Ca-P spots modified zirconia by liquid precursor infiltration and the effect on osteoblast-like cell responses

Yongmei LI1*, Yan LIU1,2*, Zutai ZHANG1, Ruishen ZHUGE1, Ning DING1 and Yueming TIAN1

INTRODUCTION

Since Bränemark et al.1) discovered titanium and bone could be completely integrated, titanium implants have been established as a reliable treatment option for the replacement of missing teeth over forty years5). In spite of well-documented biocompatibility and suitability for tooling, it has been reported that titanium can cause unwanted chemical-biological interactions like tissue discoloration3) and allergic reactions4). Additionally, a drawback from an aesthetic point of view is the gray color of titanium5), which may pose a problem in cases with visible titanium and thin soft tissues including the metallic implant shoulder shining through the gingival or even being exposed as a consequence of peri-implant tissue loss6). In addition, several studies have reported titanium alloys may affect nuclear magnetic resonance (MRI)7).

Zirconia ceramics possess excellent mechanical strength, biocompatibility, chemical and dimensional stability8). As non-metallic materials, it has esthetic advantages. Moreover, seldom cases of allergic reactions and MRI problems caused by zirconia ceramics have been reported. Besides, not only was zirconia used as a biomaterial find application in hip joint replacement9), it has also been highly used as a metal replacement for crowns, prostheses, brackets and implants10,11). However, as implants, zirconia shows morphological fixation with the surrounding tissues without producing any chemical or biological bonding12). Its bioinertness could not induce the formation of new bone, furthermore resulting in fibrous film formation, the loose fixation and leading to implant failure.

There are many studies regarding zirconia surface modifications to enhance osseointegration, involving machining13), sandblasting14-15), laser treatment16), plasma spraying17), sol-gel18) and surface bioactive coatings19-21). However, surface modification of zirconia ceramics is technically difficult22) due to its high hardness. Sandblasting might alter the phase transformation integrity of the material and cause micro cracks8). Plasma spraying would change the component of the coatings. In addition, there is a weak bonding between the substrate and coating layer by plasma spraying17), as well as sol-gel method18). Recently, coating with cell adhesion peptides surface modification has been studied as a strategy to promote zirconia implant integration. Moreover, some researchers have focused on the development of coatings that release therapeutic biomolecules, such as BMP-224).

Excellent osseointegration is the final goal of bone tissue healing around implant materials. Studies suggested that the biocompatibility of the inorganic biomaterials surface can be significantly improved by the implementation of a biomimetic process which mimics the formation of bone tissues. Calcium and phosphorus are the main inorganic components of human bones and teeth. Calcium phosphate are osteoconductive and directly bond to bone25), and have been considered precursors to bone apatite formation in vivo26). Therefore, there are many methods reported for preparation of Ca-P composite coatings on implant substrates to improve its osseointegration.

Liquid precursor infiltration is capable of

*Authors who contributed equally to this work.
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incorporating a desired content of exotic elements with controllable distribution\textsuperscript{20}. Whereas, until now, the biocompatibility of Ca-P modified zirconia by liquid precursor infiltration method has rarely been addressed. The aim of the present study was to investigate effectiveness of Ca-P modified zirconia by liquid precursor infiltration method and explore the effect of cellular responses to Ca-P modified zirconia.

**MATERIALS AND METHODS**

The flow chart of experiment was shown in Fig. 1.

*Fabrication of zirconia specimens*

Zirconia discs ($N_1=292$, 16 mm in diameter, 1.6 mm in thickness) were cut from pre-sintered zirconia ceramic blocks (High transparent material, Nissin-Metec China, Jiangsu, China) with a diamond saw (Isomet 4000 Linear Precision Saw, Buehler, Lake Bluff, IL, USA) under coolant irrigation. Zirconia beams ($N_2=40$) with dimensions of $25\times5\times1.5$ mm were prepared for three-point bending test (ISO 6872) as well. All specimens were polished with a polishing machine (YMP-2, Shanghai Jinxiang Machinery Equipment, Shanghai, China) using a series of silicon carbide (SiC) abrasive papers in sequence (grit 800, 1000 and 1200; Struers, Ballerup, Denmark) for 15 s under water irrigation at 300 rotations per min to obtain the same flat surfaces. After ultrasonically cleaned for 10 min in ethanol and deionized water, all specimens subsequently dried and were put into an oven (Vita Zahnfabrik, Bad Sackingen, Germany) at 400°C for 2 h.

*Preparation of Ca-P precursor solution*

Ca-P precursor solution (Ca/P mole ratio was 1.7) was obtained by mixing 1.88 mol/L CaCl$_2$ solution to 0.93 mol/L Na$_2$HPO$_4$ solution with the same volume. Then, pH value of Ca-P precursor solution was adjusted to 2.0 with 1 mol/L hydrochloric acid (HCl) solution by pH-meter (868 model, Orion Research, MA, USA).

*Preparation of Ca-P modified zirconia*

Zirconia specimens were randomly divided into four groups (Fig. 1): Control group C ($n_1=107$, $n_2=10$) with no treatments; experimental group E1 ($n_1=9$, $n_2=10$), E2 ($n_1=167$, $n_2=10$) and E3 ($n_1=9$, $n_2=10$): group E1 was immersed in Ca-P precursor solution for 1 min; group E2 was immersed in Ca-P precursor solution for 1 min, then take it out and keep it at room temperature for 5 min, finally immersed for 1 min again; group E3 was immersed in Ca-P precursor solution for another 1 min on the base of group E2. After 12 h at room temperature, the specimens were dense sintered in furnace (KaVo Everest thermo, Baden Wurttemberg, Germany) according to the manufacturer’s instructions at a heating speed of 5°C/min to 1,450°C, holding for 2 h, subsequently naturally cooling to room temperature.

*The characteristic of Ca-P modified zirconia*

After dense sintering, surface morphologies of zirconia specimens were observed by scanning electron microscopy (SEM) (Phenom World, Eindhoven, The Netherlands) at 10 kV operating in secondary electron mode, and elemental compositions of the groups were analyzed with energy dispersive spectroscopy (EDS). The phases composition of group C and E2 were investigated by X-ray diffraction (XRD) (SEIFERT, Ahrensburg, Germany) equipped with Cross Beam Optics (CBO) and Cu K$_\alpha$ radiation ($\lambda=0.154157$ nm). The diffractometer was operated at 40 kV with the corresponding current of 35 mA. Each run was performed with 2 theta (20) values between 20° and 70° carried out in parallel beam mode with a fixed incident angle of 0.5°. One specimen randomly selected from group E2 was sectioned to

![Fig. 1 The flow chart of the experiment.](image-url)
observe the Ca-P infiltration.

**Hydrothermal treatment and the characteristic**
To explore whether the amorphous calcium phosphorus on zirconia is the precursor of hydroxyapatite (HAP), after sintering, zirconia specimens of group E2 (n=59) were placed at 135°C, 0.4 MPa for 8 h (autoclave sterilizer, MLS-3750, Sanyo, Osaka, Japan). The surface characteristic was analyzed by SEM, EDS and XRD.

**Dissolution behavior**
To test the dissolution behavior of the Ca-P spots on zirconia, specimens of group C, group E2 before and after hydrothermal treatment were placed into sterile polystyrene culturing dishes (24-well multidish, Nunc, Wiesbaden, Germany), and each specimen was immersed in 1 mL deionized water. The samples were placed in an incubator at 37°C with an integrated shaker (160 rpm, UNIMAX 1010, Heidolph, Klein, Germany). At the day of 1, 2, 3, 4, 7, 14 and 30, the release of calcium ion (Ca²⁺) and phosphate ion (PO₄³⁻) were tested by automatic chemistry analyzer (LABOSPECT TS, Hitachi High Technologies, Tokyo, Japan) in accordance to manufacturer's instruction, respectively.

**Three-point bending strength**
The three-point bending strength (σ) of zirconia beams was tested by a universal testing machine (AG-X Plus, Shimadzu, Kyoto, Japan) at a constant speed of 0.5 mm/min, and the value was calculated according to the ISO 6872 standard:

\[
\sigma = \frac{3Fl}{2wb^2}
\]

Where F=load (N); l=test span (mm); w=width of specimen (mm); and b=thickness of specimen (mm).

**Osteoblastic cell culture**
In order to explore the effects of Ca-P modified zirconia on the cell responses, MC3T3-E1 mouse pre-osteoblasts (CRL-2593, American Type Culture Collection [ATCC], Manassas, VA, USA) were cultured on the group C and representative experimental group E2. Before the cell culture experiments, all samples were sterilized in 70% ethanol for 15 min and then dried at 121°C for 30 min (MLS-3750, Sanyo). MC3T3-E1 cells were cultured in alpha minimal essential medium (α-MEM) (Gibco, Thermo Fisher Scientific, Waltham, MA, USA) with 10% fetal bovine serum (FBS, Gibco Laboratories Life Technologies, NY, USA) in a humidified atmosphere of 5% CO₂ at 37°C. After subculturing, the cells were washed with phosphate-buffered saline (PBS, Sinopharm Chemical Reagent, Shanghai, China), detached with trypsin solution (0.25% trypsin, Hyclone, UT, USA) at 37°C for 10 min, and centrifuged and resuspended for further reseeding and growth tests. The medium was changed every 2 days.

**Cell morphology**
The cells were seeded at a density of 1×10⁴ cells/cm² in 24-well polystyrene plates with the modified surface of the zirconia discs facing upwards. At 24 and 72 h of incubation, six (n=6 per group) wells of each group were stained with Phalloidin (5 µg/mL, Sigma, MO, USA) for actin filament and DAPI (5 µg/mL, Sigma) for nuclei, respectively. The specimens were examined by confocal laser scanning microscopy (CLSM, Olympus, Tokyo, Japan).

**Cell viability assays**
The cell viability (n=24 per group) was evaluated by MTT (3-[4, 5-dimethylthiazol-2-yl]-2, 5-diphenyltetrazolium bromide) method. The cells were seeded at a density of 3×10⁴ cell/cm² on each disc. At each culture period (1, 3, 5 and 7 days), five microliters of MTT solution freshly prepared (5 mg/mL MTT reagent in PBS) (Invitrogen, Carlsbad, CA, USA) and 200 µL of medium were add to each well. After incubated at 37°C for 4 h, MTT was drained from every well and afterwards they were placed into Dimethyl sulfoxide (DMSO, Invitrogen). Ultimately, the incubated suspension was then placed into a 96-well plate, and the absorbance was read at 490 nm using a microplate reader (Molecular Devices, Sunnyvale, CA, USA).

**Alkaline phosphatase (ALP) activity assay**
ALP activity (n=9 per group) was performed according to the protocol of the ALP activity assay kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China). Cells were seeded at a density of 3×10⁴ cell/cm² on each disc in 24-well plates. At culture days 3, 7 and 14, the total protein content was measured by using BCA protein assay reagent (Nanjing Jiancheng Bioengineering Institute). Its absorbance was subsequently measured at 410 nm using a spectrophotometer.

**Statistical analysis**
Statistical analysis of the data was performed by one-way analysis of variance (ANOVA) with Tukey’s post-hoc test. The statistical significance level was set at α=0.05. p Value of <0.05 were considered statistically significant.

**RESULTS**
**Characterization of Ca-P modified zirconia**
Figure 2 showed the representative SEM images of Ca-P modified zirconia. Compared with group C (Fig. 2a), there were substance showed clusters like distribution formed on the surfaces of group E1 (Fig. 2b), E2 (Fig. 2c) and E3 (Fig. 2d). It is relatively evenly distributed and the distribution density of spots was increased from groups E1 to E3.

The section SEM images of group E2 showed the spots infiltrated into zirconia to a depth of approximately 31.0 µm and inserted between zirconia particles (Figs. 2e, f). No delamination and crack was observed between spots and zirconia substrate.

After hydrothermal treatment, the spots on zirconia turned into the rod-like crystals and had a shape of thin pin. The further magnified SEM image showed it was hexagonal and grew lengthwise which was similar as
Fig. 2  Representative SEM images of zirconia surface after sintering.
(a) control group C, (b) group E1, (c) group E2, (d) group E3, (e) the vertical section of group E2 (500×), (f) the vertical section of group E2 (2,000×), (g) group E2 after hydrothermal treatment, (h) magnification of crystallized rods.

Fig. 3  EDS analysis of the zirconia surface.
(a) Control group C, (b) the spots of group E2 before hydrothermal treatment, (c) the vertical section of group E2, (d) cluster of group E2 after hydrothermal treatment.
Dissolution behavior

During the first 4 days, the ionic concentration of Ca$^{2+}$ and PO$_4^{3-}$ increased rapidly and followed by a gradual increase on the following days. Ca-P modified zirconia before hydrothermal treatment showed the higher Ca$^{2+}$ and PO$_4^{3-}$ release than that of after hydrothermal treatment and control group ($p<0.05$), while no released Ca$^{2+}$ and PO$_4^{3-}$ was tested in control group (Fig. 5).

Three-point bending strength

In Fig. 6, the three-point bending strengths were C=710.16±70.84 MPa, E1=700.32±71.82 MPa, E2=689.23±65.79 MPa and E3=682.13±52.68 MPa, there was no statistically significant difference among these groups ($p>0.05$).

Osteoblast-like cellular responses

The in vitro cellular responses to the Ca-P modified zirconia were observed in terms of cell morphology, proliferation, and functional activities using osteoblast-like MC3T3E1 mouse pre-osteoblasts cells. Group C was tested for comparison purpose.

Cell morphology

At 24 h of cultivation, in group C, the cells had 1 nuclei (in blue) which were round or oval, and actin filament (in red) exhibited spindle cytoskeletal appearance (Fig. 7a). While in E2 group, the cells had 1 or 3 nuclei and the actin filament gradually extended a polygon (Fig. 7b). At 72 h of cultivation, the number of cells and actin filament of the two groups increased obviously. Compared with the control group (Fig. 7c), more cells appeared on the group E2. Cells arrayed more intensive, showed a smaller gap between cells and the actin filament of cells in peripheral appeared more and longer
at the same time point (Fig. 7d).

**Cell proliferation**
The cells on all zirconia proliferated actively with culture period, showing good cell viability. Overall, the cell proliferation of two groups gradually increased from day 1 up to days 7, and the cells continued proliferating even up to 7 days (Fig. 8a). The results showed that the cell proliferation of group E2 was higher than that of group C at 1, 3, 5 and 7 days, respectively. No statistical differences were seen between the group E2 and control group at day 1 and days 3 ($p>0.05$), while cell proliferation on group E2 induced significant increase at 5 and 7 days ($p<0.05$). Specifically, the proliferation of cells cultured on E2 statistically improved from 0.041±0.014 (at day 1) to 1.293±0.139 (at days 7) ($p<0.05$). The results indicated the Ca-P modified zirconia can promote osteoblast proliferation at long term, the difference was statistically significant.

**Cell differentiation**
The ALP activity of two groups increased from...
initiation of differentiation until 14 days. At days 3, 7 and 14, the cells in group E2 exhibited lightly higher ALP activity as compared to that of group C. There was no statistically significance between group E2 and group C (p<0.05) (Fig. 8b).

**DISCUSSION**

Zirconia is currently under investigation as a metal-free and white alternative to titanium implants. However, zirconia ceramics have low bone inductive and it is difficult to form a good osseointegration with bone tissue. Considerable efforts have been exerted to modify zirconia surface physically and chemically in order to provide the implant system enhanced cellular responses and tissue-implant osseointegration. Yet the ideal bone implant binding rates have not been achieved.

In this study, in order to simulate the composition of natural bone and tooth, CaCl₂ and NaH₂PO₄•2H₂O were used as Ca source and P source, and Ca/P ratio was controlled at 1.7. The liquid precursor infiltration method made the calcium and phosphorus infiltrated into zirconia by using the characteristics of high porosity of pre-sintered zirconia. Free Ca²⁺ and PO₄³⁻ coated the zirconia surface and entered into the spaces between the zirconia particles during the immersion process. After dense sintering at 1,450°C, Ca-P compounds deposited on the zirconia surface changed into spots distribution (Figs. 2b, c, d) (The mechanism was shown in Fig. 9). Cracks were not observed due to the cluster formation. Cracks occurred on the coatings surface would indirect affect long-term effects of implants. Ca-P spots formation would avoid the crack occurring for its cluster-structure. Researchers focus on the fabrication of bioactive coatings on zirconia surface, however, the coatings could not combine with substrates well due to their different physicochemical properties, such as mismatched thermal expansion coefficients. In this study, Ca-P spots anchored with the zirconia (Figs. 2e, f). The calcium and phosphorus were firmly stuck in zirconia because of the zirconia shrinkage after sintering, which could avoid peeling-off from the zirconia surface effectively. Furthermore, the distribution densities of spots increased with the extension of immersion time indicated the distribution of Ca-P spots on zirconia could be controlled by adjusting the immersion time and times.

Three-point bending strength gradually decreased with the immersion time increasing. This was mainly because the structure of zirconia surface layer may be partially changed by the calcium and phosphorus infiltration. With immersion time increasing, more calcium and phosphorus would infiltrate into the zirconia, three-point bending strength would be influenced. However, there was no significant difference (p>0.05) in three-point bending strength between Ca-P modified zirconia and control group. It indicated that this liquid precursor infiltration treatment had little effect on the mechanical strength of zirconia substrates.

Before hydrothermal treatment, the EDS analysis confirmed the main elements of the spots were O, Ca and P, and the stoichiometric Ca/P mole ratio was approximately 1.67 (Fig. 3b). XRD results showed only diffraction peaks of ZrO₂ were detected and no other obvious diffraction peaks of new phase were observed (Fig. 4a, b). It indicated the spots were amorphous calcium phosphate (ACP) compounds. After hydrothermal treatment, the amorphous calcium phosphorus on zirconia turned into rod-like crystals (Fig. 2h) whose structure was very analogous to that of HAP and the stoichiometric Ca/P mole ratio was approximately 1.67. XRD confirmed the diffraction peaks of α-TCP and HAP (Fig. 4c). This was because the ACP on the zirconia ceramics regains the hydroxyl in the hydrothermal treatment, which was similar to the research of Ha. On the other hand, it confirmed the ACP is a precursor to the formation of HAP, which is the final, stable product in the precipitation of the calcium and phosphate ions from neutral or basic solutions.

The chemical composition and structure determine their biocompatibility and biological activity. Hahn et al. demonstrated that the HAP had excellent biological properties.
cellular responses in vitro, as well as enhanced bioactivity, due to their high degree of crystallinity\(^{31}\). Hu et al. suggested cells are more likely to adsorb and proliferate on a well-crystallized HAP coating than on an amorphous HAP coating\(^{32}\). However, it is generally known that bone apatite is poorly crystalline and nonstoichiometric due to the presence of other ions such as magnesium and carbonate ions\(^{33}\). Besides, studies showed that the rate of new bone formation coincides more closely with the resorption rate of poorly crystalline or ACP ceramics\(^{34,35}\). Therefore, reducing crystallinity of calcium phosphate based materials may promote osteoblast adhesion and function\(^{36}\). With these considered, in this report, the zirconia surface was modified with ACP.

In this study, the MC3T3-E1 cells behaved differently responding to the Ca-P modified zirconia compared to control group. As Fig. 7b showed, 24 h later, the cells adhered properly and spread better in group E2, cells were observed as de-bulked and elongated cytoskeleton and the number of cells was increased than that of control group. Seventy two hours later, more cells of fusiform and polygon began to adhere and stretch out the more parapodium in group E2 (Fig. 7d), the number of cells was increased as well. Cells showed well-organized actin fibers and a much flatter appearance than control group. This is only to be expected, because the main mineral component of bone is a complex inorganic calcium phosphate system called apatite\(^{37}\). It has been suggested that cell morphology with a fully spreading shape and a regular cytoskeleton enables better cell proliferation and differentiation\(^{38}\). Figure 8a showed there was no statistically significance on proliferation before 3 days between group E2 and group C. After day 5, group E2 had significantly higher \((p<0.05)\) cell proliferation. The result indicated that the Ca-P modified zirconia could enhance the proliferation of osteoblast-like cells. There was no statistically significance of ALP activity between group E2 and group C \((p<0.05)\) which meant the Ca-P modified zirconia may not stimulate the differentiation of cells. On the other hand, surface roughness was reported to be beneficial for the formation of more rigid bonds with host tissues\(^{39}\). The Ca-P spots formed on zirconia increased the surface roughness and the specific surface area. Osteoblast-like cells tend to attach to rougher surfaces, which is the opposite of the behavior of epithelial cells and fibroblasts\(^{40}\), which would be more favorable for bone remodeling.

On the other hand, ACP-containing bioactive materials stimulate mineral growth by increasing the calcium and phosphate concentrations within the lesion, especially in acidic environment, thereby shifting the thermodynamic driving forces of the solution toward the formation of apatite\(^{30}\). As the dissolution experiments results showed, Ca-P spots modified zirconia exhibited the higher Ca\(^{2+}\) and PO\(_4^{3-}\) release before hydrothermal treatment compared to after hydrothermal treatment \((p<0.05)\). While Ca-P spots were inserted with zirconia, more calcium and phosphate would be stuck in the zirconia, which would long-term release and improve the bioactivity of zirconia. In addition, there was no large-scale delamination or coating peel off which proved the stability of the Ca-P spots after immersion in deionized water. ACP has shown anti-cariogenic properties with remineralization potential\(^{41}\). Moreover, calcium and phosphorus ions are the substances contained in the mitochondria of osteoblasts, and calcium ion itself is the second messenger of cells, which may become one of the induction signals of cells. Thus, the good bone biocompatibility of these materials makes them suitable for the repair damaged or diseased bone. Further studies on the effect of Ca-P modified zirconia contribution on the biocompatible are still being conducted.

Furthermore, liquid precursor infiltration boasts the potential of wider application for other materials. It possesses the unique advantages in achieving minor content doping with high homogeneity, surface modification, gradient and functional materials and having no restrictions regarding substrate shape, which could serve as a promising technology in the future.

**CONCLUSIONS**

Ca-P liquid precursor infiltration is a simple and effective method to modify the zirconia ceramic surface. Ca-P spots could anchored with zirconia closely and have no significant effect on the mechanical strength of zirconia. Importantly, Ca-P modified zirconia could effectively enhance the cell attachment and proliferation of osteoblast-like cell.

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**CONFLICT OF INTEREST**

The authors declare that they have no conflict of interest.

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