Ezetimibe Ameliorates Early Diabetic Nephropathy in db/db Mice

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Aim: Lipid-lowering medications have been suggested to have a potential benefit in the treatment of chronic kidney disease (CKD) such as diabetic nephropathy. Although ezetimibe has been widely used to lower serum cholesterol levels, the effect of this drug on diabetic nephropathy remains unclear. In the present study, therefore, we examined the protective effect of ezetimibe on diabetic nephropathy in db/db mice.

Method: Db/db mice were fed a standard diet with 0.01% (w/w) of ezetimibe for 8 weeks from 8 weeks of age.

Results: Treatment with ezetimibe did not affect food intake, body weight gain, adiposity, or blood pressure in db/db mice. Ezetimibe also had no effect on glucose metabolism such as fasting plasma glucose and insulin; however, it markedly reduced plasma lipid levels and hepatic lipid contents and reduced the urinary excretion of albumin by 50% in db/db mice, suggesting the effect of ezetimibe on diabetic nephropathy. Furthermore, ezetimibe improved glomerular hypertrophy. Although ezetimibe had no effect on oxidative stress measured by urinary 8-OHdG in db/db mice, the plasma adiponectin level was normalized, and the expression of adiponectin receptor 1 in the kidney was increased by ezetimibe treatment.

Conclusion: Our data suggest that ezetimibe can improve early diabetic nephropathy through its hypolipidemic effect, and the amelioration of adiponectin resistance may also be responsible for the renoprotective effect of ezetimibe as its underlying mechanism.


Key words; Ezetimibe, Diabetic nephropathy, Albuminuria, Adiponectin

Introduction

Diabetic nephropathy is one of the most common forms of chronic kidney disease (CKD) and the most frequent cause of mortality in patients with diabetes1, 2. The number of people affected by diabetic nephropathy or who need renal replacement is steadily increasing3. Furthermore, CKD such as diabetic nephropathy is strongly associated with the development of cardiovascular disease4, 5; therefore, the establishment of therapeutic strategies for diabetic nephropathy is awaited. Diabetic nephropathy results from complex interactions among genetic, metabolic, and hemodynamic factors, and can be characterized by mesangial expansion followed by glomerulosclerosis and a decline in renal function. The development of glomerulosclerosis in diabetes mellitus is preceded by persistent albuminuria and glomerular hypertrophy2, therefore, these two manifestations are promising therapeutic targets for the treatment of diabetic nephropathy.

Hypercholesterolemia has been suggested to be associated with the development of diabetic nephropathy6. In fact, lipid-lowering therapy using 3-hydroxy-3-methylglutaryl (HMG)-coenzyme A (CoA) reduc-
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Ezetimibe improves diabetic nephropathy when administered to db/db mice for 8 weeks from 8 weeks of age. Animals were provided with the diet and water ad libitum and were maintained on a 12-hour light/dark cycle. All animal experiments were conducted according to the Guidelines for Animal Experiments at Kyoto University.

Methods

Animal Procedure and Experimental Design

Male db/db mice (n = 12) and their lean control db/+m (n = 6) mice were obtained from Charles River Laboratories Japan, Inc. (Yokohama, Japan) at 6 weeks of age. Db/db mice were fed with normal chow without additional supplementation (non-treated group, n = 6) or with chow supplementation with 0.01% (w/w) ezetimibe (n = 6) for 8 weeks from 8 weeks of age. Animals were provided with the diet and water ad libitum and were maintained on a 12-hour light/dark cycle. All animal experiments were conducted according to the Guidelines for Animal Experiments at Kyoto University.

Analysis of Metabolic Parameters

Blood samples were collected after fasting the mice for 16 h. Fasted plasma glucose concentration was measured with Glutest Ace (Sanwa Kagaku Kenkyusho Co, Ltd, Nagoya, Japan). Fasted plasma insulin concentration was measured with an insulin assay kit (Morinaga Institute of Biological Science, Yokohama, Japan). Serum total cholesterol (T-Chol), triglyceride (TG) and cholesterol contents of each lipoprotein fraction were analyzed by Skylight Biotech, Inc. (Tokyo, Japan). Serum adiponectin was measured with a Mouse/Rat Adiponectin ELISA kit (Otsuka Pharmaceuticals, Tokushima, Japan). Serum total protein, creatinine, and BUN were analyzed by SRL, Inc. (Tokyo, Japan).

![Fig. 1. Effect of ezetimibe on body weight, adiposity, and blood pressure in db/db mice at 16 weeks of age. The graphs show body weight (A), food intake (B), liver weight (C), epididymal white adipose tissue (eWAT) weight (D), kidney weight (E), systolic blood pressure (F) in db/m mice and non-treated (Con) or ezetimibe-treated (Eze) db/db mice. Results are expressed as the mean ± S.D. **p < 0.01 vs. non-treated db/db mice (n = 6 in each group). ND: not determined.](image-url)
Measurement of Urinary Oxidative Stress

Urinary 8-OHdG concentrations were measured at 16 weeks of age using a competitive enzyme-linked immunosorbent assay kit (8OHdG Check; Japan Institute for the Control of Aging, Fukuroi, Japan). Urinary 8-OHdG excretion was expressed as the total amount excreted in 24 h.

Measurement of Glomerular Size

Mice were euthanized at 16 weeks of age. The kidneys were rapidly fixed in 10% formaldehyde and embedded in paraffin. Paraffin sections were cut at 3 μm. To measure glomerular size, paraffin sections were stained with hematoxylin and eosin. The glomerular area was measured using Image Pro plus software version 3.0.1 (Media Cybernetics Inc., Bethesda, MD).

Quantitative Real-Time PCR

Total RNA was extracted from frozen adipose tissue (100 mg) and kidney tissue (30 mg) using an

Table 1. Effect of ezetimibe treatment on blood chemistry in db/db mice

<table>
<thead>
<tr>
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<th>db/m</th>
<th>db/db Con</th>
<th>db/db Eze</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total protein (g/dL)</td>
<td>5.0 ± 0.5</td>
<td>5.9 ± 0.5</td>
<td>5.1 ± 0.7</td>
</tr>
<tr>
<td>BUN (mg/dL)</td>
<td>19.1 ± 3.5</td>
<td>20.1 ± 2.4</td>
<td>27.2 ± 7.6</td>
</tr>
<tr>
<td>Creatinine (mg/dL)</td>
<td>0.11 ± 0.03</td>
<td>0.08 ± 0.02</td>
<td>0.09 ± 0.03</td>
</tr>
</tbody>
</table>

Results are expressed as the means ± S.D. (n=6 in each group)
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markedly increased in db/db mice compared with db/+m mice (Fig. 2); however, ezetimibe treatment reduced urinary excretion of albumin by 50% in db/db mice (Fig. 2). There was no difference in serum total protein, creatinine, or BUN levels between db/m and non-treated db/db mice. Ezetimibe treatment also had no effect on these variables in db/db mice (Table 1). These data suggest that ezetimibe ameliorates early diabetic nephropathy in db/db mice.

Effect of Ezetimibe Treatment on Renal Dysfunction in db/db Mice

Because albuminuria reflects renal dysfunction at early diabetic nephropathy[10], we measured urinary excretion of albumin in normal chow-fed db/db mice at 16 weeks of age. Urinary excretion of albumin was

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RNeasy mini kit (Qiagen, Valencia, CA). The cDNA was synthesized from total RNA using Super Script III (Invitrogen). Real-time polymerase chain reaction was performed on an ABI PRISM 9700 using the SYBR GREEN polymerase chain reaction Master Mix (Applied Biosystems, Warrington, UK). Primer sets were as follows: TNF alpha forward: CCGAGGCCCTCAGCTGCTAT, reverse: GCCACTCCAGCTGCTCTC, Nox2 forward: TTGGGTGACACTGGCTCTG, reverse: TGGCGGTGTGCAGCTTC, Nox4 forward: ATTTGGATAGGCTCCAGGCAAAC, reverse: CACATGGGTATAAGCTTTGTGAGCA, p22phox forward: GTCCACCAGGAGGGATGTG, reverse: TGGCGGTGTGCAGCTTC, adiponectin receptor 1 (AdipoR1) forward: ACGTTGGAAGTCTCCGGA, reverse: CTCTGTGATGCAGAAAGAT, adiponectin receptor 2 (AdipoR2) forward: TGGCGGTGTGAGGGTTTAT, reverse: TTCCATCCGATGAGCTGA, β-actin forward: GCCAGCCAGCAGGTCGAC, reverse: GCCAGCCAGCAGGTCGAC, adiponectin receptor 1 (AdipoR1) forward: ACGTTGGAAGTCTCCGGA, reverse: CTCTGTGATGCAGAAAGAT, adiponectin receptor 2 (AdipoR2) forward: TGGCGGTGTGAGGGTTTAT, reverse: TTCCATCCGATGAGCTGA. The mRNA levels were normalized relative to the amount of β-actin mRNA and expressed in arbitrary units.

Statistical Analysis

Data are expressed as the mean ± S.D. Multiple comparisons among the groups were conducted by one-way analysis of variance with Fisher’s PLSD test for post-hoc analysis. Pearson’s correlation was used to find a correlation between two continuous variables. *P* < 0.05 was considered significant.

Results

**Effect of Ezetimibe Treatment on Body Weight, Adiposity, and Systolic Blood Pressure**

In db/db mice fed with a standard diet for 8 weeks until 16 weeks of age, body weight, epididymal white adipose tissue (eWAT) weight, liver weight, and kidney weight were increased compared with db/m mice (Fig. 1A-E). Although ezetimibe treatment reduced liver weight in db/db mice, body weight, food intake, eWAT weight, and kidney weight were not changed (Fig. 1A-E). In addition, there was no difference in systolic blood pressure between ezetimibe-treated and non-treated db/db mice (Fig. 1F).

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Fig. 3. The correlation between the effect of ezetimibe on urinary albumin and glomerular size (A), urinary albumin and serum T-Cho level (B), glomerular size and serum T-Cho level (C) in db/db mice.
Effect of Ezetimibe Treatment on Glomerular Hypertrophy in db/db Mice

Glomerular hypertrophy is a marker of diabetic nephropathy along with albuminuria; therefore, we checked glomerular hypertrophy in db/db mice and the effect of ezetimibe by measuring the glomerular surface area. Mean glomerular surface area size in db/db mice was increased compared with db/m mice; however, ezetimibe treatment suppressed glomerular hypertrophy in db/db mice (Fig. 2B). Furthermore, there was a significant correlation in the effect of ezetimibe treatment on glomerular hypertrophy and albuminuria in db/db mice (Fig. 3A).

Effect of Ezetimibe Treatment on Lipid Metabolism in db/db Mice

To clarify the mechanisms by which ezetimibe improves renal dysfunction, we next examined the effect of ezetimibe treatment on lipid metabolism in db/db mice. Serum TG levels were not affected by ezetimibe treatment in db/db mice (Table 2 and Fig. 4). Serum T-Chol levels were increased in non-treated db/db mice compared with in db/m mice; however, ezetimibe treatment normalized T-Chol levels in db/db mice (Table 2 and Fig. 4). Furthermore, ezetimibe treatment reduced chylomicron, LDL, small dense LDL, and HDL cholesterol levels in db/db mice (Table 2 and Fig. 4). In addition, hepatic TG and T-Chol contents in db/db mice were reduced by ezetimibe treatment (Fig. 5), suggesting that ezetimibe treatment improves hepatic steatosis.

Effect of Ezetimibe Treatment on Insulin Resistance in db/db Mice

It has been reported that ezetimibe treatment improves insulin resistance, which is associated with the development of diabetic nephropathy15, 16; therefore, we next examined the effect of ezetimibe treatment on glucose metabolism in db/db mice. Fasted

Table 2. Effect of ezetimibe treatment on serum lipid in db/db mice

<table>
<thead>
<tr>
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<th>db/m</th>
<th>db/db Con</th>
<th>db/db Eze</th>
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<tbody>
<tr>
<td>Triglyceride (mg/dL)</td>
<td>50.9 ± 10.2</td>
<td>59.0 ± 23.3</td>
<td>64.8 ± 27.4</td>
</tr>
<tr>
<td>Total Cholesterol (mg/dL)</td>
<td>77.8 ± 2.2</td>
<td>150.3 ± 26.8</td>
<td>78.7 ± 23.1**</td>
</tr>
<tr>
<td>Chylomicron (mg/dL)</td>
<td>0.8 ± 0.5</td>
<td>1.9 ± 0.6</td>
<td>0.9 ± 0.5*</td>
</tr>
<tr>
<td>VLDL cholesterol (mg/dL)</td>
<td>4.2 ± 1.5</td>
<td>7.0 ± 1.6</td>
<td>4.3 ± 3.0</td>
</tr>
<tr>
<td>LDL cholesterol (mg/dL)</td>
<td>6.7 ± 1.1</td>
<td>30.4 ± 11.1</td>
<td>7.1 ± 4.8**</td>
</tr>
<tr>
<td>HDL cholesterol (mg/dL)</td>
<td>66.1 ± 1.5</td>
<td>111.0 ± 17.6</td>
<td>66.4 ± 16.3**</td>
</tr>
<tr>
<td>Small dense LDL cholesterol (mg/dL)</td>
<td>2.4 ± 0.4</td>
<td>5.0 ± 2.1</td>
<td>1.2 ± 0.9**</td>
</tr>
</tbody>
</table>

Results are expressed as the means ± S.D. (n=6 in each group)

*p<0.05, **p<0.01 vs db/db Con group

Fig. 4. Graph of cholesterol (pink line) and triglyceride (blue line) contents in each fraction of lipoprotein in db/m (A), non-treated db/db mice (B) and ezetimibe-treated db/db mice (C). FG: free glycerol.
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Effect of Ezetimibe Treatment on Hypoadiponectinemia

Because hypoadiponectinemia is associated with the development of kidney disease\(^1\), we examined the effect of ezetimibe treatment on serum adiponectin levels in db/db mice. In non-treated db/db mice, serum adiponectin levels were decreased compared with db/m mice; however, ezetimibe treatment normalized serum adiponectin levels in db/db mice (Fig. 7B).

Effect of Ezetimibe on Inflammation and Oxidative Stress in Adipose Tissue

Because inflammation and oxidative stress in adipose tissue are major causes of hypoadiponectinemia\(^1\), we examined the effect of ezetimibe treatment on the expression of inflammatory cytokines and an oxidative stress marker in db/db mice. TNF-\(\alpha\) mRNA expression was markedly increased in non-treated db/db mice compared with in db/m mice (Fig. 9A); however, ezetimibe treatment reduced TNF-\(\alpha\) mRNA expression in db/db mice, suggesting that it suppresses adipose tissue inflammation in db/db mice. Furthermore, oxidative stress markers such as Nox2 and p22\(^{phox}\) mRNA expression were decreased by ezetimibe treatment in db/db mice (Fig. 9B, C), suggesting that ezetimibe treatment suppresses oxidative stress in adipose tissue of db/db mice.

Effect of Ezetimibe Treatment on the Expression of Adiponectin Receptor (AdipoR) in the Kidney and Adipose Tissue in db/db Mice

We next examined the effect of ezetimibe on the expression of AdipoR1 and AdipoR2 in the kidney

Effect of Ezetimibe on Oxidative Stress in Kidney of db/db Mice

To examine the effect of ezetimibe treatment on oxidative stress, we measured urinary 8-OHdG levels in db/db mice. Urinary 8-OHdG levels in non-treated db/db mice were significantly higher than those in db/m mice; however, ezetimibe had no effect on urinary 8-OHdG levels in db/db mice (Fig. 7A). Furthermore, mRNA expressions of Nox2 and Nox4, the substrate of NADPH oxidase, were not altered by ezetimibe treatment in the whole kidney of db/db mice (Fig. 8). These data suggest that ezetimibe has no effect on oxidative stress in the kidney of db/db mice.
Ezetimibe is an anti-hyperlipidemic medication that is used to lower cholesterol levels in addition to statins. Specifically, it appears to bind to a critical mediator of cholesterol absorption, NPC1-L1, on gastrointestinal tract epithelial cells. In the present study, we observed a correlation between the effect of ezetimibe on albuminuria and on the T-Cho level in db/db mice (Fig.3B). These data suggest that ezetimibe improves diabetic nephropathy through its hypolipidemic action, and provide further evidence for the importance of hyperlipidemia in the development of diabetic nephropathy. Ezetimibe treatment also markedly reduced LDL cholesterol and small dense LDL cholesterol in db/db mice, consistent with the effect in humans.

and adipose tissue of db/db mice. AdipoR1, but not AdipoR2, was abundantly expressed in the kidney as well as in adipose tissue (Fig.10). There were no differences in mRNA expression of AdipoR1 and AdipoR2 in adipose tissue and the expression of AdipoR2 in the kidney among db/m mice, non-treated and ezetimibe-treated db/db mice; however, mRNA expression of AdipoR1 was decreased in the kidney of db/db mice compared with db/+m mice. Intriguingly, ezetimibe treatment significantly increased mRNA expression of AdipoR1 in the kidney of db/db mice (Fig.10).

Discussion

In the present study, we showed that ezetimibe treatment improved hyperlipidemia, albuminuria, and glomerular hypertrophy in db/db mice, implying a beneficial role of ezetimibe in early diabetic nephropathy.

Ezetimibe is an anti-hyperlipidemic medication that is used to lower cholesterol levels in addition to statins. Specifically, it appears to bind to a critical mediator of cholesterol absorption, NPC1-L1, on gastrointestinal tract epithelial cells. In the present study, we observed a correlation between the effect of ezetimibe on albuminuria and on the T-Cho level in db/db mice (Fig.3B). These data suggest that ezetimibe improves diabetic nephropathy through its hypolipidemic action, and provide further evidence for the importance of hyperlipidemia in the development of diabetic nephropathy. Ezetimibe treatment also markedly reduced LDL cholesterol and small dense LDL cholesterol in db/db mice, consistent with the effect in humans.

In the present study, we found a correlation between the effect of ezetimibe treatment on albuminuria and on the LDL cholesterol level, but not on the small dense LDL cholesterol level.
Several human and animal studies have reported that hypoadiponectinemia is associated with renal dysfunction\(^{21,23}\). In the present study, we observed the improvement of hypoadiponectinemia by ezetimibe treatment in db/db mice; however, we did not find a correlation between the effect of ezetimibe on albuminuria and on adiponectin in db/db mice (data not shown), suggesting that improvement of hypoadiponectinemia may not be responsible for the renoprotective effect of ezetimibe in db/db mice. In contrast, we found a negative correlation between the effect of ezetimibe on albuminuria and AdipoR1 expression in the kidney of db/db mice (Supplementary Fig. 2A).

In this study, we found no effect of ezetimibe on the urinary 8-OHdG level and the expression of oxidative stress markers in the kidney of db/db mice, whereas ezetimibe significantly reduced oxidative stress in the adipose tissue of db/db mice, suggesting that the renoprotective effect of ezetimibe is not directly due to reduced oxidative stress in the kidney. Nevertheless, ezetimibe has been reported to have an anti-oxidative effect in non-diabetic individuals\(^{11}\).
Furthermore, we also observed a negative correlation between the effect of ezetimibe on AdipoR1 expression in the kidney and the LDL cholesterol level in db/db mice (Supplementary Fig. 2B). Guo et al. reported decreased adipoR1 expression in the kidney of diabetic rats, suggesting the existence of adiponectin resistance in diabetic nephropathy. Taken together, whether renoprotection by ezetimibe occurs through alteration of the adiponectin effect remains to be determined.

We also observed that ezetimibe treatment suppressed the expression of pro-inflammatory cytokines such as TNF-α in adipose tissue of db/db mice. TNF-α can dose-dependently reduce the expression of adiponectin in adipocytes by suppressing its promoter activity; however, we did not find any correlations among the effect of ezetimibe on the serum adiponectin level, TNF-α expression in adipose tissue, and serum lipid profiles in db/db mice. We thus speculate that ezetimibe has pleiotropic effects, which might not be mutually interrelated.

Insulin resistance is also associated with the development of renal dysfunction in type 2 diabetes. It has been shown that insulin resistance correlates with the onset of microalbuminuria in patients with type 2 diabetes as well as in non-diabetic subjects. In the present study, we observed marked elevation of plasma glucose and insulin in db/db mice, indicating the development of insulin resistance. Because it has been reported that ezetimibe improved hepatic insulin resistance, we examined the effect of ezetimibe on the glucose metabolism; however, ezetimibe had no effect on systemic insulin resistance in db/db mice despite the increase in serum adiponectin. These data indicate that the renoprotective effect of ezetimibe in db/db mice was independent of systemic insulin-sensitizing action.

Ezetimibe can be used for hypercholesterolemic patients who exhibit statin resistance or suffer adverse effects of statin treatment. Recently, combination therapy with a statin and ezetimibe showed efficacy and safety compared with high-dose statin therapy in patients with hypercholesterolemia. Therefore, combination therapy of statins and ezetimibe as well as ezetimibe monotherapy might be useful for the treatment of diabetic nephropathy associated with hyperlipidemia.

In conclusion, our data suggest that ezetimibe can improve diabetic nephropathy through its hypolipidemic action, and the amelioration of adiponectin resistance may be responsible for the renoprotective effect of ezetimibe as its underlying mechanism.

Acknowledgements

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Disclosure

None.

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Supplementary Fig. 1. The correlation between the effect of ezetimibe on urinary albumin and LDL cholesterol (A), urinary albumin and small dense LDL cholesterol (B), glomerular size and LDL cholesterol (C), glomerular size and small dense LDL cholesterol (D) in db/db mice.

Supplementary Fig. 2. The correlation between the effect of ezetimibe on urinary albumin and AdipoR1 expression in the kidney (A), LDL cholesterol and AdipoR1 expression in the kidney (B) of db/db mice.