Vol. 42, No. 1
January 2016

JAPANESE JOURNAL OF BEHAVIOR THERAPY

CONTENTS

Special Issue: Development and Application of Cognitive Behavior Therapy in Asia

Cross-Cultural Perspectives on the Application of Cognitive Behavior Therapy (CBT) in Asia: Introduction
Junko TANAKA-MATSUMI ......................................................... 1

Reviews

Cross-Cultural Features in Applying Cognitive Behavior Therapy (CBT) in Korea
Young Hee CHOI ................................................................. 5

Principle-Based Cultural Adaptation of Cognitive Behavior Therapies: A Functional and Contextual Perspective as an Example
Akihiko MASUDA ............................................................... 11

Development of the Asian Cognitive Behavioural Therapy Research and Practice Network
Tori ANDREWS and Tian PO OEI ........................................ 21

Cognitive Behavior Therapy and Cultural Context: Commentary
Gordon C. Nagayama HALL .................................................. 35

Original Articles

A Sleep Education Program for Junior High School Students Improves Sleep Habits and Decreases Daytime Sleepiness: Comparison of Sleep Education and Wait-List Control Groups
Norihisa TAMURA, Hideki TANAKA, Taeko SASAI, Yuichi INOUE .................................................. 39

Effects of Rules Acquired Through Creative Hopelessness on Behavioral Change: An Experimental Study of Motivative Augmentals
Mic SAKAI, Takashi MUTO, Tomu OHTSUKI .................................. 51

Brief Notes

Effects on Stress Responses and Self-Efficacy of a Cognitive Behavioral Program for School Nurses: A Nonrandomized Study
Shinya TAKEDA, Masahiko INOUE, Shuhei KANeko, Keiko MINAMIMAE .................................................. 63

Validation of the Japanese Version of the Cognitive Fusion Questionnaire: The 13-Item Content Revised Version and the 7-Item Version
Taiki SHIMA, Tomonori KAWAI, Mamika YANAGIHARA, Hiroaki KUMANO .................................................. 73

Effects of Social Problem-Solving Training on Elementary School Children’s Stress Responses: A Long-Term Follow-Up
Rie TANAKA, Takahito TAKAHASHI, Shoji SATO .................................................. 85

The Preliminary Study for Training of Motivational Interviewing Treatment Integrity Code 3.0 Japanese Version
Yoko OHTSUBO, Hiroaki HARAI, Kouji INAGAKI, Izumi SEZAI .................................................. 99

JAPANESE ASSOCIATION OF BEHAVIORAL AND COGNITIVE THERAPIES
c/o MAINICHI ACADEMIC FORUM Inc.
East-Core, Palaceside Building
1-1-1 Hitotsubashi Chiyoda-ku Tokyo 100-0003
http://japt.umin.ne.jp