Dear colleagues,

It is my honor to hold the workshop “Biophilia 2016” to enforce the RCT of the Passive exercise vs the Motivative exercise. And we hold the Workshop “BIOPHILIA 2016” as an opportunity to acquire the newest knowledge of the rehabilitation medicine by ISPRM and to prepare the clinical test, the randomized control trial (RCT).

Although Prof. Newton discovered universal gravitation from the apple drop, we, as me a leader have continued research to sublime Ms. Kyoko Takizawa's experience which I had found to a science.

We have used expression called Proposition from Experience until now. I held IBRC 2015 as a chair entitled “Experience to A Science” for the first time last year. This is an expression used by the research of a cerebral function including plasticity progressed and the RCT of Motivative exercise versus Passive ROM Exercise which was a subject since the year before becomes possible.

We are glad to hold the meeting showing as the result of our previous endeavor. The RCT is indispensable, in order to restructure the rehabilitation medicine to the medicine which diversifies the intervention technique and can realize "Overcome disabilities" from "acceptance of disabilities ", and in order to sublime experience to a science. I have received some questions from the doctor who expressed enforcement. About RCT, I perform adjustment with each country and Professor Suputtitada who is a Chairperson of Women and Health Task Force of International Society of Physical and Rehabilitation Medicine (ISPRM) and International Exchange Committee of ISPRM and I adjust enforcement at the workshop this time. I hope it will be a science committee for the RCT study.

We perform the arrangement related to the research of following matters besides lectures in the Workshop;
1. How many days to do the Motivative exercise at one week?
2. How much time one session?
3. Concerning the age of the patient, how many patient can work with one physiotherapist?
4. How many devices can IBRA provide?
5. The matter of the clinical study registration.