Current trends of Physical Education and Sport Sciences in India

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The aim of this paper is to identify the current trends of physical education and Sports Science in India. As we all know that physical education plays the most significant role in school and college curriculum. In the 21st century, physical education is no longer a physical training, sports coaching or merely indulging in play activities. It has emerged as a multi-dimensional discipline. The modern programme of physical education gives emphasis on health, physical fitness and wellness, competitive and sports, inter-personal and life style skills. So, this type of curriculum will definitely help the physical education professional to motivate their students to participated various types of physical activities and maintain a lifelong involvement in health and wellbeing. In India, Sports Science is an emerging discipline in higher education. Sports or exercise science is a multidisciplinary approach encompassing various subjects like exercise physiology, biomechanics, sports psychology, science of sports training, sports medicine, nutrition and so on. The present course offers to create multidisciplinary knowledge based among the students that would enable them to enter research and practical application in variety of sports and games. All these issues have been discussed in the present study.

Introduction to Korean Sports and Physical Education

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〈略歴〉 Shin Wook, Kang has been president of Korean Alliance for Health, Physical Education, Recreation, and Dance (KAHPERD) since 2017.
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The purpose of the study is to investigate the current state of sports and physical education in South Korea. The Korean Alliance for Health, Physical Education, Recreation, and Dance was established in 1953 and is organized around 16 Korean Societies related to the study of sports. KAHPERD produces two signature journals. The Korean Journal of Physical Education has been chosen since 2017 by the Korean Research Foundation as the only academic journal of excellence in the sport fields, and is recognized as one of the most prestigious academic journals in South Korea.

In South Korea, there are 124 four-year universities with a total of 1,407 professors in sport-related departments. The number of elite athletes is 80,826 in K-12, 13,786 in universities, and 25,397 full-time professionals. Major Korean sports administrative bodies include the Ministry of Culture, Sports and Tourism, the Ministry of Education and Human Resources Development, Korean Sport and Olympic Committee, and the Korea Sports Promotion Foundation. In 2018, financing sports has the largest budget with 89.19% of the total funds. The budget is used in the following order: promotion of sports for all, promotion of elite and professional sports, promotion of the sports industry and international exchange.