Holistic meridians : Alternative therapy for skin care

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Abstract: Holistic Medicine is a system of health care that fosters a cooperative relationship among all those involved, leading towards optimal attainment of the physical, mental emotional, social and spiritual aspects of health.

Holistic meridians is the process to use control of meridians system and various factors to have a influence on physiology system that our body is restored to normal condition from condition of disharmony of the energy.

Keywords: Holistic meridians, Esthetics disordered, Gi, corpulent, alternative therapy

1. Introduction

A basis to define physical beauty shows a great deal of differences according to culture and times. However, if there is a constant basis according to the times and culture, it may consider elasticity and color of a skin. In particular, “Is a skin clean? does a skin have burnish? and does a skin have elasticity?” are becoming important criteria to take aim at beauty of a human body in the present age. Various products have been done research and development and used for this and recently unlike the past, from environment-friendly and nature-friendly to living body-friendly hit, the development of product is more being performed. Besides, ways for various esthetics disordered are introduced as so-called ‘Alternative therapy’ to substitute for a product and are being used positively in the skin management industrial spot. ‘Alternative therapy’ to be utilized in a currently domestic skin related enterprise includes ‘Meridians control’ improving esthetics disordered with what manage: meridians system has lymph drainage, ayurveda, color therapy and stone therapy, etc. Introduce ‘Holistic Meridians Management’ improving ‘esthetics disordered and diet’ with what manage ‘Qi(oriental vital energy)’ which become the main body of physiology and pathology phenomenon as a material basis of which human body for these is consist.

2. Main theory

Holistic meridians management is based on basic theory of oriental medicine and limited at skin clinic, not medical clinic. However, this definition is not clear, so we need to define this clearly.

Esthetics disordered that becomes Holistic meridians management target is equal with administration subject of general Skin and Beauty. But, realization about that is occurrence process of esthetics disordered and occurrence circle of change differs entirely. Therefore, display big difference even if there is to method of administration’s target area and administration. Appearance of esthetics disordered grasps that is omen, which is changed from ‘Healthy state’ to ‘Illness state’ from Holistic meridians management viewpoint. Indeed, make up human body, and when ‘Qi’ is lost ‘Balance of sun and the moon’ as main substance of physiological activity, and suitable relations of synergetic and antagonistic of ‘Five elements’ is destroyed, back is happened after corpulent of skin or specification region in various form in various region just before is gone of disease. Holistic meridians government official makes by administration target about all beauty art variations that appear when is such.

Holistic meridians control grasps that esthetics disordered appears by abnormal relation of ‘Physiological five elements’, and unbalance of each single person’s ‘Stop action’ that is imbalance of ‘Physiological negative and positive’ and motion special quality of ‘Qi’ that is expression aspect of ‘Qi’ in human body that is not disease state as various pathological phenomenon that happen from physiology-pathological viewpoint. Therefore, should grasp esthetics disordered and is full on doctrine of oriental medicine about
physiology and pathology mechanism of human body to examine closely cause of change from such viewpoint. This basis theories are diagnosis theory, predisposition theory, theory of visceral Phenomena, theory of modification, theory of modification cause, differentiation theory of syndromes, theory of meridian and acupoint, theory of tonic and dispersive and learning of medicine and divinity etc. The theory of modification and modification cause can say that is equal with a painful person, painful reason in medicine among these theory. Only, the target differs in point, that handle symptoms of beauty art change thoroughly, that symptoms such as particular disease are not.

3. Results

Holistic meridians management inflects sound influencing in nature of human body by control center for meridians system greatly, fragrance, taste, time etc. and manages. Control's meridians for meridians system manages distinguishing body region by greatly 8 areas. Control's first stop must manage back region for the first time continuously in head, and manages by leg and abdomen, arm, chest, face order next. Here and head because back region blood transfusion that exist does justly this action though reason that manage back region for the first time is that must stabilize blood of ‘Qi’ of our body chiefly be. That is, and so on, because can stabilize region of blood of ‘Qi’ of the viscera and entrails by managing blood transfusion had distributed in region. Next, is managed according to occurrence region of esthetics disordered and modification cause, remove modification cause applying nine various theory of tonic and dispersive that is a forenamed according to administration purpose and control environment at this time.

4. Discussion

Holistic meridians control occurrence periods ago of change from realization for esthetics disordered, and is making up change of change, all human bodies about improvement principle etc.. of change and focus in 'Qi' that run activity influencing in physiology and pathology process.

When the problem of ‘Qi’ is occurred in the manner of ‘lack and enough’, 'relative balance', 'generation and control', and 'correlation with outside', an ‘esthetics disordered' is developed. Holistic meridians is a total process for fix the ‘esthetics disordered' by holistic care for both the ‘Qi’ that is related to tissues, organs, and systems of human body, and ‘a passage of ‘Qi'.

Therefore, we can say 'Alternative therapy for skin care' as new paradigm differing entirely with various 'Products' had used for existent esthetics disordered improvement.

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