Message from the President of the Biophilia Rehabilitation Academy of Japan

Takuji shirasawa, MD., Ph.D.
 President of the Biophilia Rehabilitation Academy of Japan
 Prof.Department of Aging Control Medicine
 Graduate School of Medicine of Juntendo University

Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great! This is what BIOPHILIA Rehabilitation Academy stands for. The name in itself literally means the love of life and all living systems “bio” + “philia”. The biophilia hypothesis suggests that there is an instinctive bond between human beings and other living systems. In accordance to its name, this organization functions to improve the life of the handicapped people in Japan and around the world, giving them hope and actively contributing to improving their quality of life. The journal “Biophilia” is an academic medical journal of the International Biophilia Rehabilitation Academy that is aiming at revolutionizing rehabilitation medicine.

The International Biophilia Rehabilitation Academy periodically holds international congresses abroad Japan actively contribution to the people’s welfare around the world. The activity for the functional recovery of advanced-age disabled persons is well appreciated by the governments of the countries visited:

- 2013 The 10th Conference in Italy
- 2011 The 9th Conference, in Romania and Poland
- 2010 The 8th Conference in China
- 2009 The 7th Conference in Cuba
- 2008 The 6th Conference in Poland
- 2006 The 5th Conference in Australia
- 2005 The 4th Conference in Germany
- 2004 The 3rd Conference in Philippines
- 2003 The 2nd Conference in Candada
- 2002 The 1st Conference in Saipan the Commonwealth of the Northern Mariana Islands
- 2001 Domestic Conference in Tokyo at Nippon Medical School

The workshop “Biophilia 2013” of “The 10th International Biophilia Rehabilitation Conference” will be/was held in Chieti, Italy at the University of Chieti.

The Scientific Committee always prepares a diverse scientific program structured around the theme of rehabilitation. Not only that the conferences address psychological and physical aspects of rehabilitation but also longevity and healthy aging through exercise, healthy lifestyle, eating habits and choices of the right ingredients such as salt, sugar, oil, and supplements thus preventing deterioration of quality of life.

I hope the discussion and studies to be of great value for the debilitated people and for the future of the rehabilitation medicine.