資 料

日本人の体表面積表

The Table of Surface Area of Japanese

その4. 1~5歳 (Part4. 1~5 Year age)

国立栄養研究所

大 谷 八 峯

手 塚 朋 通

(National Institute of Nutrition)

(Yatsuho Otani)

(Tomomichi Tezuka)

体重 身長 kg cm	23.0	23.5	24.0	24.5	25.0	25.5	26.0	体 表 面 積 (m ²)	26.5	27.0	27.5	28.0	28.5	29.0	29.5	30.0	30.5	31.0	31.5
110.0	0.799	0.806	0.814	0.821	0.828	0.835	0.842	0.848	0.855	0.862	0.868	0.875	0.881	0.888	0.894	0.900	0.907	0.913	0.916
110.5	0.800	0.808	0.816	0.823	0.830	0.836	0.843	0.850	0.857	0.863	0.870	0.876	0.883	0.889	0.896	0.902	0.908	0.914	0.916
111.0	0.802	0.809	0.817	0.825	0.832	0.839	0.846	0.853	0.859	0.866	0.873	0.879	0.886	0.892	0.899	0.905	0.911	0.917	0.919
111.5	0.803	0.810	0.818	0.825	0.832	0.839	0.846	0.853	0.859	0.866	0.873	0.879	0.886	0.892	0.899	0.905	0.911	0.917	0.919
112.0	0.804	0.812	0.819	0.826	0.833	0.840	0.847	0.854	0.861	0.867	0.874	0.881	0.887	0.894	0.900	0.906	0.913	0.919	0.920
112.5	0.806	0.813	0.820	0.827	0.835	0.842	0.848	0.855	0.862	0.869	0.875	0.882	0.889	0.895	0.901	0.908	0.914	0.920	0.920
113.0	0.807	0.814	0.822	0.829	0.836	0.843	0.850	0.857	0.864	0.870	0.877	0.883	0.890	0.896	0.903	0.909	0.915	0.922	0.923
113.5	0.808	0.816	0.823	0.830	0.837	0.844	0.851	0.858	0.865	0.872	0.878	0.885	0.891	0.898	0.904	0.911	0.917	0.923	0.923
114.0	0.809	0.817	0.824	0.831	0.838	0.846	0.853	0.859	0.866	0.873	0.880	0.886	0.893	0.899	0.906	0.912	0.918	0.925	0.926
114.5	0.811	0.818	0.825	0.833	0.840	0.847	0.854	0.861	0.868	0.874	0.881	0.888	0.894	0.901	0.907	0.914	0.920	0.926	0.926
115.0	0.812	0.819	0.827	0.834	0.841	0.848	0.855	0.862	0.869	0.876	0.883	0.889	0.896	0.902	0.909	0.915	0.921	0.928	0.928
115.5	0.813	0.821	0.828	0.835	0.843	0.850	0.857	0.864	0.870	0.877	0.884	0.891	0.897	0.904	0.910	0.916	0.923	0.929	0.929
116.0	0.815	0.822	0.829	0.837	0.844	0.851	0.858	0.865	0.872	0.879	0.885	0.892	0.898	0.905	0.911	0.918	0.924	0.930	0.930
116.5	0.816	0.823	0.831	0.838	0.845	0.852	0.859	0.866	0.873	0.880	0.887	0.893	0.900	0.906	0.913	0.919	0.926	0.932	0.932
117.0	0.817	0.825	0.832	0.839	0.846	0.854	0.861	0.868	0.874	0.881	0.888	0.895	0.901	0.908	0.914	0.921	0.927	0.933	0.933
117.5	0.818	0.826	0.833	0.841	0.848	0.855	0.862	0.869	0.876	0.883	0.889	0.896	0.902	0.908	0.915	0.922	0.928	0.935	0.935
118.0	0.820	0.827	0.835	0.842	0.849	0.856	0.863	0.870	0.877	0.884	0.891	0.897	0.904	0.911	0.917	0.924	0.930	0.936	0.936
118.5	0.821	0.828	0.836	0.843	0.850	0.858	0.865	0.872	0.878	0.885	0.892	0.899	0.905	0.912	0.919	0.925	0.931	0.938	0.938
119.0	0.822	0.830	0.837	0.844	0.852	0.859	0.866	0.873	0.880	0.887	0.893	0.900	0.907	0.913	0.920	0.926	0.933	0.939	0.939
119.5	0.823	0.831	0.838	0.846	0.853	0.860	0.867	0.874	0.881	0.888	0.895	0.902	0.908	0.915	0.921	0.928	0.934	0.941	0.941
120.0	0.825	0.832	0.840	0.847	0.854	0.861	0.869	0.876	0.883	0.889	0.896	0.903	0.910	0.916	0.923	0.930	0.936	0.943	0.942
120.5	0.826	0.833	0.841	0.848	0.856	0.863	0.870	0.877	0.884	0.891	0.898	0.904	0.911	0.918	0.924	0.931	0.937	0.943	0.943
121.0	0.827	0.835	0.842	0.850	0.857	0.864	0.871	0.878	0.885	0.892	0.899	0.906	0.912	0.919	0.926	0.933	0.939	0.945	0.945
121.5	0.828	0.836	0.843	0.851	0.858	0.865	0.872	0.880	0.886	0.893	0.900	0.907	0.914	0.920	0.927	0.933	0.940	0.946	0.946
122.0	0.830	0.837	0.845	0.852	0.859	0.867	0.874	0.881	0.888	0.895	0.902	0.908	0.915	0.922	0.928	0.935	0.941	0.948	0.948
122.5	0.831	0.838	0.846	0.853	0.861	0.868	0.875	0.882	0.889	0.896	0.903	0.910	0.916	0.923	0.930	0.936	0.943	0.949	0.949
123.0	0.832	0.840	0.847	0.855	0.862	0.869	0.876	0.883	0.890	0.897	0.904	0.911	0.918	0.924	0.931	0.938	0.944	0.950	0.950
123.5	0.833	0.841	0.848	0.856	0.863	0.870	0.878	0.885	0.892	0.899	0.906	0.912	0.919	0.926	0.932	0.939	0.945	0.952	0.952
124.0	0.834	0.842	0.850	0.857	0.864	0.872	0.879	0.886	0.893	0.900	0.907	0.914	0.920	0.927	0.934	0.940	0.947	0.953	0.953
124.5	0.836	0.843	0.851	0.858	0.866	0.873	0.880	0.887	0.894	0.901	0.908	0.915	0.922	0.928	0.935	0.942	0.948	0.955	0.955
125.0	0.837	0.845	0.852	0.860	0.867	0.874	0.881	0.889	0.896	0.903	0.910	0.916	0.923	0.930	0.936	0.943	0.950	0.956	0.956
125.5	0.838	0.846	0.853	0.861	0.868	0.876	0.883	0.890	0.897	0.904	0.911	0.918	0.924	0.931	0.938	0.944	0.951	0.957	0.957
126.0	0.839	0.847	0.855	0.862	0.869	0.877	0.884	0.891	0.898	0.905	0.912	0.919	0.926	0.933	0.939	0.946	0.952	0.959	0.959
126.5	0.841	0.848	0.856	0.863	0.871	0.878	0.885	0.892	0.900	0.907	0.913	0.920	0.927	0.934	0.941	0.947	0.954	0.960	0.960
127.0	0.842	0.849	0.857	0.865	0.872	0.879	0.887	0.894	0.901	0.908	0.915	0.922	0.928	0.935	0.942	0.948	0.955	0.962	0.962
127.5	0.843	0.851	0.858	0.866	0.873	0.881	0.888	0.895	0.902	0.909	0.916	0.923	0.930	0.937	0.943	0.950	0.956	0.963	0.963
128.0	0.844	0.852	0.859	0.867	0.874	0.882	0.889	0.896	0.903	0.910	0.917	0.924	0.931	0.938	0.945	0.951	0.958	0.964	0.964
128.5	0.845	0.853	0.861	0.868	0.876	0.883	0.890	0.898	0.905	0.912	0.919	0.926	0.933	0.939	0.946	0.953	0.959	0.966	0.966
129.0	0.847	0.854	0.862	0.869	0.877	0.884	0.892	0.899	0.906	0.913	0.920	0.927	0.934	0.940	0.947	0.954	0.960	0.967	0.967
129.5	0.848	0.855	0.863	0.871	0.878	0.886	0.893	0.900	0.907	0.914	0.921	0.928	0.935	0.942	0.949	0.955	0.962	0.968	0.968
130.0	0.849	0.857	0.864	0.872	0.879	0.887	0.894	0.901	0.908	0.916	0.923	0.930	0.936	0.943	0.950	0.957	0.963	0.970	0.970
130.5	0.850	0.858	0.866	0.873	0.881	0.888	0.895	0.903	0.910	0.917	0.924	0.931	0.938	0.944	0.951	0.958	0.964	0.971	0.971
131.0	0.851	0.859	0.867	0.874	0.882	0.889	0.897	0.904	0.911	0.918	0.925	0.932	0.939	0.946	0.952	0.959	0.966	0.972	0.972
131.5	0.852	0.860	0.868	0.875	0.883	0.890	0.898	0.905	0.912	0.919	0.926	0.933	0.939	0.946	0.952	0.959	0.966	0.973	0.973
132.0	0.854	0.861	0.869	0.877	0.884	0.892	0.899	0.906	0.913	0.921	0.928	0.935	0.942	0.948	0.955	0.962	0.968	0.975	0.975
132.5	0.855	0.863	0.870	0.878	0.885	0.893	0.900	0.908	0.915	0.922	0.930	0.936	0.943	0.950	0.956	0.963	0.970	0.977	0.977
133.0	0.856	0.864	0.871	0.879	0.887	0.894	0.901	0.909	0.916	0.924	0.930	0.937	0.944	0.951	0.958	0.964	0.971	0.978	0.978
133.5	0.857	0.865	0.873	0.880	0.888	0.895	0.903	0.910	0.917	0.924	0.931	0.938	0.945	0.952	0.959	0.966	0.972	0.979	0.979
134.0	0.858	0.866	0.874	0.881	0.889	0.897	0.904	0.911	0.918	0.926	0.933	0.940	0.947	0.954	0.960	0.967	0.974	0.980	0.980
134.5	0.859	0.867	0.875	0.883	0.890	0.898	0.905	0.912	0.920	0.927	0.934	0.941	0.948	0.955	0.962	0.968	0.975	0.982	0.982

体重 kg	体 表 面 積 (m ²) 1～5歳											
	32.0	32.5	33.0	33.5	34.0	34.5	35.0	35.5	36.0	36.5	37.0	37.5
110.0	0.919	0.925	0.931	0.937	0.943	0.949	0.954	0.960	0.966	0.971	0.977	0.983
110.5	0.920	0.926	0.932	0.938	0.944	0.950	0.956	0.962	0.967	0.973	0.979	0.984
111.0	0.922	0.928	0.934	0.940	0.946	0.952	0.957	0.963	0.969	0.975	0.980	0.986
111.5	0.923	0.929	0.935	0.941	0.947	0.953	0.959	0.965	0.971	0.976	0.982	0.987
112.0	0.925	0.931	0.937	0.943	0.949	0.955	0.961	0.966	0.972	0.978	0.983	0.989
112.5	0.926	0.932	0.939	0.944	0.950	0.956	0.962	0.968	0.974	0.979	0.985	0.991
113.0	0.928	0.934	0.940	0.946	0.952	0.958	0.964	0.970	0.975	0.981	0.987	0.992
113.5	0.929	0.935	0.942	0.948	0.953	0.959	0.965	0.971	0.977	0.983	0.988	0.994
114.0	0.931	0.937	0.943	0.949	0.955	0.961	0.967	0.973	0.978	0.984	0.990	0.995
114.5	0.932	0.938	0.945	0.951	0.957	0.962	0.968	0.974	0.980	0.986	0.991	0.997
115.0	0.934	0.940	0.946	0.952	0.958	0.964	0.970	0.976	0.981	0.987	0.993	0.999
115.5	0.935	0.941	0.947	0.954	0.960	0.965	0.971	0.977	0.983	0.989	0.994	1.000
116.0	0.937	0.943	0.949	0.955	0.961	0.967	0.973	0.979	0.985	0.990	0.996	1.002
116.5	0.938	0.944	0.950	0.957	0.963	0.968	0.974	0.980	0.986	0.992	0.998	1.003
117.0	0.940	0.946	0.952	0.958	0.964	0.970	0.976	0.982	0.988	0.993	0.999	1.005
117.5	0.941	0.947	0.953	0.959	0.966	0.971	0.977	0.983	0.989	0.995	1.001	1.006
118.0	0.943	0.949	0.955	0.961	0.967	0.973	0.979	0.985	0.991	0.996	1.002	1.008
118.5	0.944	0.950	0.956	0.962	0.968	0.974	0.980	0.986	0.992	0.998	1.004	1.009
119.0	0.945	0.952	0.958	0.964	0.970	0.976	0.982	0.988	0.994	1.000	1.005	1.011
119.5	0.947	0.953	0.959	0.965	0.971	0.977	0.983	0.989	0.995	1.001	1.007	1.013
120.0	0.948	0.955	0.961	0.967	0.973	0.979	0.985	0.991	0.997	1.003	1.008	1.014
120.5	0.950	0.956	0.962	0.968	0.974	0.980	0.986	0.992	0.998	1.004	1.010	1.016
121.0	0.951	0.957	0.964	0.970	0.976	0.982	0.988	0.994	1.000	1.006	1.011	1.017
121.5	0.953	0.959	0.965	0.971	0.977	0.983	0.989	0.995	1.001	1.007	1.013	1.019
122.0	0.954	0.960	0.966	0.973	0.979	0.985	0.991	0.997	1.003	1.009	1.014	1.020
122.5	0.955	0.962	0.968	0.974	0.980	0.986	0.992	0.998	1.004	1.010	1.016	1.022
123.0	0.957	0.963	0.969	0.975	0.982	0.988	0.994	1.000	1.006	1.012	1.017	1.023
123.5	0.958	0.964	0.971	0.977	0.983	0.989	0.995	1.001	1.007	1.013	1.019	1.025
124.0	0.960	0.966	0.972	0.978	0.985	0.991	0.997	1.003	1.009	1.015	1.020	1.026
124.5	0.961	0.967	0.974	0.980	0.986	0.992	0.998	1.004	1.010	1.016	1.022	1.028
125.0	0.962	0.969	0.975	0.981	0.987	0.993	1.000	1.006	1.012	1.017	1.023	1.029
125.5	0.964	0.970	0.976	0.983	0.989	0.995	1.001	1.007	1.013	1.019	1.025	1.031
126.0	0.965	0.972	0.978	0.984	0.990	0.996	1.002	1.008	1.014	1.020	1.026	1.032
126.5	0.967	0.973	0.979	0.985	0.992	0.998	1.004	1.010	1.016	1.022	1.028	1.034
127.0	0.968	0.974	0.981	0.987	0.993	0.999	1.005	1.011	1.017	1.023	1.029	1.035
127.5	0.969	0.976	0.982	0.988	0.994	1.001	1.007	1.013	1.019	1.025	1.031	1.037
128.0	0.971	0.977	0.983	0.990	0.996	1.002	1.008	1.014	1.020	1.026	1.032	1.038
128.5	0.972	0.978	0.985	0.991	0.997	1.003	1.010	1.016	1.022	1.028	1.034	1.040
129.0	0.973	0.980	0.986	0.992	0.999	1.005	1.011	1.017	1.023	1.029	1.035	1.041
129.5	0.975	0.981	0.988	0.994	1.000	1.006	1.012	1.019	1.025	1.031	1.037	1.042
130.0	0.976	0.983	0.989	0.995	1.001	1.008	1.014	1.020	1.026	1.032	1.038	1.044
130.5	0.978	0.984	0.990	0.997	1.003	1.009	1.015	1.021	1.027	1.033	1.039	1.045
131.0	0.979	0.985	0.992	0.998	1.004	1.011	1.017	1.023	1.029	1.035	1.041	1.047
131.5	0.980	0.987	0.993	0.999	1.006	1.012	1.018	1.024	1.030	1.036	1.042	1.048
132.0	0.982	0.988	0.994	1.001	1.007	1.013	1.019	1.026	1.032	1.038	1.044	1.050
132.5	0.983	0.989	0.996	1.002	1.008	1.015	1.021	1.027	1.033	1.039	1.045	1.051
133.0	0.984	0.991	0.997	1.003	1.010	1.016	1.022	1.028	1.035	1.041	1.047	1.053
133.5	0.986	0.992	0.998	1.005	1.011	1.017	1.024	1.030	1.036	1.042	1.048	1.054
134.0	0.987	0.993	1.000	1.006	1.013	1.019	1.025	1.031	1.037	1.043	1.049	1.055
134.5	0.988	0.995	1.001	1.008	1.014	1.020	1.026	1.033	1.039	1.045	1.051	1.057