39</td>
</tr>
</tbody>
</table>
Fig. 2. Confocal Laser Scanning Microscopy images of: cytochalasin D non-treated and not infected with *T. cruzi* (a,b); Control (c,d) and cytochalasin D-treated (e,f) Vero cells after 1 h of interaction with trypomastigote forms of *T. cruzi* and incubated with phalloidin-FITC. A concentration of actin filaments around the region of parasite entry is observed (arrow) in control cells (c,d). A dramatic change in the pattern of distribution of actin is observed in cells treated with cytochalasin D. Actin appears as labeled clumps distributed throughout the host cytoplasm (small arrows). a = phase contrast; c,d = interferential contrast; b,e,f = fluorescence microscopy. Bar=5 μm (c,d,e,f); Bar= 10 μm (a,b).
Actin Filaments during *Trypanosoma cruzi* Host Cell Interaction

and reduces endocytic indexes of trypomastigotes of *Trypanosoma cruzi*.

In a typical phagocytic process actin filaments are assembled forming long pseudopodium-like surface projections which surround the particle to be ingested. Previous morphological studies have shown that such a process takes place during *T. cruzi*-host cell interaction (Maria et al., 1982). However, endocytic vacuoles can also be formed by a process which involves the formation of large endocytic vacuoles with the involvement of actin. Our present observations using confocal laser scanning microscopy to localize actin filaments labeled with FITC-phalloidin show that in all cells analyzed actin polymerization took place at the sites of parasite entry (arrow). A dramatic change in the distribution pattern of actin is observed when the cells were treated with cytochalasin D (c,d; Bar=5 µm): actin appears as labeled clumps distributed throughout the host cell cytoplasm.

**Fig. 3.** Confocal laser scanning microscopy images of control (a,b) and cytochalasin D-treated (c,d) L6 cells allowed to interact with trypomastigote forms of *T. cruzi* for 1 h. In control cells (a,b; Bar= 10 µm) we observed a normal distribution pattern of actin filaments, and a concentration of those filaments in the site of parasite entry (arrow). A dramatic change in the distribution pattern of actin is observed when the cells were treated with cytochalasin D (c,d; Bar=5 µm): actin appears as labeled clumps distributed throughout the host cell cytoplasm. a,c= interferential contrast; b, d= fluorescence microscopy.

Important to point out that parasites also penetrate by another process with no concentration of actin filaments around the parasite (Carvalho et al., 1999 and ours results in this paper). Taken together the available results suggest that *T. cruzi* may penetrate into host cells by three mechanisms: (a) a typical phagocytic process involving the formation of filopodium-like projections which is dependent on actin filament assembly; (b) an endocytic process which does not depend on the formation of filopodium-like extensions but is dependent of actin filament assembly for parasite internalization, and (c) an endocytic process which does not depend on actin filament assembly.

Our present observations also suggest that host cell cytoplasmic microtubules play some role in the process of parasite internalization since their disruption by colchicine treatment inhibited parasite internalization. Previous studies...
have shown that *T. cruzi* penetration is also dependent on the migration of host cell lysosomes, in a microtubule-dependent process, to the site of parasite internalization (Schenkman et al., 1994).

Acknowledgements. The authors thank Miss Rosemary C. Maciel, Darli G. Keller, Márcia Adriana S. C. Dutra, Giovana Alves de Moraes for technical support. This work has been supported by Programa de Núcleos de Excelência (PRONEX), Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq), Fundação Carlos Chagas Filho de Amparo à Pesquisa do Estado do Rio de Janeiro (FAPERJ), and Fundação Estadual do Norte Fluminense (FENORTE).

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(Rceived for publication, September 25, 2001 and in revised form, January 30, 2002)