Minireview

Enterotoxigenic *Clostridium perfringens*: Detection and Identification

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Recent advances in understanding the genetics of enterotoxigenic *Clostridium perfringens*, including whole genome sequencing of a chromosomal cpe strain and sequencing of several cpe-carrying large plasmids, have led to the development of molecular approaches to more precisely investigate isolates involved in human gastrointestinal diseases and isolates present in the environment. Sequence-based PCR genotyping of the cpe locus (cpe genotyping PCR assays) has provided new information about cpe-positive type A *C. perfringens* including: 1) Foodborne *C. perfringens* outbreaks can be caused not only by chromosomal cpe type A strains with extremely heat-resistant spores, but also less commonly by less heat-resistant spore-forming plasmid cpe type A strains; 2) Both chromosomal cpe and plasmid cpe *C. perfringens* type A strains can be found in retail foods, healthy human feces and the environment, such as in sewage; 3) Most environmental cpe-positive *C. perfringens* type A strains carry their cpe gene on plasmids. Moreover, recent studies indicated that the cpe loci of type C, D, and E strains differ from the cpe loci of type A strains and from the cpe loci of each other, indicating that the cpe loci of *C. perfringens* have remarkable diversity. Multi-locus sequence typing (MLST) indicated that the chromosomal cpe strains responsible for most food poisoning cases have distinct genetic characteristics that provide unique biological properties, such as the formation of highly heat-resistant spores. These and future advances should help elucidate the epidemiology of enterotoxigenic *C. perfringens* and also contribute to the prevention of *C. perfringens* food poisoning outbreaks and other CPE-associated human diseases.

**Key words:** molecular assays, cpe-genotyping assay, MLST

Introduction

*Clostridium perfringens* is a Gram-positive, rod-shaped, spore-forming, anaerobic bacterium that causes a broad spectrum of human and veterinary diseases (35, 36). The virulence of *C. perfringens* largely results from its prolific toxin-producing ability (36). Based on the production of four major toxins (alpha, beta, epsilon, and iota), this organism is commonly classified into one of five types (A to E) (35). Some *C. perfringens* strains produce another important toxin named *Clostridium perfringens* enterotoxin (CPE), which is responsible for several human gastrointestinal (GI) diseases, including *C. perfringens* type A food poisoning and many cases of antibiotic-associated diarrhea (AAD), sporadic diarrhea (SD), and nosocomial diarrheal disease (1, 2, 23, 25, 52, 56). Therefore, detection of CPE produced by *C. perfringens* in feces specimens of ill individuals is a criterion for clinical diagnosis.

CPE production, which is responsible for the diarrhea symptoms of diseases caused by cpe-positive type A strains, is sporulation-associated. Intact cpe genes can also be found in some type C, D and E strains. CPE expression is also sporulation-associated in those type C and D strains and, probably, also in those type E isolates, based upon sequence data indicating the presence of sigE- and sigK-dependent promoters upstream of the cpe gene in those type E strains (10, 16, 18, 32, 43, 50, 59).

Despite the medical importance of enterotoxigenic *C. perfringens*, the ecology of these bacteria remains poorly understood. In part this is because, while *C. perfringens* has widespread distribution in the environment, only a small fraction (~1 to 5%) of the global *C. perfringens* population carries the enterotoxin (cpe) gene (8, 14, 24, 29, 34, 38, 44, 55, 57). However, enterotoxigenic *C. perfringens* are a suitable target bacterium for microbial source tracking (MST) for identifying contamination processes (21). Recently, the accumulation of genetic information about chromosomal and plasmid cpe type A strains has facilitated the development of molecular methods using MST tools for detecting and identifying enterotoxigenic *C. perfringens* (41, 42, 45, 48, 58). These molecular methods to detect the cpe gene and to identify the cpe locus represent a useful alternative approach for MST (41, 58). Using recently developed molecular assays, several new findings about enterotoxigenic *C. perfringens* ecology have been reported (29, 44); therefore, new strategies for preventing human and animal GI diseases caused by enterotoxigenic *C. perfringens* may be developed in the near future.

**Molecular assays for detecting the cpe gene**

*C. perfringens* type A food poisoning usually develops after the ingestion of foods contaminated with large numbers (≥10⁶ bacteria g⁻¹) of CPE-positive vegetative cells (36). Those bacteria then sporulate in the intestines and produce
CPE. The stool from diseased persons typically contains large numbers (>10^6 bacteria g^-1) of CPE-positive *C. perfringens* spores (36). To prove *C. perfringens* as the etiologic agent of an outbreak, serotyping or molecular genotyping assays, such as pulsed-field gel electrophoresis (PFGE) have been developed (23, 33).

However, in some outbreaks, enterotoxigenic *C. perfringens* can only be isolated from feces of sick individuals and not from any food source, and only low numbers of viable bacteria remain in those feces (this is a particular problem if fecal samples are not collected soon after the onset of diarrhea). To identify the contaminated food in these cases, molecular methods such as conventional PCR, nested PCR, real-time PCR, and other recently developed assays, such as loop-mediated isothermal amplification (LAMP assay) can be useful tools (21). In these assays, ~10^3 cpe-positive bacterial cells are necessary for detection, while these assays can detect 0.1 to 10 pg of purified bacterial DNA; however, combined with enrichment culture, these assays can detect less than three viable cpe-positive *C. perfringens* strains (21); therefore, these assays are also helpful to identify how and when enterotoxigenic *C. perfringens* isolates enter the food supply. The results of future surveys using molecular assays will be useful to fully understand and prevent *C. perfringens* type A food poisoning outbreaks.

These assays have been applied to isolates from food poisoning outbreaks, diarrheic patients, and other sources. It is often easier to detect the cpe gene with a molecular assay than to detect *in vitro* CPE production by strains, because the production of CPE is sporulation-associated, *i.e.*, demonstrating *in vitro* CPE production requires the *in vitro* sporulation of isolates (3, 18, 59). Unfortunately, sporulation is often difficult to achieve *in vitro* using sporulation media such as Duncan-Strong medium (36).

Despite the advantages of molecular methods for detecting the presence of the cpe gene when screening many samples, an epidemiological protocol for detecting cpe-positive strains has not been fully established. The reasons are: 1) The presence of cpe-positive *C. perfringens* in non-outbreak foods and the environment is often at a low frequency of 1 to 5% or less and it is expensive and time consuming to identify cpe-positive *C. perfringens* from large numbers of isolates; 2) In non-outbreak retail foods, the number of contaminated *C. perfringens* is usually very low, less than 3 MPN/gram in many samples (38, 57); and 3) To detect cpe-positive *C. perfringens* with molecular assays, a large number of bacteria, (approximately 10^3 g^-1 sample) are necessary to prepare template DNA using commercial DNA purification kits (21). Because of these difficulties, studies using molecular methods for the detection of cpe-positive *C. perfringens* in food samples have rarely been published (38, 39).

To overcome these issues, an additional enrichment culture step is usually used before the preparation of DNA template for PCR analysis (21, 38, 46, 57). Adding an enrichment culture step allowed the isolation and detection of enterotoxigenic *C. perfringens* from retail uncooked food samples (21, 38, 57). In a recent study using molecular methods for detecting cpe-positive *C. perfringens*, the addition of an enrichment culture step markedly improved the detection efficiency of the cpe gene in retail raw meat samples (21). Moreover, an enrichment culture can reduce known (collagen molecule) and unknown inhibitors present in food samples (21).

Although molecular methods can detect non-viable cpe-positive *C. perfringens* in tested samples, significant numbers of these bacteria are needed to obtain a PCR-positive sample, *i.e.*, cpe-positive *C. perfringens* should be propagated in samples before testing. Even using an enrichment culture step, not all cpe-positive *C. perfringens* might be detected in all samples if many more cpe-negative *C. perfringens* are present in the sample.

Collectively, many issues remain for detecting cpe-positive *C. perfringens* in foods and the environment for epidemiological purposes, although repressing food contamination by cpe-positive *C. perfringens* is important to reduce the occurrence of *C. perfringens* food poisoning outbreaks.

### Genetic diversity of cpe loci amongst type A, C, D and E cpe-carrying *C. perfringens*

In type A isolates, the cpe gene can reside on the *C. perfringens* chromosome or on large plasmids (12). Some type C, D, and E, isolates also carry functional cpe genes on large plasmids (32, 43). In most or all CPE-positive type A, C, and D isolates, the cpe gene encodes a 957 bp ORF whose sequence is identical; however, some type E isolates encode a variant of the functional cpe gene, while other type E isolates carry a silent cpe gene (10, 12, 13, 30, 43).

Early studies indicated that classical type A food poisoning *C. perfringens* isolates carry a chromosomal cpe gene (11, 12). It was also reported that CPE-positive *C. perfringens* type A isolates carrying non-foodborne human diarrhea disease such as AAD and SD carry their cpe gene on a large plasmid (5, 6, 11, 12).

Comparing the organization of the chromosomal cpe locus versus plasmid cpe loci in type A isolates revealed an identical ~3 kb region, which contains an upstream IS1469 element, the cpe gene, and downstream sequences, present in both the plasmid and chromosomal cpe loci (Fig. 1) (7, 40). Beyond this conserved region immediately surrounding the cpe gene, substantial differences were identified between these cpe loci amongst type A isolates. When chromosomally-located, the cpe gene appears to be associated with mobile genetic elements, *i.e.*, the chromosomal cpe gene is present on a putative 6.3 kb transposon, named Tn5565 (7). This putative transposon is flanked by upstream and downstream copies of IS1470 and is apparently inserted between the purine permease (*uapC*) and quinolinate phosphoribosyltransferase (*nadC*) genes on the chromosome (Fig. 1) (7).

The type A plasmid cpe locus lacks the IS1470 element that is present upstream of the chromosomal cpe gene, instead carrying an upstream cytosine methyltransferase gene (*dem*) (Fig. 1) (40, 42). Additionally, the IS1470 element located downstream of the chromosomal cpe locus has been replaced in type A plasmid loci by either a defective IS1470-like element, or by an IS1151 element (40, 42). Moreover, a study determining complete sequence and diversity analysis determined that the two kinds of plasmid cpe genotypes (downstream IS1151 or downstream IS1470-like sequence) share a conserved region, including a replication region and...
1. Type A strains

(A) Chromosomal cpe strain (NCTC8239)

<table>
<thead>
<tr>
<th>Gene</th>
<th>IS1470</th>
<th>IS1469</th>
<th>cpe</th>
<th>IS1470</th>
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(B) Plasmid cpe strain with downstream IS1470-like sequence (F4969)

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(C) Plasmid cpe strain with downstream IS1151 sequence (F4013, F5603)

<table>
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2. Type C strains

(A) Plasmid cpe strain with downstream IS1470 sequence

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(B) Plasmid cpe strain with downstream IS1151-like sequence

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<th>cpe</th>
<th>IS1151-like</th>
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3. Type D strain

(A) Plasmid cpe strain

<table>
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(B) Plasmid cpe strain (945P)

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<tr>
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4. Type E strains

(A) Plasmid cpe strain with downstream IS1151 sequence (Classical type 1; NCBI/ST748, B55 strains)

<table>
<thead>
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<th>cpe</th>
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(B) Plasmid cpe strain with downstream IS1151 sequence (Classical type 2; CNS5065)

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<td>PCR (spot)</td>
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(C) Plasmid cpe strain with no IS sequence (Novel type)

<table>
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<td>PCR (spot)</td>
<td>13 kb</td>
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**Fig. 1.** The organization of cpe loci in cpe-positive type A, C, D, and E. C. perfringens. In type A strains, comparison of the genetic organization of chromosomal cpe locus (A), and plasmid cpe loci (B, C) revealed three downstream sequences. The bar below the open reading frames depicts the cpe-IS1470 cpe genotyping PCR assay product from chromosomal cpe strains, from cpe-IS1470-like plasmid strains, and from cpe-IS1151 plasmid strains. In type C strains, two types of genetic organization of plasmid cpe loci have been found, i.e., (A) cpe locus with downstream IS1470 and two IS1151-like sequences and (B) the cpe locus with two IS1151-like sequences. In type D strains, the genetic organization of the cpe locus lacks any apparent IS sequence. In type E strains, the genetic organization of (A) iota toxin locus with the disrupted cpe gene and IS1151, (B) iota toxin locus with the disrupted cpe gene and IS1469, and (C) iota toxin locus with functional cpe gene and no apparent IS element. The bar below the open reading frames of the cpe gene depicts the cpe genotyping PCR assay product by internal primers of the cpe gene.

a plasmid conjugative transfer region, but have different variable regions that can encode bacteriocins, metabolic genes or toxin genes, such as the cph2 gene (42).

Some strains of type C, D, and E. C. perfringens also carry the cpe gene (4, 32, 43). The organization of the cpe loci of type C, and D isolates is different from that of type A plasmid cpe strains, while the cpe ORF sequence is identical amongst type A, C, and D isolates (32). Flanking sequences of the cpe gene in type C strains can be divided into two groups with one group carrying an upstream IS1470 sequence and downstream IS1470 and IS1151-like sequences, and the other group sharing a resemblance to the plasmid-borne cpe locus of pCP5603 carried by type A isolate F5603 (Fig. 1). Both types of the type C cpe locus are located downstream of the
cytosine methyltransferase gene (*dcm*), which is almost always located upstream of the *cpe* gene in type A strains (25, 32, 40). Overall, the *cpe* gene has been localized near *dcm* in those *cpe* loci where the *cpe* gene is flanked by various combinations of IS1469, IS1470, IS1470-like, IS1151 or IS1151-like sequences in type A and C *C. perfringens* isolates. Investigated type D strains carry a unique *cpe* locus, which is different from that in any other characterized *cpe*-positive *C. perfringens*. In these type D isolates, upstream of the *cpe* gene, there are two copies of the putative transposase gene in Tn154; however, no IS element is found downstream of the *cpe* gene (Fig. 1) (32).

Amongst type E isolates, two groups of *cpe* loci have been identified (4, 43). In classical type E isolates, a silent *cpe* sequence associated with IS1151 and IS1469 is located on the same plasmid adjacent to the iota toxin genes (Fig. 1) (4, 47); however, in some recently-identified type E isolates, an intact *cpe* gene is next to the iota genes (Fig. 1) (43). Interestingly, the newly identified *cpe* gene in those the novel type E isolates has several nucleotide differences from the classical *cpe* gene of type A, C, and D isolates (32, 43). The iota toxin genes in these novel type E isolates also exhibit nucleotide differences from the classical iota toxin genes (43); therefore, this newly identified type E isolate was initially classified as type A by the current PCR-based toxin genotyping assay as the *iap* primer in this assay could not amplify the variant *iap* gene present in these type E isolates (17, 37, 51). Moreover, complete sequencing of this toxin plasmid showed that no intact transposase gene and a disrupted *dcm* gene are present on this putative conjugatively transferable toxin plasmid (43). Collectively, these studies have revealed greater diversity in the *cpe* gene and the *cpe* loci in type C, D, and E isolates than those in type A strains.

**Usefulness of cpe-genotyping assays**

Using the sequence information generated for the *cpe* locus on the chromosome and plasmids in type A isolates, simple and rapid PCR *cpe* genotyping assays were developed (41, 58). Because these PCR assays can distinguish between the *cpe* locus on the chromosome and the two well characterized *cpe* loci present on the plasmids in type A isolates, these *cpe* genotyping assays are a useful diagnostic and epidemiological tools for investigating CPE-associated GI disease cases, including food poisoning, AAD, and SD caused by *cpe*-positive type A strains. Applying these PCR based *cpe*-genotype assays to chromosomal or plasmid *cpe*-positive type A isolates from various sources, several new insights have been reported (34). First, ~30% of *C. perfringens* food poisoning outbreaks in Japan and Europe appear to be caused by type A plasmid *cpe* strains (19, 25, 53), with the remainder of *C. perfringens* food poisoning outbreaks caused by chromosomal *cpe* strains. Before sequencing analysis and development of sequence-based *cpe*-genotyping PCR assays, it had been thought that all food poisoning isolates carry *cpe* on their chromosome, while isolates from AAD and SD cases bear *cpe* on the plasmids (11, 12). This conclusion was based upon strains isolated from a limited number of food poisoning outbreaks that were investigated using RFLP Southern blotting analysis, an approach that can only be performed in research laboratories with a limited number of isolates. Second, the *cpe* genotyping assays, which can be easily performed with large numbers of isolates by clinical labs, identified chromosomal *cpe*-strains in ~1.4% of retail meats in USA (57). In contrast, ~4% of retail meat products in Japan were contaminated with type A plasmid *cpe*-positive strains, as determined using a PCR assay that can distinguish chromosomal or plasmid *cpe* strains (38). Also, three meat plasmid-*cpe* isolates were identified as being the IS1470-like *cpe* genotype and these isolates also formed relatively heat-labile spores, *i.e.*, *D*<sub>100</sub> value of spores was less than 3 min in an isolate from sporadic diarrhea (38). These results indicated that both chromosomal *cpe* and plasmid *cpe* strains can contaminate food and potentially induce food poisoning, although the relative importance of these *cpe* genotypes for causing food poisoning may vary, perhaps due to cultural differences in food preparation. Third, chromosomal *cpe*-positive strains are rarely isolated from feces of healthy humans, although those feces do contain type A plasmid *cpe* strains (8, 19). Therefore, feces of healthy humans might be a reservoir for plasmid *cpe*-positive isolates and, perhaps less commonly, for chromosomal *cpe*-positive isolates. Because of their rarity, chromosomal *cpe* isolates might be found only transiently in healthy human feces. Fourth, at least two unusual variants of the *cpe* locus have been found amongst type A isolates recovered from foods, human feces and the environment, including sewage (19, 29, 34, 44). At least, some of these isolates with unusual *cpe* loci, obtained from feces of healthy humans, can produce CPE (19). These findings suggest that there might be several other *cpe* genotypes in type A isolates but the clinical significance of the variant *cpe* loci-carrying isolates has not yet been investigated; however, many of these *cpe* isolates that are untypeable by current genotype assays originated from the environment, such as sewage, and these isolates are rarely found in human feces and foods. These findings suggest a need for further investigation of how and when foods become contaminated with *cpe*-positive isolates. Use of molecular methods, including the *cpe* detection PCR method and/or *cpe*-genotyping PCR assay combined with prior enrichment culture, should facilitate these epidemiological studies (21, 38, 57).

Type C *cpe*-positive strains have been isolated from feces of patients suffering from enteritis necroticas (Pigbel) (26); however, the involvement, if any, of CPE in this disease is not fully understood because of the rarity of Pigbel and the lack of an established clinical diagnosis protocol. The involvement of type D *cpe*-positive strains in disease has also not yet been established (35). Use of recently developed *cpe*-genotyping assays should make it easier to distinguish these *cpe*-positive type C, D and/or E strains from type A *cpe*-positive isolates at the clinical stage, which might help the diagnosis and the investigation of *cpe*-positive type C, D, and E strains.

**Multi-locus sequence typing (MLST) of *C. perfringens***

To epidemiologically link isolates obtained from patients with isolates found in suspected food vehicles, classical
serotype assays have been used; however, many cpe-positive food poisoning strains cannot be serotyped using existing antisera. As an alternative, pulsed-field gel electrophoresis (PFGE) has more recently been applied for the epidemiological study of isolates from C. perfringens food poisoning or from nosocomial outbreaks (23, 33). The PFGE method has advantages over serotyping for demonstrating a link between various isolates associated with an outbreak (23, 33). These advantages include high reproducibility, high typeability with substantial discrimination ability (more than 30 types are distinguishable), and applicability to many kinds of bacterial species.

While the PFGE approach can demonstrate a clonal lineage of outbreak strains, it does not reflect the properties based on gene sequence diversity; as a result, data interpretation might be subjective in some cases. In addition, in some C. perfringens strains, bacterial DNA is rapidly degraded partly by internal DNase of the bacterial cell; as a result, DNA fingerprinting shows smearing (22). On the other hand, sequence-based molecular analysis, an approach known as multi-locus sequence typing (MLST), makes it possible to investigate more precise relationships among isolates with respect to disease presentation and/or host preference; the major origin and route of pathogenic strain spread (15, 20, 48). Moreover, MLST is a very good candidate for bacterial genotyping because MLST generates unambiguous nucleotide sequence data and does not have the potential for subjectivity in data interpretation. In addition, this technique has high reproducibility, high typeability and applicability to many bacterial species, similar to PFGE (20, 54); therefore, MLST has been applied to a number of bacterial pathogens, with the subsequent creation of databases, to which new MLST data can be added as it is generated (http://www.mlst.net) (20, 54).

The genes used in MLST analysis for cpe-positive C. perfringens isolates included genes for toxin genes (pic, colA), stress response (groEL, sod), putative metabolic genes (pgk, nadA), genes in DNA replication (gyrB) and genes for a sigma factor involved in sporulation (sigK), which is essential for cpe expression (15). These MLST studies indicated that human food poisoning isolates carrying the cpe gene on the chromosome are clearly related among strains isolated from several food poisoning outbreaks in Europe, United States, and Japan (Fig. 2) (15, 48). Plasmid-cpe isolates from human gastrointestinal diseases such as food-borne diarrhea and nosocomial diarrhea, were also clustered in the MLST assay, indicating that there also appeared to be a genetic relationship among plasmid-cpe isolates in feces of sickened individuals; however, cpe-negative isolates from healthy human feces exhibited considerable genetic diversity in the same MLST analysis (Fig. 2) (15).

By definition, toxin types B to E express one or more of beta, epsilon and iota toxins; as a result, these isolates are highly associated with specific diseases and animal hosts (9, 20). MLST approaches can identify host-species relationships with respect to the animal origin of isolates, even for isolates that are not clonal by PFGE profile (20, 48). Consistent with these findings, MLST indicated that type B to E strains from animal diseases was clustered with some diversity, while novel type E isolates from retail meat have a different genetic background from animal isolates (Fig. 2) (15, 43); however, there is no evidence that these type E meat isolates can cause food poisoning.

For C. perfringens isolates from various origins, the superoxide dismutase (sod) gene has been identified as a useful and sensitive PCR target gene for distinguishing chromosomal cpe strains from type A plasmid cpe-positive and other cpe-negative strains. This is because only a single locus sequence of the sod gene has been identified for chromosomal cpe strains (38).

**Other common properties of cpe-positive C. perfringens**

Type A C. perfringens strains carrying the cpe gene on the chromosome, whether as vegetative cells or spores, usually possess much higher resistance properties against
heat, cold, pH, and nitrites than type A strains carrying cpe on a plasmid (6, 27, 28, 31, 49). In addition, chromosomal cpe strains typically grow faster at optimal temperature and have a broader growth temperature range (27, 28). These complex differences in biological properties may reflect broad genetic variations between type A chromosomal cpe isolates and other C. perfringens strains. In fact, a newly identified product (Ssp4) of the sps4 gene (one of four C. perfringens genes encoding a small acid-soluble protein), was recently reported to be the most important protein for heat and nitrite resistance of spores made by chromosomal cpe strains (31). It was found that type A chromosomal cpe isolates producing resistant spores have a single amino acid substitution in their Ssp4 protein that mediates, in large part, their resistance phenotype (31).

Interestingly, most, if not all, of type A chromosomal cpe strains do not carry the θ toxin gene (pfoA), which indicates that chromosomal cpe strains produce non-hemolytic colonies on a sheep blood agar plate (15). This property is common, but not specific to chromosomal cpe strains, because some strains of type A plasmid cpe-positive and/or cpe-negative strains also do not carry the pfoA gene (15). In some cases, this property might help in the detection and identification of type A chromosomal cpe C. perfringens isolates.

**Conclusion**

Recent advances in understanding the genetics of type A cpe-positive C. perfringens have facilitated the detection and identification of enterotoxigenic C. perfringens isolates in food-borne outbreaks and outbreaks of nosocomial diarrhea; using molecular assays to identify three types of the cpe locus in type A isolates, several novel insights into diseases caused by enterotoxigenic C. perfringens have been published; however, newly identified issues were also recognized in type A cpe-positive C. perfringens identification. In most isolates obtained from patient specimens, the current cpe-gentotyping assays are useful tools; however, a small population of cpe-positive C. perfringens, including variant(s) of the cpe locus, has been found in the environment and these strains do not react appropriately in the current cpe genotyping assays (29, 43). The organization of the cpe locus in C. perfringens type A, C, D, and E has various arrangements (4, 32, 43); therefore, based on the sequence differences of the cpe locus of all types, molecular assays, including the cpe-gentotyping assays for type A strains, should distinguish and identify these other cpe locus-carrying isolates. When developed, applying these assays to clinical isolates, human and veterinary GI diseases caused by enterotoxigenic C. perfringens should provide accurate and rapid diagnoses, allowing improved appreciation for the clinical significance of these strains.

**References**

Enterotoxigenic \textit{Clostridium perfringens}


