Instructions to Contributors

In principle, the first author must be a member of the Japan Society of Physical Education, Health and Sport Sciences, but non-members might also submit a paper for publication. If non-members want to publish an accepted paper, the authors must pay for its publication cost.

Papers in the field of Physical Education, Health and Sport Sciences reporting Review, Original Investigation, Practical Investigation, Case study, Material, Book Review, Current Trend, and Research Problem will be considered for publication. The Editorial Board will decide the acceptability of the submitted paper and the date of publication. The submitted original manuscript will not be returned to the authors.

Papers should be written in English and typed on A4 size paper double-spaced with wide margins (3 cm for top and bottom, 2.5 cm for left and right). The elements of the manuscript are to be arranged in the following sequence: The title page (numbered as page one), Summary, Key words, Introduction, Methods, Results, Discussion, Acknowledgments, References, Tables, Figure Legends, and Illustrations.

The submitted papers reporting Review, Original Investigation, Practical Investigation, Case Study and Material should not exceed 15 printed pages in length. The after submitted papers should not exceed 3 printed pages in length. Extra printing cost for those pages exceeding this length limit must be paid by the authors.

The title page should include the title of the paper, the names of all authors, the name of the institution, and the address. The author(s) must indicate the area of the submitted paper (Review, Original Investigation, Practical Investigation or Material) for proper review. Three to five Key words should also be provided on the title page.

The SI units should be used for the numerical expression of the results of measurements.

Tables should be typed double-spaced on separate pages and numbered with Arabic numerals in the order in which they are mentioned in the text.

Illustrations should be restricted to the minimum needed to clarify the text and numbered with Arabic numerals. The locations of the Tables and Figures (Illustrations) must be marked in the text in red ink.

All references cited in the text should be typed double-spaced and listed at the end of the manuscript in alphabetical order under the first author's last name. Chronological order is used for works by more than two authors. If there is more than one work by the same author(s) in the same year, a, b, c, etc., are added to the year both in the text and in the list of references.

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