[PICTURES IN CLINICAL MEDICINE]

Peliosis Hepatis due to Corticosteroid in Systemic Lupus Erythematosus

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Picture.

A 51-year-old woman was diagnosed with systemic lupus erythematosus (SLE) with nephritis. High-dose corticosteroid and intravenous cyclophosphamide (IVCY) therapy was administered, and the disease activity of SLE was improved; however, a blood examination showed elevated levels of aspartate aminotransferase, alanine aminotransferase, and gamma-glutamyl transferase after these therapies. Therefore, IVCY was discontinued because drug-induced liver

dysfunction was suspected; however, the elevation of liver enzymes continued to worsen. Contrast-enhanced computed tomography showed homogeneous contrast enhancement during the hepatic arterial phase (Picture A). Contrast-enhanced ultrasonography using Sonazoid revealed a hyperechoic peliotic lesion (1) (Picture B). These radiological findings strongly suggested peliosis hepatis (PH). A histological examination was not performed because a liver biopsy was

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considered to carry a high risk of intraperitoneal bleeding. Reducing the dose of corticosteroid improved the liver dysfunction and the radiological findings (Picture C). Most patients with PH are asymptomatic; however, some afflicted patients have died after developing rupture of peliosis (2). Corticosteroid-induced PH is reported to be reversible. Therefore, clinicians should recall that corticosteroids are a causative drug of liver dysfunction in daily practice.

The study protocol was approved by the research ethical committees of Miyazaki University Hospital, Miyazaki, Japan.

Written informed consent for publication of this report was obtained from the patient by the author.

The authors state that they have no Conflict of Interest (COI).

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