Introducing the Japan Society of Anti-aging Medicine

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First, I would like to describe history of the society.

Japan Society of Anti-Aging Medicine was founded in 2001 and the first meeting was held on 6/16/2001 at Toshi Center Hotel in Tokyo under Dr. Keiichi Watanabe as the President. They declared that “we medical doctors must make active Japanese aged-people’s” with a symposium chaired by Dr. Tetsuya Fujita of the Pasteur Institute. The late Yutaka Mizushima, a member of the House of Councillors, encouraged that “we should be always scientific”.

In 2003, Study meeting developed into the society, and education systems for board certified specialist (medical doctors and co-medicals) was established. In 2004, the textbook of the society “Basic and Clinics of Anti-Aging Medicine” and the magazine “Anti-Aging Medicine” were started. Twenty-two institutes were certified by the society and 1200 peoples gathered at the 4th Annual Meeting.

In 2005, the 5th Annual Meeting was held and chaired by President Toshikazu Yoshikawa and the 6th Meeting was chaired by President Kazuo Tsubota, and the number of the society member became 3800 until then. Table 1 and Figure 1 shows Presidents of the Annual Meetings and the increase of the number of society members. One fourth of the members are doctors of Internal Medicine, but the society members were consisted with medical & dental doctors and co-medicals of many territories.

In this year, “Aging and Mechanisms of Disease” will published from Nature Publishing Group as the official journal of the society. Figure 2 shows the members of Associate Editors. In the introduction pages of this web contents, Japanese super aging society (Fig. 3) and increasing medical expense budget in Japan (Fig. 4) were described. This society promotes the scientific investigation to achieve a breakthrough the situation of Japanese aging problems.

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it very difficult to treat the big Annual Meeting. Then the society started the committee of Program to set the proper annual meeting and the first chairman is Dr. Hiroshi Itoh. The members of this committee were consisted with the chairman, doctors from each department, members from several committees, young members and etc. The society also decided to start an award for one selected scientist in a year and he or she will receive 5 million yen.

Thus, this society promotes scientific activity to perform anti-aging and made it practice based on the anti-aging dock activity. In the anti-aging dock, aging degree and aging risks are evaluated (Fig. 5), and the week point will be recovered by improving lifestyle and several medications. Such medical achievements and treatments may make a balanced physics and minds and further elongate healthy aging.

This year the 15th Annual Meeting will be held on 5/29-31 in Fukuoka chaired by the President Hiroyuki Ohjimi. We welcome many participants from here the Japan Society of Health Evaluation and Promotion.

The authors state that they have no Conflict of Interest (COI).