Inflammatory Mediators Down-Regulate 11β-Hydroxysteroid Dehydrogenase Type 2 in a Human Lung Epithelial Cell Line BEAS-2B and the Rat Lung

SATOSHI SUZUKI, HIROYOSHI TSUBOCHI, HIRONORI ISHIBASHI, YASUSHI MATSUDA, TAKASHI SUZUKI,1 ZYGMUNT S. KROZOWSKI,2 HIRONOBU SASANO1 and TAKASHI KONDO

Department of Thoracic Surgery, Institute of Development, Aging and Cancer, Tohoku University, Sendai, Japan,
1 Department of Pathology, Tohoku University School of Medicine, Sendai, Japan, and
2 Laboratory of Molecular Hypertension, Baker Medical Research Institute, Melbourne, Australia

SUZUKI, S., TSUBOCHI, H., ISHIBASHI, H., MATSUDA, Y., SUZUKI, T., KROZOWSKI, Z.S., SASANO, H. and KONDO, T. Inflammatory Mediators Down-Regulate 11β-Hydroxysteroid Dehydrogenase Type 2 in a Human Lung Epithelial Cell Line BEAS-2B and the Rat Lung. Tohoku J. Exp. Med., 2005, 207 (4), 293-301 — In the lung, anti-inflammatory actions of glucocorticoids would be determined by 11β-hydroxysteroid dehydrogenase type 2 (11β-HSD2), the microsomal enzyme responsible for the breakdown of bio-active glucocorticoids. However, regulation of 11β-HSD2 under inflammatory conditions such as acute lung injury is not well understood. In the present study, we examined whether inflammatory substances would influence the activity and mRNA expression of 11β-HSD2 in the lung. In a human bronchial epithelial cell line BEAS-2B, endotoxin inhibited 11β-HSD2 enzyme activity in a dose-dependent manner over 48 h with a significant decrease in the mRNA expression. Likewise, tumor necrosis factor (TNF-α) inhibited 11β-HSD2 enzyme activity in a dose-dependent manner over 48 h with a significant decrease in the mRNA expression. Likewise, tumor necrosis factor (TNF-α) inhibited both activity and mRNA expression of 11β-HSD2. The TNF-α-dependent decrease in the enzyme activity was completely blocked by anti-TNF-α antibody, while antibody alone showed no significant influence on the enzyme activity. An nitric oxide donor (NO) sodium nitropusside or a cGMP analog 8-br-cGMP caused moderate but significant decreases in both activity and mRNA expression of 11β-HSD2. Importantly, treatment of rats with endotoxin significantly decreased both activity and mRNA expression of 11β-HSD2 in the lung tissue. We conclude that lung inflammation reduces local glucocorticoid breakdown and augments glucocorticoid action in the lung by down-regulating 11β-HSD2 via multiple mechanisms. ——— 11β-hydroxysteroid dehydrogenase type 2; endotoxin; inflammation; acute lung injury; glucocorticoids

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Under systemic inflammatory conditions such as sepsis, acute lung injury becomes the most critical complication with very high mortality rate. The pathophysiology of acute lung injury is currently considered to be an inflammatory burst in the lung where a wide variety of inflammatory substances are produced.

At present, glucocorticoids are one of the most effective therapeutic agents for lung inflammation. In fact, systemic and/or inhaled glucocorticoid therapy demonstrates great clinical benefits in several lung inflammatory conditions such as bronchial asthma (Ichinose 2003). However, the efficacy of glucocorticoid therapy in acute lung injury is less significant and still a controversial issue (Thompson 2003), although synthetic glucocorticoids are frequently introduced to patients with acute lung injury.

Although both natural and synthetic glucocorticoids exert their powerful anti-inflammatory actions via glucocorticoid receptor (GR) in the target cells, it is important that local glucocorticoid actions would be in part determined by 11β-hydroxysteroid dehydrogenase (11β-HSD), the microsomal enzyme responsible for the breakdown of bio-active glucocorticoids to their receptor-inactive forms. To date, two distinct isozymes of 11β-HSD have been cloned and characterized in several species including humans (Stewart and Krozowski 1999). 11β-HSD1 enzyme requires NADP+ as a cofactor and possesses both reductase and dehydrogenase activity. In contrast, the type 2 isoform (11β-HSD2) requires NAD+ as a cofactor and possesses only dehydrogenase activity. It was reported that adult human lung homogenates displayed NAD+-dependent glucocorticoid conversion, suggesting the presence of 11β-HSD2 (Murphy 1978). Our recent immunohistochemical examinations in human lung tissues have revealed that bronchial epithelial cells express 11β-HSD2, but not 11β-HSD1 (Suzuki et al. 1998).

11β-HSD2 may be regulated via multiple mechanisms. It has been shown that glucocorticoids increase the expression of 11β-HSD2 mRNA in endometriual cells (Darnel et al. 1999). We have recently shown that a therapeutic dose of glucocorticoids is sufficient to up-regulate 11β-HSD2 in a human bronchial epithelial cell line BEAS-2B (Suzuki et al. 2003). In contrast, tumor necrosis factor (TNF-α) possesses a strong inhibitory action on 11β-HSD2 (Heiniger et al. 2001). Interestingly, nitric oxide (NO) may also influence 11β-HSD2 (Sun et al. 1997). We therefore wished to know whether 11β-HSD2 would be inhibited directly or indirectly by inflammatory substances such as endotoxin, which plays an important role in the pathophysiology of acute lung injury. In the present study, we examined the effects of endotoxin or its related inflammatory mediators, TNF-α and NO, on the enzyme activity and mRNA expression of 11β-HSD2 in a human bronchial epithelial cell line BEAS-2B (Reddel et al. 1988). In addition, we investigated the effect of in vivo treatment with endotoxin on 11β-HSD2 in the rat lung.

**Materials and Methods**

**Cell culture**

BEAS-2B cells (American Type Culture Collection, Manassas, VA, USA) were cultured in Dulbecco’s modified Eagle’s Medium/F12-medium (GIBCO-BML, Rockville, MD, USA) supplemented with 10% fetal bovine serum (FBS; GIBCO-BML) on 6-well plastic plates at 37°C in a humidified 95% air-5% CO2 incubator. BEAS-2B is an established cell line derived from normal human bronchial epithelial cells transformed with an adenovirus and retains electron microscopic features of epithelial cells (Reddel et al. 1988). Cells were grown to 80-90% confluency before being cultured in serum-free medium 24 h prior to treatment. Cells were then exposed to endotoxin (O55:B5 *Escherichia coli*; Calbiochem, La Jolla, CA, USA) for up to 48 h. Cells were also exposed to human TNF-α (Boeringer Mannheim, Mannheim, Germany) in the presence or absence of 10 μg/ml of anti-human TNF-α antibody (R & D Systems, Minneapolis, MN, USA). In addition, the effect of NO was studied by incubating the cells with sodium nitroprusside (SNP; Sigma, St. Louis, MO, USA), 8-bromo-guanosin 3’,5’-cyclic monophosphate (8-br-cGMP; Sigma) or L-arginine (Sigma) for 24 h. Once it was clear that endotoxin, TNF-α, SNP or 8-br-cGMP, but not L-arginine, showed significant inhibitory actions on 11β-HSD2, it became interesting whether the effect of endotoxin was mediated via NO, which could
be produced via inducible NO synthase (iNOS) by endotoxin in a very short period of time. We therefore determined 11β-HSD2 enzyme activity in the presence of 0.1 mM of aminoguanidine (Sigma), a potent inhibitor of iNOS (Misko et al. 1993).

Animal preparation
To investigate the in vivo effects of endotoxin on lung 11β-HSD2, specific pathogen free male Sprague-Dawley rats weighing 280-300 g were used (n = 9). All animals received humane care in compliance with the guideline from the University Committee on Animal Resources, Tohoku University. The animal experiments were conducted in accordance with the “Principle of Laboratory Animal Care” formulated by the Intitute of Laboratory Animal Resources and the “Guide for the Care and Use of laboratory Animals” prepared by the Institute of Laboratory Animal Resources and published by the National Institute of Health (NIH Publication No. 86-23, 1985). The protocol of this study was reviewed and approved by the Committee for Animal Research Ethics, Tohoku University. Rats were lightly anesthetized with pentobarbital sodium (15 mg/kg, intraperitoneal injection), and then endotoxin (1.0 mg/kg) suspended in 0.2 ml of sterilized saline was introduced directly into the trachea via a 26-gauge needle. To examine whether endotoxin influenced 11β-HSD2 via iNOS, rats (n = 3) were treated with a subcutaneous injection of 75 mg/kg of aminoguanidine in 0.5 ml of sterilized saline 10 min before endotoxin instillation (Tsubochi et al. 2003). At 24 h following endotoxin instillation, rats were sacrificed by deep anesthesia with pentobarbital sodium (50 mg/kg, intraperitoneal injection). Lung tissue samples were dissected and immediately frozen in liquid nitrogen. The tissue samples were kept at –80°C until protein and mRNA extractions.

Steroid conversion assay
Cultured cells. To measure 11β-HSD2 enzyme activity in intact BEAS-2B cells, cell monolayers were washed with phosphate buffered saline (PBS) and incubated with serum-free medium containing 2 nM of [3H]-cortisol (New England Nuclear, Boston, MA, USA) at 37°C for 8 h. The steroids were extracted into ethanol containing unlabelled cortisol (F) (Sigma) and cortisone (E) (Sigma), and then separated on plastic silica gel plates using chloroform/ethanol (92:8) as a solvent (Smith et al. 1997). Areas corresponding to cold carriers were visualized under UV light, cut out into scintillation vials, and counted in a β-counter. 11β-HSD2 enzyme activity was expressed as percent conversion of F to E/h/10^6 cells. The number of measurements at each incubation period of time was three.

Lung tissues. Rat lung tissue samples were homogenized in a homogenate buffer (140 mM NaCl, 250 mM sucrose, 10 mM sodium phosphate buffer, pH 7.4) on ice using a rotor homogenizer for three 20-sec periods on ice. Whole lung homogenates (100 μg protein) were incubated with 2 nM of [3H]-cortisosterone (New England Nuclear) in the presence or absence of 0.5 mM NAD+ (Sigma) at 37°C for 4 h. The enzyme reaction was terminated by the addition of ethyl acetate. The steroids were extracted into ethanol containing unlabelled corticosterone (B) (Sigma) and 11-hydroxycorticosterone (A) (Sigma), separated, and counted as described above. Results were expressed as percent conversion of B to A/h/mg lung protein.

Quantitative transcription-polymerase chain reaction (RT-PCR)
Total RNA was extracted from BEAS-2B cells and rat lung samples using an RNA isolation reagent (RNA-Bee, Tel-Test, Friendwood, TX, USA) according to the
manufacturer's protocols. In BEAS-2B cells, cDNA for human 11β-HSD2 was synthesized from 5 μg of total RNA using a reverse transcription kit (SUPERSCRIPT Preamplification system, GIBCO-BRL). PCR of cDNA was carried out by a real-time PCR with the Light Cycler System (Roch Diagnostics, Mannheim, Germany) using the DNA binding dye SYBER Green I (Roch Diagnostics) at 95°C for 1 min, followed by 40 cycles at 95°C 15 sec, annealing at 60°C and extension for 15 sec at 72°C. The oligonucleotide primers were: human 11β-HSD2 (Pasqurette et al. 1996), 5´-CAG ATG GAC CTG ACC AAA CC-3´ (forward), 5´-GCC AAA GAA ATT CAC CTC CA-3´ (reverse); human glyceraldehyde-3-phosphate dehydrogenase (GAPDH), 5´-TGA ACG GGA AGC TCA CTG G-3´ (forward), 5´-TCC ACC ACC CTG TTG CTG TA-3´ (reverse); in rat lung tissue samples, cDNA for rat 11β-HSD2 was synthesized from 50 ng of total RNA. PCR of cDNA was performed with a one-step RT-PCR reagent kit (TaqMan One-Step RT-PCR Master Mix Reagent, Applied Biosystems, Tokyo) at 48°C for 30 min, 95°C for 10 min, and 40 cycles at 95°C for 15 sec and 60°C for 1 min in a sequence detection system (ABI PRISM 7700, Applied Biosystems). The forward and reverse primers and TaqMan probes for rat 11β-HSD2 (Zhou et al. 1995) were; 5´-TTT GGC AAG GAG ACA GCT AAG AA-3´ (forward), 5´-ATC CAA CAC GTG CAG C-3´ (reverse), 5´-CTG GAT GCC ATG GGC TTC ACG G-3´ (TaqMan probe). Primers and TaqMan probe for rodent ribosome RNA (Applied Biosystems) was used an internal standard. Results were expressed in the ratio to either GAPDH or ribosome RNA in same RNA samples, and expressed percentage of the control values.

**Statistical analysis**

Results were presented as mean ± s.d. Comparisons between groups were performed by analysis of variance (ANOVA). When significant difference was found initially by ANOVA, it was followed by a Bonferroni adjustment to identify which groups were significantly different. *P* < 0.05 was considered statistically significant.

**RESULTS**

Endotoxin inhibited 11β-HSD2 enzyme activity in BEAS-2B cells in a dose-dependent manner, and only 50% of enzyme activity was measured in the cells treated with 1 μg/ml of endotoxin for 24 h (Fig. 2). TNF-α also inhibited 11β-HSD2 enzyme activity (Fig. 3). The effect of TNF-α on 11β-HSD2 enzyme activity was completely blocked by anti-TNF-α antibody, while

![Fig. 2. Effect of endotoxin on 11β-HSD2 enzyme activity in BEAS-2B cells. A: Time course. The decrease in 11β-HSD2 enzyme activity was observed with 1 μg/ml of endotoxin after 24 h of incubation. B: Dose. Enzyme activity of 11β-HSD2 was inhibited to almost 50% at the dose starting from 1 μg/ml of endotoxin at 24 h. Results are shown as mean ± s.d. for five separate experiments. *p* < 0.05 vs the values at time 0 (A) or the values determined without endotoxin (B) by ANOVA followed by a Bonferroni adjustment.](image-url)
antibody alone showed no significant influence on the enzyme activity (Fig. 4). In contrast, the endotoxin-mediated decrease in 11β-HSD2 enzyme activity was not attenuated by anti-TNF-α antibody (Fig. 4). Treatment with aminoguanidine, a potent inhibitor of iNOS, did not rescue the decrease of 11β-HSD2 enzyme activity caused by endotoxin or TNF-α (Fig. 4). An NO donor

Fig. 3. Effect of TNF-α on 11β-HSD2 enzyme activity in BEAS-2B cells. A: Time course. The decrease in 11β-HSD2 enzyme activity was observed with 10 ng/ml of TNF-α after 24 h of incubation. B: Dose. Enzyme activity of 11β-HSD2 was inhibited to almost 50% at the dose starting from 10 ng/ml of TNF-α at 24 h. Results are shown as mean ± s.d. for five separate experiments. *p < 0.05 vs the values at time 0 (A) or the values determined without TNF-α (B) by ANOVA followed by a Bonferroni adjustment.

Fig. 4. Effects of anti-TNF-α antibody and aminoguanidine on 11β-HSD2 enzyme activity in BEAS-2B cells. Anti-TNF-α antibody (10 μg/ml) ameliorated the TNF-α-induced decrease in the enzyme activity (1 ng/ml of TNF-α) completely, however it did not rescue the endotoxin-induced decrease (1 μg/ml of endotoxin). Anti-TNF-α antibody alone had no influence on the enzyme activity. Aminoguanidine (0.1 mM) did not ameliorate the reduced enzyme activity by endotoxin and TNF-α, while aminoguanidine alone had no influence on the enzyme activity. Results are shown as mean ± s.d. for five separate experiments. *p < 0.05 vs the values of without antibody treatment by ANOVA followed by a Bonferroni adjustment.
TABLE 1. Enzyme activity and mRNA expression of 11β-HSD2 in BEAS-2B cells

<table>
<thead>
<tr>
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<th>Enzyme activity</th>
<th>mRNA expression</th>
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<tbody>
<tr>
<td>Endotoxin (10 μg/ml)</td>
<td>48.9 ± 10.4 *</td>
<td>1.1 ± 0.2 *</td>
</tr>
<tr>
<td>TNF-α (100 ng/ml)</td>
<td>55.2 ± 4.9 *</td>
<td>3.0 ± 0.6 *</td>
</tr>
<tr>
<td>SNP (100 μM)</td>
<td>68.5 ± 3.0 *</td>
<td>8.7 ± 4.1 *</td>
</tr>
<tr>
<td>8-br-cGMP (1 mm)</td>
<td>61.8 ± 10.4 *</td>
<td>8.9 ± 3.3 *</td>
</tr>
<tr>
<td>L-arginine (100 μM)</td>
<td>118.0 ± 7.8</td>
<td>103.6 ± 15.4</td>
</tr>
</tbody>
</table>

The cells were collected at 24 h of incubation for steroid conversion assay and mRNA extraction. Data are presented as mean ± s.d. of the percent values of control ($n = 5$ for enzyme activity, $n = 3$ for mRNA expression).

* $p < 0.05$ vs control values by ANOVA followed by Bonferroni adjustment.

Fig. 5. Effects of SNP, 8-br-cGMP and L-arginine on 11β-HSD2 enzyme activity in BEAS-2B cells. An NO donor SNP and a cGMP analog 8-br-cGMP inhibited the enzyme activity to approximately 70% of control at 24 h. In contrast, incubation with L-arginine did not show significant effects on 11β-HSD2 enzyme activity even at higher concentrations. Results are shown as mean ± s.d. for five separate experiments. * $p < 0.05$ vs the values of no treatment by ANOVA followed by a Bonferroni adjustment.

Fig. 6. Effect of endotoxin on 11β-HSD2 enzyme activity in the rat lung. Endotoxin inhibited the NAD$^+$-dependent steroid conversion. Results are shown as mean ± s.d. for three separate experiments. * $p < 0.05$ vs control values by ANOVA followed by a Bonferroni adjustment.
SNP inhibited the enzyme activity to approximately 70% of control values at two different concentrations (1 and 10 μM) at 24 h (Fig. 5). A cGMP analog 8-br-cGMP (1 mM) also displayed a similar inhibitory effect (Fig. 5). In contrast, incubation with L-arginine, a substrate for NO synthases (NOS), did not show significant effects on 11β-HSD2 enzyme activity at even higher concentrations (1 and 10 mM) (Fig. 5).

Endotoxin, TNF-α, SNP or 8-br-cGMP caused a marked decrease in 11β-HSD2 mRNA expression in the cells (Table 1). However, only L-arginine, which did not change the enzyme activity, showed no significant influence on the mRNA levels (Table 1).

In rat experiments, all animals survived until the time point of tissue sampling at 24 h following endotoxin challenge. In the lungs, there was a significant decrease in the NAD+ dependent steroid conversion (Fig. 6). 11β-HSD2 mRNA expression was reduced to 35.2 ± 5.1% of control values at 24 h following endotoxin instillation (n = 3). Treatment with aminoguanidine did not attenuate the decrease in 11β-HSD2 enzymatic activity data not shown.

**DISCUSSION**

BEAS-2B cells provide a useful tool to investigate lung 11β-HSD2. This cell line is known to express toll-like receptor (TLR)-4 (Ulevitch and Tobias 1995), thereby endotoxin being capable to activate intracellular signaling cascade such as nuclear factor (NF)-κB (Schultz et al. 2002). Moreover, BEAS-2B cells express 11β-HSD2, but not its type 1 isoform (Suzuki et al. 2003), although the expression level is not as strong as in primary cultured human bronchial epithelial cells (Feinstein and Schleimer 1999). Therefore, only 11β-HSD2 is responsible for the breakdown of bio-active glucocorticoids (F to E) in BEAS-2B cells.

In this cell line, endotoxin inhibited 11β-HSD2 in a dose-dependent manner. Importantly, the decrease in the enzyme activity was associated with a marked decrease in mRNA expression. The greater reduction of mRNA expression, compared to the reduction of enzyme activity, may suggest relatively long turnover rate of 11β-HSD2 protein in the cells, although enzyme activity is not simply determined by the protein content. It is noteworthy that the effect of endotoxin was similar in time course and the magnitude to those found with TNF-α. Although endotoxin produces TNF-α in BEAS-2B cells, the impact of endotoxin on 11β-HSD2 may not be mediated by TNF-α. First, anti-TNF-α antibody did not attenuate the endotoxin-induced decrease in 11β-HSD2 enzyme activity. Second, release of TNF-α from BEAS-2B cells requires an increase in mRNA expression that would take several hours after endotoxin challenge. Instead, we believe that TLR-4 after endotoxin binding may share the same intracellular signaling, such as NF-κB, which also plays a central role after TNF-α stimulation.

We found that 11β-HSD2 enzyme activity in BEAS-2B cells were reduced by SNP or 8-br-cGMP, although the magnitude of reduction seemed somewhat smaller than that of endotoxin. Thus, a next question may arise whether the effects of endotoxin would be mediated via NO. However, it is unlikely that NO is involved in the endotoxin-mediated down-regulation of 11β-HSD2 in BEAS-2B cells. It was reported that the expression of constitutive NOS was low in BEAS-2B cells (Asano et al. 1994). In the present study, L-arginine, a substrate for NOS, did not show any detectable inhibitory action on 11β-HSD2. In addition, aminoguanidine, a potent inhibitor of iNOS, did not attenuate the endotoxin-mediated decrease 11β-HSD2 in the cells. Although NO itself appeared to down-regulate 11β-HSD2 in the cells, endotoxin challenge alone may not be enough to produce physiologically sufficient amount of NO to influence 11β-HSD2 in BEAS-2B. It was only when the cells were stimulated by endotoxin combined with various pro-inflammatory cytokines at very high concentrations that iNOS expression in BEAS-2B cells became significant (Watkins et al. 1997).

Our data obtained from cell experiments indicate that inflammatory substances directly influence 11β-HSD2 in lung epithelial cells. It should be noted that lung tissue is composed of...
more than 40 cell types. It is therefore conceivable that endotoxin might modulate 11β-HSD2 in the lung via NO, which is released from other cell types such as alveolar macrophages by the endotoxin challenge in a short period of time. We have previously found that low concentration of endotoxin is capable of produce physiologically significant amount of NO via iNOS in alveolar macrophages rather than lung epithelium (Tsubochi et al. 2003). Therefore, we decided to re-examine the effect of endotoxin on 11β-HSD2 in the presence of aminoguanidine in the rat lung. Again we found aminoguanidine did not attenuate the endotoxin-mediated decrease in 11β-HSD2 enzyme activity in the lung. We have previously reported that in vivo treatment with aminoguanidine at the same dose completely inhibited NO production following endotoxin instillation in rats (Tsubochi et al. 2003). It is also important that endotoxin challenge may elevate circulating glucocorticoid levels in rats. Since natural glucocorticoids are capable to up-regulate 11β-HSD2 (Suzuki 2003), this may explain in part the difference in the magnitude of the endotoxin-mediated decrease in the mRNA expression between the cell and animal experiments.

Endotoxin initiates multiple intracellular signaling pathways, such as NF-κB, which plays an important role in the release of a wide array of inflammatory substances including a strong chemotactrant interleukin (IL)-8. This may lead lung inflammation to more serious condition. In addition to the promotion of inflammatory response, our data seem to provide a new concept that inflammation itself may set a feedback system by increasing local glucocorticoid availability. The down-regulation of 11β-HSD2 means a slower breakdown of bio-active glucocorticoids, thereby increasing their intracellular concentrations at the site of inflammation. An increase in local glucocorticoid availability may then augment anti-inflammatory effects of natural and/or synthetic glucocorticoids. We have recently shown that inhibition of 11β-HSD2 with carbenoxolone, a synthetic derivative of licorice, potentiates the inhibitory effect of dexamethasone on IL-8 release from the TNF-α-stimulated BEAS-2B cells by about 10 folds (Suzuki et al. 2003).

Similar results were reported in primary cultured bronchial epithelial cells (Feinstein and Schleimer 1999). More recently, we found treatment with carbenoxolone augmented anti-inflammatory action of endogenous glucocorticoids in the rat lung (Suzuki et al. 2004). It has been well known that systemic inflammatory condition elevates endogenous glucocorticoid levels in blood via the hypothalamic-pituitary-adrenal axis. In addition to elevated circulating glucocorticoid levels, inflammation may reduce glucocorticoid breakdown and augment local glucocorticoid anti-inflammatory actions by down-regulating lung 11β-HSD2 via multiple mechanisms.

References


