Preface

Proceedings of the 13th Asian Congress of Nutrition (ACN)

The 13th Asian Congress of Nutrition (ACN) on “Nutrition and Food Innovation for Sustained Well-Being” was held in Nusa Dua, Bali, 4–7 August 2019, which is a four year regular Nutrition Congress in Asia, under the auspice of Federation of Asian Nutrition Societies (FANS), and International Union of Nutritional Sciences (IUNS).

The congress was attended by 3,435 participants from 32 countries. A total of 1,252 abstracts were selected to be presented through oral and poster presentations. Among those presented abstracts, 384 full papers were submitted to the scientific committee, in which 315 articles fulfilled the author guidelines of the *Journal of Nutrition Science and Vitaminology* (JNSV). After reviewing, 82 articles were selected by independent reviewers to be published in the JNSV.

Publishing the proceedings of these selected reviewed articles in the JNSV is one of the follow up actions of the Memorandum of Agreement between FANS and JSNFS on JNSV as a formal journal of FANS, which was signed on June 2020 following the recommendation of the General Assembly Meeting of FANS conducted during the 13th ACN in Bali. This idea was initially proposed by Japan Society of Nutrition and Food Science (JSNFS), which publishes the JNSV. For this, I really appreciate Professor Teruo Miyazawa—Former President of FANS, Prof Hisanori Kato President—President of JSNFS, Yoshiji Ohta – Chief Editor of JNSV, to all FANS council members.

Last but not least, I would like to take this opportunity to thanks to all authors, scientific committee members of 13th ACN, as well as independent reviewers who make this proceeding possible. It is a great privilege for us to present the proceedings of the 13th ACN to the authors, participants and readers. We hope that you will find it useful, exciting and inspiring

Professor Hardinsyah MS PhD
Chair of the 13th Asian congress of Nutrition (ACN)
President, Federation of Asian nutrition Societies (FANS)