Bonding Durability between Orthodontic Brackets and Human Enamel treated with Megabond Self-etching Primer Using 4-META/MMA-TBB Resin Cement

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The purpose of this study was to determine the bonding durability when a Megabond self-etching primer is used with 4-META/MMA-TBB resin to bond metal orthodontic brackets to human premolar enamel. Three conditions of enamel were prepared: Megabond self-etching primer without saliva contamination, Megabond self-etching primer with saliva contamination, and repeat Megabond self-etching priming after saliva contamination. Shear bond strengths were measured after immersion in water at 37°C for 24 hours, or after 2000 or 5000 cycles of thermal cycling between 5°C and 55°C. There were no significant differences in shear bond strength among the three groups not only before thermal cycling, but also after thermal cycling. FE-SEM observation revealed the presence of saliva and reduced amount of resin tag formation after saliva contamination.

The present study provided the evidence in human teeth that when using 4-META/MMA-TBB resin, Megabond self-etching primer treatment produced tight bonding even when surface was contaminated with saliva.

Key words: Thermal cycling, 4-META/MMA-TBB resin, Saliva

INTRODUCTION

Currently, adhesive resin cements are widely used to bond orthodontic brackets to enamel. 4-META/MMA-TBB resin cement is a unique MMA-based adhesive resin cement used widely for bonding orthodontic brackets and has earned a reputation for its strong bonding capability1-7). Manufacturers recommend applying 65 wt% phosphoric acid etchant for 4-META/MMA-TBB resin to adhere tightly to enamel8).

Self-etching primers that function both as etchant and primer have been used widely to substitute phosphoric acid etching in resin composite restorations. Apart from their efficacy in adhering to dentin and enamel, which has been favorably reported in various studies9-11), self-etching primers offer other advantages. It is not necessary to rinse the enamel after applying self-etching primer. By using a self-etching primer instead of phosphoric acid for the 4-META/MMA-TBB resin, both the procedural steps and time required to bond orthodontic brackets to teeth are reduced. Indeed, the time saved from using a self-etching primer is more than that spent in preparing the adhesive before bonding.

Moreover, phosphoric acid etching techniques have been claimed to cause iatrogenic damage to the enamel. Some in vitro studies observed enamel fracture after debonding the orthodontic bracket bonded to etched enamel. The amount of enamel fracture was found to be proportional to the length of etching time12-15). In some clinical studies where glass-ionomer cement was used as a comparison16,17), composite resin adhesive with phosphoric acid etching produced a greater number of white spots on the enamel at debonding as well as more damage on the enamel.

In orthodontic treatments, especially those for binding attachments to impacted or lingual tooth surfaces, it is very difficult to completely prevent cleansed and dried enamel surfaces from being contaminated with blood and water. Various studies have reported reduced shear bond strength when resin is directly bonded to saliva-contaminated etched enamel18-20). Itoh et al.21) reported that saliva and blood contamination decreased the bond strength of 4-META/MMA-TBB resin in orthodontic brackets bonded to the polished anterior surface of bovine teeth, which was etched with phosphoric acid. Arita et al.22) also reported that saliva contamination decreased the shear bond strength of orthodontic bracket with 4-META/MMA-TBB resin to etched bovine or human enamel.

Based on the above-mentioned results, we designed an experiment to confirm the efficacy of self-etching primer treatment and the effect of saliva...
contamination in bonding orthodontic brackets to human enamel using 4-META/MMA-TBB resin. In a previous study\(^{23}\), we have demonstrated that self-etching primer was a better candidate than phosphoric acid etchant for preparing the enamel surface. This is because when used with 4-META/MMA-TBB resin to bond orthodontic bracket to enamel, self-etching primer produced a bond strength comparable to that by phosphoric acid etching. In addition, saliva contamination did not affect the bond strength, and there was no need for repeat treatment with self-etching primer after saliva contamination.

For successful and effective treatment of patients, it may be important to ensure that long-term durability of bracket bonding to enamel exists. To this end, the bonding durability of 4-META/MMA-TBB resin to enamel was assessed in various studies. Mogi et al.\(^{1}\) reported that the tensile bond strength of 4-META/MMA-TBB resin cement used on bovine enamel etched with phosphoric acid decreased to almost 60 percent of the initial bond strength after one year's immersion in water at 37\(^\circ\)C. Miwa et al.\(^{24}\) found a decrease in tensile bond strength after 3000 and 10,000 thermal cycles when orthodontic bracket was bonded with 4-META/MMA-TBB resin to enamel etched with phosphoric acid. Hayakawa et al.\(^{25}\) also reported a significant decrease in tensile bond strength after 5000 thermal cycles when 4-META/MMA-TBB resin was used on bovine enamel etched with phosphoric acid. Saito et al.\(^{26}\) found that self-etching treatment was superior to phosphoric acid as an enamel preparation agent. The former provided a significantly higher shear bond strength — as determined by thermal cycling tests — when orthodontic bracket was bonded to human enamel after phosphoric acid etching or self-etching primer treatment using 4-META/MMA-TBB resin. However, the influence of saliva contamination on bonding durability was still not clear.

The purpose of the present study was to assess — after thermal cycling tests when the teeth were contaminated with saliva — the shear bond strength of orthodontic bracket to human enamel. The enamel was treated with self-etching primer using 4-META/MMA-TBB resin. The surface appearance of human enamel and the amount of resin tag formation after saliva contamination were then observed using field-emission scanning electron microscope (FE-SEM).

MATERIALS AND METHODS

Extracted human premolars were used in this study, except those with cracks. The teeth were embedded in acrylic resin with the buccal surfaces available for bonding. After curing the acrylic resin, the tooth surfaces to be bonded were cleansed and then polished with pumice and rubber prophylactic cups for 10 seconds to simulate a routine clinical procedure.

Shear bond strength measurement

Table 1 lists the materials used in the present study. For the orthodontic bracket, orthodontic metal brackets (Super mesh STD Edgewise 131-45B, Tomy International Inc., Tokyo, Japan) were used. The average bracket surface area was determined to be 11.188 mm\(^2\). Megabond self-etching primer (Kuraray Medical Inc., Tokyo, Japan) was used as the self-etching primer because Hayakawa et al.\(^{27}\) demonstrated that Megabond self-etching primer gave the highest mean bond strength among several kinds of commercially available self-etching primer.

Fig. 1 shows the schematic drawing on how to measure shear bond strength between the orthodontic bracket and enamel with 4-META/MMA-TBB resin. Megabond self-etching primer was placed on the enamel for 20 seconds. Excessive primer solution was evaporated using compressed air. Primed enamel surfaces were then divided into three groups: Group 1 — Megabond self-etching primer without saliva contamination; Group 2 — Megabond self-etching primer with saliva contamination; and Group 3 — Repeat Megabond self-etching priming after saliva contamination.

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Materials used in this study</th>
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<tbody>
<tr>
<td>Material</td>
<td>Component</td>
</tr>
<tr>
<td>4-META/MMA-TBB resin</td>
<td>Etching agent</td>
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<tr>
<td></td>
<td>Polymer powder</td>
</tr>
<tr>
<td></td>
<td>Monomer liquid</td>
</tr>
<tr>
<td></td>
<td>Catalyst</td>
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<td></td>
<td>Megabond self-etching primer</td>
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4-META indicates 4-methacryloxyethyl trimellitate anhydride; MMA, methyl methacrylate; TBB, tri-n-butyl borane; MDP, 10-methacryloxydecyl dihydrogen phosphate; HEMA, 2-hydroxyethyl methacrylate
Saliva contamination was performed as follows. The enamel treated with self-etching primer — in Group 2 — was contaminated with 20 µl of human fresh whole saliva. The contaminant fluids were left on the surface for 30 seconds to simulate extremely severe clinical conditions before the saliva was blown off using compressed air for 5 seconds. In Group 3, saliva-contaminated teeth were again treated with Megabond primer for 30 seconds, before using compressed air to blow off saliva from the enamel surface. The pretreatment procedures are summarized in Table 2.

The metal orthodontic bracket was bonded to each enamel surface using 4-META/MMA-TBB resin cement. The catalyst, a partly oxidized TBB initiator, was added to the monomer mixture of 4-META and MMA to prepare an activated polymerized monomer liquid. The polymer powder and activated monomer liquid were then mixed and applied to bond metal brackets to the treated enamel surfaces using the brush-dip technique. Each bracket was subjected to a 300-g force, according to experimental setup in the report of Bishara et al.28) and excess bonding resin was removed with a small scaler.

After bonding, the teeth were kept in deionized water at 37°C for 24 hours, subjected to thermal cycling test for 2000 or 5000 cycles, and then debonded. Thermal cycling was performed between 5°C and 55°C29). The specimens before thermal cycling tests provide baseline data for comparative purpose. The exposure in each bath was 60 seconds, and the transfer time between baths was less than 5 seconds.

Shear bond strength was measured using a testing machine (TCM-500CR, Shinkoh, Tokyo, Japan) at a cross-head speed of 2 mm/min, as done in previous reports4,23,26). Twenty specimens were tested for each procedure. Two-way analysis of variance (ANOVA) and Fisher’s test for multiple comparisons were used to detect statistical differences in mean measurements.

After debonding, the teeth and brackets were examined with 10 × magnifications. The debonding condition of each specimen was scored using the adhesive remnant index (ARI)30). The ARI scores ranged from 0 to 3, where score 0 = no adhesive remained on the enamel; 1 = less than half of the adhesive remained on the tooth surface; 2 = more than half of the adhesive remained on the tooth; 3 = all the adhesive remained on the tooth with a distinct impression of the bracket base. Enamel fracture was also scored according to the method of Schaneveldt et al.31). The chi-square (χ²) test was used to analyze statistical differences in ARI scores and enamel fracture scores among the six protocols. Significance for all statistical tests was predetermined at p<0.05.

**FEM-SEM observation**

Three types of human enamel surface, namely self-etching primer without saliva contamination, self-etching primer with saliva contamination, and repeat self-etching primer, were prepared as described above.

After each treatment, the specimen was dehydrated through a graded series of ethanol, dried in a critical drying apparatus, and ion-coated with platinum. After which, the surface appearance of human enamel was observed using a field-emission scanning electron microscope (FE-SEM, JSM-6340-F, JEOL, Tokyo, Japan).

To observe the resin tags, 4-META/MMA-TBB resin cement was applied on each enamel surface. After curing the resin, the specimen was immersed into 4 mol/L HCl for 4 days and then immersed in 10 wt% NaOCl solution. The enamel part was com-

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**Table 2** Pretreatment procedures for bonding orthodontic brackets

<table>
<thead>
<tr>
<th>Grouping</th>
<th>Enamel surface priming</th>
<th>Procedure</th>
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<tbody>
<tr>
<td>Group 1</td>
<td>Without saliva contamination</td>
<td>Megabond self-etching primer</td>
</tr>
<tr>
<td>Group 2</td>
<td>Saliva contamination</td>
<td>Megabond self-etching primer → Saliva contamination</td>
</tr>
<tr>
<td>Group 3</td>
<td>Repeat self-etching primer after saliva contamination</td>
<td>Megabond self-etching primer → Saliva contamination → Repeat Megabond self-etching primer</td>
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pletely dissolved, and the remaining bonded resin was rinsed with water and dried in a desiccator under the vacuum. The resin specimens were ion-coated with platinum, and the formation of resin tags observed using FE-SEM.

RESULTS

Fig. 2 shows the results of shear bond strength measurements (MPa). Two-way ANOVA showed significant differences in bond strength among the various thermal cycles (p<0.05, F: 4.365). No significant differences in bond strength existed among the various types of enamel surface condition (p>0.05, F: 1.323). Two-way interactions were not found for any number of thermal cycles or enamel surface condition type (i.e., without saliva contamination, saliva contamination, and repeat self-etching primer after saliva contamination) (p>0.05, F: 0.415).

Among the different enamel surface conditions, the following observations were noted. Before thermal cycling, shear bond strength of 17-18 MPa was obtained despite the difference in enamel surface conditions (i.e., without saliva contamination, saliva contamination, and repeat self-etching primer after saliva contamination). No significant differences in shear bond strength after 2000 and 5000 thermal cycles among the three enamel surface conditions. No significant decrease in bond strength after 2000 and 5000 thermal cycles for each enamel surface condition.

Table 3 shows the results of the frequency distribution of ARI scores and frequencies of enamel fracture after debonding. Chi-square test that included the ARI scores and enamel fracture showed significant difference in ARI scores among the three conditions (χ²=40.177, p<0.05). Complementary test showed a significant difference among the three groups before thermal cycling (χ²=13.636, p<0.05) and at 5000 thermal cycles (χ²=8.277, p<0.05). A significant difference was also found between Group 2 (saliva contamination, χ²=7.787, p<0.05) and Group 3 (saliva contamination after repeat etching, χ²=10.750, p<0.05), where enamel fracture frequency tended to decrease after saliva contamination.

Fig. 3 shows the FE-SEM micrographs of enamel surfaces. After self-etching priming treatment, there were no distinct dissolution patterns and the enamel surface appeared almost flat. No enamel crystals were observed. When the self-etch primed enamel was contaminated with saliva, the enamel surface was partially covered with saliva (arrow). Repeat self-etch priming after saliva contamination removed almost all the contaminated saliva on the enamel and produced more decalcification, compared with the original self-etch primed enamel surface.

Fig. 4 shows the resin tags formed on the self-etch primed enamel: On the enamel surface without saliva contamination, very short resin tags formed around the enamel peripheries (arrow) and no sharp
Fig. 3 FE-SEM views of enamel surfaces after self-etching primer treatment. (a): no saliva contamination, (b): saliva contamination, (c): saliva contamination and repeat self-etching primer.

Fig. 4 FE-SEM images of resin tags formed on the self-etched primed enamel. (a): no saliva contamination, (b): saliva contamination, (c): saliva contamination and repeat self-etching primer.

resin tags were observed. After saliva contamination, the whole surface of resin tags appeared more smooth. After repeat self-etch priming, regular formation of resin tags was seen more clearly (arrow), compared with after saliva contamination.

**DISCUSSION**

To evaluate the bond strength of dental adhesive materials to teeth, bovine teeth were sometimes used to substitute human teeth\(^32-34\). In the present study, we evaluated the bonding durability of orthodontic brackets to self-etching primed human enamel using 4-META/MMA-TBB resin. We also examined the influence of saliva contamination on human enamel.

Saito et al.\(^26\) previously reported that when orthodontic bracket was bonded to human enamel using 4-META/MMA-TBB resin and without saliva contamination, self-etching primer treatment produced more durable bond strength than phosphoric acid etching. The present study, however, revealed that self-etching primer treatment produced durable bond strength even though enamel was contaminated with saliva. In a clinical situation, it is more important to obtain adequate bond strength for bonding the orthodontic bracket to enamel during orthodontic treatment — and thereafter for safe and easy debonding — than to attain the greatest possible bond strength. In the present study, the enamel surface was examined under a dissecting microscope and the amount of adhesive remaining on the tooth recorded using ARI scores after debonding\(^30\).

ARI scores are used to define the site of bond failure between the enamel, the adhesive, and the bracket base. Failure patterns in the present study were scored according to the method of Schaneveldt \(et\ al.\)^31, which includes enamel fractures. In the present study, enamel fractures were observed in all the six thermal cycling tests, even after 5000 thermal cycles as shown in Table 3. Moreover, enamel fracture was observed regardless of enamel surface condition, although with saliva contamination less enamel fractures occurred during orthodontic bracket bonding.

Besides shear bond strength, we investigated two other factors: the influence of saliva contamination and resin tag formation. After saliva contamination, self-etch primed enamel surface was covered with saliva, and repeat self-etch priming almost completely removed the saliva contaminant.

It is generally recognized that the mechanical interlocking of cured resin (that is formed on a roughened enamel surface\(^35,36\)) contributes to the bond strength of dental resin materials to enamel. In the present study, resin tag formation was observed as follows: Very short resin tags were observed on the enamel without saliva contamination. Repeat self-etching after saliva contamination provided clear formation of resin tags due to removal of saliva.
contaminant. On the contrary, no clear resin tags were found on the saliva-contaminated enamel.

Two types of resin tag, macro- and micro-resin tags, contribute to the bond strength of dental resin to enamel. In the present study, there were no significant differences in shear bond strength among the three surface conditions – both before and after thermal cycling. Therefore, it is presumed that the formation of micro-resin tags resulted in the high shear bond strength of orthodontic bracket to enamel.

Moreover, Megabond self-etching primer contains methacryloyloxydecyl dihydrogen phosphate (MDP)\(^{37}\). MDP is a well-known adhesive monomer, and is used as a component not only for self-etching primer but also for dental bonding agent. It is suggested that MDP or some interaction between MDP and calcium atom in hydroxyapatite improves the wettability of 4-META/MMA-TBB resin. The improved wettability then contributes to the high shear bond strength of orthodontic bracket to human enamel.

The excellent penetration ability of 4-META/MMA-TBB resin is also another factor for the high shear bond strength obtained in the present study. The monomers of 4-META/MMA-TBB resin can penetrate through saliva and bond tightly to the saliva-contaminated enamel with the aid of MDP. Studies of the interface, for example FE-SEM observation of the interface between 4-META/MMA-TBB resin and saliva-contaminated enamel, would definitely help to elucidate this interfacial bonding.

In conclusion, the present study provided the evidence in human teeth that when using 4-META/MMA-TBB resin as an orthodontic direct bonding adhesive, Megabond self-etching primer treatment produced the high shear bond strength of more than 15 MPa. This high value was obtained even though the enamel surfaces were contaminated with saliva and the tooth specimens subjected to thermal cycling. Based on the investigation results, Megabond self-etching primer treatment is proposed to be a clinically promising technique for bonding orthodontic bracket to human enamel using 4-META/MMA-TBB resin.

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