Whether it's called maintenance, Supportive Periodontal Therapy (SPT), recare or recall, ongoing professional care to promote periodontal health is vital to therapeutic success. Furthermore, evidence-based practice requires continual modification of treatment based on new science and clinical experience. This program highlights the periodontal examination procedure that occurs during a typical SPT appointment. In addition, a definition of evidence-based care and strategies for incorporating it are introduced.

Learning Outcomes
At the completion of this program, the participant will:
• Describe the evidence-based approach to therapy,
• Identify various types of research studies and their role in evidence-based care.
• Describe the various components of the periodontal examination

I. Evidence-Based: What Does That Mean?
1. Definition
2. Strategies

II. Maintenance/SPT
1. Definitions: "Maintenance", "SPT"
2. AAP Position Paper
3. Clinical Examination
   Extra oral Exam
   Dental Exam:
   Periodontal Exam:
   - Probing depths
   - Gingival recession
   - Attachment levels
   - Bleeding on probing
   - Levels of plaque & calculus
   - Furcation involvement
   - Exudation
   - Occlusal evaluation & mobility
   - Other signs & symptoms
   - Microbial testing?
   Peri-Implant Exam
   - Probing depths
   - Bleeding on probing
   - Examination of prosthesis & abutments
   - Evaluation of implant stability
   - Other signs & symptoms