Summary of Mahidol University's Visit to Juntendo Tokyo Koto Geriatric Medical Center on July 11, 2014

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A group including 8 physicians and 6 nurses from Mahidol University visited Juntendo Tokyo Koto Geriatric Medical Center (GMC) on July 11, 2014. First of all, a brief conference was held and the president of the center, Dr. Hiroshi Tsuda, gave a welcoming speech. In the conference, Dr. Yoshiaki Furukawa gave a talk on the clinical characteristics of the GMC (Table-1)¹⁾ and Dr. Yosuke Ichimiya gave a short lecture on the diagnosis and treatment of demented patients at this center (Figure-1) as well as the activities of the GMC psychiatric team (Table-2)²⁾⁻⁴⁾. Then, the visitors observed general and psychiatric wards, rooms for medical examinations of outpatients, and rehabilitation rooms in the center. Finally, Dr. Somnuek Domrongkitchaiporn expressed his gratitude and gave a talk about how aging of the population is progressing in Thailand (Figure-2).

Key words: Juntendo, Mahidol, aging, dementia, geriatrics

Table-1 Characteristics of Juntendo Tokyo Koto GMC

1. Early diagnosis and early treatment of patients with dementia.
2. Diagnosis and treatment of physical complications in patients with dementia.^a
3. Diagnosis and treatment of internal and surgical diseases in elderly individuals.
4. Rehabilitation for aged patients.

^a Behavioral and psychological symptoms of dementia (BPSD) and psychosis in patients with advanced Parkinson's disease¹⁾ can also be treated.

Table-2 Activities of Psychiatric team for Dementia

1. Diagnosis and Early identification
2. Management of symptoms
3. Treatment of medical conditions
4. Effective support for carers
5. Non drug treatments

Figure-1 Clinical diagnosis of in-patients in psychiatric ward (2012)

AD: Alzheimer's disease, DLB: Dementia with Lewy bodies,

VD: Vascular dementia, FTLD: Frontotemporal lobar degeneration

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Figure-2 Numbers and Percentage of Aged Population (65 years and over) in Thailand
Source : United Nations, 2004

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This picture shows participants in the conference from Mahidol University and Juntendo Tokyo Koto Geriatric Medical Center; in the front row, from the left side, there are Drs. Ichimiya, Domrongkitchaiporn, Tsuda, and Furukawa.