Japan Journal of Physical Education, Health and Sport Sciences
Editorial Board

Editor-in-Chief: MORIKAWA Sadao
Executive Editor: FUKASHIRO Senshi

ITO Akira
SAKURAI Shinji
NAKAMURA Kazuhiro
MATSUO Tetsuya
YOSHIDA Shigeru

OHTSUKI Tatsuyuki
SHIMIZU Norihiro
NAKAMURA Yoshio
MIZUTA Kazuyoshi

KAWAKAMI Yasuo
JOGO Yuutaka
NISHIJIMA Takahiko
YAMAGUCHI Junko

KUSUDO Kazuhiko
SETOGUCHI Teruo
NISHIDA Tamotsu
YAMAZAKI Hideo

Editorial Assistant: SUZUKAWA Kazuo

JAPAN JOURNAL OF PHYSICAL EDUCATION, HEALTH AND SPORT SCIENCES (ISSN 0484-6710) is published bimonthly in Japanese or English with abstracts in both languages, by the Japan Society of Physical Education, Health and Sport Sciences, c/o Kishi Memorial Hall, 1-1-1, Jinnan, Shibuya-ku, Tokyo, JAPAN 150-8050.

Instructions to Contributors

In principle, contributors must be members of the Japan Society of Physical Education, Health and Sport Sciences, but non-members may also submit papers for publication. There is no charge for submitting papers to the Editorial Board, but if non-members wish to have accepted papers published, they must cover the publication costs themselves, or will be recommended to become members of the society.

Papers in the field of Physical Education, Health and Sport Sciences in the form of Reviews, Original Investigations, Practical Investigations, Case Studies, Materials, Book Reviews, Current Trends, Research Problems, and Commentaries will be considered for publication. The Editorial Board will decide on the acceptability of submitted papers and the date of publication. Submitted original manuscripts will not be returned to contributors.

In principle, papers should be written with a word processor and set to A4 format full size 40 letters and 20 lines. The elements of the manuscript are to be arranged in the following sequence: Title page (numbered as one), Summary, Key words, Introduction, Methods, Results, Discussion, Acknowledgments, References, Tables, Figures, Table and Figure Legends, and Illustrations, if any.

Submitted papers to be published as Reviews, Original Investigations, Practical Investigations, Case Studies or Materials should not exceed 25 pages in length. Papers submitted for publication in any of the remaining categories should not exceed 5 pages in length. Any extra printing costs for pages exceeding these totals must be covered by the contributors, with the exception of papers specially requested by the Editorial Board.

The title page should include the title of the paper, names of all contributors, name(s) of the institution(s) to which they are affiliated, and the address(es). The contributor(s) must indicate the type of the submitted paper (Review, Original Investigation, Practical Investigation or Material) for review. Three to five key words should also be provided on the title page.

SI units should be used for all numerical data obtained as results.

Tables should be printed out on separate pages and numbered with Arabic numerals in the order in which they are mentioned in the text.

Illustrations should be restricted to the minimum needed to clarify the text, and numbered with Arabic numerals. The locations of the Tables and Figures (Illustrations) must be marked in red in the text.

All references cited in the text should be listed at the end of the manuscript in alphabetical order under the first author's last name. Chronological order is used for works by more than two authors. If there is more than one work by the same author(s) in the same year, a, b, c, etc., should be added to the year both in the text and in the list of references.

A current issue of the Japan Journal of Physical Education, Health and Sport Sciences should be consulted for writing style and for any details not specifically mentioned in the Instructions to Contributors.