Feasibility and Safety of Left Atrial Appendage Closure Using the LAmbre Device in Patients with Nonvalvular Atrial Fibrillation with or Without Prior Catheter Ablation
A Single Centre Experience
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Summary
Left atrial appendage (LAA) closure (LAAC) has emerged as an alternative therapeutic approach to medical therapy for stroke prevention in patients with nonvalvular atrial fibrillation (NVAF). However, complex LAA anatomy may preclude its use. LAmbre is a new, self-expanding LAA occluder, and is highly adaptable to different LAA morphologies. We explored the feasibility, safety, and efficacy of LAAC using LAmbre device in NVAF patients with or without prior catheter ablation (CA). LAAC using LAmbre device was applied in NVAF patients with (group C) or without (group N) prior CA. Transesophageal echocardiography (TEE) was performed at 3, and 12 months post-LAAC. Among 17 LAAC patients (group C, 6 & group N, 11), 4 cases were implanted with special type devices, 5 were implanted with large devices. Besides one case of cardiac tamponade (N group), there were two minor peri-procedural complications only. Successful sealing of the LAA was documented in all the patients (100%) by TEE both post LAAC and at 3 months. At 3 months, no residual flow was achieved in 11 patients (64.7%); six patients (35.3%) had residual flow < 5 mm. There was no device dislocation or leakage during the mean of 30 months follow up. At 545 days after LAAC, one patient in group C experienced sudden death. Baseline, peri-procedural, and follow-up characteristics were similar between two groups (P > 0.05). LAAC with LAmbre device, subsequent to prior CA for AF, can be performed successfully and safely. The design and distinguishing features of this device could be of help in patients with complex anatomy of LAA.

Key words: Special type device, Complication, Residual flow, Occlusion, Stroke

Atrial fibrillation (AF) is the most common arrhythmia. Stroke is the most devastating complication of AF, accounting for 15% to 20% of all strokes. Oral anticoagulation (OAC) is indicated to prevent thromboembolic events. The left atrial appendage is the primary source for thrombus formation and cardiac embolism in patients with non-valvular AF. Left atrial appendage device closure (LAAC) can be a meaningful alternative to OAC for patients who could not tolerate OAC, and is increasingly applied clinically for stroke prevention in AF patients.

Several studies have indicated that catheter ablation (CA) provides efficacious rhythm control for patients with symptomatic and drug refractory AF, and might be beneficial for reducing the risk of stroke. However, other studies have shown that patients may continue to have asymptomatic episodes of AF after apparently successful CA10 and the risk of stroke remains high in these patients. Thus, OAC should not be discontinued post-CA in higher risk patients.12

Recently, as a two-pronged strategy, the combination of LAAC with CA in a single session, has been tested as a comprehensive way to improve the symptoms while at the same time reducing the incidence of stroke without the need to take OAC in selected high-risk AF patients. Clinical studies have confirmed that hybrid procedure (CA plus LAAC) could be performed successfully and safely in a single procedure, with a lower than expected stroke rate. In addition, previous studies have showed that CA following prior LAAC was feasible and efficacious, and was not linked with intra-procedural or peri-procedural device interference, dislocation, or leakage. However, clinical observation on the safety and efficacy of LAAC in nonvalvular AF (NVAF) patients with prior CA is scanty now.

Currently, Watchman and Amplatzer Cardiac Plug are the two mostly implanted LAAC devices worldwide and numerous studies have demonstrated the satisfactory clini-
ational results of these two devices. LAmbre™ is a new, self-
expanding LAA occluder constructed from a nitinol mesh
and frame with polyester membranes. It consists of an
umbrella and a cover connected by a short central waist. Until
now, clinical data on LAmbre™ device use is rare. In the present
study, we reported the feasibility and safety of LAAC with LAmbre in the presence or ab-
sence of prior CA procedures.

Methods
Patient selection: The previous trial (clinicaltrials.gov
identifier NCT02029014) was an open-label, nonrandom-
ized, prospective, multicenter study, which has demon-
strated the safety, feasibility, and efficacy of deploying the
LAmbre LAA occlusion device for stroke prevention in AF. This study population is composed of all patients per-
formed in Xinhua Hospital Affiliated to Shanghai Jiao
Tong University, School of Medicine for the trial. Patients
with symptomatic NVAF referring for LAAC with or
without prior CA from August to December 2014 were
included in this study. This study was approved by the in-
stitutional review board for human research and complied
with the Declaration of Helsinki. Since LAAC was not re-
imbursed in China, the procedures were financed by a Re-
search Funding grant, up to a maximum of 18 procedures
per year.

Pulmonary venous atrium isolation (PVAI) ablation
was performed in paroxysmal AF patients and stepwise
ablation in non-paroxysmal AF patients. The risks of
stroke and bleeding were determined according to the
CHADS, and the HAS-BLED scores. The indications for
LAAC were NVAF, over 18 years of age, with an in-
creased risk of stroke (CHADS2 score > 1), a contrain-
dication for and/or failure of OAC (e.g., embolic event in
the past), and presence of prior CA procedures. LAAC was
performed in paroxysmal AF patients and stepwise
ablation in non-paroxysmal AF patients. The risks of
stroke and bleeding were determined according to the
CHADS, and the HAS-BLED scores. The indications for
LAAC were NVAF, over 18 years of age, with an in-
creased risk of stroke (CHADS2 score > 1), a contrain-
dication for and/or failure of OAC (e.g., embolic event in
spite of adequate OAC). As described in detail previ-
ously, the exclusion criteria were as follows: sympto-
matic patients with carotid artery disease, left ventricular
ejection fraction < 30%, acute myocardial infarction or
unstable angina, acute infective endocarditic, stroke or
transient ischemic attack within 30 days, cardiac tumors
or other malignancy with estimated life expectancy < 2
years, presence of thrombus in the heart, pregnancy, pres-
ence of a prosthetic valve, LAA orifice diameter ≤ 12
mm, a known allergy to nitinol. All the patients were
evaluated by an electrophysiologist in the outpatient clinic
for eligibility, and all the participants signed a written
consent form. Transesophageal echocardiography (TEE)
was performed to assess LAA anatomy, and exclude LAA
thrombus and significant structural cardiac abnormalities
such as congenital absence in all the patients within 1
week before the LAAC procedure. All the data were col-
glected prospectively by means of a web-based database.

LAAC procedure: LAAC was performed with the LAAmbre™ device (Lifetech Scientific Corp., Shenzhen, China). The details of the device and procedure have been de-
scribed elsewhere. Briefly, all the procedures were
guided by TEE, and after a single transseptal puncture by
use of the modified Brockenbrough technique and an 8 Fr
SL1 transseptal sheath (St. Jude Medical), systemic antico-
agulation was made with intravenous heparin (100 u/kg,
bolus) to maintain an activated clotting time of 300 sec-
onds. Then, the SL1 transseptal sheath was exchanged for the appropriate delivery sheath. A 5 Fr pigtail catheter
was advanced into the LAA via the delivery sheath, and
LAA angiograms were performed. The diameters of the
orifice and length of the LAA were measured from the re-
spective LAA angiograms (right anterior oblique 30° and
caudal 20°).

Then, the delivery sheath containing the device was
placed on the proximal part of the LAA. The umbrella of
the device was partially deployed by slowly pushing out
from the delivery sheath. Thereafter, the whole system
was gently pushed “en-bloc” forward to the desired land-
ing zone to allow for better flowering of the umbrella and
grappling of the LAA walls by the retention hooks. Then,
the sheath was withdrawn to expose the cover, allowing it
to expand in the left atrium and covering the LAA ostium by
gently pushing the delivery cable forward. Once the
device was placed in the LAA, left atrial angiogram and
TEE were performed to check the device positioning,
LAA sealing, and impingement on surrounding cardiac
structures. A gentle tug test by applying tension to the
delivery cable was performed to ensure the device stability.
The device would be released from the delivery cable
once acute procedural success was achieved, or the device
would be intentionally retrieved and redeployed. After the
release of the device, TEE was performed to check fur-
ther.

After the procedure, all the patients were continu-
ously monitored and received intravenous heparin (10000
u, continuous infusion) for 24 hours, and then, both aspi-
rin (100 mg daily) and clopidogrel (75 mg daily) were
either resumed or started as standard of care. The patients
were discharged on the following day after X-ray and
TEE to exclude device dislocation, embolization, and peri-
cardial effusion.

Follow-up: The patients were followed up by their treat-
ing electrophysiologist in the outpatient clinic at 1, 3, 6,
and 12 months after the procedure. To evaluate the device
position, residual flow, and thrombus formation, TEE was
performed at 3 months and 12 months.

All the patients were prescribed aspirin and clopidog-
rel for 3 months after the procedure. After 3 months, the
patients with successful sealing were then only switched
to aspirin indefinitely unless contraindicated. OAC was
prescribed if the criteria for successful sealing were not
met, and in the patients with thrombus formation on left
atrium or device. Long-term follow-up was advised for
the patients as indicated.

Discretion: Acute procedural success is defined as proper
and stable implant in the LAA without peri-device leak-
age (unsuccessful sealing) or impingement on surrounding
heart structure. Sealing was considered successful when
there was either no flow (complete) or the presence
of a minimal residual flow of < 5 mm2 on the contrary,
unsuccessful sealing was considered when a remaining jet
was ≥ 5 mm or in an unsatisfactory position such as im-
ingement on surrounding cardiac structures. Owing to
the unsatisfactory position, or remaining jet, the device
was retrieved and repositioned, or even exchanged until
successfully deploy. The redeploy count and exchanged
device were documented.

The definitions and reporting requirements for adverse event (AE) and serious AE (SAE) are based on a previous report and are defined in the study protocol. Major adverse events were defined as death, stroke, systemic embolism, and major bleedings requiring invasive treatment or blood transfusion. Ischemic stroke was defined as the sudden onset of a focal neurological deficit in the distribution of a single brain artery with symptoms and/or signs persisting ≥ 24 hours, or when ≤ 24 hours if accompanied by the evidence of tissue loss without hemorrhage based on computed tomography or magnetic resonance brain imaging. Freedom from left atrial arrhythmias was described after a blanking period of 3 months.

Two parameters are required for the decision-making of device selection: the cover diameter and the umbrella diameter. The former would be 4-8 mm larger than the measured LAA orifice, based on the clinical judgment of the implanting physician, and the latter is usually 4 to 6 mm larger in diameter than landing zone. The LAA landing zone diameter is used for the selection of the device size.

The general type device is used if the cover is 4 to 6 mm larger in diameter than the umbrella. Otherwise, if it is > 6 mm, i.e., the device has a large cover with a small umbrella, the special type device (a large cover with a small umbrella) is used. A large device is defined as the diameter of cover ≥ 35 mm.

Statistics: Descriptive statistics were used to report the patient characteristics. Continuous variables with normal distribution were reported as mean ± SD. Median (25th to 75th percentiles) was used with abnormal distribution. Percentages were used to report categorical variables. All the statistical analyses were performed in SPSS software (version 22.0, SPSS Inc., Chicago, Illinois).

Results

Baseline characteristics: Eleven out of the 28 screened patients were excluded from the study according to the exclusion criteria. Consequently, 18 patients were registered in the LAAC cohort. One of these patients was excluded from the analysis because of LAAC with Watchman device. Finally, 17 consecutive patients with a history of symptomatic NV AF were analyzed (Figure 1). The mean age was 71.4 ± 7.8 years, and seven patients (41.2%) were male. Hypertension was present in all the patients. Persistent AF, ischemic stroke, diabetes mellitus, congestive heart failure, percutaneous transluminal coronary intervention, and frequent ventricular premature con-traction (VPC) (> 1,000 per 24 hours) were found in 14 patients (82.4%), 8 patients (47.1%), 2 patients (11.8%), 3 patients (17.6%), and 2 patients (11.8%), 1 patients (5.9%) respectively.
Among the 17 patients, six patients (35.3%) with prior CA were defined as group C, 11 patients (64.7%) without prior CA were defined as group N. Dense spontaneous echo contrast in the left atrium was found in 8 patients (47.1%) by TEE (2 in group C, 6 in group N) and LAA angiogram, the mean diameter of the LAA “neck” was 20.9 ± 3.6 mm at the landing zone and 25.9 ± 5.3 mm at the ostium. A large ostium (> 30 mm) was seen in four patients (23.5%), and multi-lobed LAA was seen in 13 patients (76.5%).

Among 6 patients in group C, 5 cases were non-paroxysmal AF and had previously stepwise CA, another one was paroxysmal AF and had had PAVI previously, while in group N, all the 11 cases were non-paroxysmal AF. The demographic and baseline characteristics were similar between the two groups (all P > 0.05) (Table I).

**Procedural characteristics:** In all the 17 patients, 13 cases were implanted with general type devices and 4 with special type devices (a large cover with a small umbrella) (Figure 2). Among the 17 devices, 5 were large (cover diameter ≥ 35 mm), and all the LAmbre™ devices were implanted successfully (100%). LAAC was achieved with a mean procedure time of 67.2 ± 11.9 minutes, fluoroscopy time of 18.6 ± 14.4 minutes, redeploy count of 1.76 ± 1.03 times. Device implantation was managed with the first device selected in 94% (16) of the successful cases, and in 5.9% (1 case), a second device was needed. The device exchange count was 0.06 ± 0.24 times. By TEE after the device was released, two patients had residual flow < 5 mm, other cases were documented as no residual flow, which indicated successful sealing of all the LAA (100%).

During the time of the procedure, the device was retrieved and repositioned for four times in one patient owing to the unsatisfactory position, which resulted in cardiac tamponade managed successfully by emergency pericardiocentesis. Then, the patient was switched to a smaller device (diameter = 32/36 mm) and LAAC was successful at the end.

Besides the cardiac tamponade in 1 patient, there were 2 other minor peri-procedure complications related to procedure: one patient developed a small tongue hematoma, and one patient developed a small groin hematoma. All the patients were discharged the next day after X-ray and TTE confirmation of the satisfactory device positioned in the LAA. Table II summarizes the procedural parameters.

From Table II, we can see that the total procedure time, fluoroscopy time, redeploy count, device exchange count, and peri-procedure complications were not significantly different between the two groups (all \( P > 0.05 \)).

**Follow up results at 90 days and one-year post procedure:** Successful sealing of the LAA was documented in all the patients (100%) at 3 months post LAAC by TEE. Complete sealing was seen in 11 cases (64.7%), small residual flow < 5 mm was seen in six other patients (35.3%), and there was no thrombus on the device. Repeated TEE at 12 months showed complete sealing in additional four patients, and minimal residual flow of < 5 mm was seen in the remaining two patients (18.2%). Neither residual flow ≥ 5 mm nor asymptomatic device embolization/thrombus was observed and the success rate of LAAC remained as 100% during the 12 months follow-up (Table III).

**Safety:** In the present study, seven patients experienced 15 SAEs within 12 months post LAAC, of which one was deemed by the investigators to be related to the device or the implant procedure (5.9%). No clinical neurological or embolic events were detected based on patient symptom reporting during follow-up to date since device implantation. During the mean follow-up period of 30 months, none of the patients had thrombus formation on the surface of the device or left atrium; however, dense spontaneous echo contrast in the left atrium was documented in four patients (23.5%, 3 at 12 months, 1 at 22 months) (Table III). Another patient used clopidogrel instead of aspirin due to having had gastorrhagia previously. Three patients experienced minor procedural or device unrelated bleeding event (Table II). In group C, a patient with minimal residual flow 2.5 mm at peri-procedure period died suddenly at 545 days after LAAC (Table III).

From Table III, we can see that the residual flow,
Figure 2. Fluoroscopy and TEE of LAA closure with a special type LAmble device (22/34 mm). A: LAA angiography before closure. B: LAA angiography after closure with a special type device well-positioned in the LAA. C: TEE examination before LAA closure. D: TEE examination after LAA closure. Angiographic and TEE examinations suggest that a special type LAmble device completely occluded the LAA, and there is no significant peridevice leak. LAA indicates left atrial appendage; and TEE, transesophageal echocardiography.

Table II. Procedural Characteristics in Patients with LAAC Procedure (x± SD) (n = 17)

<table>
<thead>
<tr>
<th></th>
<th>Total (n = 17)</th>
<th>Group C (n = 6)</th>
<th>Group N (n = 11)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>LAA ostium width (mm)</td>
<td>25.7 ± 5.5</td>
<td>24.4 ± 5.1</td>
<td>26.7 ± 5.4</td>
<td>0.412</td>
</tr>
<tr>
<td>LAA length (mm)</td>
<td>29.1 ± 6.7</td>
<td>28.1 ± 8.6</td>
<td>27.4 ± 4.9</td>
<td>0.855</td>
</tr>
<tr>
<td>Landing zone (mm)</td>
<td>21.5 ± 4.0</td>
<td>22.1 ± 5.4</td>
<td>20.3 ± 2.2</td>
<td>0.330</td>
</tr>
<tr>
<td>LA diameter (mm)</td>
<td>45.6 ± 5.3</td>
<td>44.4 ± 6.1</td>
<td>44.7 ± 5.1</td>
<td>0.547</td>
</tr>
<tr>
<td>Multi-lobed LAA, n (%)</td>
<td>13 (76.5%)</td>
<td>4 (66.7%)</td>
<td>9 (81.8%)</td>
<td>0.916</td>
</tr>
<tr>
<td>Dense spontaneous echo contrast, n (%)</td>
<td>8 (47.1%)</td>
<td>2 (33.3%)</td>
<td>6 (54.5%)</td>
<td>0.742</td>
</tr>
<tr>
<td>Umbrella Size (mm)</td>
<td>26.9 ± 4.9</td>
<td>28.0 ± 6.1</td>
<td>24.4 ± 3.2</td>
<td>0.122</td>
</tr>
<tr>
<td>Cover Size (mm)</td>
<td>32.9 ± 4.6</td>
<td>33.0 ± 5.5</td>
<td>32.9 ± 4.3</td>
<td>0.773</td>
</tr>
<tr>
<td>Procedure Time (minutes)</td>
<td>67.2 ± 11.9</td>
<td>69.5 ± 11.2</td>
<td>66.0 ± 12.6</td>
<td>0.578</td>
</tr>
<tr>
<td>Fluoroscopic Time (minutes)</td>
<td>18.8 ± 12.2</td>
<td>19.3 ± 11.5</td>
<td>18.1 ± 13.8</td>
<td>0.432</td>
</tr>
<tr>
<td>Redeploy Count (times)</td>
<td>1.76 ± 1.03</td>
<td>2.0 ± 1.1</td>
<td>1.6 ± 1.0</td>
<td>0.506</td>
</tr>
<tr>
<td>Case with Device Exchange, n (%)</td>
<td>1 (5.90%)</td>
<td>1 (16.7%)</td>
<td>0 (0.00%)</td>
<td>0.353</td>
</tr>
<tr>
<td>No Residual Flow, n (%)</td>
<td>15 (88.2%)</td>
<td>4 (66.7%)</td>
<td>11 (100%)</td>
<td>0.110</td>
</tr>
<tr>
<td>Residual Flow &lt; 5 mm, n (%)</td>
<td>2 (11.8%)</td>
<td>2 (33.3%)</td>
<td>0 (0.00%)</td>
<td>0.110</td>
</tr>
<tr>
<td>Residual Flow ≥ 5 mm, n (%)</td>
<td>0 (0.00%)</td>
<td>0 (0.00%)</td>
<td>0 (0.00%)</td>
<td>-</td>
</tr>
<tr>
<td>Cardiac Tamponade, n (%)</td>
<td>1 (5.90%)</td>
<td>0 (0.00%)</td>
<td>1 (9.10%)</td>
<td>0.647</td>
</tr>
<tr>
<td>Minor bleeding event, n (%)</td>
<td>2 (11.8%)</td>
<td>1 (16.7%)</td>
<td>1 (9.1%)</td>
<td>1.000</td>
</tr>
</tbody>
</table>

LA indicates left atrial; and LAA, left atrial appendage

pericardial effusion, dense spontaneous echo contrast, and MAE were not significantly different between the two groups through 30 months of follow-up (all P > 0.05).

Discussion

The results of this study demonstrate the feasibility and safety of LAmble™ implant procedures, subsequent to prior CA, with satisfactory LAA occlusion maintained
Ablation-induced tissue injury at the ostium of the LAA following left atrial CA was frequently observed on TEE during the procedures, and maybe affected LAAC. However, LAAC combined with CA for AF can be performed successfully and safely in a single procedure, with a lower than expected stroke rate. 

Maybe the injured LAA ostium tissue caused by prior CA will change in nature or structure or will be interfered with intra-procedural, peri-procedural device interference, dislocation, or leakage. However, the data about that is rare. Our data showed that both in group C and group N, the ostium width and length of LAA, landing zone, LA diameter were not significantly different (all P > 0.05). In other words, prior CA did not cause a change in the structure of LAA. According to our data, the total procedure time, fluoroscopy time, redeploy count, device exchange count, and peri-procedure complications were not significantly different between two groups. In other words, prior CA did not increase the difficulty and risk of LAAC.

Recently, percutaneous LAAC devices were introduced for stroke prevention in patients with NVAF, and their safety and feasibility have been demonstrated in large clinical trials. In addition, recent data have shown that complete LAAC by device resulted in a reduction of AF burden, specifically in patients with proven LAA ectopy. Therefore, LAAC could be an effective alternative to OAC for stroke prevention in patients with non-valvular AF. 

LAmbré is a novel, self-expanding LAAC device. Its main advantages include a small delivery system and the ability to be fully retrievable and repositionable during implantation. The avoidance of deep seating of the delivery catheter into the LAA during deployment can potentially reduce the risk of LAA perforation. 

Data, especially clinical data, about LAmbré device is rare. To the best of our knowledge, this is the first report of LAAC with the LAmbré device in patients with prior CA.

Our data also showed that a 100% success rate of implanting LAmbré device and a 100% adequate LAA sealing rate were achieved in both group C and group N. In this case series, no clinical thromboembolic events were detected in a cohort with a mean CHADS2 score of 2.5 ± 1.1 over a follow-up time of up to 30 months.

Although LAAC is becoming a new-emerging procedure worldwide for stroke prevention in AF patients, there are still some anatomic features of LAA, which significantly limits its use. Since the most popular devices do not allow the closure of very large LAAs, the size of the LAA is one of the current limitations. The LAmbré device is highly adaptable to different LAA morphologies and, thus, it can be very useful in difficult anatomies, such as chicken wing anatomies with a very short implantation zone or conical LAA with a large size difference between the ostium and the medial part of the LAA. The combination of distal hooks, the U-shaped ends, and the central waist design of LAmbré may be helpful to achieve complete sealing and to prevent embolization in complex cases. Our data showed the successful experience of special type devices used in four patients, large device used in five patients, indicating the superiority of LAmbré design.

Study limitations: The present study has several limitations, including nonrandomized single-center study and the small number of patients enrolled in this study. The follow-up assessments for embolic events were detected based on patients’ symptom and, thus, the occurrence rate might be underestimated. TEE assessment was relatively invasive and low-throughput and was performed at 3 and 12 months after LAAC and, therefore, transient thrombus formation in the interval phase after LAAC cannot be excluded. However, the relatively long follow-up time makes the data solid to interpret key events. In the current study, stepwise CA, more extensive ablation in the left atrium, might increase the possibility of iatrogenic damage to the ostium of LAA. However, the data about that is rare. Thus, more clinical trials are needed to confirm the iatrogenic damage further.
Conclusions

LAA closure with LAmbre™ device, subsequent to prior CA, is safe and feasible for stroke prevention in symptomatic NVAF patients. The design and distinguishing features of this device could be of help in patients with complex anatomy of LAA.

Disclosures

Conflicts of interest: The authors report no relationships that could be construed as a conflict of interest.

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