Clinical observation on Aralia echinacaulis Hand. Mazz Capsula in knee joint of osteoarthritis

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Objective: To observe the effect of Aralia echinacaulis Hand. Mazz Capsula in the treatment of knee osteoarthritis. **Method:** Sixty patients were randomly divided into treatment group and control group, treatment group received Aralia echinocau Iis Hand. Mazz Capsula (1 capsule each time, 200--300mg / each capsule, 2 times daily), the control group received Finbid (2 capsules each time, 200 mg / each capsule, 2 times daily), 4 weeks for a course of treatment. **Result:** The treatment group's effective rate was 66.67%, the control group rate was 76.67%, the difference was statistically significant ($P < 0.05$), Comparing the pain relief time after treatment, the difference was statistically significant ($P < 0.05$). **Conclusion:** Aralia echinocau Iis Hand. Mazz Capsula in the treatment of knee osteoarthritis shows good efficacy, joint pain can be shortened.