Genistein Inhibits Expressions of NADPH Oxidase p22phox and Angiotensin II Type 1 Receptor in Aortic Endothelial Cells from Stroke-Prone Spontaneously Hypertensive Rats

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Phytoestrogens are considered to be natural selective estrogen receptor modulators exerting antioxidant activity and improving vascular function. However, the mechanisms responsible for their antioxidative effects remain largely unknown. This study tested the hypothesis that genistein may provide significant endothelial protection by antioxidative effects through attenuating NADPH oxidase expression and activity. The results showed that genistein suppressed the expressions of the p22phox NADPH oxidase subunit and angiotensin II (Ang II) type 1 (AT1) receptor in a concentration- and time-dependent manner in aortic endothelial cells from stroke-prone spontaneously hypertensive rats examined by Western blot analysis. Treatment with genistein also remarkably reduced the Ang II-induced superoxide by the reduction of nitroblue tetrazolium, inhibited nitrotyrosine formation, and attenuated endothelin-1 production by ELISA via the stimulation of Ang II. However, when cells were pretreated with ICI-182780, an estrogen-receptor antagonist, at a concentration of 50 μmol/l for 30 min and then co-incubated with ICI-182780 and genistein for 24 h, the inhibitory effect of genistein was not blocked. In contrast, the inhibitory effect of genistein treatment was partially reversed by 30-min pretreatment of endothelial cells with GW9662, a peroxisome proliferator-activated receptor δ (PPARδ) antagonist. Genistein thus appears to act as an antioxidant at the transcription level by the downregulation of p22phox and AT1 receptor expression. Our data also showed that the PPARδ pathway was involved, at least in part, in the inhibitory effect of genistein on the expression of p22phox and AT1 receptors. The endothelial-protective effects of phytoestrogen may contribute to improvement of cardiovascular functions. (Hypertens Res 2004; 27: 675–683)

Key Words: phytoestrogen, NADPH oxidase p22phox subunit, angiotensin II type 1 receptor, endothelium, peroxisome proliferator-activated receptor δ

Introduction

Many studies have provided a wide range of experimental evidence indicating that angiotensin II (Ang II) promotes the production of free radicals in the pathogenesis of cardiovascular disease. Increased expression of NADPH oxidase subunits has been shown to play a role in the formation of human atherosclerotic lesions and in animal models of hypertension and atherosclerosis (1–6). In vascular endothelial cells, Ang II also induces superoxide anion generation via the activation of NADPH oxidase (7), which mediates endothelial dysfunction and peroxynitrite formation (8). The p22phox subunit is an essential protein in the activation of
NADPH oxidase, since stroke-prone spontaneously hypertensive rats (SHRSP), but not Wistar-Kyoto rats, display the oxidative inactivation of nitric oxide and endothelial dysfunction (9). Recently, some studies have indicated that, after exposure to Ang II, the elevation of superoxide production occurs through the Ang II type 1 (AT1) receptor activation of NADPH oxidase in the coronary arterioles, renal cortices, and human umbilical vein endothelial cells (HUVECs) (10–12).

Epidemiological and experimental studies have generally shown that phytoestrogens play an important role in the prevention of cardiovascular disease (13–16). Phytoestrogens stimulate the activity of estrogen receptors, such as genistein, that strongly bind to estrogen receptor subtype β, and phytoestrogens are approximately one-third as potent as 17β-estradiol (17, 18). Moreover, phytoestrogens have been shown to possess antioxidant activity (19, 20). Many studies have found that phytoestrogens can function as antioxidants and protect against oxidative DNA damage (21–23). Recently, a single study suggested that phytoestrogens affect expression levels of catalase (24). However, the antioxidant mechanisms of phytoestrogens remain unclear. On the other hand, two recent reports have shown that genistein can act as a peroxisome proriferator-activated receptor γ (PPARγ) agonist to improve the lipid metabolism in RAW 264.7 cells from obese Zucker rats (25) and in mesenchymal progenitor cells (26). In the present study, we tested the hypothesis that genistein may modulate NADPH oxidase expression and activity, and that such mediation, if present, may occur at least in part via the PPARγ pathway. For this purpose, we observed the antioxidant effect of genistein in vascular endothelial cells isolated from SHRSP. Our results showed that treatment with genistein reduced superoxide anions, inhibited nitrotyrosine production, and suppressed the expressions of the p22phox NADPH oxidase subunit and AT1 receptor. These inhibitory effects of genistein were reversed by GW9662, an antagonist of PPARγ, but were not blocked by the estrogen receptor antagonist, ICI-182780, suggesting that genistein functions as a nuclear receptor agonist independent of the estrogen receptor, and that the actions of genistein involve, at least in part, the PPARγ signal pathway.

**Methods**

**Materials**

Ang II was obtained from Sigma (St. Louis, USA). Genistein and nitroblue tetrazolium (NBT) were from Wako Pure Chemicals (Osaka, Japan). ICI-182780 and GW9662 were from Tocris (Ballwin, USA). Acetylated low density lipoprotein labeled with 1,1′-diiodoacetyl-3,3′,5′-tetrathymidil-carboxyanine perchlorate (Dil-acetyl-LDL) was purchased from Biomedical Technologies Inc. (Stoughton, USA). Anti-NADPH oxidase p22phox subunit, anti-AT1 receptor, and anti-β-actin were from Santa Cruz Biotechnology Inc. (Santa Cruz, USA). Anti-rabbit or goat IgG peroxidase-linked species-specific whole antibodies, and the ECL plus Western blotting detection system were obtained from Amersham Corp. (Buckinghamshire, UK). The nitrotyrosine ELISA kit was from Kamiya Biomedical Co. (Seattle, USA). The endothelin EIA immunoassay kit was purchased from Peninsula Laboratories Inc. (San Carlos, USA).

**Animals, Isolation of Rat Aortic Endothelial Cells, and Cell Culture**

SHRSP were obtained from the animal unit of the Graduate School of Human and Environmental Studies of Kyoto University.

Vascular endothelial cells were isolated from the rat aorta as previously described (27). Whole rat thoracic aortae were collected from male SHRSP, and washed well with phosphate-buffered saline (PBS). The 16-week-old vessels were cleaned of periadventitial fat and connective tissue and cut into flat pieces of about 4 mm2, placed on rat tail collagen type I-coated dishes (Becton Dickinson Labware, Sunnyvale, USA), and incubated in Dulbecco’s modified Eagle’s medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U/ml of penicillin, and 100 µg/ml of streptomycin in a humidified incubator at 37°C and 5% CO2. After 6 to 9 days, depending on the degree of outgrowth, the aortic explants were removed. At confluence, the cells were detached and re-plated in 100-mm culture plastic dishes. The cells were subcultured for up to 5 to 7 passages, and removed from the culture dishes using 0.05% trypsin/0.02% EDTA. The cells were identified by the uptake of fluorescent Dil-acetyl-LDL.

**Western Blot Analysis**

Preparation and immunoblot analysis of protein extracts from the cultured SHRSP aortic endothelial cells were performed as described previously (28). The cells were washed twice in PBS and harvested in RIPA’s buffer (1% Nonidet-P40, 50 mmol/l of Tris/HCl [pH 8.0], 150 mmol/l of NaCl, 2 mmol/l of sodium orthovanadate, 1% sodium deoxycholate, 0.1% sodium dodecyl sulfate (SDS), 0.1 mmol/l diithio-riitol, 0.05 mmol/l phenylmethyl-sulfonylfluoride, 0.002 mg/ml of aprotinin, 0.002 mg/ml of leupeptin). Protein concentrations were determined in cell lysates using the Protein DC plus Assay Kit (Bio-Rad Laboratories Inc., Hercules, USA). Bovine serum albumin was used as the standard. Equal amounts of protein were directly solubilized in sample buffer (25% 0.5 mmol/l Tris/HCl [pH 6.8], 20% glycerol, 4% SDS, 0.005% bromophenol blue, 5% 2-mercaptoethanol). Samples were heated for 5 min at 95°C, separated by SDS-polyacrylamide gel electrophoresis (PAGE), and transferred to nitrocellulose membranes. The membranes were blocked with 5% skim milk in Tris-buffered saline-Tween buffer for 30 min, and incubated with the primary antibody for 2 h. Specif-
ically bound primary antibodies were detected with the peroxidase-coupled second antibody and enhanced with the ECL plus the Western blotting detection system. Quantitative analysis of the band density was performed using NIH Image 1.63 Software. Western blot experiments were performed in duplicate or triplicate.

**Detection of Superoxide by NBT Reduction**

O\(^{2-}\) production by endothelial cells was measured using the NBT reduction assay as described by Suh et al. (29) and Wang et al. (30). Approximately 10⁶ cells per well were plated and grown for 24 h. After the cells had been treated with genistein for 24 h or 30 min, the medium was removed and the cells were washed or not washed with 5 ml PBS. Filtered 0.25% NBT (5 ml) was added and cells were incubated at 37°C for 20 min to allow the superoxide anion to reduce the NBT to blue formazan. The cells were scraped off and formazan was pelleted by centrifugation at 12,000 \(\times\) g for 30 min. The formazan pellets were suspended in 1 ml of pyridine and heated at 100°C for 10 min to extract formazan. The mixture was subjected to a second centrifugation at 10,000 \(\times\) g for 10 min. The absorbance of formazan was determined using a spectrophotometer at 510 nm. The extinction coefficient (\(e\)) of blue formazan is 26,478 (mol/l)⁻¹ cm⁻¹. The quantity of formazan was calculated as follows: NBT reduction (nmol/h·10⁶ cells) = \(A \cdot V / (T \cdot e \cdot l)\), where \(A\) is the absorbance of blue formazan at 510 nm, \(V\) is the volume (ml) of the solution per 10⁶ cells, \(T\) is the time period (min) during which cells were incubated with NBT, \(e\) is the extinction coefficient, and \(l\) is the length (mm) of the light path.

**Analysis of 3-Nitrotyrosine Content in Cultured SHRSP Aortic Endothelial Cells**

After treatment of SHRSP aortic endothelial cells with genistein for 24 h, the medium was removed, the cells were washed with 5 ml PBS, and then the cells were stimulated with 1 \(\mu\)g/ml of Ang II for 2 h and washed twice with PBS. Protein extractions were performed using ice-cold tissue lysis buffer (50 mmol/l of Tris-HCl, pH 7.4, 1% Nonidet-P40, 0.25% sodium deoxycholate, 150 mmol/l of NaCl, 0.05 mmol/l of phenylmethylsulfonyl fluoride, 1 mg/ml of aprotonin, 1 mg/ml of leupeptin, 1 mg/ml of pepstatin, 1 mmol/l of NaVO₃, and 1 mmol/l of NaF). The protein extracts were centrifuged at 10,000 \(\times\) g for 10 min at 4°C, and the supernatants were collected and assayed for protein and nitrotyrosine content. The protein concentrations of the supernatants were determined using a Bio-Rad Protein DC plus Assay Kit. Quantitation of the cellular nitrotyrosine levels was performed by ELISA according to the manufacturer’s instructions (Kamiya Biomedical Co.). Data were normalized to the nitrotyrosine content of samples as nmol of nitrotyrosine per milligram of total protein.

**Detection of Endothelin-1 Level**

Endothelin-1 levels in media were measured with an ELISA immunoassay kit according to the manufacturer’s instructions. In brief, media and the primary antibody as well as the biotinylated peptide solution were dispensed into designated wells of a 96-well immunoplate and incubated for 2 h at room temperature. After washing 5 times, streptavidin-horseradish peroxidase was added to each well and incubated for 1 h. Finally, the microplate was washed and tetramethylbenzidine solution was added to each well. After 30 min, the reaction was terminated with HCl. The absorbance at 450 nm was measured within 20 min.

**Statistical Analysis**

Data are expressed as the mean \(\pm\) SEM. Statistical analysis was performed using an ANOVA test. Values of \(p<0.05\) were considered statistically significant.

**Results**

**Effects of Genistein on O\(^{2-}\) Formation and 3-Nitrotyrosine Production in Ang II-Stimulated SHRSP Arterial Endothelial Cells**

To identify the antioxidative function of genistein, we first examined its inhibitory effect on Ang II-induced O\(^{2-}\) anion formation as assessed by the reduction of NBT. Stimulation with Ang II (1 \(\mu\)g/ml) resulted in increased O\(^{2-}\) formation (Fig. 1A: control 44.31 \(\pm\) 4.62 vs. Ang II 75.55 \(\pm\) 1.58 mmol/h·10⁶ cells; Fig. 1B: control 34.72 \(\pm\) 1.16 vs. Ang II 44.81 \(\pm\) 2.59 mmol/h·10⁶ cells; each \(n = 3,\) \(p<0.05\)), whereas after pre-incubation with genistein (50 \(\mu\)g/ml) for 24 h and only a single washing with PBS, the Ang II-stimulated O\(^{2-}\) formation diminished to 29.36 \(\pm\) 0.64 mmol/h·10⁶ cells in the SHRSP arterial endothelial cells, as shown in Fig. 1B (\(n = 3,\) \(p<0.05\) vs. Ang II). In contrast, after treatment with genistein for 30 min and washing once, the Ang II-stimulated O\(^{2-}\) formation was not been reduced, as shown in Fig. 1A.

Endothelial dysfunction has been shown to occur in SHRSP (8), and protein nitration has been shown to occur in Ang II-induced cardiovascular tissues (9). To confirm the preventive role of genistein and antioxidants on protein nitration, we detected N-nitrotyrosine formation in Ang II-stimulated SHRSP artery endothelial cells. After Ang II stimulation at 1 \(\mu\)g/ml for 2 h, the level of N-nitrotyrosine was 138.90 \(\pm\) 12.34 (ng/mg protein), but after pretreatment with genistein for 24 h and washing once with PBS, the formation of N-nitrotyrosine decreased to 104.85 \(\pm\) 5.32 (genistein at 50 \(\mu\)mol/l, ng/mg protein), as shown in Fig. 1C (\(n = 6,\) \(p<0.05\)).
Inhibitory Effect of Genistein on Expressions of p22phox NADPH Oxidase Subunit and AT1 Receptor in SHRSP Arterial Endothelial Cells

Next, we investigated the effect of genistein on the expressions of the p22phox NADPH oxidase subunit and AT1 receptor in SHRSP arterial endothelial cells. Treatment with genistein at 100, 50, or 25 µmol/l for 24 h repressed the expression of p22phox NADPH oxidase subunits in a concentration-dependent manner, in addition to inhibiting the AT1 receptor. Treatment with genistein at 100, 50, or 25 µmol/l significantly repressed p22phox expression to roughly 30.7 ± 5.7%, 37.4 ± 15.1%, or 64.9 ± 18.0% of the control.
control (n = 3 each; the inhibitions at 100 and 50 \( \mu \text{mol/l} \) genistein were significant (p<0.05; Fig. 2A), and AT1 receptor expression to roughly 41.2 \( \pm \) 6.8%, 33.1 \( \pm \) 9.8%, or 59.7 \( \pm \) 2.3% of the control (n = 3 and p<0.05 each; Fig. 3A). We next examined the time courses of the expressions of p22phox and AT1 receptor after treatment with genistein at 50 \( \mu \text{mol/l} \) (Figs. 2B and 3B). A reduction of p22phox expression was detectable at 16 and 24 h, and a reduction of AT1 receptor expression was detectable at 24 and 48 h. Both the downregulation rates of p22phox and AT1 receptor expressions at 24 h were significantly lower than that of the control (0h). The p22phox expressions at 16 and 24 h were about 59.38 \( \pm \) 19.65% and 50.43 \( \pm \) 18.36% of that at 0h (n = 3 and p<0.05 each; Fig. 2B), while the AT1 receptor expressions at 24 and 48 h were approximately 70.82 \( \pm \) 0.63% and 47.08 \( \pm \) 2.98% of that at 0h (p<0.05 and n = 3 each; Fig. 3B).

### PPARδ, but Not the Estrogen Receptor, Mediated the Inhibitory Effect of Genistein on the Expressions of the p22phox NADPH Oxidase Subunit and AT1 Receptor

Genistein and other soy isoflavones are considered to be natural selective estrogen receptor modulators (SERMs) (31). For this reason, to investigate whether the estrogen receptor regulates the inhibitory effect of genistein on the expressions of the p22phox NADPH oxidase subunit and AT1 receptor, we selected ICI-182780, an estrogen receptor antagonist.
However, when cells were pretreated with ICI-182780, an estrogen-receptor antagonist, at a concentration of 50 µmol/l for 30 min and then co-incubated with ICI-182780 and genistein for 24 h, the inhibitory effect of genistein was not blocked (Fig. 4). Because the PPARγ regulates the expression of the p22phox NADPH oxidase subunit and AT1 receptor (32, 33), we wanted to investigate whether the inhibitory effect of genistein occurred through the activation of PPARγ. The endothelial cells were pretreated with GW9662 (34), a PPARγ antagonist, for 30 min prior to treatment with genistein, and the inhibitory effect of genistein was partially reversed by GW9662, as shown in Fig. 5. The band density of p22phox in Western blotting changed from 64.87 ± 1.23% with genistein treatment to 82.82 ± 5.35% with GW9662 plus genistein co-incubation; similarly, the band density of AT1 also changed from 55.20 ± 4.58% to 82.06 ± 9.91% of the control.

**Genistein Inhibited Ang II-Induced Endothelin-1**

It has been reported that Ang II and reactive oxygen species (ROS) induce endothelin-1 generation (35–37). As shown in Fig. 6, when endothelial cells from SHRS were incubated with Ang II, the endothelin-1 generation was about 2.802 ± 0.518 ng/10⁵ cells and significantly higher than that in the control (0.386 ± 0.085 ng/10⁵ cells, n = 5 each, p < 0.01). To confirm the role of genistein in endothelin-1 secretion, the cells were pretreated with genistein for 30 min. The Ang II-stimulated endothelin-1 generation showed an extraordinary reduction (0.644 ± 0.298 ng/10⁵ cells; p < 0.01 vs. Ang II). Furthermore, when cells were treated with GW9662 for 30 min prior to genistein, GW9662 partially blocked the inhibitory effect of genistein, and endothelin-1 generation was 1.804 ± 0.45 ng/10⁵ cells (p < 0.05 vs. Ang II; p < 0.01 vs. genistein plus Ang II). The results suggest that genistein inhibits the Ang II-induced endothelin-1 generation, and that GW9662, through the PPARγ pathway, partially but significantly blocks the inhibitory effect of genistein.

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**Fig. 5.** The effect of GW9662 on the expressions of NADPH oxidase p22phox subunits and the AT1 receptor treated with genistein. Cells were incubated with genistein (50 µmol/l) for 24 h with or without GW9662 (50 µmol/l). The relative intensities compared with the control are shown as the mean ± SEM of 3 independent experiments. * p < 0.05 vs. control, # p < 0.05 vs. genistein group.

**Fig. 6.** Effects of genistein on endothelin-1 generation in angiotensin II-stimulated endothelial cells from SHRS. Endothelial cells from SHRS were incubated with or without genistein for 30 min prior to treatment with Ang II. In the experiment using GW9662, 5 µmol/l GW9662 was added to cells for 30 min before genistein treatment. Then the cells were stimulated with Ang II (1 µg/ml) for 24 h. The results are the mean ± SEM of 5 independent wells. * p < 0.01, # p < 0.05 compared with the bars indicated.
Discussion

Genistein, one of nature’s SERMs, strongly binds to the estrogen receptor subtype β (17). Wang and colleagues deduced that 17β-estradiol could inhibit the expressions of NADPH oxidase p22phox and gp91phox subunits (38). Moreover, estrogen has also been shown to exhibit a strong antioxidant potential in vivo in female spontaneously hypertensive rats (SHR) (39). This suggested that genistein as an SERM may possess antioxidant potential and may perhaps inhibit the expression of NADPH oxidase. In the present study, as shown in Fig. 1, genistein indirectly restricted O₂⁻ formation and 3-N-nitrotyrosine production in Ang II-stimulated SHRSP arterial endothelial cells, because rinsing after incubation with genistein removed the direct effect of genistein (Fig. 1A), and because genistein suppressed the expression of the NADPH oxidase p22phox subunit (Fig. 2). Other polyphenols, such as green or black tea polyphenols, also have similar effects of down-regulating O₂⁻ production and the expression of NADPH oxidase p22phox and p67phox subunits in bovine vascular endothelial cells (40). On the other hand, Ang II induces superoxide anion generation via the activation of NADPH oxidase in vascular endothelial cells (7). Therefore, the expression level of the AT1 receptor is an important factor for superoxide anion generation. For this reason, we also observed the effect of genistein on AT1 receptor expression. As shown in Fig. 3, genistein significantly suppressed AT1 receptor expression after treatment for 24 and 48 h. These results resembled the observations of the Nickenig group that estrogen and the selective estrogen receptor modulator could induce the downregulation of AT1 receptor expression (41, 42). On the other hand, the transient rise in AT1 receptor expression after treatment with genistein for 8 and 16 h seems to be due to post-transcriptional feedback modulated by the direct antioxidative role of genistein as a tyrosine kinase inhibitor (43), since the tyrosine kinase inhibitor pp2 suppressed superoxide anion generation from NADPH oxidase (44), and since superoxide anion down regulated the stability of AT1 mRNA (45). Alternatively, the direct antioxidative effect of genistein may transiently increase the stability of AT1 mRNA and protein expression when cells are treated with genistein.

It is puzzling that ICI 182780, an estrogen receptor antagonist, could not completely obstruct the inhibitory effect of genistein on p22phox and AT1 receptor expressions (Fig. 4), suggesting that genistein exerts its inhibitory effect through an estrogen receptor-insensitive pathway. This estrogen receptor-insensitive phenomenon has also been observed in the reduction of post-injury neo-intima formation in a female rabbit aortic section after endothelial balloon denudation (46). The mechanisms of phytoestrogens include estrogen-like and antiestrogen effects (13). Recently, a group study indicated that estrogen can induce the production of a peroxisome proliferator-activated receptor (PPAR) ligand in PPARγ-expressing tissue (47, 48). The two PPARγ isoforms, PPARγ1 and PPARγ2, are expressed in distinct cells. PPARγ1 seems to be ubiquitously expressed, whereas higher levels of PPARγ2 are expressed in adipose tissue. Moreover, two studies have indicated that genistein can act as a PPARγ agonist to regulate lipid metabolism (25, 26). Since PPARγ is also expressed in vascular endothelial cells (49, 50), we examined the role of PPARγ in the inhibitory effect of genistein on p22phox and AT1 receptor expressions. GW9662, a PPARγ antagonist, strongly blocked this inhibitory effect of genistein (Fig. 5), suggesting that PPARγ plays a role in the mediated signaling of genistein in regulating p22phox and AT1 receptor expressions. In the present study, however, Western blotting showed that the levels of PPARγ protein expression were not remarkably changed after treatment with 50 μmol/l genistein for 8, 16, or 24 h (data not shown). On the other hand, Dang et al. (26) indicated that at low concentrations (≤1 μmol/l), genistein acts like estrogen, while at high concentrations (>1 μmol/l), genistein acts as a ligand of PPARγ. Moreover, Mezei et al. (25) reported that both of the soy isoflavones genistein and daidzein increased PPARγ-directed gene expression 2–4 fold in RAW 264.7 cells. Interestingly, although the PPARγ receptors negatively regulate the activity of estrogen receptors and vice versa, both PPARγ and estrogen also decrease p22phox and AT1 receptor expressions in vascular endothelial and smooth muscle cells (32, 33, 51, 52). In addition, the neo-intimal formation of balloon-injured vessels, which is inhibited by estrogen but is not influenced by the pure synthetic estrogen receptor antagonist, ICI 182780, is also inhibited by troglitazone, a PPARγ activator (53). Our data suggested that the estrogen receptor-insensitive or anti-estrogen phenomena of estrogen and phytoestrogen may be involved in the role of PPARγ in addition to the effects of genistein or the tyrosine kinase inhibitor. On the other hand, Ang II and ROS can induce endothelin-1 generation (35–37). The present study (Fig. 6), as well as a previous report (54), indicated that genistein attenuated endothelin-1 production. In addition, this inhibitory effect of genistein was partially blocked by GW9662. Interestingly, PPARγ activators also inhibit thrombin-, insulin-, and oxidized low-density lipoprotein-induced endothelin-1 secretion in endothelial cells (55–57).

In summary, the present in vitro studies demonstrated that genistein attenuated the protein expression of the p22phox NADPH oxidase subunit and AT1 receptor in a concentration- and time-dependent manner in aortic endothelial cells from SHRSP, which showed that the inhibitory effect of genistein depends partly on the PPARγ signal pathway, since GW9662, a PPARγ antagonist, blocked to some degree this inhibitory effect of genistein. Next, pretreatment with genistein for 24 h also suppressed the Ang II-stimulated superoxide anion, nitrotyrosine, and endothelin-1 generation. Thus, genistein acting as a dietary antioxidant may have great benefit for the prevention of cardiovascular diseases such as hypertension and atherosclerosis.
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