Relationship among Insulin-Like Growth Factor-I, Blood Metabolites and Postpartum Ovarian Function in Dairy Cows

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ABSTRACT. The relationship among nutritional status, systemic insulin-like growth factor-I (IGF-I) and ovarian function early postpartum were investigated. A total of 27 Holstein-Friesian cows, 10 that cycled normally within 20 days postpartum, 5 diagnosed with follicular cysts, 8 with persistent corpus luteum (CL) after the first ovulation postpartum and 4 with inactive ovaries were used for the study. Blood samples were collected 1–3 times per week for 60 days pre- and postpartum, for IGF-I, progesterone, estradiol, free fatty acids (FFA), blood urea nitrogen (BUN), and aspartate aminotransferase (AST) determination. Inactive ovary and cystic cows had a higher body condition score before calving and lost more condition than normal or persistent CL cows. Immediately postpartum, IGF-I levels were higher in inactive ovary and cystic than in normal and persistent CL cows. At calving and early postpartum, FFA was higher in inactive ovary and cystic than in normal and persistent CL cows. There was a significant strong positive relationship between IGF-I and BUN, and strong negative relationships between IGF-I and FFA and AST in all groups. There was a positive relationship between serum IGF-I and estradiol in normal cystic and inactive ovary cows. This study found that underconditioned cows during the dry period or at calving, lost more body condition postpartum. These cows also had a deeper and longer period of negative energy balance (NEB), poor liver function and low circulating IGF-I concentrations early postpartum. Such cows were likely to have poor reproductive function as seen in development of cystic ovaries, persistent CL and inactive ovary. Changes in serum IGF-I early postpartum may help predict both nutritional and reproductive status in dairy cattle.

KEY WORDS: bovine, IGF-I, ovarian function, postpartum.

It is widely recognized that nutrition affects reproductive function in dairy cows, but the exact mechanisms, that is identification of humoral factors, mediating compounds, metabolic hormones or metabolites by which nutrition causes infertility and affects reproduction function are complex, not well defined, and still need further clarification. Since practical assessment of nutritional intake in normal dairy herds is difficult, assessment of blood metabolites provides a good accurate indirect measure. For energy status, changes in the body condition score, ketone bodies, free fatty acids (FFA) and glucose; for protein, blood urea nitrogen (BUN), albumin and hematocrit, and for liver function, apolipoproteins, lecithin cholesterol acyltransferase (LCAT) and aspartate aminotransferase (AST), have long been used in dairy cattle [25, 33, 36, 37]. Recently, insulin-like growth factor-I (IGF-I) has been identified as being greatly affected by nutrition status [7, 9]. The IGFs have also been shown to greatly influence reproductive function. IGF-I promotes follicle-stimulating hormone (FSH) and luteinizing hormone (LH) – supported steroidogenesis on follicular cells, LH receptor induction, and inhibin synthesis [1, 18]. In the stereoidogenic pathway IGFs have been shown to stimulate the aromatase system [2, 13]. IGF-I also increases the sensitivity of follicular cells to FSH and LH [30] and is also required for normal corpus luteum (CL) formation and function [12, 21]. Since all components of the IGF system are found in the hypothalamus and pituitary, IGFs are also thought to be involved in modulating their functions [15, 20]. Since IGF-I is influenced by nutritional status and has an effect on reproductive function in dairy cows, it could be identified as one of the factors that signal nutritional status in the reproductive axis. Therefore, this study was carried out to investigate the relationship among nutritional status, systemic IGF-I and ovarian function and to see if assessment of IGF-I may be used to predict both nutritional and reproductive status in early postpartum dairy cows.

MATERIALS AND METHODS

Animals: A total of 27 Holstein-Friesian cows, 10 that cycled normally within 20 days postpartum, 5 diagnosed with follicular cysts, 8 with persistent CL after the first ovulation postpartum and 4 with inactive ovaries, from a herd of 100 cows belonging to the Rakuno Gakuen University farm were used for the study. The animals were aged between 3 and 6 years and calved between December 1999 and October 2000. The cows were kept tied to stalls and exercise was allowed in a large paddock for 3–4 hr after the morning milking. They were fed according to Japanese nutritional standards for dairy cattle [3] to meet their nutritional requirements. Silage, hay and concentrates were fed several
times a day, and milking was done two times a day. The average milk production for the herd was over 9,000 kg per 305 day lactation equivalent.

Data acquisition: Beginning from dry off, approximately 60 days prepartum to 60 days postpartum, blood samples were collected in plain tubes and tubes containing heparin. They were collected once per week during the dry period, twice per week from 1–2 weeks prepartum, 2–3 times per week postpartum, and more than 3 times per week after diagnosis of cysts and inactive ovary. The samples were collected via tail vein puncture and 2–3 hr or more after feeding. After collection, blood samples for serum were stored at 4°C for 20–24 hr and then centrifuged at 1,700 × g for 15 min. Serum was decanted and stored at −30°C until concentrations of IGF-I, progesterone and estradiol were determined. Heparinized blood samples were centrifuged at 1,700 × g for 15 min, and plasma was either stored at −30°C for less than a month or immediately analyzed for FFA, BUN and AST.

In addition to IGF-I, FFA, BUN and AST were determined by means of an inhibition curve generated after dilution of the standard. FFA, BUN and AST were determined with a biochemical auto-analyzer (TBA-20FR, Toshiba, Tokyo, Japan).

Serum IGF-I concentrations were determined by radioimmunoassay (RIA) as previously described by Taya et al. [31] and Ribadu et al. [27]. The RIA used antisera to sheep estradiol-17β (GDN 244) and progesterone (GDN 337), and 125I-labelled estradiol (Amersham, code IM-135) and progesterone (Amersham, code IM-140). For both RIAs donkey anti-sheep gamma globulin was used as second antibody. The sensitivities of the RIAs for estradiol and progesterone were 0.51 pg/ml and 0.02 ng/ml, respectively. The intra- and inter-assay CV were 6.5 and 11.2% for estradiol and 5.1 and 9.8% for progesterone.

Statistical analysis: Weekly changes in BCS, hormones and metabolites were compared between groups. Repeated measures analysis of variance with within animal variation as the error term was conducted. Significant differences between two group means were then compared by Student’s t-test and for more than two means by Dunnett’s or Hsu’s MCB test. Chi-square analysis was done to check for association between BCS loss and reproductive status early postpartum. To investigate the relationship between IGF-I and FFA, BUN, AST, and estradiol, Pearson product moment and Spearman rank correlation coefficient, if the data were not normally distributed were determined. Differences were considered to be significant at p<0.05 unless stated. Variation in the data was expressed as standard error (SE) of the mean.

RESULTS

General observations: All 27 cows used in the study calved normally. The mean number of days from parturition to cyst diagnosis was 22.2 ± 3.0 (range 16–33) in cows that spontaneously developed cysts. The mean number of days...
Changes in BCS in cows of different ovarian status: Changes in BCS during the dry and early postpartum period in the different groups are shown in Fig. 1. BCS was higher during the dry than the postpartum period in all groups of cows. Cows that generally had inactive ovaries early postpartum and those that developed cystic ovaries tended to have higher body condition scores during the dry period and first 4 weeks postpartum than normal cycling cows. All cows in the groups lost body condition from the dry period to early postpartum. As shown in Table 1, between 2 weeks prepartum and 4 weeks postpartum, Inactive ovary cows lost more body condition (>0.75 BCS points) than cows that cycled normally within 20 days postpartum ($\chi^2 p<0.1$), although there was no significant difference in body condition loss between normal and either cystic or persistent CL cows. There were no significant differences in BCS by 4 weeks postpartum among the groups. Since inactive ovary and cystic cows had higher BCS just before calving, this shows that they lost more condition than normal or persistent CL cows.

Changes in IGF-I in cows of different ovarian status

General description: As shown in Fig. 2, fluctuations in serum IGF-I were similar in all groups of cows during the dry and early lactation periods. Serum IGF-I concentrations were highest early in the dry period and progressively decreased towards parturition, reaching lowest levels at calving. The IGF-I levels then progressively increased with the increase in the number of days postpartum reaching similar levels by 60 days to those observed during the week before calving but lower than those observed during the rest of the dry period.

Fluctuations in IGF-I during the dry period in cows of different ovarian status early postpartum: Refer to Table 2 and Fig. 2 for a summary. During weeks 6–9 and 3–5 of the dry period serum IGF-I concentrations were lower, in cows that had persistent CLs, than in either cows that cycled normally, inactive or developed cystic ovaries early postpartum. There were no significant differences between normal cows and either inactive ovary, cystic or persistent CL cows. During this time, IGF-I declined more rapidly in inactive ovary cows than in the rest of the groups. During the last two weeks prepregnancy, IGF-I declined rapidly and there were no significant differences among the groups.

Fluctuations in IGF-I early postpartum in cows of different ovarian status early postpartum: A summary of the fluctuations in serum IGF-I is shown in Table 2 and Fig. 2. In all groups of cows, serum IGF-I concentrations were lowest at parturition and during the first week (days 0–6) after parturition and no significant differences were observed among the groups. In week 2 (days 7–13) postpartum, serum IGF-I increased sharply in normal cows and was significantly higher than in inactive ovary, cystic or persistent CL cows. In week 3 (days 14–20) postpartum, serum IGF-I in normal cows increased sharply but continued to increase gradually in inactive ovary and persistent CL cows. During week 3

Table 1. Chi square analysis of drop in body condition score from 2 weeks prepregnant to 4 weeks postpartum compared to cows cycling normally within 20 days postpartum

<table>
<thead>
<tr>
<th>Group</th>
<th>n &gt;0.75 BCS points lost</th>
<th>N</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal</td>
<td>2</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Inactive ovary</td>
<td>3</td>
<td>4</td>
<td>0.09</td>
</tr>
<tr>
<td>Cystic</td>
<td>3</td>
<td>5</td>
<td>0.17</td>
</tr>
<tr>
<td>Persistent CL</td>
<td>3</td>
<td>8</td>
<td>0.38</td>
</tr>
</tbody>
</table>

n: Number of cows that lost >0.75 BCS points. N: Total number of cows in group.
Postpartum serum IGF-I in normal cows was not significantly different from that in cystic cows but was significantly higher than in inactive ovary and persistent CL cows. A sharp increase in IGF-I was generally observed in normal cows about the time of ovulation. The sharp increase in IGF-I in cystic cows was due to diagnosis of cysts about this time (range 16–33 days). The presence of cysts led to an increase in the production of IGF-I by the ovary and liver. During weeks 4 and 5 serum IGF-I levels in normal cows were not significantly different from those in ovarian dysfunction cows, but during these weeks serum IGF-I in cystic cows was slightly higher than in normal cows and was significantly higher than in both inactive ovary and persistent CL cows. From week 6 until the end of the observation period (approximately 60 days postpartum), serum IGF-I was significantly higher in cystic cows with the persistence of cysts than in normal, inactive ovary or persistent CL cows.

Changes in FFA in cows of different ovarian status: As shown in Fig. 3, in all groups of cows during the dry period until one week prepartum, FFA remained very low fluctuating between 53 and 167 µEq/l. In the last week before calving FFA began to increase and reached its highest peak during the first week postpartum and then began to decrease reaching basal levels earlier postpartum in normal and persistent CL cows than in inactive ovary and cystic cows. During the last two weeks prepartum, although there were no significant differences in FFA among the groups, levels in inactive ovary and cystic cows tended to be higher (Table 3). During weeks 0–3 and 4–7 postpartum, FFA was significantly higher in inactive ovary and cystic than in normal and persistent CL cows (p<0.05). FFA was similar in inactive ovary and cystic cows and in normal and persistent CL cows during the same periods.

Changes in BUN in cows of different ovarian status: Fluctuations in BUN levels are summarized in Fig. 4. In all cows, BUN levels were lower during the dry period than during the early postpartum period. During weeks 0–3 and 4–7 postpartum, BUN was significantly higher in inactive ovary and cystic than in normal and persistent CL cows (p<0.05). BUN was similar in inactive ovary and cystic cows and in normal and persistent CL cows during the same periods. The changes in serum IGF-I and FFA levels are summarized in Tables 2 and 3.

Table 2. Changes in serum IGF-I in cows during the dry and early postpartum periods

<table>
<thead>
<tr>
<th>Week</th>
<th>Normal (n=10)</th>
<th>Anestrous (n=4)</th>
<th>Cystic (n=5)</th>
<th>Persistent CL (n=8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>-6 to -9</td>
<td>199.9 ± 12.0</td>
<td>198.7 ± 11.0</td>
<td>204.1 ± 9.8(b)</td>
<td>139.2 ± 9.7(a)</td>
</tr>
<tr>
<td>-3 to -5</td>
<td>174.2 ± 12.0</td>
<td>153.4 ± 12.0</td>
<td>218.2 ± 15(b)</td>
<td>129.3 ± 9.1(a)</td>
</tr>
<tr>
<td>-1 to -2</td>
<td>124.1 ± 9.0</td>
<td>95.1 ± 9.6</td>
<td>132.8 ± 7.6</td>
<td>94.90 ± 6.7</td>
</tr>
<tr>
<td>0</td>
<td>38.9 ± 4.0</td>
<td>26.5 ± 4.4</td>
<td>27.4 ± 2.1</td>
<td>27.69 ± 1.6</td>
</tr>
<tr>
<td>1</td>
<td>61.0 ± 5.4(b)</td>
<td>27.8 ± 4.6(a)</td>
<td>34.1 ± 2.9(a)</td>
<td>26.81 ± 2.4(a)</td>
</tr>
<tr>
<td>2</td>
<td>81.3 ± 6.9(b)</td>
<td>33.1 ± 2.0(b)</td>
<td>64.8 ± 9.4</td>
<td>37.83 ± 3.9(b)</td>
</tr>
<tr>
<td>3</td>
<td>91.5 ± 6.5</td>
<td>43.5 ± 2.7(b)</td>
<td>97.3 ± 8.1(b)</td>
<td>58.94 ± 4.7(b)</td>
</tr>
<tr>
<td>4</td>
<td>80.3 ± 6.3</td>
<td>58.5 ± 3.3(b)</td>
<td>94.2 ± 6.2(b)</td>
<td>67.50 ± 7.9(b)</td>
</tr>
<tr>
<td>5 to 8</td>
<td>79.0 ± 5.5(a)</td>
<td>72.3 ± 5.3(c)</td>
<td>120.8 ± 6.3(d)</td>
<td>70.20 ± 5.1(e)</td>
</tr>
</tbody>
</table>

Week 0: day 0–6; day 0 is the day of parturition. Values are mean ± SE in ng/ml. Values in the same row with different superscripts are different. a, b) - (p<0.1). c, d) - (p<0.05).

Table 3. Changes in FFA in cows during the dry and early postpartum periods

<table>
<thead>
<tr>
<th>Stage</th>
<th>Normal (n=10)</th>
<th>Inactive ovary (n=4)</th>
<th>Cystic (n=5)</th>
<th>Persistent CL (n=8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1–2 prepartum</td>
<td>156.9 ± 11</td>
<td>236.8 ± 29</td>
<td>235.2 ± 26</td>
<td>180.7 ± 12</td>
</tr>
<tr>
<td>Week 0–3 postpartum</td>
<td>290.8 ± 8(b)</td>
<td>528.3 ± 31(b)</td>
<td>461.0 ± 16(b)</td>
<td>344.2 ± 10(b)</td>
</tr>
<tr>
<td>Week 4–7 postpartum</td>
<td>134.9 ± 6(b)</td>
<td>255.8 ± 15(b)</td>
<td>274.0 ± 11(b)</td>
<td>175.0 ± 6(b)</td>
</tr>
</tbody>
</table>

a,b) Values in the same row with different superscripts are different (p<0.05). Values are the mean ± SE in µEq/l. Week 0: day 0–6; day 0 is the day of parturition.
groups of cows BUN levels were within the normal range (10–16 mg/dl), and higher during the dry period than postpartum. BUN levels were similar among the groups fluctuating between 10.6 and 15.9 mg/dl, beginning from dry off to 3 weeks prepautum but tended to be higher in cystic and persistent CL cows and lower in inactive ovary cows. During the last two weeks prepautum BUN levels were declining sharply, and were lower than 10.2 mg/dl in inactive ovary cows. BUN levels continued to decline through the first week postpartum and reached their nadir at 2–3 weeks postpartum in all groups of cows. BUN levels then rose sharply in cystic, persistent CL and normal cows and gradually in inactive ovary cows. During the postpartum period BUN levels were similar fluctuating between 6.8 and 9.5 mg/dl in normal cows, 8.2 and 11.75 mg/dl in cystic cows, 7.8 and 11.4 mg/dl in persistent CL cows and lower fluctuating between 5.2 and 8.5 mg/dl in inactive ovary cows.

Changes in AST in cows of different ovarian status: Fluctuations in AST levels are summarized in Fig 5. In all groups of cows mean weekly serum AST levels tended to be higher in the postpartum period than in the dry period. AST levels were similar among the groups, fluctuating between 54 and 85U/l during the dry period, but tended to be higher in persistent CL and inactive ovary cows, and lower in cystic and normal cows. With parturition, AST levels then rose sharply during the first week postpartum reaching peak concentrations at one and two weeks postpartum in normal and the rest of the groups, respectively. AST levels then declined gradually in normal, cystic and persistent CL cows and sharply in inactive ovary cows until week 5, and then remained fairly constant until 9 weeks postpartum. During weeks 1–2 postpartum AST levels were higher than the normal recommended for cows (45–110 U/l) in cystic, persistent CL and inactive ovary cows. During the postpartum period weekly AST levels were highest in inactive ovary cows fluctuating between 95 and 157 U/l. AST levels were similar in persistent CL and cystic cows fluctuating between 91 and 113 and 82 and 114 U/l, respectively. AST was lowest in normal cows fluctuating between 71 and 93 U/l.

Relationship of IGF-I to FFA, BUN and AST: Coefficients of correlation between IGF-I and FFA, BUN, AST and estradiol in cows of different reproductive status postpartum are summarized in Table 4. During the dry and postpartum period, a significant positive relationship was observed between IGF-I and BUN, and significant negative relationships between IGF-I and FFA and AST. During the postpartum period significant positive relationships were observed between IGF-I and estradiol in normal, cystic and inactive ovary cows. The relationship between IGF-I and estradiol in persistent CL cows was not significant.

DISCUSSION

It was found in this study that the serum IGF-I concentration was lowest at parturition and during the first week postpartum in all groups of cows and was not significantly different among the groups. This result is similar to that observed in other studies [22, 32]. Lucy [22] reported that the low serum IGF-I about the time of parturition, was associated with a decrease in IGF-I mRNA and a decrease in total liver ST (somatropin) receptor mRNA. A rapid decline in ST receptor 1A mRNA that controls the binding of
growth hormone to the liver and production of IGF-I by the liver is especially important. The current study also found that serum IGF-I concentrations were higher and rose more sharply in cows which cycled normally within 20 days postpartum than in cows which developed cystic ovaries, inactive ovaries or persistent CLs. A positive and significant relationship between estradiol and IGF-I was also observed in cows that cycled normally, suggesting that IGF-I is important for follicular development. Other studies have associated IGF-I concentrations with follicular development [4, 5, 12, 17, 23, 32]. Beam and Butler [4, 5], also found that plasma IGF-I levels were 40–50% higher during the first 2 weeks postpartum in dairy cows in which the first dominant follicle (DF) ovulated compared to those with non-ovulatory follicles and, Lucy et al. [23] reported a positive correlation between the estrogen:progesterone ratio in follicular fluid and plasma IGF-I. Our study also observed a sharp increase in IGF-I about the time of ovulation in cows that cycled normally. This is similar to the high IGF-I at estrus in goats reported by Hashizume et al. [19]. These findings suggest that normal follicular development may be associated with an early rise in IGF-I postpartum.

The positive and negative relationship between IGF-I and BUN and IGF-I and FFA, respectively, in all groups of cows show that IGF-I is affected by both protein and energy intake in cows. Other studies have also reported that serum IGF-I concentrations are influenced by energy status [4, 5, 10, 24], and are negatively correlated with FFA [26, 29]. This was clearly demonstrated in this study about the peripartum negative energy balance (NEB) period, when FFA was highest and IGF-I lowest.

The liver is the main organ for production of IGF-I. A negative relationship between AST and IGF-I was observed in this study. This shows that poor liver function leads to a decrease in production of IGF-I and serum concentrations. Coinciding with lower IGF-I concentrations during the first two weeks postpartum in inactive ovary, cystic and persistent CL cows, AST levels were higher than in normal cows, in each case. This study also found that inactive ovary and cystic cows had higher BCS and lost more body condition than normal cows from the dry to the postpartum period. Similarly, FFA was also higher the first 8 weeks postpartum in inactive ovary and cystic cows than in normal cows. As mentioned above, inactive ovary, cystic and persistent CL cows also had lower IGF-I concentrations at calving. The results of this study showed that cows that were overconditioned during the dry period or at calving lost more body condition postpartum. These cows also had a deeper and longer period of negative energy balance (NEB), poor liver function and low circulating IGF-I concentrations early postpartum. Such cows are likely to have poor reproductive function as seen in the development of cystic ovaries, persistent CLs and inactive ovary. Many studies have shown that overconditioned cows at calving are likely to have poor reproductive function (retained fetal membranes, inactive ovary, cystic ovaries or endometritis) and suffer metabolic diseases (hepatic lipidosis, ketosis or left displacement of the abomasum) [8, 34, 35], leading to infertility.

NEB influences LH pulsatility that seems crucial for the onset and timing of postpartum ovarian function [6, 11]. As mentioned above and shown in Fig. 6, NEB leads to low serum IGF-I levels, and since IGF-I reception and production have been demonstrated on the reproductive axis (hypothalamus, pituitary and ovary), it may be that together they affect gonadotropin releasing hormone, FSH and LH secretion and follicular development early postpartum. Therefore low serum IGF-I through NEB early postpartum may lead to poor reproductive function.

In conclusion, the findings of this study suggest that changes in serum IGF-I early postpartum may help predict both nutritional and reproductive status in dairy cattle. IGF-I may therefore be identified as one of the long sought factors that signal nutritional status to the reproductive axis.

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