In the first study, relative to their same-aged peers, undergraduates classified as highest in pessimism and lowest in intimacy reported the most compromised mental health outcomes. In the second study, the commonly idealized consummate love was shown to be far from ideal when relationship transgression occurred. Then, an interpretative phenomenological analysis revealed that experience of Thai lesbian, gay, and bisexual young adults after coming out to their parents could be categorized in terms of parents’ reactions, attitudes towards homosexuality and bisexuality, and the participants’ feelings after coming out. In the fourth study, work self-efficacy was demonstrated to lead to increases in work engagement or workaholic, depending on employees’ perception of organizational climates. Finally, the association between individuals’ satisfaction from goal progress perception and their goal commitment was illustrated. Findings from these studies help illustrate the various factors that need to be considered when living in the 21st Century.