MicroRNA-138 Suppresses Osteoblastic Differentiation of Valvular Interstitial Cells in Degenerative Calcific Aortic Valve Disease

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Summary
The aim of this study was to explore the function of miR-138 in the pathogenesis of degenerative calcific aortic valve disease (DCAVD).

Aortic valve calcification tissue and normal tissue from DCAVD patients were collected to detect the expression of miR-138 by qRT-PCR, and immunohistochemical staining was performed to identify the phenotype of valve interstitial cells. QRT-PCR was performed to analyze the expression of miR-138, Runx2, MSX2, and ALP at day 7 after osteogenic differentiation. Alkaline phosphatase activity assay was performed at day 14 after osteogenic differentiation. Alizarin red staining was used to analyze the calcium nodule formation. TargetScan was used to predict potential targets of miR-138. QRT-PCR and Western blotting were performed to analyze the expression of FOXC1 in valve interstitial cells (VICs). The aortic valve calcification was evaluated by quantitative analysis of the velocity in the aortic annulus and transvalvular pressure gradients.

In this study, we demonstrated the role of miR-138 in VIC osteogenesis. QRT-PCR results revealed miR-138 was significantly down-regulated in calcified aortic valves compared with non-calcified valves. MiR-138 overexpression inhibited VIC osteogenic differentiation in vitro, while down-regulation of miR-138 enhanced the process. Target prediction analysis and dual-luciferase reporter assay confirmed FOXC1 was a direct target of miR-138. Further research found FOXC1 overexpression promoted VIC osteogenic differentiation. In addition, animal experiments validated indirectly miR-138 could suppress aortic valve calcification.

Our findings suggest miR-138 could function as a new inhibitor of VIC osteogenic differentiation, which may act by targeting FOXC1.

Key words: FOXC1

Degenerative calcific aortic valve disease (DCAVD) is a valvular disease characterized by large amounts of calcium deposits in the valve in the elderly population. DCAVD has a prevalence rate of 20% to 30% in people over age 65, and up to 48% in those over age 85. Changes in the form and structure of the heart valve connective tissue leads the valve and its affiliated normal function to be damaged. The main manifestations in the aortic valve are thickening and calcification, which eventually lead to cardiovascular diseases and related complications over time, such as left ventricular hypertrophy, congestive heart failure, angina, malignant arrhythmia, and sudden death. At present, the treatment of DCAVD relies mainly on surgical repair and replacement since there is no effective drug to prevent and cure the disease, which imposes an enormous economic burden on the patient and society. Therefore, it is meaningful and valuable for society to investigate the pathogenesis of DCAVD and to seek appropriate treatment of the disease.

DCAVD has traditionally been considered a passive and nonmodifiable wear-and-tear disease process that develops with advancing age. However, accumulating cellular and molecular biology studies have shown that the calcification process is active, involving a series of pathophysiological changes, such as chronic inflammatory reaction, lipid infiltration, calcium salt deposition, neovascularization, and oxidative stress. The pathogenesis of DCAVD remains unclear, and further study is needed.

Valve interstitial cells (VICs) are the main cells that regulate aortic valve structure and function in cardiac valve leaflets, which play a key role in calcific aortic valve disease progression. Studies have shown that the regulatory pathways of calcific aortic valve disease include the activation of VICs in addition to increased expression of related transcription factors that regulate the earliest events of valvulogenensis. Venardos, et al, used isolated human VICs from aortic, pulmonary mitral, and tricuspid valves to determine the differences in TLR-4-induced expression of an osteogenic phenotype, and demonstrated that TLR-4 stimulation induced an osteogenic and inflammation-related gene expression profile.

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phenotype only in aortic VICs.\textsuperscript{9} Other studies have found that VICs acquire an osteogenic phenotype during valve remodeling in calcific aortic valve disease and might be responsible for the formation of calcific nodules observed in the diseased valves.\textsuperscript{10} The above study indicated that VICs differentiating into osteoblasts may provide an important basis for the development of DCAVD.

MicroRNAs are important short non-coding regulatory molecules in cells, which can participate in regulating many physiological and pathological processes. It has been reported that miR-204 suppressed the transformation of bone marrow mesenchymal cells into osteoblasts by inhibiting the expression activity of Runx2.\textsuperscript{11} MiR-145 can regulate the process of osteodifferentiation by targeting transcription factor Cbfb.\textsuperscript{10} A recent study of retrograde calcification valves found that miR-141 was involved in inhibiting the expression of Runx2 and Smad1 protein.\textsuperscript{12} However, our knowledge concerning the function of miRNAs in DCAVD is still in its infancy, and the role of more miRNAs in osteoblast differentiation needs to be further studied.

MicroRNA 138 (miR-138) has been shown to regulate a number of biological processes, including developmental events tied to cell differentiation.\textsuperscript{13} A study found that Runx2 phosphorylation were decreased by the role of miR-138 with protein tyrosine kinase 2, which inhibited osteoblast differentiation eventually.\textsuperscript{14} At present, the expression and function of miR-138 in cardiac valvular disease are still under investigation. Therefore, our findings about the exploration and verification of relevant microRNA may provide valuable information for the prevention and control of DCAVD at the molecular level.

Methods

Ethics statements: The study protocol was approved by the Ethical Committee of Qianfoshan Hospital of Shan-dong University and informed consent was obtained from all human donors. All experiments were performed in accordance with the relevant guidelines and regulations. All animal experimental procedures were approved by the institutional review board of Qianfoshan Hospital.

Calcific aortic valve collection: Samples were obtained from 10 DCAVD patients who had undergone aortic valve replacement. Exclusion criteria included non-stenotic, congenital aortic valve disease, autoimmune disease, genetic disease, and rheumatic aortic valve disease. The informed consent form was signed before the surgery. Two samples were taken from each patient: one sample was from a calcified valve, and the other was obtained from non-calcified tissue that served as a control. All samples were resected during the operation and immediately placed in pairs in liquid nitrogen for subsequent study. At the same time, pathological examinations of tissue samples from 10 patients were performed to confirm the accuracy of the tissue sampling and trimming.

miRNA real-time quantitative PCR: MiR-138 was extracted using an miRVana extraction kit (Ambion, Austin, TX). For miR-138 quantification, 10 ng total RNA was reverse transcribed and amplified using an miRNA reverse transcription and detection kit (Applied Biosystems, USA). All results were normalized to U6 levels, which were determined using an ABI miRNA U6 assay kit (Applied Biosystems, USA).

VIC isolation and cell culture: Normal aortic valves were derived from patients who had undergone acute Stanford A aortic dissection. The non-leaflet tissues were carefully eliminated after effective removal of the endothelial layer of the aortic and ventricular aspects, and then the valves were immersed in 0.25% trypsin at 37°C for 5 minutes. The samples were then cut into pieces and digested for an additional 2 hours at 37°C. Primary VICs were then isolated by cell culture (Dulbecco’s modified eagle medium supplemented with penicillin and streptomycin, minimum essential medium (MEM) non-essential amino acid, sodium pyruvate, and 10% FBS) at 37°C under a 5% carbon dioxide atmosphere. The purity of the VICs was confirmed by microscopic examination and evaluation of the expression of marker proteins.

Cell phenotype identification: Cell phenotype identification was performed in a primary valvular mesenchymal cell culture to the third generation. The VICs were first washed 2-3 times with PBS, fixed with more than 4% polyformaldehyde, rinsed 3 times with PBS, treated with 0.2% Triton-100 X at room temperature for 15 minutes, rinsed twice with PBS for 5 minutes each time, then cells were blocked with 1% BSA and incubated overnight at 4°C with primary antibodies at 1:100 dilution (rabbit anti-α-SMA and mouse anti-vimentin, Sigma). After being washed three times with PBS the secondary antibodies were added at 1:100 dilution (goat-anti-rabbit, Alexa Fluor 488 and goat-anti-mouse IgG, AlexaFlour 568 Sigma). After the cells were washed three times with PBS, images were acquired by confocal laser scanning microscopy (LSMS10 META, Carl Zeiss, Heidenheim, Germany).

Transient transfection and cell treatments: VICs were seeded at a density of 3 × 106 cells in 6-well plates (Corning Costar, USA). When the cells reached 70-80% confluence, they were individually transfected with 50-nmol/L miR-138 mimic, 50-nmol/L miR-138 inhibitor, 50-nmol/L FOXC1 overexpression, or 50-nmol/L FOXC1 siRNA (GenePharma Co., Ltd, Shanghai, China) in OPTI-MEMI reduced serum medium (Invitrogen, USA) using lipofectamine 2000 (Invitrogen, USA) according to the manufacturer’s protocol. Transfection efficiency was measured in a preliminary test. Osteogenic differentiation was subsequently induced for 7 or 14 days after transfection by culturing cells in osteogenic differentiation medium (growth medium supplemented with 500-ng/mL BMP-2, 100-nmol/L dexamethasone, 50-µg/mL ascorbic acid, and 10-nmol/L β-glycerophosphate).

mRNA quantitative real-time PCR: The mRNA expressions of Runx2, MSX2, ALP, and FOXC1 were detected using qRT-PCR. Total RNA was extracted with TRIzol reagent (Invitrogen, USA). A Power SYBR Green RT-PCR Kit (Invitrogen, USA) and Bio-RAD CFX96 Real-Time System (Bio-RAD) were used for quantitative RT-PCR analysis. Data were normalized to the reference gene GAPDH for each cDNA sample.
Alkaline phosphatase activity assay: The osteogenic phenotype was determined based on the alkaline phosphatase (ALP) activity, which is an early osteoblastic differentiation marker. The ALP activity assay was conducted after 7 days of osteogenic differentiation. Cells were washed twice with phosphate buffered saline solution (PBS) and lysed with 150 μL of NP-40 lysis buffer (Beiyotime, China). The cell lysates were quantified with a alkaline phosphatase assay kit (Beiyotime, China) using p-nitrophenyl phosphate (pNPP) as the substrate. In the presence of magnesium ions, pNPP was hydrolyzed by phosphatases to phosphate and p-nitrophenol. The rate of p-nitrophenol liberation is proportional to the ALP activity and can be measured photometrically. The ALP activity was measured using a spectrophotometer at 405 nm.

Alizarin red staining: Alizarin red staining was conducted after 14 days of osteogenic differentiation to test matrix mineralization deposition, which appears at later stages of bone formation. In short, treated cells were washed twice with PBS, fixed in 95% ethanol for 10 minutes, washed with distilled water, and stained using Alizarin Red solution (1 g Tris and 0.1 g Alizarin Red (Sigma-Aldrich) in 100 mL ultrapure water; the pH was adjusted to 8.3 with HCl) at 37°C for 30 minutes. Matrix calcification in alizarin red staining was manifested with red deposition.

Dual luciferase reporter assay: The 3'-UTR of human gene FOXC1 was amplified from human cDNA. The wide-type fragment containing the predicted miR-138 binding site and its mutant fragment, designed to carry sites for SacI (5' end) and XbaI (3' end) at their ends, were obtained from 3'-UTR of FOXC1. Amplicons were cleaved with SacI and XbaI and inserted between SacI and XbaI cleavage sites of pmirGLO vector (Promega, USA). A total of 293 T cells were selected on the basis of low endogenous miRNA expression. Cells were seeded in 24-well plates. When 70% to 80% confluence was reached, 800 ng of wild-type or mutant reporter and 20-μmol/L miR-138 mimic, inhibitor (GenePharma Co., Ltd, China) were co-transfected into the 293 T cells using Lipofectamine 2000 (Invitrogen, USA). Twenty-four hours after transfection, firefly and renilla luciferase activities were measured in cell lysates using a dual-luciferase reporter system.

Western blotting: The protein expressions of FOXC1 were measured using Western blotting. The transfected VIC samples were fixed in 4% paraformaldehyde for 30 minutes, and then blocked with 0.2% Triton X-100 and 3% goat serum in PBS. Cell lysate was separated by 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). Primary antibodies that included anti-FOXC1 (ZSGB-BIO, China) and anti-GAPDH (ZSGB-BIO, China) were incubated overnight at 4°C. After washing, the membranes were incubated with secondary anti-rabbit or anti-mouse horseradish peroxidase-conjugated antibodies (ZSGB-BIO, China) for 2 hours at room temperature.

Animal experiments: Agomir-138 and negative controls were purchased from GenePharma (GenePharma Co., Ltd, Shanghai, China). Twenty-eight 10-week-old male Balb/c mice were randomly divided into 4 groups. Each group contained 7 mice. Aortic valve calcification was induced by vitamin D3. The mice were given subcutaneous injections of vitamin D3 at a dose of 500,000-IU/kg body
ROLE OF miR-138 IN PATHOGENESIS OF DCAVD

Figure 2. Overexpression of miR-138 inhibits VIC osteogenic differentiation while low expression of miR-138-5p promotes the process. 

A: qRT-PCR analysis of miR-138-5p expression in VICs transfected with miR-138 mimic at day 7. 
B: qRT-PCR analysis of Runx2, MSX2, and ALP expression at day 7 after osteogenic differentiation. 
C, D: ALP activity at day 14 after osteogenic differentiation. 
E: Alizarin red staining at day 14 after osteogenic differentiation. 
F: qRT-PCR analysis of miR-138-5p expression in VICs transfected with miR-138 inhibitor at day 7. 
G: qRT-PCR analysis of Runx2, MSX2, and ALP expression at day 7 after osteogenic differentiation. 
H, I: ALP activity at day 14 after osteogenic differentiation. 
J: Alizarin red staining at day 14 after osteogenic differentiation.

Results

Characteristics and phenotypes of VICs: The aortic valve calcification and normal tissue from DCAVD patients were collected to detect the expression of miR-138 in retrograde calcified valves and normal smooth valve tissue. The results showed that miR-138 was significantly reduced in the retrograde calcified valve tissue ($P < 0.01$, Figure 1A). The primary cells began to grow with adherence at about 12 hours of primary culture. Early cells were circular and complete, and then gradually spread out. Fusiform cells began to divide and proliferate, forming single layer VICs in a circinate arrangement after 5-7 days (Figure 1B). Cell phenotype identification was performed in the VICs from passage 3, and two marker proteins associated with VICs were characterized by immunohisto-
chemical staining. VICs from passage 3 were positive for α-SMA and vimentin (60%-70% and 100%, respectively), as shown in Figure 1C.

miR-138 inhibits VIC osteogenic differentiation: First, we determined the efficiency of miR-138 transfection by qRT-PCR. The results showed that intracellular miR-138 levels were markedly up-regulated by an miR-138 mimic and significantly down-regulated by an miR-138 inhibitor (Figure 2A, F).

When VICs grew to about 70% to 80% of the culture plate area, a synthetic mimic and inhibitor of miR-138 were transfected into VICs, and calcification induction was performed. To further investigate whether miR-138 regulates VIC osteogenic differentiation, osteogenic capacity was examined by qRT-PCR, ALP activity, and alizarin red staining. The expressions of Runt-related transcription factor 2 (Runx2), msh homeobox-2 (MSX2), and alkaline phosphatase (ALP) were detected after transfection with an miR-138 mimic and inhibitor. Runx2 is a master differentiation marker of osteoblasts and regulates bone formation.17) MSX2 is a homeodomain transcription factor relevant to bone development.18) ALP is extensively used as a marker of osteoblast or osteogenic differentiation, which increases enzymatic activity to an osteoblastic phenotype.19) The results showed that the miR-138 mimic significantly suppressed mRNA expression of Runx2, MSX2, and ALP while miR-138 inhibitor promoted the expression of Runx2, MSX2, and ALP after 7 days of calcification induction (Figure 2B, G). ALP activity was also detected and miR-138 overexpression significantly repressed ALP activity, while miR-138 inhibitor increased ALP activity after 14 days of osteogenic differentiation 14 days (Figure 2C, H). In addition, alizarin red staining was used to analyze calcium nodule formation. As shown in Figure 2D, E, I, and J at the 14th day of calcification induction, decreased calcium nodules were observed in the miR-138 low-expression group. These data demonstrated that miR-138 plays a role in inhibiting VIC osteogenic differentiation.

miR-138 directly targets FOXC1: To clarify the molecular mechanism via which miR-138 regulates osteogenic differentiation of VICs, the miRNA target gene prediction site TargetScan was used to predict potential targets of miR-138. Among the candidates, we found a highly conservative and specific combination sequence between miR-138 and FOXC1 3’UTR (Figure 3A). Our results showed that the miR-138 mimic significantly repressed luciferase activity when cotransfected with reporter containing WT FOXC1 3’UTR but not MT FOXC1 3’UTR (Figure 3A). The synthetic mimic and inhibitor of miR-138 were transfected into VICs. The results showed that miR-138 overexpression significantly suppressed mRNA expression of FOXC1, while the miR-138 inhibitor promoted the expression of FOXC1 (Figure 3B). As shown by Western blotting, FOXC1 protein expression was significantly decreased by the miR-138 mimic at day 7 after calcification induction (Figure 3C). The results of Western blotting were consistent with the quantitative PCR results. The above results indicated that miR-138 directly targets FOXC1.

FOXC1 promotes VIC osteogenic differentiation: To investigate the role of FOXC1 on osteogenic differentiation of VICs, overexpression vectors of FOXC1 were transfected into VICs and low-expression FOXC1 by transfecting VICs with SiRNA (Si-FOXC1). Our results showed that FOXC1 overexpression promoted osteogenic differentiation of VICs, indicated by mRNA expression of Runx2, MSX2, and ALP at day 7 after calcification induction (Figure 4A, B), and ALP activity (Figure 4C) and alizarin red staining (Figure 4D, E) at day 14 after calcification induction, while Si-FOXC1 suppressed osteogenic differentiation of VICs, as indicated by mRNA expression of Runx2, MSX2, and ALP (Figure 4F, G), ALP activity
miR-138 inhibits aortic valve calcification in vivo: As shown in Figure 6A and B, vitamin D$_3$-treated mice showed significantly higher velocity in the aortic annulus and higher transvalvular pressure gradients compared to sham mice, which indirectly confirmed aortic valve calcification was successfully induced. However, compared to the control group, miR-138 overexpression significantly reduced the velocity in the aortic annulus and the transvalvular pressure gradients. Compared to the control group, the results showed that miR-138 levels were markedly up-regulated in the vitamin D3+agomir-138 group (Figure 6C), and agomir-138 significantly suppressed the mRNA expression of FOXC1, Runx2, MSX2, and ALP in the vitamin D3-treated mice (Figure 6D-G). In conclusion, animal experiments demonstrated that miR-138 could alleviate aortic valve calcification in vivo.
Discussion

In this study, we identified the differentially expressed miRNAs of miR-138 by qRT-PCR in non-calcified and calcified aortic valves for the first time. MiR-138 expression was significantly markedly downregulated in degenerative calcified aortic valves. To investigate the osteogenesis differentiation of miR-138 in aortic valve interstitial cells, we conducted osteogenesis induction after the overexpression and low expression of miR-
138 in VICs, and we determined the effects of miR-138 on VIC osteodifferentiation at the cellular, protein, and mRNA levels. The results of ALP activity, alizarin red staining, and osteogene qRT-PCR demonstrated that miR-138 inhibited VIC osteogenesis differentiation. Meanwhile, animal experiment results showed that the overexpression of miR-138 in vivo also plays an inhibitory role in the calcification of aortic valves, which further confirmed miR-138 suppressed the osteoblastic differentiation of valvular interstitial cells in vivo. To investigate the molecular mechanism of VIC osteodifferentiation, we predicted potential targets of miR-138 with TargetScan and found that FOXC1 contains a miR-138 binding site in its 3'UTR, while dual luciferase reporter assay indicated FOXC1 was a target gene of miR-138. Thus, our findings suggest that miR-138 plays a critical role in VIC osteogenic differentiation by directly targeting FOXC1.

MiRNAs are highly conserved evolutionarily in small single-stranded and non-coding RNA molecules, which act as key regulators of diverse biological processes by mediating translational repression or mRNA degradation of their target genes. miRNAs have emerged as crucial regulators of diverse physiological and pathological processes, including cell proliferation, apoptosis, inflammatory response, and in particular cardiovascular diseases. The role of miRNAs in DCAVD pathogenesis has been attracting more and more attention. MiR-24 inhibited the osteogenesis differentiation of stem cells via the regulation of Tcf-1 protein expression, while another report showed microRNA-449c-5p inhibits osteogenic differentiation of human VICs through a Smad4-mediated pathway. Huang, et al. reported that miRNA-204/211 targets Runx2 in bone marrow-derived MSC, stimulates adipocyte differentiation, and inhibits osteoblastic differentiation. Zhang, et al. confirmed that miR-30b can regulate the expression of Runx2, Smadl, and Caspase-3, which play an important role in the calcification and apoptosis of human aortic valve interstitial cell calcification and apoptosis. In this study, miR-138 was found and confirmed to negatively regulate the process of osteogenesis differentiation in human calcified aortic valve by targeting FOXC1.

It has been proven that miR-138 can play a crucial role in the regulation of multiple cell functions. Eskildsen, et al. found that miR-138 functions as a negative regulator of osteogenic differentiation of hMSCs, which results in suppression of the FAK-ERK1/2 signaling pathway. Recently, miR-138 was reported as a negative regulator of adipocyte differentiation of human adipose tissue-derived MSCs. Sun, et al. demonstrated that down-regulation of Noggin and miR-138 coordinately promoted osteogenesis of mesenchymal stem cells. Another study showed that microRNA-138 directly targets TNFAIP8 and acts as a tumor suppressor in osteosarcomas. In the present study, we identified miR-138 as a negative regulator of VIC osteoblast differentiation. Data obtained from in vitro experiments revealed that miR-138 overexpression inhibited osteoblast differentiation. These findings indicate that miR-138 can target the FOXC1 gene, and regulate its expression level to regulate differentiation of human aortic interstitial cells, findings that are consistent with previous studies about the function of miR-138 in osteogenic differentiation.

Previous studies have shown that FOXC1 is closely related to osteogenesis differentiation. FOXC1 has a role in axial skeleton development by interacting with other transcription factors. Inman, et al. proved the absence of FOXC1 affected the neural crest cell derived osteogenic pattern as osteoblasts develop ectopically in the maxillary prominence and fuse with the dentary bone. The forkhead box transcription factor FOXC1 is required for normal development and patterning of bones originating from both endochondral and intramembranous origins. Targeted deletion of the FOXC1 gene in mice results in numerous defects in the axial skeleton. Furthermore, the expressions of two genes critical in the formation of the mouse craniofacial skeleton, Alx4 and Msx2, are reduced in FOXC1 mutant mice.

Conclusion

In the present study, we have successfully demonstrated that FOXC1 protein plays a crucial part in regulating VIC osteogenic differentiation. At the same time, we also proved that FOXC1 is a direct target gene of miR-138 using dual-luciferase reporter assay. Our study also confirmed the function of FOXC1 in regulating osteogenic differentiation of human aortic VICs.

Disclosures

Conflicts of interest: The authors declared no conflict of interest.

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