Foreword

Congratulations on the 20th Volume of the Japanese Journal of Physiological Anthropology

T. Katsuura 1

Special Topic: Round-table Discussion

History and Future of the Japanese Journal of Physiological Anthropology 3

Special Topic: Frontiers in Physiological Anthropology (Part 1)

Physiological Responses to Artificial Lighting Environments

- Relation to Personality Traits and Nonvisual Effects of Blue-pulsed Light
  T. Katsuura, X. Jin, S. Nozaki, Y. Uchiyama, Y. Takahashi,
  S. Lee, Y. Shimomura, N. Kakitsuba 9

Preventive Medical Effects of Nature Therapy and Their Individual Differences

Y. Miyazaki, C. Song, H. Ieki 19

Influence of Fragile Fractures and Bone Turnover Maker to Activities
  of Daily Living and Death

K. Aoyagi 33

Relationship between Physiological Polytypism and Gene Polymorphism
  in Modern Japanese

T. Nishimura, S. Watanuki 39

Review

The Origins and Formation of the Japanese Language

Y. Itabashi 45

Report

Relationship between Ladder Exercise and Reaction Times
  of the Upper Limbs and Whole Body in Preschool Children

K. Miyaguchi, S. Demura, K. Tachibana 55

Announcements

Abstracts of the 71st Meeting 63

Abstracts of the Journal of Physiological Anthropology 71