Yellow Nail Syndrome in Toenails

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Picture.

A 64-year-old woman was referred to our respiratory department due to bronchiectasis. She had a previous medical history of Ramsay Hunt syndrome one year prior and had suffered from chronic sinusitis since childhood. She generally seemed to be in good physical condition, and the physical examination was normal except for slight lymphedema in the bilateral lower legs and yellow discoloration of the bilateral fingernails (Picture A) and toenails (Picture B). Of note, all of the patient's toenails were excessively curved and thickened and transverse ridging, similar to that observed in the fingernails, was visible. The patient's past medical history revealed that she first felt the slow growth of her toenails 5 years previously, while her fingernails started growing more slowly 3 years previously. Furthermore, for the past three months, she had not needed to clip her nails, thus suggesting interrupted nail growth. The patient was thus diagnosed to have yellow nail syndrome (1, 2) with the prominent symptoms first observed in her toenails.

The authors state that they have no Conflict of Interest (COI).

References

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