**Researhes for long time on the Autonomous Kinetic Rehabilitation Centering the Motivative Exercise (Takizawa Method) to Restructure the Rehabilitation Medicine**

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**Abstract**

How will the people all over the world overcome the super-aged society near future? I have accepted this chief editor in order to realize the wish to stretch a hand to offer the resolution to age crisis and recognize that we should convert the target from an individual to the big mass. We are going to spin the hope of human beings. I would like to ask more people the big encouragement and participation to our colleagues who get on a small ship and pull an oar toward a large wave called arrival of a super-aged society.

The statements above were the contents I contributed the greeting as the head of a member of editorial board in Japanese Biophilia Rehabilitation Academy establishment in 2002.

In 2000, I performed the study named “Surveillance study for Improvement in ADL and Independence for Advanced age Patients with Lower Limb Bone Fracture.” by the Grant of Association for Technical Aids.

We had studied the methodized Autonomous Kinetic Rehabilitation named Takizawa Method with the support of the Geriatric Health Services Facilities for Elderly, Shonan no Oka. We could get the effective results in locomotion approved statistically by Prof. Ushizawa, Sanno University.

This research was also followed our article published in 1998. Good points of this Method are not only useful for any elderly and anywhere to rebirth ADL training but also reasonable price, not expensive.

I could show you clearly that the Motivative Exercise is activating the cerebral function by head MRI and functional NIRS up to now.

It is my pleasure that I can publish this greeting in the 11th IBRA in Seville as one of the leaders of these researches in Japan.

We would advance cerebral function research, mechanism and effect research. In order to spin the hope of human beings I am pleased if a new researcher participates us through this IBRC 2014.