Preface

Proceedings of the 22nd IUNS-ICN

It is our utmost pleasure and honor that the proceedings of the 22nd IUNS-International Congress of Nutrition (IUNS-ICN) are published in the Journal of Nutritional Science and Vitaminology (JNSV). The Congress was held on December 6–11 of 2022 at the Tokyo International Forum, Tokyo, Japan. ICN is the quadrennial meeting of the International Union of Nutritional Sciences (IUNS). The theme of the 22nd IUNS-ICN is The Power of Nutrition: For the Smiles of 10 Billion People since the earth’s population is expected to approach 10 billion by the middle of this century, and it is our responsibility as nutritionists to ensure their health through good nutrition.

The program of the Congress included Opening and Closing lectures, 8 plenary lectures, 32 special lectures, 58 symposia, 69 open symposia, and 2,500 oral/poster presentations. One paper for the proceedings was selected from each symposium, for a total of 58 papers. The proceedings are published prior to the conference and available online for all to view. I would like to thank the authors for making this possible. I hope these papers will help the readers deepen their understanding of state-of-the-art nutrition research.

Last but not least I would like to express my sincere gratitude to the Program Committee members of ICN, Proceedings Committee members, JNSV Editorial Board members, and IUNS council members for their dedicated effort in making the publication possible despite our experiencing the most difficult situation in ICN’s history under the influence of the COVID-19 pandemic. Special thanks should go to Prof. Nobuko Murayama (Chair of the Program Committee), Prof. Taiichiro Seki (Vice-Chair of the Program Committee), Prof. Saiko Ikeda (Chair of the Proceedings Committee), and Prof. Masao Sato (Editor in Chief of JNSV).

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Hisanori Kato
Chair of the Local Organizing Committee of the 22nd IUNS-ICN