[PICTURES IN CLINICAL MEDICINE]

Bilateral Optic Nerve Edema in Central-variant Posterior Reversible Encephalopathy Syndrome

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Key words: posterior encephalopathy syndrome, optic nerve edema, central-variant PRES, MRI, visual disturbance

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Picture 1.

A 73-year-old man with subacute hydronephrosis due to metastasis of the colorectal cancer presented with sudden-onset visual disturbance. An examination revealed macular edema and hypertensive retinopathy with severe hypertension. The visual acuity was at the ‘counting fingers’ level. Brain magnetic resonance imaging showed diffuse T2-prolonged lesions in the brainstem and spotty lesions in the cerebellum, with elevated apparent diffusion coefficient val-

ues (Picture 1). In addition, short T1 inversion recovery images revealed hyperintensity in the optic nerves (Picture 2). After continuous administration of nicardipine under the diagnosis of central-variant posterior reversible encephalopathy syndrome (PRES), the visual acuity as well as the imaging abnormalities were rapidly improved (Picture 3), suggesting that vasogenic edema had been present not only in the brainstem and cerebellum but also in the optic nerves. Al-

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Picture 2.

Picture 3.

though optic nerve involvement in patients with PRES has only been rarely reported (1, 2), patients with central-variant PRES can have optic nerve edema that may be associated with severe visual disturbance.

The authors state that they have no Conflict of Interest (COI).

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