Pneumomediastinum is a rare but severe complication of *Pneumocystis jirovecii* pneumonia with HIV infection (HIV-PCP) (1). Spontaneous pneumomediastinum occurs due to an abrupt increase in the transalveolar pressure gradient, as
is seen during violent coughing (2). A 37-year-old Japanese man presented to our hospital with a 2-week history of dyspnea and non-productive cough. Chest computed tomography (CT) on admission revealed diffuse bilateral ground-glass opacities without pulmonary cysts or pneumomediastinum. He was diagnosed with HIV-PCP based on a microscopic examination of a sputum specimen and a Western blot assay of HIV-1. The patient’s respiratory failure and cough did not improve by day 3 of hospitalization despite treatment with trimethoprim-sulfamethoxazole (ST) and systemic corticosteroids, and chest X-ray revealed a paratracheal air line, indicating pneumomediastinum (Picture 1, arrowheads). On day 6 of hospitalization, he suddenly complained of precordial pain, and subsequent chest X-ray and CT revealed subcutaneous emphysema and exacerbation of pneumomediastinum without any new cystic lesions (Picture 2, 3-1, 3-2). He was administered intravenous pentamidine, and pneumomediastinum regressed conservatively. His respiratory condition gradually improved.

The authors state that they have no Conflict of Interest (COI).

References


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