We are pleased to publish the following concise summaries of clinical guidelines for Lumbar Disc Herniation. The original version of this clinical practice guidelines appeared in Japanese as Yotsui Tsuikanban Hernia Shinryo Guidelines 2021, published by the Japanese Orthopaedic Association and the Japanese Society for Spine Surgery and Related Research, and its translated version in English appeared in the Journal of Orthopaedic Science.

The articles and authors of *The Essence of Clinical Practice Guidelines for Lumbar Disc Herniation (2021)* are listed below.

- The Essence of Clinical Practice Guidelines for Lumbar Disc Herniation, 2021: 1. Epidemiology and Natural Course, written by Yasuhiro Shiga, Chiba University, Japan.
- The Essence of Clinical Practice Guidelines for Lumbar Disc Herniation, 2021: 3. Diagnosis, written by Takashi Kaito, Osaka University Graduate School of Medicine, Japan.
- The Essence of Clinical Practice Guidelines for Lumbar Disc Herniation, 2021: 4. Treatment, written by Daisuke Sakai, Tokai University School of Medicine, Japan.
- The Essence of Clinical Practice Guidelines for Lumbar Disc Herniation, 2021: 5. Prognosis, written by Hiromitsu Toyoda, Osaka City University, Japan.

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