We, organizing committee of the 2nd Congress, International Academy of Sportology, are taking this opportunity to express our hearty thanks to your enormous contributions to the Congress.

Sportology is a newly defined scientific approach to clarify the relationship between sports and health more profoundly. By deepening the respective sciences involved, Sportology simultaneously integrates each of these specializations, creates and presents opportunities where “deepening and integration” are possible and gives back the outcome to medical societies more effective and more efficient academic achievements. In addition, the aim of Sportology is to establish newly academic background for disease prevention and treatment by blending basic and clinical medical sciences, even including philosophy and brain science.

The Inaugural International Academy of Sportology was held on 5th March, 2011, in Tokyo, and finished with a great success. The proceedings of the meeting was published and sent to 700 members of this association, universities and libraries all over the world.

In recent years, considerable progresses in the field of Sportology have been established. So, we took place the 2nd Congress, International Academy of Sportology on 12 September, 2015, in Tokyo. You will find herewith 69 excellent, innovative research accomplishments, presented at that occasion.

However, there are still a lot of pending issues in the field of Sportology, such as childhood sports and problems in overuse injuries, and so on. It has been recommended that all children have to participate healthy sports at the age as early as 3 years old to make effectively neuro-development, such as, brain and motor function, attention, memory, etc. However, recently with the progresses in brain imaging techniques, neurocognitive impact in adolescents of sport-related concussions are revealed. Thus, how to prevent them are urgent theme for Sportology also.

And the most important pending issue seems to me is “brains and brawn”. Do brains and brawn help each other? Or is it pulling of the foot? With the progresses in understanding brain functions in human beings, several minute changes in brain in response to various strength’s exercise have been revealed, so most suitable method to activate brain functions in each individual will be established soon.

“Sports” is old, gold, retold! However, “Sportology” is still brand-new! Sportology is requested to prove its real worth urgently. So, please couple your specialty in science to another categories in science, under the banner of Sportology.

Ryuzo Kawamori
Chairman, The 2nd Congress, International Academy of Sportology
Professor & Director, Sportology Center, Juntendo University Faculty of Medicine