The Profiles of Anxiety Varied to the Kih Typology

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Jema Lee (1986) developed a typology to diagnose Human physical and mental states with Kih (氣) theory in Asian traditional medicine. According to his typology, there are four types as Taeyang (太陽), Taeum (太陰), Soyang (少陽), and Soeum (少陰). This typology is commented to relate the physical aspects with the mental ones. There have been researches to invent some constructed tests to check the four types (Chae et al 2004), to find some relations between physical deceases and mental disorders or between physical properties and personality traits (Seol & Kim 2000;).

This study tried to analyze the profiles of anxiety varied to the Kih (氣) typology, starting to invent a test to diagnose subject's Kih types as the above. Some tests in the previous studies have limitations. Some tests which were used to find relations between physical properties and personality traits, included questions to ask physical aspects and personality ones. So it is commented as tautology. Other tests to check personality types did not be balanced in dimensions of personality as some theories of personality. So the Study tried to divide the invented Kih type test into the physical subtest and mental subtest. The physical subtest included questions as indicted in Lee theory and the followed studies (Chae et al, 2003). The mental subtest balanced questions as included in Eysenck's dimensions of personality (Eysenck, & Lee, 1985).

For the next step, the study used a test popularized in psychiatry to diagnose anxiety profiles (Chae et al, 2003). The test was In the final step, the study analyzed the relation between the profiles of Anxiety and Kih types (Buckingham, 2002).

METHOD

Participants. Forty undergraduates participated for course credit.

Materials and Procedure. A test to diagnose subject's Kih types as the above was invented. With the test the subject kih types were checked. A test was used to check the subject anxiety profiles.

RESULTS and DISCUSSION

1 The study found the relation between the physical states and personality types within the Kih type test which was invented.

2 The study confirmed that the profiles of anxiety were varied to the Kih typology as Taeyang, Taeum, Soyang and Soeum. The result was analyzed with the anxiety test and the physical subtest of the Kih typology as well as the overall Kih test.

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