Discussion on Stage of Acupuncture Therapy for Diabetic Cystopathy of Urinary Bladder

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This work started in May 1982. By investigation on the clinical stages and acupuncture treatment for Diabetic cystopathy of urinary bladder in 42 cases and under the condition of basically-unchanged blood sugar control, 5 examinations of urine dynamics (measurement of residual urine, measurement of intravesical pressure, examination of musculi detrusor urine and sphincter, measurement of urine flow rate and ice water test) were used as objective indices of the therapeutic effects. The results of this investigation are as follows: There were 32 cases in the acupuncture group. Points were selected in line with the differentiation of symptoms and signs, and acupuncture treatment was given every other day, with 10 sessions making up a course. The total effective rate is 90.6% after 1~3 courses (out of 32 cases, 21 were in the initial stage with 100% effective rates obtained, 11 were in the advanced stage with 72.7% effective rates obtained). 10 cases were in the control group. No marked results have been seen for them, which shows that acupuncture treatment does obtain remarkable results for this problem, especially for the cases in the initial stage, excellent results are available. Furthermore, acupuncture treatment does not have any side-effects, but has the value to the clinical application. This paper has also made a preliminary exploration on the action of mechanism of acupuncture treatment for this problem.