Explanation on the Presentations
The 31st Symposium of International Society of Life Information Science (ISLIS)
19-20 March 2011, Yokohama National University, Kanagawa, Japan
Order: According to the place

March 19: Lecture Hall A (Place A: A-202)

<President Lecture>
Differences between the East and the West
— In Mentality, Philosophy, Religion, Science and Environmental Problems

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Recent research studies in social psychology and brain science have revealed large differences between the East and the West in recognizing ambience. For instance, R. E. Nisbet writes in his book The Geography of Thought as follows: "The Western eyeshot is like a telescopic lens, while the Eastern one a wide-angle lens." These differences appear to originate from the cultures of ancient Greece and ancient China, and can be observed in various situations. The Western recognition characterized as "separating, analytical, and idealistic" has generated ideas such as the Holy Trinity, individualism, and human-centered environmentalism, and that has resulted in various conflicts including environmental problems today. The Eastern recognition characterized as "unifying, synthetic, and realistic" may be able to solve these problems. The presentation considers this hypothesis.

<Report of Chairman of Board of Directors>
Review of 15 and a Half Years Progress of the International Society of Life Information Science (ISLIS) and the Promotion of "Human Potential Science"

Mikio YAMAMOTO
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Fifteen and a half years of activities of the International Society of Life Information Science (ISLIS) and the promotion of "Human Potential Science" are reviewed since the Society’s Foundation. ISLIS has sought and continues to seek the realization of the paradigm shift from material-oriented science and technology to a new paradigm including the consciousness, spirit and mind through research based on empirical and positive scientific methodologies, and consequently, to promote the development of health, social welfare, and education as well as social and personal peace of mind, and to contribute to the making of a peaceful world, at one with nature. Since the foundation of ISLIS in 1995, 31 symposia have been held and issues of The Journal of ISLIS have been published regularly twice a year. ISLIS held the Human Potential Science International Forum in Chiba, Japan in 2002 and the International Conference on Mind Body Science in Seoul, Korea in 2004. It published the book Human Potential Science in 2004. ISLIS has a worldwide presence with 11 International Information Centers and about 270 members in 15 countries.

<Educational Lecture>
Advanced Achievement of Microelectric Fields’ Measurements and Potential Applications for Living Organisms

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The biosensors of sharks that detect minute electric field generated by living prey are a great mystery. This implies that supersensitive detections are being achieved without grounding, which cannot be achieved even with our latest technologies. However, we succeeded in creating a prototype of a new element on the basis of an understanding developed from the structure of a shark's electric field sensor. Furthermore, we developed a new visualization...
technology that seeks out the generation of a quasi-electrostatic field on the surface of substances and living organisms by shooting light, such as a laser beam. This technology can be used not only to visualize the electrical characteristics of surfaces but also the interior of physical objects.

< Lecture of next President>

Do the Minds of Animals and Robots Exist?  
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In our daily life, we apply, frequently and unconsciously, the "criteria" to distinguish which living beings have a mind. Explicitly clarifying these implicit criteria is the way to answer the question: What is the mind? If we change our way of thinking, that is not seeking the criteria outside, in the properties of living beings themselves, but in our inner states as caused by certain properties, and if we are able to identify such inner states, then we will be able to create a robot with such properties causing these inner states. That will lead to create a robot having a mind, isn't it?

The Point and the Effect Taking in Yoga to Medical Treatment  
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There are few institutions taking in yoga for medical treatment. It seems that it is difficult for a sick person and a physically handicapped person to perform traditional yoga. Since 6 years ago, I devised the movement which even the patients can be done easily by arranging traditional yoga and practiced it in my clinic. As a result of trial and error, it was thought that five types of movement were important to take in yoga for treatment, that is, posture that lay down as much as possible, breath in a relaxed manner, movement to improve the stream of blood, movement to improve the flow of the lymph fluid, and movement to correct the spinal cord. These movements are related to improving the "mind" "blood" "water" that is the concept of the Oriental medicine. Such arranged yoga movements actually improved many patients. For example, a walk disorder of the patient with Parkinson's disease improved. In addition, I have the data with correcting the curved spinal cord, improving the flexibility of a skeletal muscle, and the spread of lung capacity.

Effect of Abdominal Breathing (Emphasized Exhalation Method and Anterograde Continuous Prolonged Inhalation Method) on the Elevation and Depression of Blood Pressure  
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In this study, we proposed an abdominal breathing method (emphasized exhalation method and anterograde continuous prolonged inhalation method) and applied the method to 8 patients for the mitigation of hypertension and to 60 patients for blood pressure change. The emphasized exhalation method showed a blood pressure depression effect in hypertension and a blood pressure elevation effect in hypotension, in addition to curing white spots after hypertensive retinal hemorrhage. On the other hand, the anterograde continuous prolonged inhalation method showed a blood pressure elevation effect in hypotension and an obesity elimination effect resulting in blood pressure depression in hypertension caused by obesity and hyperlipidemia.

Live Therapy • Will Open Its Spiritual Door and Promote the Mind of Japanese  
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The culture of a country grows in the land with the mind of its people. The mind of the people grows with flavor of the land. The human body has a "Divinity" which initiates the will and controls the conscious mind in action. For Japanese people, this system has a strong bearing on the nerve system in the spinal column to the pelvis and produces unharmonious energy in the human body through excessive loads given to the mind, idea, speech, actions and immunity system. Various tests have revealed that distortion of the human body comes from inside instead of outside. Occurrences were found in the mind, idea, speech, actions and immunity, system and there was a vital correlation with the "Divinity". "Live Therapy •" was created as the health enhancement method in order to rectify distortion of the body and mind including the back muscles.
<Mini Symposium> Spiritual Phenomena and Their Implications
Verification of “Past-Life” Recalls under Hypnosis

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We have reported on the case of a Japanese woman who spoke in Nepali, a language unknown to her, in the hypnotic state. We considered her case from the point of view of whether it can be regarded as an example of genuine xenoglossy. In the present paper, based on the fieldwork conducted in Nepal, we report about the reality of the “past-life personality” and the authenticity of her remarks, especially, those aspects regarded as not normal or unlikely by the Nepalis we had consulted before the fieldwork.

The Philosophy of Godai and Japanese Classical Literature

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The term godai (go “five” + dai “elements” = “the five elements”) in Japanese philosophy refers to the four essential elements composing the universe, chi “earth,” sui “water,” ka “fire,” fu “wind,” plus ku “void.” This philosophy is in accord with the recent discovery made by the Oak Ridge National Laboratory through a radioactive isotope analysis that 99 percent of atoms composing the biological body is replaced within a year, which is reported by Ervin László. It has also exerted a large-scale influence on Japanese culture, For instance, after learning from a Zen priest, Bucho Zenji, Matsuo Basho (1644-1694), the most famous poet of the Edo period, decided to “live in journeys in his late life. In this presentation, I will trace how this idea of godai developed in Japanese classical literature.

Possessing Memories from the Time in the Womb

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The study was carried out in 2008 using data from the general public with the purpose of investigating the ratio of possessing memories from their time in the womb to persons who do not possess such memories. The subjects consisted of 617 families, which included 2448 persons all together (1442 adults, 1006 under 20 years of age, designated as minors). The results of the study showed 80 families with one or more members possessing memories from their time in the womb (13.0% of the total number of families). The total number of the individuals in these families who reported memories from their time in the womb was 91 (3.7%) of the total number of persons investigated) among whom there were 18 adults (1.2%) and 73 minors (7.3%). To the author’s best knowledge this investigation is the first in the world to examine memories from the time in the womb and to establish ratios for possessing the memories among households and the total number of persons in the household.

A Study on Past-Life Therapy ~ The Life Value from a Spiritual Perspective

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Past-life therapy helps us understand the meaning and the purpose of our present lives through recalls of various “past-lives,” those that have left some regrets, those that have been lived to a wonderful fulfillment, etc. In this presentation, based on the analysis of a hundred cases of the past-life regression therapy, I will discuss what the utmost importance should be in our lives. I hope that this approach leads us to a better understanding of what the life value systems are from a spiritual perspective.

Health Support by the SAT Therapy through Awareness of Unconscious Information

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When we perceive or interpret situations around us, we utilize “memories of the past,” which include prenatal memories and even those transmitted from preceding generations. A large portion of these memories is stored subconsciously and has huge influence on us. For instance, subconsciously stored past memories may yield stress-prone personality, which can cause lifestyle-related diseases. In such cases, the “self-image” script based on these memories should be re-written.
The SAT therapy intends to help clients become aware of the existence of a problematic "self-image" script and transform it to a less problematic one. In this presentation I will report the effectiveness of the SAT therapy.

**March 19: Lecture Hall A (Place C: A-208)**

**Discussion of an Approximated Equation for Spatial Distribution of Controlled Healing Power Around a Human Body**

Hideyuki KOKUBO, Osamu TAKAGI, Satoshi KOYAMA, and Mikio YAMAMOTO

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Using a gas measurement method in which pieces of cucumbers (Cucumis sativus ‘white spine type’) were used as bio-sensors, we measured spatial distributions of controlled healing power (J values) around healers. Participants were 5 volunteer-healers and 2 Chinese psychic-healers. Participants each did two 30-minute trials of non-contact healing for the target bio-sensors in front of them. At that time, their spatial distributions of J values were measured at 25 or 50 cm intervals in the front-backward and right-leftward directions from the participants. The spatial distribution of J values of the volunteer-healers was a wave-like distribution similar to that for one of the psychic healers. The wave-like distribution suggested that an invisible layer structure was generated around a human body. Moreover, a possibility was found that a miss-control case in which a healer failed to concentrate his/her power on a target could be distinguished from a powerless case in which the healer did not have any special strong power. The potential distribution of the miss-control could be approximated by a wave function of a 1-dimensional quantum harmonic oscillator, and two possibilities were suggested: healing phenomena follow a certain physical law even if the healers fail to control their power; and the fundamental equation of healing phenomena was a second order differential equation.

**Relationship between the Outer Diameter of the Iris and Pupil Diameter and Its Effects on Estimation of Autonomic Action Level**

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In general, variation of the inner diameter of the iris (pupil diameter) is directly controlled by the parasympathetic or sympathetic nerves, and it reflects changes of environmental illuminance (an external factor) and the physical and mental inner status of a subject (internal factors). On the other hand, it is known that visual behaviors (near or far response) accompany the pupil contraction & dilation and corneal thickening & thinning along with thickness regulation of the lens by expansion & contraction of the ciliary body. It is believed the corneal thickening & thinning result from expansion & contraction pressure produced during contraction & dilation of the inner diameter of the sclera (the outer membrane) on the surface of the eyeball structure created by expansion & contraction of the ciliary body. The corneal thickening & thinning will contract & dilate the outer diameter of the cornea and the outer diameter of the iris. Therefore, regulation status for near trough far responses during normal visual behaviors (expansion & contraction of the ciliary body) can be estimated from variations of the inner diameter of the sclera, the outer diameter of the cornea, or the outer diameter of the iris. A possible relationship between variations of the outer diameter of iris and the pupil diameter was reported previously1. Now, we have investigated the relationship between the outer diameter of the iris and the pupil diameter further and its effects on estimation of autonomic action levels, We by observed the outer diameter of the iris over a wider range that covered visual behaviors from near to far responses.


**Development of a Walking Training Support System by Using Internet Technology**

Kazuhide UESUGI, Kimiyasu KIYOTA, Yoshinori ADAKI, and Kelichi UCHIMURA

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The number of aged citizens is increasing rapidly in contemporary Japanese society and the number of people who have the trouble in movements of the hands and feet due to sequelae from cerebrovascular accidents (strokes), traffic accidents etc. has been increasing. In the rehabilitation for these people to make them independent and able to return to a full life in society, it is important that they continue training while maintaining the desire to carry out the rehabilitation. The system developed in this research is able to maintain a "desire for training" by having its members encourage each other through the Internet while doing the walking training. The effects on the training desire for cases using the presence of music and images and for the case using the Internet encouragement are reported based on the results of a questionnaire, and measurements of heart beat rate, R-R interval, blood pressure, etc.

<Workshop> Let's Activate LIFE Energy (Speeches and Demo of Hado measurement)

Health of the Mind (Health of the Earth)  Seiji KOYAMA (Senkyo Kensei)
Technical official of Ministry of Economy, Trade and Industry

The mind is related to factors that damage the health, and among which there are some spiritual causal relations. Then, on the assumption that humans have a spirit (body), mind and soul, I want to consider their differences and how they work together. These concepts relate not only to organ transplants, euthanasia, brain death, aborticide, etc, in contemporary medicine, but also to what is human death, and what is the true purpose and meaning of life? I will refer to Emancipation and Realizing as well as the true and correct belief, and then, point out the correct movement of the human race which will lead to the purification and renewal of the earth, and prevent its imminent collapse.

Starting the Society for the Study of Activating LIFE Energy, and About Wave Motion and Science

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This society promotes research and the activities on the energy of the consciousness, its place, information function, and other points which are still unclear in present science exist. Personal natural healing power is promoted by making the most of this energy and information functions, and then consciousness to activate the realization of sound mind and body and vital force can be promoted. How does the present science clarify "LIFE"? It seems that future science will have one theme that activation of the function of "LIFE" is important to improve our life.

The Brain and the Subconscious  Takeo TAKAHASHI
President of the Elementary Particle Energy Treatment Laboratory

Through the 5 senses (sight, sound, touch, taste, and smell), the brain receives an enormous amount of information from the surrounding environment. According to the research of Professor Manfred Zimmerman at the Department of Central Nervous System Physiology at Heidelberg University, the human brain unconsciously receives 11 million bits of information every second. When the information volume of all 5 senses that we are conscious of such as the sights that we see and the sounds that we hear, are combined, they only account for 77 bits. What do the results of this scientific research mean? The human brain receives information energy given off by the surrounding environment through the 5 senses and then drops them off into the subconscious, and they are unconsciously accumulated in the subconscious and eventually affect in thinking action health and human relations, and more the relation of therapeutic healing (Spontaneous healing) greatly.

March 19: Lecture Hall A (Place E: A-203)

<Workshop> Hypnotherapy as a Complementary Alternative Medicine

Two Examples of Mitigating Conditions of Epileptic Seizures and Obsessive-Compulsive Disorder by Using Hypnosis

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The recent increased interest in hypnotherapy as a medical treatment alternative in the field of psychiatry is an
encouraging sign for complementary alternative medicine. It is a result of more cooperation and better understanding through psychosomatic medical studies. In this presentation, we review the concrete merits of hypnotherapy and its future possibility based on some examples. Hypnotherapy works quickly, has a wide range of applications such as mitigation of chronic disease and as after care and a preventive measure, etc.

(Medical case 1) Psychogenic epilepsy. In this case, the 30-year old male, office worker—had the following symptoms; epileptic fits, migraines, stomach pains, muscle aches due to nervousness, anxiety, and lethargy. After 6 hypnotherapy sessions, his symptoms were lessened.

(Medical case 2) Obsessive-compulsive disorder. In this case, the 22-year old male, had the following symptoms; insomnia, headaches (discomfort in rear lobe, burning feelings), sexual delusions, feeling of guilt, feeling of powerless, fear and anger, and fear of letters. His symptoms were so severe that he became a shut in, but after 8 sessions, his symptoms were lessened.

Kinesiology Test Applying Post Hypnotic Suggestion

Makoto AOKI

Member of the Japan Hypnotherapy Association

HPS Counseling Academy graduate.

The kinesiology test applying post hypnotic suggestion is a method of self-understanding to reach the individual fact of complete self understanding. This test gets feedback information from both the mind and body in a short time causing a deep release of negative feelings and creating positive desire and increases concentration and physical ability. In the presentation, we will do this test under hypnosis which is much more precise than in an awakened state.

The Use of Image by Hypnotic Induction

Mizuru KONNO, Miwa TEZAKI, Keita TANATANI and Minako AKAWA

HPS students

Under hypnosis, the imagination gets stronger. Using this merit, a subject is able to heal his own anxiety and tiredness and to experience increased abilities for imagination and concentration in a short period of time. During this workshop, participants will have a chance to experience the concrete effects of hypnotic induction.

March20: Lecture Hall A (Place A: A-202)

Phenomena of Disappearance of Floating Clouds Caused by Human Beings and of Spirit Mind Therapy

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The basal factor consisting in all beings such as material, all of nature and the cosmos, in non-material things like the mind, spirit and Qi, and in anything unknown is the omnipresent factor. Phenomena of all beings, of the non-material things and of anything unknown are caused by changes of the omnipresent factor. All phenomena can be analyzed by the omnipresent factor theory or mystery theory. Phenomena of the disappearance of clouds in a few to ten minutes only by looking at them and of the spirit mind therapy of alleviating or eliminating symptoms of a patient only by looking at the patient without touching will be shown, which are caused by application of the omnipresent factor theory. Common factors of the phenomena will be elucidated.

[Lectures on SEROTONIN]

<Educational Lecture>

Serotonin-Deficient Brain as a Mechanism of Depressive Disorder and Rhythmic Motor Exercises

Hideho ARITA

Department of Physiology, Toho University School of Medicine

Rapid increases in the number of individuals with depressive disorder or poor anger management have recently been seen in Japan, and it seems that serotonin (5-HT)-deficient brain (a brain with impaired 5-HT neurons) is involved in these symptoms. We have demonstrated with experimental data that rhythmic motor exercises such as Tanden breathing (Zen meditation), pedaling exercise, and gum-chewing are effective for mitigating these conditions.
The Effects of Sound on the Mind and the Body from the Perspective of Serotonin Neurons

Keiichiro KITA* and Yasuharu NAKAMURA2
1 Chairperson, The Society for Sound Healing
2 Professor Emeritus, Showa University

Sound is a form of vibration energy with information. Information contained in sound resonates with the human mind, and the vibration of the sound resonates with the body. Sound waves travel faster in water and bones than in air, and therefore, there is substantial sonic impact upon our human bodies, which are made up of 70% water. Body sonic instruments, conceptualized by Dr. Hideo Itokawa and devised by one of the authors, work by directly sending quality sonic vibrations to the human body. The sonic vibrations then resonate with the cells and body fluids and effectively vibrate with the spine, through which the autonomic nerves pass through, activating both the mind and body. This paper analyzes the effects of sound on the mind and the body from the perspective of serotonin neuron.

Enhancing Serotonergic Activity and School-life through Tapping Touch

Koichi SARASHINA
Jiyu-Gakuen Academy

Tapping Touch is a holistic-care technique, which is performed by tapping gently with the balls of the fingers of the right and left hands, alternately. Its proven effects include: 1) psychological effects (e.g., reduction of tension and anxiety); 2) physical effects (e.g., reduction of physical symptoms of stress); and 3) relational effects (e.g., a sense of comfort and friendliness). In academic studies performed at Toho University by Dr. H. Arita, it was found that Tapping Touch tends to enhance 5-HT (serotonin) neural activity. In this lecture, I will discuss various effects and usages of Tapping Touch in a school setting.

A Study on the Intervention that Laughter Action(Movement) Gives to the Health of Mind and Body

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There are social effects in the effects of laughter that include physiologic effects and psychological effects. Previous study has been about conventional laughter that mainly gave stimulation by laughter. This study examined the effect that the movement taking place when laughing influenced the health of the mind and body.

March20: Lecture Hall A (Place C: A-208)

Differences in Physiological Effects of Aromas - Study with EEG Analysis –

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The EEG alpha wave, which is an indicator of the inhibitory state of neurons, appears mainly on the occipital area when the eyes are closed. So it is used as a marker of relaxation. The author has previously reported on stress reduction effects in aromatherapies using various aromas and on meditation-like effects in such activities as the Japanese Koh (incense) ceremony, with analyses of the alpha waves. In this presentation, the author discusses fatigue reduction effects of aromas after participation in sports and the differences in physiological effects of various essential oils, based on the author’s previously collected EEG data.

Stress-Reducing Activity of Aroma

Shuichi HASHIZUME1,2, Kimiko KAWANO2,3, Tadaaki SATO4, Hideyuki KOKUBO2,3, Akihiko KAMADA2,5, Mikio YAMAMOTO2,3, Hidetsugu KATSURAGAWA2, and Tsuneo WATANABE1
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Chromogranin A (CgA) levels and the EEG α waves (α waves), were employed as sensitive and substantial stress
indexes indices to determine the stress reduction activity of an aroma produced using different amounts of lavender essential oil. CgA levels, an index of psychosomatic stress, showed a stress reduction after a rest following the aroma aspiration from a aroma bag containing a low amount (3µL) of lavender essential oil compared with control (non-additive), medium (6µL) and high (12µL) amounts of the oil. On the other hand, the a waves on the occipital area became larger with the low amount of lavender oil during successive aspiration of the aroma and resting after the aspiration compared with the other amounts of lavender oil. These data suggest that aroma aspiration of a low amount (3µL) of lavender oil provides a stress reduction.

Change in Relaxation Level by Various Stimuli

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People are exposed to various stimuli every day, and they receive various levels of stress strengths from them. Stress influences working of the autonomic nervous system. It has been reported that long-term stress may be an illness trigger. In this research, the change in working of the autonomic nervous system was measured under several kinds of mental workloads and during physical exercise, and working of the parasympathetic nervous system (which is an index of relaxation level) was guessed from the heart beat rate and the LF/HF value of the change at the R-R intervals. As a result, taking a stroll in nature, reading a favorite book and listening to classical music were recommended as suitable ways to obtain relaxation.

Basic Research: Effect of an Energy Medicine (Okada Purifying Therapy) on Muscle Hardness of Shoulders

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Effectiveness of an energy medicine, Okada Purifying Therapy (OPT), towards muscle hardness was investigated by practitioners. It was confirmed that a 15-minute session of OPT self healing reduced stiffness of their shoulders. It was shown that a 30-minute session of OPT reduced stiffness of the subjects' therapy-application points, including the shoulder (for shoulder stiffness) and the lower side of the kidney (for low-back pain), and the neck of subjects who suffered from headaches.

Theta Healing TM trial for Intractable Neuromuscular disease Evaluation of Emotional Change after Healing by Psychological test

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There is a concern that patients with intractable disease like Neuromuscular disease due to abnormal chromosome have tendency to lose hope in Life and activities of daily life (ADL) decreases. The author has performed Thetahealing (ie. emotional and spiritual energy healing with counselling) for muscle dystrophy patients. Their ADL improved after the Thetahealing (performed more than once). This is the report of two cases with changes in the psychological test analysis.

<Oral Presentations & Workshops>

Relationship Between the Heart and Brain

Shigeru TAKENAKA
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Low cardiac pump pressure is one of the serious issues ignored in modern medicine. It cannot be diagnosed by an electrocardiogram, and its only presenting sign is bradycardia. By performing the O-ring, pendulum, and other related tests, the percentage of cardiac motion range and cardiac hypoactivity can be evaluated. The initial symptom of intracranial hypotension syndrome, include insomnia or excessive drowsiness, depression, poor concentration, amnesia, hyperalgesia, restlessness, stiff neck and shoulders, migraine, and inner eye pain. As the disease progresses, it may induce reduction in cerebrospinal pressure, higher cerebral function disorders, Meniere's disease, chronic depression, panic disorder, dementia, and other complications. There is a strong relationship between cardiac pump pressure.
"Kishin" method of Herbal Medicine for Diagnostic Health Care  

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Kishin is a way to diagnose the aura surrounding the human body. A check can be made for a suitable herbal medicine by pinching the sternocleidomastoid muscle of the patient who is being diagnosed. (Herbal medicine is also known as Kampo medicine which is the Japanese study and adaptation of Traditional Chinese medicine.) First a check should be done whether there is any kind of "chilled" aura Then a Kampo medicine can be put into the patient's "chilled" aura. This process is until the suitable medicine that will take the chilled aura away from the patient is found. Next a check should be made whether, the Kampo medicine will balance the patient's ki-ketu-sui (qi-blood-water). By using the Kishin method, checks are made of the flows of the patient's qi, blood, and water fluids to determine the suitable effect in the herbal medicines for each of these. Patients that are sensitive and suffering from complaints can feel improvement of their body just by holding the Kampo medicine selected for them.

March 20: Lecture Hall A (Place D: A-207)

A Demonstration of Promoting Health through "Kiryō"  

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"KIRYÖ" (healing with Ki ) creates a special space of healing out of the air around us. Usually people cannot control wild animals with ordinary suggestions or domineering performances, but when I use the power of Ki I have seen many kinds of wild animals come into the healing space and suddenly lie down in a calm state of relaxation. Kiryo uses Ki and this power can cure illnesses, heal injuries and generally improve health. Ki in Kiryo is, I believe, just existence itself, in other words the underlying force of all beings and things in the universe and is in fact shared by all humanity. People, however, have come to forget how to access this power. My demonstration today will allow you to experience the entrance to this world of healing. Join me to practice specific exercises in Ki-ryo, as I explain the fundamentals of Ki.
Mini Symposium
- Integrative Medicine for Living and Being -

March 20: Lecture Hall A (Place: B-A-201)

Ideal Integrative Medicine  ~ Thoughts from an Encounter with ThetaHealing® ~

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I was engaged in emergency medicine as a neurosurgeon for 20 years. However, I encountered ThetaHealing® in America, technical remote viewing in former Soviet Union and various diet few years ago and witnessed the patient's cases which overturned conventional common sense. To accomplish further progress in the medical treatment requires a point of view based on a new paradigm in large fields. In addition, the medical staff needs to learn about philosophy, particle physics, quantum physics and subconscious. The ideal integrative medicine would be to unify all wisdom of the human beings while utilizing the advantages of western medicine. I would like to discuss with you how to make an ideal integrative medicine in Japan.

Effect of Healing by Touch

Mitsue NITTA, Rie UESUGI and Rumi NAKA
International Healing Association of Nurses

Touch therapy is treatment which gives the important sense of security by touching the patient to be healed. It also aims at activation of the parasympathetic nervous system, and improvement of the effect of relaxation, health, and healing by making a connection of the healer’s mind and the patient’s mind. Stimulation from the sensory receptors distributed in the skin understands these parts where the cerebral limbic system, the thalamus, and the pituitary gland. Sensory stimulation is transmitted from the spinal cord at the cerebral cortex through the diencephalon and is influenced by the autonomic nervous system, immunological system, and the internal secretion system. Touching on the skin and the resulting stimulation promotes the secretion of oxytocin, and will have a desirable influence on both the mind and the body. Information about these effectives and practice of healing by touch will be presented.

Healing Effects of Dancing Hula

Toshimi YAMAMOTO
Instructor of Hulabics

Please let me talk around the influence given to the charm, the effect of healing, and the mind and body of [fura] felt with [borante;afurasaka-kuru] of two and a half years. It was noticed the more it did, the more to have a wonderful influence on the mind and body though it was [fura] started by a mere hobby. Energy gotten from healing and colorful clothes by music done in a relaxed manner and sincere smile It is the best for the therapeutic exercise that continues because it keeps being happy. I will talk about the miracle of [fura] and the possibility to the alternative medicine.