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Protective effects of taxifolin on pazopanib-induced liver toxicity: an experimental rat model

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Abstract: Pazopanib is a tyrosine kinase inhibitor that is generally used for the treatment of metastatic renal cell cancer and advanced soft tissue sarcoma. It can cause various degrees of hepatotoxicity. Our study aimed to investigate the effect of taxifolin on pazopanib-induced liver toxicity. A total of 18 rats were divided into three groups: the pazopanib (PP), pazopanib plus taxifolin (TPP), and control (C) group. Taxifolin was administered to the TPP (n=6) group with a dose of 50 mg/kg. Distilled water was orally administered to the C (n=6) and PP (n=6) groups as a solvent. Subsequently, pazopanib 200 mg/kg was administered to the TPP and PP groups via the stomach. This procedure was repeated once a day for four weeks. Then, all rats were sacrificed, and their livers were removed. Malondialdehyde (MDA), total glutathione (tGSH), total oxidant status (TOS), and total antioxidant status (TAS) levels were evaluated. MDA and TOS levels were higher in the PP group compared with the levels of the other parameters ($P<0.001$). tGSH and TAS levels were lower in the PP group than in the TPP and C groups ($P<0.001$), and the aspartate aminotransferase (AST), alanine aminotransferase (ALT), and lactate dehydrogenase (LDH) levels were higher. Furthermore, liver tissue damage, including hemorrhage, hydropic degeneration, and necrosis was observed in the PP group. Administration of taxifolin before pazopanib significantly improved degenerative changes. Our study demonstrated that the administration of taxifolin is significantly effective in preventing pazopanib-induced hepatotoxicity in rats.

Key words: experimental models, liver toxicity, oxidative stress, pazopanib, taxifolin

Introduction

Pazopanib (Votrient), a tyrosine kinase inhibitor, was approved by the United States Food and Drug Administration (U.S. FDA) and the European Medicines Agency for renal cell carcinoma treatment [1]. It has also shown therapeutic efficacy in the treatment of non-adipocytic

advanced soft tissue sarcoma [2, 3] and epithelial ovarian cancer [4]. Pazopanib is a multi-tyrosine kinase inhibitor targeting vascular endothelial growth factor receptors (VEGF) 1, 2, and 3; c-kit; and platelet-derived growth factor receptor (PDGF-R) [5]. Diarrhea, hypertension, heart toxicity, hemorrhagic and thromboembolic events, gastrointestinal perforation, neurological

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disorders, acute pancreatitis, pneumothorax, and metabolic side effects have been observed during the use of pazopanib [6]. In clinical trials of pazopanib, hepatotoxicity manifested as an increase in serum transaminase (alanine aminotransferase, ALT; aspartate aminotransferase, AST) and bilirubin levels. Hepatotoxicity can be severe and fatal. Serum liver enzymes should be monitored before initiating pazopanib, and monitoring should be repeated at weeks 3, 5, 7, and 9; at months 3 and 4; and as clinically indicated. Thereafter periodic monitoring should be performed. Due to this important side effect of pazopanib, it carries a boxed warning to alert patients and health-care professionals regarding the potential risk of liver damage [7]. *In vitro* screening of 31 small-molecule kinase inhibitors approved by the U.S. FDA revealed that pazopanib-associated liver toxicity involves mitochondria damage [8]. In recent studies, aldehyde derivatives and n-oxide metabolites of pazopanib have been demonstrated to trigger oxidative stress and increase free oxygen radicals, thereby causing hepatotoxicity [9–11]. Mingard *et al.* demonstrated that the mechanism of pazopanib-induced hepatotoxicity primarily can be due to increased oxidative stress in mitochondria [12]. In this context, information from the literature suggests that oxidative stress is one of the basic mechanisms of pazopanib-induced hepatotoxicity, and this can be eliminated with antioxidant therapy.

Flavonoids are one of the most frequently studied plant-based agents because of their wide distribution and potent antioxidant ability [13]. Dihydroflavonols a group of flavonoids, exhibit various biological activities, including reactive oxygen species (ROS) scavenging activity and metal-binding activity. Taxifolin (3,5,7,3',4'-pentahydroxy-flavanone or 2,3-dihydroquercetin) is one of the dihydroflavonols with a minor component of silymarin, Pycnogenol, and Venoruton [14]. Taxifolin is present in French maritime pine bark, Douglas fir bark, and Siberian larch wood and also citrus fruits, grapes, olive oil, and onions in nature [15]. It can be easily extracted and used. Several studies have shown their role in the inhibition of free radical formation at key stages of apoptosis, especially in cerebral ischemia-reperfusion injury [16, 17]. Taxifolin has also been found to have anticancer and neuroprotective effects [18–20]. In a recent study, Zhou *et al.* demonstrated that taxifolin showed high antioxidant capacity [21].

To the best of our knowledge, the protective effects of taxifolin against hepatotoxicity related to pazopanib have not been studied. Thus, we aimed to investigate if there are potential protective effects of taxifolin on pazopanib-induced hepatic injury in rats.

Materials and Methods

Animals

Eighteen male albino Wistar rats, each weighting between 277–290 g, supplied from the Ataturk University Medical Experiments Application and Research Center were used in the study. The rats were divided into three groups (six in each) and were kept in cages in a ventilated room with a 12-h light/12-h dark period, at constant temperature (22°C), and free access to food and water. Animal experiments were performed in accordance with the National Institutes of Health Guidelines for the Use and Care of Laboratory Animals (NIH Publications No. 8023, revised 1978). The study was approved by the local animal ethics committee of Ataturk University, Erzurum, Turkey (Ethics Committee No.: 2020/46, dated April 16, 2020).

Chemical agents

The pazopanib used in the experiment was supplied by Novartis (Istanbul, Turkey), ketamin was supplied by Pfizer (Istanbul, Turkey), and taxifolin was supplied by Evalar Russia (Moscow, Russia).

Experimental groups

Experimental animals were divided into the following 3 groups: the control group (C), pazopanib alone (PP), and taxifolin + pazopanib (TPP) groups.

Experimental procedure

Taxifolin was orally administered to the TPP (n=6) group with a dose of 50 mg/kg by gavage into the stomach. A total of 0.5 ml distilled water was orally administered to the C (n=6) and PP (n=6) groups as a solvent. One hour after taxifolin or distilled water was given, pazopanib 200 mg/kg was administered to the TPP and PP groups via the stomach. We determined the dose of taxifolin and pazopanib based on previous studies. Taxifolin was found to be effective with a dose of 50 mg/kg in the treatment of cisplatin-induced oxidative damage [22]. Furthermore, previous studies showed that pazopanib is hepatotoxic at a dose of 150–300 mg/kg [9].

The above procedure was repeated once a day for four weeks. At the end of this period, all animals were sacrificed under anesthesia with high dose ketamine (120 mg/kg) in combination with diazepam (5 mg/kg). Liver tissues of the rats were removed to measure the malondialdehyde (MDA), total glutathione (tGSH), total oxidant status (TOS), and total antioxidant status (TAS) levels. The liver tissues were examined histopathologically. In addition, ALT, AST, and lactate dehydrogenase (LDH) activities were measured in blood samples of animals.

Blood samples were collected from the lateral tail vein of non-anesthetized rats. After treating the tail with warm water, the blood vessels were well dilated and suitable for manipulation.

Biochemical analysis

For biochemical analysis of liver tissues, homogenates were prepared from tissues, and 0.2 gr of the sample was taken from each tissue. Total glutathione and malondialdehyde levels in supernatants obtained from these homogenates were determined using appropriate methods based on the literature. The tissues were homogenized in ice-cold phosphate buffers (50 mM, pH 7.4) that were appropriate for the variable to be measured. The tissue homogenates were centrifuged at 5,000 rpm for 20 min at 4°C, and the supernatants were extracted to analyze tGSH and MDA. All spectrophotometric measurements were performed via a microplate reader (Bio-Tek, Winooski, VT, USA).

Malondialdehyde (MDA) analysis

Quantitative analysis of MDA was based on the approach used by Ohkawa *et al.* related to spectrophotometric measurement of absorbance of the pink-colored complex formed by thiobarbituric acid (TBA) and MDA. The tissue-homogenate sample (25 µl) was added to a solution containing 25 µl of 80 g/l sodium dodecyl sulfate and 1 ml mixture solution (200 g/l acetic acid + 1.5 ml of 8 g/l 2-thiobarbiturate) [23]. The mixture was incubated at 95°C for 1 h. Upon cooling, 1 ml of n-butanol-pyridine (15:1) was added. The mixture was vortexed for 1 min and centrifuged for 10 min at 4,000 rpm. The absorbance of the supernatant was measured at 532 nm. The standard curve was acquired by way of an approach using 1,1,3,3-tetramethoxypropane.

Total glutathione analysis

Total glutathione was analyzed using the method defined by Sedlak and Lindsay. DTNB (5,5'-dithiobis [2-nitrobenzoic acid]) disulfite is chromogenic medium, and DTNB is easily reduced by using sulfhydryl groups [24]. The yellow coloration in the course of reduction is measured via spectrophotometry at 412 nm. For measurement, a cocktail solution (5.85 ml 100 mM Na-phosphate buffer, 2.8 ml 1 mM DTNB 3.75 ml 1 mM NADPH, and 80 µl 625 U/l glutathione reductase) was prepared. Before measurement, 0.1 ml meta-phosphoric acid was added to 0.1 ml tissue-homogenate and centrifuged for 2 min at 2,000 rpm for deproteinization. Then 0.15 ml cocktail solution was added to 50 µl of supernatant. The standard curve was obtained by using glutathione disulfide (GSSG).

Measurement of TOS and TAS

TOS and TAS levels of tissue homogenates were measured using a modern, automated method of determination and available kits (Rel Assay Diagnostics, Sehitkamil, Turkey), each produced by Erel *et al.* [25,26]. The TAS measurement method was based on the bleaching by antioxidants of the characteristic color of a more stable ABTS (2,2'-azino-bis (3-ethylbenzothiazoline-6-sulfonic acid)) radical cation and measurements at 660 nm. The results were expressed in nmol hydrogen peroxide (H₂O₂) equivalent/l. In the TOS method, the oxidants present in the sample oxidized the ferrous ion-oxidanidine complex to ferric ion. Glycerol molecules, which were copiously present in the reaction medium, have improved the oxidation reaction. The ferric ion produced a colored complex with xylenol orange in an acidic medium. The intensity of the color, which could be spectrophotometrically measured at 530 nm, was related to the total amount of oxidant molecules present in the sample. The results were expressed in µmol Trolox equivalent/l. The oxidative stress index (OSI) was used as the percentage ratio of TOS to TAS. OSI was calculated as $TOS / TAS \times 100$.

ALT analysis

Quantitative determination of serum ALT was performed by the spectrophotometric method with a Roche cobas 8000 autoanalyzer. The reaction between L-alanine and 2-oxoglutarate was catalyzed by 3,4 ALT. The pyruvate formed is reduced by NADH in a reaction catalyzed by L-lactate and LDH, in which NAD⁺ is formed. Pyridoxal phosphate acts as a coenzyme in the amino transfer reaction. It ensures complete enzyme activation. L-Alanine + 2-oxoglutarate yields (ALT) pyruvate + L-glutamate, and Pyruvate + NADH + H⁺ yields (LDH) L-lactate + NAD⁺. The rate of NADH oxidation rate is directly proportional to the catalytic ALT activity.

AST analysis

Quantitative determination of serum AST was performed by a spectrophotometric method with a Roche cobas 8000 autoanalyzer. AST catalyzes the transfer of an amino group between L-aspartate and 2-oxoglutarate to form 3,4 AST oxaloacetate and L-glutamate in the sample. Oxaloacetate then reacts with NADH in the presence of malate dehydrogenase (MDH) to form NAD⁺. Pyridoxal phosphate acts as a coenzyme in the amino transfer reaction. L-Aspartate + 2-oxoglutarate yields (AST) oxaloacetate + L-glutamate, and oxaloacetate + NADH + H⁺ yields (MDH) L-malate + NAD⁺. The rate of NADH oxidation is directly proportional to the catalytic AST activity.

LDH analysis

Serum LDH quantitative determination was performed by the spectrophotometric method with a Roche cobas 8000 autoanalyzer. This is the standard method optimized according to Deutsche Gesellschaft für Klinische Chemie (DGKC). LDH catalyzes the reaction between pyruvate and NADH to form NAD⁺ with L-lactate. Pyruvate + NADH + H⁺ yields (LDH) L-lactate + NAD⁺. The initial rate of NADH oxidation is directly proportional to the catalytic LDH activity. The decrease in absorbance was determined by measuring at 340 nm.

Histopathological examination

The liver tissues were placed into a 10% buffered formalin solution after necropsy of the rats. The samples were then subjected to routine follow-up and embedded in paraffin blocks. Five micrometer sections were taken from the block, placed onto slides, and subjected to histopathological examination under a light microscopy with hematoxylin-eosin staining. Evaluation of hemorrhage, hydropic degeneration, and necrosis was performed semiquantatively; 0, none; 1, mild; 2, moderate; and 3, severe.

Statistical analysis

Statistical analyses were conducted using IBM SPSS Statistics for Windows, version 19.0 Armonk, NY, USA. Descriptive statistics were calculated for each variable. The results were recorded as the mean $\pm$ SD for continuous variables. The significance of the variations between the groups was determined using the method of one-way variance analysis (ANOVA), followed by the

analysis by Turkey test. A *P*-value <0.05 was considered significant. In the histopathological examination, the differences between the groups were determined by Kruskal-Wallis test, which is one of the nonparametric tests, and groups that exhibited differences were determined by the Mann-Whitney U test. Between-group statistical differences for body weight changes of the rats were analyzed using the paired *t*-test.

Results

Biochemical results

The mean and median levels of parameters are shown in Table 1. Serum ALT, AST, and LDH levels were significantly higher in the PP group compared with the C and TPP groups ($P<0.001$). ALT and AST levels were higher in the TPP group compared with the C group ($P<0.001$; $P<0.01$); however, ALT and AST levels were significantly decreased in the TPP compared with the PP group. There was no significant difference between the C and TPP groups in terms of LDH levels ($P<0.001$) (Fig. 1). MDA levels were significantly higher in the PP group compared with the C and TPP groups ($P<0.001$). tGSH levels were significantly lower in the PP group compared with the C and TPP groups ($P<0.001$). There was no statistically significant difference between the C and TPP groups in terms of MDA ($P<0.001$). tGSH levels were lower in the TPP group compared with the C group ($P<0.001$), but compared with the PP group, the tGSH levels were significantly increased in the TPP group (Fig. 2). TOS levels were significantly higher in the PP group compared with the C and TPP groups

Table 1. Biochemical results of the study

	HG (n=6)		PP (n=6)		TPP (n=6)	
	Mean $\pm$ SD	Median (Min–Max)	Mean $\pm$ SD	Median (Min–Max)	Mean $\pm$ SD	Median (Min–Max)
MDA ($\mu\text{mol/g}$ protein)	5.12 $\pm$ 0.18	5.13 (4.79–5.31)	10.1 $\pm$ 0.39*	9.95 (9.9–10.9)	5.45 $\pm$ 0.33	5.35 (5.22–6.11)
tGSH (nmol/g protein)	7.28 $\pm$ 0.15	7.3 (7.1–7.42)	3.34 $\pm$ 0.09*	3.35 (3.23–3.46)	6.83 $\pm$ 0.06*	6.79 (6.76–6.92)
TOS (nmol H ₂ O ₂ /mg protein)	8.25 $\pm$ 0.42	8.3 (7.7–8.8)	17.38 $\pm$ 2.0*	17.55 (14.9–20.1)	8.71 $\pm$ 0.35	8.72 (8.11–9.1)
TAS (μmol Trolox equiv/mg protein)	12.35 $\pm$ 1.36	12.15 (10.9–14.1)	5.35 $\pm$ 0.19*	5.37 (5.11–5.61)	10.99 $\pm$ 1.11	10.41 (10.12–12.9)
ALT (U/l)	27.8 $\pm$ 2.6	28 (24–31)	116.8 $\pm$ 6.2*	118.5 (109–125)	37.8 $\pm$ 3.2**	38.5 (32–41)
AST (U/l)	38.2 $\pm$ 3	38.5 (34–42)	245.5 $\pm$ 6.6*	245.5 (237–255)	65.7 $\pm$ 6.4*	64.5 (58–75)
LDH (U/l)	135.3 $\pm$ 6.9	137 (122–141)	269.2 $\pm$ 9.3*	269 (259–284)	144.2 $\pm$ 9	145.5 (130–155)

** $P<0.001$ compared with C. * $P<0.01$ compared with C. C, control group; PP, pazopanib group; TPP, Taxifolin+pazopanib group. MDA, malondialdehyde; tGSH, total glutathione; TOS, total oxidant status; TAS, total antioxidant status; ALT, alanine aminotransferase; AST, aspartate aminotransferase; LDH, lactate dehydrogenase.

Fig. 1. The effects of taxifolin on AST, ALT, and LDH levels in blood samples of rats given pazopanib. Bars indicate the mean $\pm$ SD. The healthy group is compared with the PP and TPP groups. AST, aspartat aminotransferase; ALT, alanine aminotransferase; LDH, lactate dehydrogenase; C, control group; TPP, taxifolin+pazopanib group; PP, pazopanib group.

($P<0.001$). TAS levels were significantly lower in the PP group compared with the C and TPP groups. There was no significant difference between the C and TPP groups in terms of TAS and TOS levels ($P<0.001$) (Fig. 3).

Histopathological results

At the time of the sacrificing the rats, we detected that body weight was increased from baseline in the C and TPP groups. However, body weight was decreased from baseline in the PP group (Table 2).

In the histopathological examination of the C group, we observed normal histology in rat liver tissues. In the PP group, we observed that hemorrhage and hydropic degeneration were severe, and in the TPP group, hemorrhage and hydropic degeneration were mild (Fig. 4). We also observed severe necrosis in hepatocytes in the PP group, whereas we observed mild necrosis in hepatocytes in the TPP group (Fig. 5). The histopathological findings were milder in the liver tissue of the TPP group. There was a significant difference between the groups (Table 3, $P<0.05$).

Discussion

Pazopanib is an oral agent that inhibits the tyrosine kinase inhibitors which is associated with vascular endothelial growth factor, platelet-derived growth factor, and Kit receptors. It is an effective treatment for advanced renal cell carcinoma (RCC) and soft tissue sarcoma [27–29]. Hepatotoxicity is a concern for its clinical

Fig. 2. The effects of taxifolin on MDA and tGSH levels in liver tissue of rats given pazopanib. Bars indicate the mean $\pm$ SD. The healthy group is compared with the PP and TPP groups. MDA, malondialdehyde; tGSH, total glutathione; C, control group; TPP, taxifolin+pazopanib group; PP, pazopanib group.

Fig. 3. The effects of taxifolin on TOS and TAS levels in liver tissue of rats given pazopanib. Bars indicate the mean $\pm$ SD. The healthy group is compared with the PP and TPP groups. TAS, total antioxidant status; TOS, total oxidant status; C, control group; TPP, taxifolin+pazopanib group; PP, pazopanib group.

Table 2. Body weight changes of the rats during the study

Groups	Body weight (g): Initial	Body weight (g): End of experiment	<i>P</i> value
C	282.3 $\pm$ 5.7	292.5 $\pm$ 4	0.003
PP	283.3 $\pm$ 4.2	274.2 $\pm$ 3.3	0.003
TPP	283.8 $\pm$ 5.6	288.8 $\pm$ 3.4	0.021

application. Pazopanib-induced ALT and AST elevations are commonly observed in patients and range from 46 to 60% for all toxicity grades, from 8 to 15% for grade 3 toxicity, and from <1% to 2% for grade 4 toxicity [7]. A meta-analysis of clinical trials of pazopanib confirmed a 42% incidence of all-grade ALT increase and 8.2% incidence of high-grade ALT increase [30]. Pazopanib-induced hepatotoxicity has been associ-

Fig. 4. A. The healthy group shows a normal histological appearance. B. The pazopanib group shows severe hydropic degeneration (arrow) and hemorrhage (*). C. The taxifolin+pazopanib group shows mild hydropic degeneration (arrow) and hemorrhage (*).

Fig. 5. A. The pazopanib group shows severe necrosis (arrows) in hepatocytes. B. The taxifolin+pazopanib group shows mild necrosis (arrows) in hepatocytes.

Table 3. Histopathological results of the study

Groups	Hemorrhage	Hydropic degeneration	Necrosis
C	$0.16 \pm 0.51^*$	$0.33 \pm 0.51^*$	$0.33 \pm 0.40^*$
PP	$2.83 \pm 0.40^{**}$	$2.83 \pm 0.40^{**}$	$2.16 \pm 0.40^{**}$
TPP	$1.33 \pm 0.51^{***}$	$1.16 \pm 0.40^{***}$	$1.16 \pm 0.51^{***}$

Asterisks (*, **, ***) indicate differences between groups ($P < 0.05$). C, control group; PP, pazopanib group; TPP, taxifolin+pazopanib group.

ated with the HFE (hemochromatosis gene) mutation on chromosome 6 [31], but the exact mechanisms of pazopanib-induced liver injury remain unclear. Cetin *et al.* demonstrated the pazopanib-induced hepatotoxicity biochemically and histopathologically in an experimental rat model [32]. Wang *et al.* demonstrated that pazopanib triggered oxidative stress, increased free oxygen radicals, and caused hepatotoxicity [9]. It has also been reported that pazopanib-induced hepatotoxicity can be due to increased oxidative stress in mitochondria [12]. These findings indicate that oxidative stress can be an important mechanism of pazopanib-induced hepatotoxicity.

Flavonoids are one of the main groups of plant phenolic antioxidants and have high chelating properties

[33]. They are widely found in leaves and flowers of plants and also abundantly found in foods and beverages made from plants [34]. Taxifolin (3,5,7,3,4-pentahydroxy flavanone or dihydroquercetin) is a flavanolol, which is a subclass of flavonoids, and it is mainly found in citrus fruits, onions, olive oil, etc. [35]. Topal *et al.* showed that taxifolin had significant antioxidant, radical scavenging, and chelating activity. They suggested that it can be used in the food and pharmaceutical industry to decrease the formation of toxic oxidation products [36]. Kara and colleagues showed that taxifolin has protective effects that reduce cisplatin-induced oxidative renal injury [37].

In this study, we investigated the protective effect of taxifolin on pazopanib-induced liver toxicity in rats. Our

biochemical results indicate that pazopanib increased the levels of MDA and TOS, which are oxidant parameters, and decreased the levels of tGSH and TAS, which are antioxidant parameters, in liver tissues of rats. Similarly, serum AST, ALT, and LDH levels were significantly higher in the PP group as compared with the TPP group. Pazopanib caused hemorrhage, hydropic degeneration, and necrosis in rat liver tissues. Histopathological examinations revealed reduced pazopanib-induced liver damage in the TPP group. We observed that taxifolin at a dose of 50 mg/kg has histopathological and biochemical protective effects against pazopanib-induced oxidative liver toxicity. Our results showed that pazopanib changed the oxidant-antioxidant balance in favor of oxidants in the liver tissue of rats and subsequently caused liver tissue damage and increased serum AST, ALT, and LDH levels. These biochemical results of this study were fully consistent with the histopathological results. Taxifolin inhibited the oxidant effects of pazopanib.

Conclusion

In conclusion, we have demonstrated for the first time in the literature that taxifolin can prevent pazopanib-induced liver toxicity in rat models. The promising results of this study indicate that further studies are needed to test this agent in other animal models and in humans.

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