Resin adhesion strengths to zirconia ceramics after primer treatment with silane coupling monomer or oligomer

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Resin bonding to zirconia ceramics is difficult to achieve using the standard methods for conventional silica-based dental ceramics, which employ silane coupling monomers as primers. The hypothesis in this study was that a silane coupling oligomer—a condensed product of silane coupling monomers—would be a more suitable primer for zirconia. To prove this hypothesis, the shear bond strengths between a composite resin and zirconia were compared after applying either a silane coupling monomer or oligomer. The shear bond strength increased after applying a non-activated ethanol solution of the silane coupling oligomer compared with that achieved when applying the monomer. Thermal treatment of the zirconia at 110°C after application of the silane coupling agents was essential to improve the shear bond strength between the composite resin cement and zirconia.

Keywords: Silane coupling, Oligomer, Zirconia, Bonding strength, Thermal treatment

INTRODUCTION

Zirconia-based ceramics have attracted great interest in prosthetic and implant dentistry because of their superior mechanical performance (such as strength, toughness, and fatigue resistance)¹⁻⁵. The major clinical problem with the use of zirconia-based ceramics is the difficulty in achieving suitable adhesion with intended synthetic substrates or natural tissues⁶⁻⁸.

Adhesion between organic and inorganic materials is often achieved using silane coupling agents, which are organofunctional alkoxysilane esters typically with three hydrolyzable alkoxy groups on the silicon atom. The application of silane coupling agents is widely accepted for promoting adhesion with silica-based ceramics, and they are used in clinical work in prosthetic dentistry⁶. However, traditional silane coupling agents such as γ-methacryloxypropyl-trimethoxysilane (γ-MPS)⁷ are not truly effective with zirconia-based ceramics, as zirconia possesses a relatively non-polar surface and is more chemically stable than silica-based ceramics⁸.

Several uncommon silane coupling agents have been screened for zirconia-based ceramics: 3-acryloyloxypropyltrimethoxysilane⁹, 3-isocyanatopropyltriethoxysilane⁹, 3-glycidoxypropyltrimethoxysilane⁹, styrylethyltrimethoxysilane⁹, and 3-mercaptopropyltrimethoxysilane⁹. These silane coupling agents have one organofunctional group in their molecular structures, and there have been no reports on the effect of the number of organofunctional groups of the silane coupling agent on adhesion. One of the ways to increase the number of organofunctional groups is the use of silane coupling oligomer. Silane coupling oligomers are condensed products of silane coupling monomers and generally consist of dimers and trimers (with molar mass up to approximately 1,000 g/mol)¹⁰. They contain almost no silanols, which gives them a long shelf life, and have lower volatility because of their higher molecular weight compared with silane coupling monomers. In addition, silane coupling oligomers release less alcohol when curing than monomers.

The objective of the present study was to evaluate the bond strengths between resin cements and zirconia ceramics after primer treatments with a silane coupling oligomer (Fig. 1). The hypothesis in this study was that the bond strength to zirconia ceramics after applying the silane coupling oligomer would be higher than that when applying the monomer. This hypothesis was arrived at because the oligomer has a larger number of polymerizable methacryloxyloxy groups per molecule, making it effective for use with the zirconia surface, which consists of a low density of hydroxyl groups¹²⁻¹³. Furthermore, the effects of acid activation before the application of silane coupling agents and heat treatment after the application were also investigated, because these factors are reported to be effective for the formation Si–O–substrate linkage in the case of silane coupling monomers for SiO₂ substrates⁷. The results showed that the application of non-activated silane coupling oligomer solution showed improved bond strength between resin cements and zirconia due to the formation of thicker silane coupling layer as compared with silane coupling monomer solution. The thickness of silane coupling layers was estimated from attenuated total reflection Fourier-transform infrared (ATR FT-IR) spectroscopy measurements. Finally, in order to improve the bond strength by forming thicker silane coupling layer, the application of pristine silane coupling agent (without dilution) was examined.
MATERIALS AND METHODS

Materials
The materials used in this study are listed in Table 1. A 95.0 vol% ethanol solution with purified water with a specific resistance of 18.2 MΩ·cm (Milli-Q water, Millipore, Bedford, MA, USA) was prepared and allowed to stabilize for 24 h at room temperature. In the first experiment using silane solutions, 1.0 vol% solutions of the silane coupling agents were prepared with pure ethanol or a pH-adjusted ethanol/water solution (the pH was adjusted to 4.5 using 1 M acetic acid) in 50-mL polyethylene bottles. For the pH-adjusted ethanol/water solution (i.e., the activated solution), the silane solutions were used immediately after being allowed to hydrolyze for 1 h at room temperature. In the second experiment using pristine silane coupling agents, the silane coupling monomer and oligomer were used as received without dilution with solvents.

Specimen preparation
A low-speed cutting machine was used to cut the 3 mol% yttria-stabilized tetragonal zirconia into samples with dimensions of approximately 6×6×2 mm, which were then embedded in an epoxy resin (SpeciFix 20 Kit, Struers, Rodovre, Denmark). The surfaces of the zirconia were ground with #600 silicon carbide abrasive paper (Struers) under water irrigation to remove pollutants and to obtain a flat uniform surface in the same manner as described previously14,15.

In the first experiment using the silane solutions, the specimens were divided randomly into eight groups (Groups I–IV with monomer or oligomer; each n=5) based on the treatment procedure used for the zirconia surface: application of silane solution without acetic acid and no thermal treatment (Group I); application of silane solution without acetic acid followed by thermal treatment (Group II); application of silane solution with acetic acid and no thermal treatment (Group III); or application of silane solution with acetic acid followed by thermal treatment (Group IV). In the above procedure, 20 µL of the silane solution (1.0 vol%) of monomer or oligomer was applied on each zirconia surface, and then, the solution was blown with air (0.5 MPa; 10 s). For the thermal treatment, after applying the solution and blowing the sample with air, it was placed in an electric furnace set to 110°C for 10 min, followed by cooling at room temperature for 30 min. Resin luting material (Panavia V5) was then filled in a Teflon mold having a cylindrical hollow (3.6-mm diameter and 2.0-mm depth) on the zirconia surface using a syringe tip before being...
polymerized using a light curing unit (2,000 mW/cm²; Bluephase 20i; Ivoclar Vivadent, Schaan, Liechtenstein) for 20 s. After polymerization, the specimens were stored in distilled water at 37°C for 7 days.

In the second experiment (Group V with monomer or oligomer; each n=5) using pristine silane coupling agents, 10 µL of the silane coupling agent (without dilution and without acetic acid) was directly applied to each zirconia surface and then blown with air (0.5 MPa; 10 s), and then, 200 µL of pure ethanol was applied and blown with air (0.5 MPa; 10 s) to remove the excess silane coupling agent. The removal procedure was repeated five times. The thermal treatment, resin luting, and storage were conducted in the same manner as that described for the first experiment.

Shear bond strength measurements
The shear bond strengths were determined after 7-day storage in distilled water at 37°C. The specimens were mounted on a testing machine (Autograph AG-X, Shimadzu, Kyoto, Japan), and shear stress was applied onto one side of the cylindrical resin cement on each zirconia surface at a constant speed of 0.5 mm/min, in the same manner as described previously14,15).

After the normality and the homogeneity of variance were tested using Shapiro-Wilk and Levene’s tests, respectively, a three-way analysis of variance (ANOVA) was performed for first experimental Groups I–IV (factors: acid activation, heat treatment and type of silane coupling agent). The Tukey-Kramer test was performed with the Student’s t test was performed with the Group II. All statistical tests were performed using R ver 3.3.216 at preset alpha levels of 0.05.

Surface compositions
ATR FT-IR spectra of the intact silane coupling monomer, oligomer, and solvent (ethanol) were recorded after applying the liquids to a ZnSe prism. An IRAffinity-1S (Shimadzu) was used at 4 cm⁻¹ resolution with 64 scans at room temperature (approximately 25°C). ATR FT-IR spectroscopy spectra of the zirconia after the primer treatments were also obtained after pressing the substrate on the ZnSe prism.

RESULTS
Application of silane solution
First, a 1 vol% solution of the silane coupling monomer or oligomer was used as a primer for zirconia, and the effects of the type of silane coupling agent (i.e., comparison of the monomer and oligomer), acetic acid dissolved in the ethanol solution (i.e., comparison of acid activation), and heat treatment after primer application were investigated. Table 2 summarized the shear bond strengths between the zirconia and resin after 7-day water storage at 37°C. Three-way ANOVA revealed statistically significant differences for “the type of silane coupling agent (p=0.0332)” and “heat treatment (p=4.76×10⁻⁶)” factors. Conversely, the statistical analysis revealed no significant difference for the “acid activation (p=0.608)” factor. Only the double interaction between “the type of silane coupling agent and heat treatment” factors was significant (p=0.00465). The triple interaction was not statistically significant (p=0.191). Note that the Tukey-Kramer test revealed significant differences for the Group II treatment (without acid activation but with thermal treatment) with oligomer.

ATR FT-IR spectroscopy measurements
In order to understand the reason why the oligomer solution showed improved bond strength, the thickness of silane coupling layers on the zirconia substrate were estimated from ATR FT-IR spectroscopy. Figure 2 presents the ATR FT-IR spectroscopy spectra of the intact liquids (the ethanol used as a solvent and silane coupling monomer and oligomer) and zirconia surface directly after grinding and washing. In the spectra of the intact silane coupling agents in Fig. 2(b) and (c), characteristic peaks originating from ester groups are observed at 1,720, 1,320, 1,297, 1,192, and 1,167 cm⁻¹, and several C–H stretching vibration modes are observed at 2,840–3,000 cm⁻¹17,18). Vinyl C=C stretching vibrations are observed at 1,638 cm⁻¹ for both types of silane coupling agents; the broadened bands at approximately 1,087 cm⁻¹ for the silane coupling oligomer are assigned to Si–O–Si anti-symmetric stretching vibration, which

| Table 2 Shear bond strengths between composite resin cements and zirconia treated with 1 wt% ethanol solution of silane coupling agents. |
|----------------------------------|---------|---------|---------|---------|
|                                  | Group I | Group II | Group III | Group IV |
| Acid activation                  |         |         | +        | +        |
| Heat treatment                   |         |         | +        |         |
| Silane coupling agent (solution) | Monomer | 1.05±0.67ᵃ | 1.75±0.61ᵇ  | 1.77±0.96ᵇ  | 4.05±1.80ᵇ,c  |
|                                 | Oligomer | 0.99±1.04ᵃ | 6.97±3.23ᶜ  | 0.89±0.37ᵃ  | 5.25±3.16ᵇ,c  |

Mean (MPa)±SD
Different subscript letters indicate statistically significant difference (p<0.05).
Fig. 2  ATR FT-IR spectroscopy spectra of (a) ethanol used as a solvent, (b) pristine silane coupling monomer, (c) pristine silane coupling oligomer, and zirconia surface (d) after grinding (before application of silane solutions) and after application of silane solutions (1 vol%) of (e) monomer and (f) oligomer followed by blowing with air.

confirm the formation of siloxane oligomers\textsuperscript{17}.

For the intact zirconia before application of the silane solutions, the absorption bands at approximately 520 cm\textsuperscript{-1} in Fig. 2(d) correspond to Zr–O vibrations\textsuperscript{19}, and obvious changes were not observed for the zirconia substrate after application of the 1.0 vol% solution of the silane coupling monomer (after air blowing and without thermal treatment), as shown in Fig. 2(e). In contrast, when applying the silane coupling oligomer under the same conditions, as observed in Fig. 2(f), the absorption bands at approximately 520 cm\textsuperscript{-1} decreased, and several peaks associated with silane coupling oligomer are observed at 1,720 cm\textsuperscript{-1} (C=O groups) and at approximately 1,087 cm\textsuperscript{-1} (Si–O–Si group).

Direct application of silane coupling agent
To increase the amount of silane coupling agents on the zirconia substrate and to evaluate the interaction between non-activated silane coupling agents and zirconia substrates, the pristine silane coupling agents were applied directly (without diluting the solvent), and the excess amount of silane coupling agents was removed by washing with ethanol. In the ATR FT-IR spectra of the zirconia surfaces with the silane coupling monomer or oligomer applied, the peaks due to the silane coupling agents decreased after washing. The degree of remaining silane coupling agent on the zirconia surface was estimated from the ATR FT-IR spectroscopy peak intensity ratios calculated from the intensity of the peak at 1,720 cm\textsuperscript{-1} (C=O groups) of the silane coupling agents on the zirconia surface and that of the pristine silane coupling agents measured directly on the ATR crystal. Before washing, the peak intensity ratio for the oligomer was higher than that of the monomer (Fig. 3). The peak intensity ratio decreased significantly after one-time washing. After two-time washing, the peak intensity ratio reached a plateau value and showed almost constant values until five-time washing. The plateau value for the oligomer was larger than that of monomer.

Table 3 shows the shear bond strengths between the resin and zirconia on which the pristine silane coupling agents were directly applied and then washed with ethanol five times followed by the heat treatment.
Table 3  Shear bond strengths between composite resin cements and zirconia treated with non-activated pristine silane coupling agents without diluting, followed by washing with ethanol five times.

<table>
<thead>
<tr>
<th>Silane coupling agent</th>
<th>Monomer</th>
<th>Oligomer</th>
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<tbody>
<tr>
<td></td>
<td>Mean (MPa)±SD</td>
<td></td>
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<tr>
<td>Group V</td>
<td></td>
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<tr>
<td>Monomer</td>
<td>8.06±0.71*</td>
<td></td>
</tr>
<tr>
<td>Oligomer</td>
<td>8.07±1.32NS</td>
<td></td>
</tr>
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</table>

Mean (MPa)±SD
*p<0.05 vs. Group II with monomer solution.
NS.*p>0.05 vs. Group II with oligomer solution.

at 110°C. The shear bond strength in the case of the pristine monomer significantly increased compared with that of the monomer solution (p<0.05). In the case of oligomers, significant difference was not observed between pristine and solution states (p>0.05).

DISCUSSION

The general formula of a silane coupling agent is X–(CH2)m–Si(OR), where X is an organofunctional group that reacts with the organic matrix, (CH2)m is a linker group, and OR is an alkoxy group7. The silane coupling agents must be activated by hydrolysis (SiOR→SiOH) to form (1) hydrogen bonding to the inorganic substrate surface at ambient temperature and (2) Si–O–substrate linkage via the condensation reaction between silanol (–SiOH) groups of silane coupling agent and hydroxyl (–OH) groups on the substrate, which is accelerated by thermal treatment at 110–150°C20. Therefore, two-component silane solutions or pre-activated silane solutions (i.e., mixtures of the silane coupling monomer, acid, water and various polar and non-polar solvents) are used in dentistry17. Although the function of the acid is to activate (hydrolyze) alkoxysilyl groups, silanols can begin to condense with each other, forming higher-molecular-weight oligomers/polymer over time in the presence of acid in the medium. Anagnostopoulos et al. demonstrated that pre-activated silane solution exhibited a higher rate of hydrolysis compared with a two-component one; the down side is that the formation of higher-molecular-weight oligomers/polymer could reduce the effectiveness of the solution in the longer term21. Other studies have reported enhanced bond strengths of resin to porcelain ceramics using freshly prepared two-component silane solutions22,23.

In this study, the freshly prepared and acid-activated 1 vol% ethanol solution of the silane coupling monomer was inefficient as a primer for zirconia, which is consistent with previous works6. The ATR FT-IR measurements indicate that one of the reasons for the inefficient bonding strength is the insufficient formation of the silane coupling layer on the zirconia surface (Fig. 2(e)). This result appears to be due to less formation of hydrogen bonding between the silanol groups of the silane coupling monomer and the zirconia surface at ambient temperature; hence, most of the silane coupling monomers, which did not adsorb on the zirconia surface, were removed upon air blowing. The direct application of the silane coupling monomer without diluting with solvent followed by washing and heat treatment was effective, suggesting that the formation of a relatively thick silane coating layer is important to improve the bonding strength between the resin and zirconia. Note that the penetration depth in ATR FT-IR spectroscopy measurements, which depends on the refractive indices of the ATR crystal and sample and the infrared wavelength, ranges from several hundred nanometers to several microns for organic materials24. In contrast, the thickness of the silane coupling layer after direct application followed by washing five times is estimated to only be approximately several tens of nanometers based on the peak intensity ratio observed in Fig. 3.

For the silane coupling oligomer, the non-activated solution (without acid) significantly improved the bond strength after heat treatment at 110°C (Group II). The ATR FT-IR spectroscopy measurements indicated that the formation of a relatively thick silane coating layer is important to improve the bonding strength between the resin and zirconia (the thickness is estimated to range from several tens to several hundreds of nanometers). The formation of the relatively thick silane coating for the oligomer solution may stem from its larger molecular weight (i.e., low diffusion constant and larger adsorption energy) compared with that of the monomer. It is also speculated that the non-activated oligomers adsorbed on the relatively hydrophobic zirconia surface (with a water contact angle of 65°25) through hydrophobic interaction. Note that acid activation for the oligomer solution did not affect the bond strength, suggesting that the oligomer solution could be used as a single solution with long-term storage stability.

A phosphate-containing monomer, 10-methacryloyloxydecyldihydrogen-phosphate (MDP), is reported to form a good bond with zirconia-based ceramics20. The combination of MDP and a silane coupling agent to enhance the bonding of MDP resin cements has produced positive results compared with MDP-containing cements alone27-29. Therefore, the results obtained in this study will also be important to improving MDP-containing bonding/silane primer systems. Note that heat treatment after application of the silane coupling agent is a key factor in improving the bond strength to the resin; therefore, it is necessary to develop a new device for feasible heat treatment in chair-side procedures. The findings in this study will also be applicable for primers for zirconia-based hybrid.
ceramics such as zirconia/apatite\(^{20,31}\) and surface modification of zirconia fillers for resin composites\(^{22,24}\).

**CONCLUSIONS**

The shear bond strength after applying a non-activated ethanol solution of silane coupling oligomers increased compared with that obtained after applying the silane coupling monomer. Thermal treatment at 110°C of zirconia after applying silane coupling agents was essential to improve the shear bond strength of the composite resin cement to the zirconia.

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