Effects of Nitroglycerin, Adenosine, Noradrenaline, and Isoproterenol on the Myocardial Oxygen Tension

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SUMMARY

The effects of adenosine, nitroglycerin, noradrenaline, and isoproterenol on the myocardial oxygen tension were studied. The oxygen tension was measured by a polarographic method.

Adenosine and nitroglycerin (intravenous and intracoronary injections) did not produce a beneficial effect on the normal myocardium. Intravenous administration of noradrenaline produced an increase in subendocardial oxygen tension, while intravenous administration of isoproterenol decreased subendocardial oxygen tension. However, intracoronary administration of catecholamines increased myocardial oxygen tension.

These results suggest that in the absence of systemic hemodynamic changes, catecholamines produce a beneficial effect on the normal myocardium, but administration of adenosine and nitroglycerin (intravenous and intracoronary injections) have no beneficial effect.

The effects of several physiological parameters on the myocardial oxygen tension were studied. Pacing with a higher rate resulted in a decrease in subendocardial oxygen tension. When the perfusion pressure was lowered, subendocardial oxygen tension was decreased. When the perfusion pressure was raised, subendocardial oxygen tension was increased.

Additional Indexing Words:
Antianginal agent  Catecholamine  Po2  Physiological parameters  Normal myocardium

It is well established that nitroglycerin is an effective antianginal agent both in the angina of effort and the angina at rest. Anginal pain is generally thought to be due to myocardial hypoxia. Therefore, it is of interest whether nitroglycerin produces an improvement of oxygenation of myocardium. Several years ago, Winbury1 and Weiss2 measured subepicardial and subendocardial tissue oxygen tension (Po2) and reported that intravenous administration of nitroglycerin resulted in a biphasic change in subendocardial Po2, i.e. initial fall followed by a rise over control level. They
further observed that intracoronary injection of nitroglycerin produced only an elevation of subendocardial \( P_{O_2} \). However, as the platinum bare-tip electrodes they used for \( P_{O_2} \) determinations are fraught with errors, especially those resulting from the changes in the coronary blood flow, the author attempted to reexamine the effects of nitroglycerin on the myocardial \( P_{O_2} \) using the hydron-coated gold electrodes (IBC 660-001). In addition, the effects of several physiological factors and endogenous substances on the myocardial \( P_{O_2} \) were also studied.

**Materials and Methods**

1. **Intravenous administration of several agents:**
   Eighteen mongrel dogs of both sexes, weighing from 8 to 16 Kg were anesthetized with subcutaneous morphine (1.5 mg/Kg) followed by urethane (450 mg/Kg) + \( \alpha \)-chloralose (45 mg/Kg) (i.v.) and ventilated artificially with room air via an endotracheal tube with a positive pressure respirator (20/min). Tidal volume was set at 20 ml/Kg. Thoracotomy was performed through the 5th and 6th intercostal spaces. After cutting the pericardium and cradling the heart, the middle third of the left anterior descending coronary artery was isolated from the surrounding tissues. An electromagnetic flowmeter probe (Statham Model 2201) was placed around the artery. Zero-flow references were obtained by occluding the vessel distal to the probe. The calibration was done with isolated arteries of suitable length and diameter, which were cannulated at both ends and perfused with blood at approximately 37°C from a gravity fed reservoir into a graduated cylinder. A catheter was introduced into the right femoral artery to measure mean aortic pressure with a pressure transducer (Nihonkohden LPU 0.5) coupled with a carrier-amplifier (Nihonkohden RP-5). The heart rate was counted with a cardiotachometer (Nihonkohden RT-5), which was triggered by the R wave of the standard limb lead II ECG. Tissue oxygen tension of the subendocardial region was measured with a \( P_{O_2} \) electrode with a response time of less than 30 sec (International Biophysics Corporation 660-001). The diameter of the gold electrode was 20 µm. However, because it was coated with hydron the external diameter was 380 µm. The IBC electrode has been free from pressure or flow artifact and has shown no indication of electrode poisoning. With an adequate equilibration time (20–30 min), the coated electrodes we used showed a negligible drift and excellent reproducibility. The electrode was pierced into an area nourished by the left anterior descending coronary artery. The depth of the electrode and the thickness of the myocardium were measured when the experiment was finished. The electrodes were calibrated in saline (37°C), equilibrated with various concentrations of oxygen. Negative 0.72 V was applied between the \( P_{O_2} \) electrode and the reference electrode (silver/silver chloride). Current flowing between these 2 electrodes was measured by the D.C. amplifier (IBC 630-001) via a photocoupler (Contex-Inc) and recorded on an ink-writing oscillograph (Watanabe WTR 281).

2. **Intracoronary administration of agents:**
   Seventeen mongrel dogs of both sexes weighing from 9 to 18 Kg were used. Anesthesia, respiration, and surgical procedures were the same as in the preceding
section. Heparin (500 unit/Kg) was injected intravenously to heparinize the whole body. The middle third of the left anterior descending coronary artery was isolated from the surrounding tissue, and cannulated. It was perfused with the blood from the right carotid artery. The coronary blood flow was recorded with Statham electromagnetic flowmeter (Model SP 2201) equipped with a cannulating-type probe. With a constant perfusion pressure device (Datagraph SCS 21), the perfusion pressure was maintained at 100 mmHg throughout the entire course of the experiment and was recorded with a pressure transducer (Nihonkohden LPU 0.5). Other procedures were the same as in the preceding section. Drugs were dissolved in 0.9% saline and injected into the rubber-tubing leading into the cannula inserted into the anterior descending branch of the left coronary artery in a volume of 10–30 μl over period of 2–4 sec by microsyringes.

Drugs used were: nitroglycerin provided by Nippon Kayaku as a 10 mg/ml solution in ethanol, adenosine (Sigma Chemical), dl-noradrenaline hydrochloride (Sankyo), and 1-isoproterenol hydrochloride (Nikken Kagaku).

### Results

In 35 control measurements, subendocardial tissue Po2 was 25.6 mmHg ±1.2 (n=35). When the dog was respirated with 95% O2+5% CO2 instead of room air for 10 min, subendocardial Po2 rose by 6 mmHg (Fig. 1). Occlusion of LAD for 2 min resulted in a reduction of subendocardial Po2 by 3 mmHg. On reperfusion, reactive hyperemic responses were observed. However, the subendocardial Po2 did not show any overshoot above the control value; it returned to the control value in 10 min (Fig. 2). In some cases, occlusion of LAD brought about an increase in subendocardial Po2, suggesting that the blood supply to the area was from the circumflex branch.

1. **Intravenous administration of several agents:**
   1) **Effect of adenosine**

Adenosine is thought to be a mediator of the ischemic dilatation of the

![Graph](image-url)

**Fig. 1.** Effect of O2 inhalation (95% O2+5% CO2). ΔPo2 = Changes in myocardial oxygen tension. Vertical bar represents S.E. of the mean. *=p<0.05; **=p<0.01 compared with control by Student’s t-test.
Fig. 2. Effects of coronary occlusion (left anterior descending artery).

$\Delta$CF$_{a}$=Changes in coronary flow; $\Delta$Po$_2$=Changes in myocardial oxygen tension. Vertical bar represents S.E. of the mean. * = $p<0.05$; ** = $p<0.01$ compared with control by Student's t-test.

Although coronary blood flow was increased dose-dependently, there was no significant changes in subendocardial Po$_2$ (Fig. 3).

2) Effect of nitroglycerin

Nitroglycerin in doses of 10, 30, and 100 $\mu$/Kg administered intravenously decreased aortic pressure and increased heart rate. There was
transient increase in coronary flow lasting for only a few minutes. Sub-endocardial Po2 was decreased dose-dependently (Fig. 4). There was a good correlation between the decrease in Po2 (dPo2) and the fall in the blood pressure (dBP), as illustrated in Fig. 5, while there was no significant correlation between the changes in heart rate (dHR) and dPo2 (Fig. 5). Therefore, it may be inferred that the decrease in subendocardial Po2 is a consequence of a decrease in systemic blood pressure.

3) Effect of noradrenaline

Noradrenaline in doses of 1 and 3 μg/Kg administered intravenously
produced a rise of aortic pressure which was associated with a reflex decrease in the heart rate. Coronary flow was increased. Subendocardial \( \text{Po}_2 \) was increased dose-dependently (Fig. 6). There was a good correlation between \( \Delta \text{Po}_2 \) and \( \Delta \text{BP} \) as shown in Fig. 7.

4) Effect of isoproterenol

Isoproterenol in doses of 0.1 and 0.3 \( \mu \text{g/Kg} \) given intravenously produced a fall of aortic pressure and an increase in the heart rate. Although coronary flow was increased dose-dependently, subendocardial \( \text{Po}_2 \) was decreased dose-dependently (Fig. 8). There was a good correlation between \( \Delta \text{HR} \) and \( \Delta \text{Po}_2 \) and between \( \Delta \text{BP} \) and \( \Delta \text{Po}_2 \) (Fig. 9), indicating that the increase in the heart rate and fall of the blood pressure were responsible for the observed decrease in myocardial \( \text{Po}_2 \).
2. Intracoronary (i.a.) administration of several agents:

When drugs were injected i.a., there was no change in the blood pressure or in the heart rate. Under these conditions, adenosine 0.1–30 μg produced a dose-related decrease in Po₂ with a dose-related increase in the coronary flow (Fig. 10). There was no definite change in the heart rate. Nitroglycerin 1–30 μg produced a dose-related increase in coronary flow, while the subendocardial Po₂ was decreased dose-dependently (Fig. 10). Noradrenaline 0.01–0.1 μg produced an increase in the coronary flow and an increase in the subendocardial Po₂. These changes were dose-related as shown in Fig. 11. A larger doses of noradrenaline (0.3–1 μg) also increased coronary flow. However subendocardial Po₂ was decreased after a transient increase. Isoproterenol (0.001–0.03 μg) produced an increase in the coronary flow, and in the subendocardial Po₂ (Fig. 11). However, larger doses of this substance produced a fall of Po₂ after initial rise, although it produced an in-
crease in the coronary flow.

3. Effects of changes in physiological parameters:

1) Effects of pacing

It is well known that there is a close correlation between oxygen consumption and heart rate. In order to delineate the effects of changes in the heart rate on the myocardial Po2, bipolar electrodes were placed on the left atrium and the heart was paced at rates of 180, 210, and 240. Pacing with a higher rate resulted in a decrease in subendocardial Po2, which was associated with an increase in the coronary blood flow (Fig. 12).

2) Effects of the perfusion pressure

The effect of changing the perfusion pressure on the myocardial Po2
was studied in preparations, in which the anterior descending branch was perfused under constant perfusion pressure. When the perfusion pressure was lowered to 75 and 50 mmHg, subendocardial $\text{Po}_2$ was decreased (Fig. 13). At the same time, coronary flow was decreased. When the perfusion pressure was raised to 125 and 150 mmHg, subendocardial $\text{Po}_2$ was increased (Fig. 13). However, owing to the presence of autoregulation, changes in the coronary blood flow were minimal as shown in Fig. 13.
DISCUSSION

Myocardial $Po_2$ we measured reflects a local balance between $O_2$ supply and $O_2$ demand. According to Winbury,4) the oxygen supply to tissue is dependent on

1. proper arterial saturation at the lung
2. adequate coronary inflow
3. proper distribution between epicardium and endocardium
4. capillary circulation
5. transport from blood to tissue
6. transport to mitochondria,

and the oxygen demand is dependent on

1. cardiac fiber length
2. diastolic wall tension
3. systolic pressure and wall tension
4. contractile state
5. heart rate and ejection time

Thus, there are many factors which regulate myocardial $Po_2$.

Although nitroglycerin is an effective antianginal agent, the mechanism of its beneficial effect is still unknown. Fam et al5) reported that intravenous nitroglycerin produced a prolonged increase in the blood flow in ischemic area with no change in the normal area, while Kadatz6) reported a variable and biphasic pattern with nitroglycerin. Winbury1) reported that intravenous administration of nitroglycerin produced an initial decline of endocardial and epicardial $Po_2$. However, as coronary flow and aortic pressure returned to normal level, endocardial $Po_2$ increased above control level while the epicardial $Po_2$ returned to the normal level. These findings indicate that the fall of blood pressure and consequent decrease in blood supply induced by intravenous nitroglycerin was the cause of the decline of endocardial $Po_2$. Although Winbury et al reported that both intravenous and intracoronary administration of nitroglycerin increased nutritional blood flow, Bernstein7) reported that intravenous administration of nitroglycerin decreased nutritional flow, while intracoronary administration increased.

In the present experiment, even the intracoronary administration of nitroglycerin resulted in a decrease in subendocardial $Po_2$. This is in contrast to the findings of Winbury et al1) and Weiss et al2) who showed that the same procedures produced a selective increase in endocardial $Po_2$. The bare tip electrodes used by Winbury and Weiss for $Po_2$ determinations are fraught with a mechanical artifact, while the coated electrodes we used are free from the error,8) although the response is slower. It is true that the diameter of
our electrode is larger (380 \mu m including the hydron coating) compared with
the bare-tip electrodes of Winbury and Weiss (177 \mu m), but the Po2 values
obtained in the present study were quite stable and low, indicating that there
was no severe tissue damage whatsoever. Although this seems to be con-
tradictory to the general belief that the tissue damage is the greater, the
greater the diameter of the electrode is,9) it may be due to the fact that the
hydron became softer once in tissue, causing no serious irritation of the sur-
rounding tissue. A decrease in tissue Po2 produced by adenosine may have
resulted from a steal phenomenon as reported by Cohen,10) who showed that
administration of adenosine increased the coronary blood flow, but reduced
the endocardial blood flow in the ischemic area. There is a possibility that
nitroglycerin also produced a steal phenomenon in the subendocardial area.
The blood flow in the subendocardial region is more critically dependent
upon the perfusion pressure, i.e. the difference between the arterial blood
pressure and the ventricular end-diastolic pressure, than the subepicardial
blood flow and unlike intravenous administration, intraarterial administration
of nitroglycerin could not produce a decrease in the latter due to the lack of
systemic hemodynamic effects. In fact, it is reported by Forman11) that in-
tracoronary administration of nitroglycerin decreased subendocardial blood
flow in the ischemic area.

It is well known that injection of noradrenaline and isoproterenol provoke
anginal attacks. However in the present experiment intracoronary as well as
intravenous administration of noradrenaline increased myocardial Po2, in
agreement with the results obtained by Sayen et al12) that intravenous and
intracoronary injection of noradrenaline increased myocardial Po2. Benefi-
cial effects of intravenous noradrenaline are not difficult to explain, for sub-
endocardial Po2 is dependent on the arterial pressure, as shown in Fig. 7,
and intravenous noradrenaline produces a marked rise of blood pressure.
Why intracoronary noradrenaline produced a beneficial effect is hard to ex-
plain. Presumably the augmentation of the perfusion pressure resulted from
the fall of the ventricular end-diastolic pressure as reported by Shoji et al
(1978)13) brought about a better irrigation of the subendocardial myocardium.
The fact that the intracoronary administration of isoproterenol resulted in a
similar improvement may also be explained on the same basis.

Winsor et al14) reported that intravenous injection of isoproterenol
reduced endocardial Po2. Maroko et al15) reported that intravenous iso-
proterenol produced precordial ST segment elevation. These reports are
consistent with our results. Since intracoronary injection of isoproterenol in-
creased subendocardial Po2 in the present experiments, decrease in Po2
produced by i.v. isoproterenol may be attributed to a fall of blood pressure
combined with positive inotropic and chronotropic effects produced by this substance, as postulated by Rona\textsuperscript{[16]} and Handforth\textsuperscript{[17]} resulting in the cardiac necrosis produced by this substance (Uchida,\textsuperscript{[18]} Winsor et al\textsuperscript{[14]}). The metabolic effect of this substance cannot be ruled out (Rosenblum et al\textsuperscript{[19]}). In conclusion, it may be said that in the absence of systemic hemodynamic changes, and of changes in the gross cardiohemodynamics, especially the increase in the heart rate, injection of noradrenaline and isoproterenol can produce a beneficial effect on the oxygenation of the normal endocardium.

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