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Physical Activity of Adolescents in a Medium-Sized City in China

Changes in the Physical Fitness of Taiwanese School Children in Japan: A Cross-Sectional Study

The Relationship Between Alpha-Actinin-3 Gene R577X Polymorphism and Muscle Flexibility

Intramyocellular Lipid Accumulation After High-Fat Diet Is Associated with the Gene Expression Originated from the EDL and Soleus Muscles

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